



In support of World Mental Health Day, BPS NI Branch, DCP NI Branch and Queen's University Belfast School of Psychology present:

Trauma-Informed Community Care in film: A public screening of “Paper Tigers”, followed by Panel Presentations and Discussion.



This is a free public event and will be of interest to people working in health and education settings or people with an interest in issues of social justice and current affairs.

ABOUT THE FILM

More than two decades ago, respected researchers, clinical physician Dr. Vincent Felitti and CDC epidemiologist Robert Anda, published the landmark *Adverse Childhood Experiences Study*. It revealed a troubling but irrefutable phenomenon: the more traumatic experiences the respondents had as children (such as physical and emotional abuse and neglect), the more likely they were to develop physical and mental health problems later in life. The results of the study painted a staggering portrait of the price our children are paying for growing up in unsafe environments, all the while adding fuel to the fire of some of society's greatest challenges. ***Paper Tigers*** is a relevant and timely documentary that explores the impact of adverse childhood experiences on struggling teens. The documentary film is directed by **James Redford** and Executive Produced by Karen Pritzker. It follows a year in the life of six students attending an alternative high school in Walla Walla, Washington, that has radically changed its approach to disciplining its students, and in the process has become a promising model for trauma-informed community care. Armed with new science about how high doses of stress during childhood can get into our bodies, change our brains, and lead to lifelong health and social problems, teachers are helping to break the cycles of adversity in their students' lives.

PANEL PRESENTATIONS

A panel of speakers will present their responses to the film. The themes guiding discussion will include: experiences evoked by the film, parallels with services working locally to reduce adverse life events and support those affected, as well as the wider social relevance of the film. Further reflection on the film with the viewing audience will follow.

ABOUT THE SPEAKERS

Dr Paul O'Callaghan is an honorary lecturer in the School of Psychology at Queen's University Belfast and is a practising Education and Child Psychologist with a particular interest in working with children with learning difficulties and mental health problems in low and middle income countries. Together with a colleague from Queen's University, Belfast, Dr John McMullen, Paul pioneered the use of group-based Trauma-Focused Cognitive Behaviour Therapy with war affected children in Eastern and Central Africa. His doctoral thesis, which was published in the Journal of the American Academy of Child and Adolescent Psychiatry, was on the use of trauma-based interventions with survivors of sexual violence in the Democratic Republic of Congo. Paul currently lives in Northern Ireland and is married with a four-month-old son.

Dr Tom Teggart is a Consultant Clinical Psychologist and Clinical Lead for the Southern Trust's *Scaffold* Consultation and Therapy Service for Looked After and Adopted Children. Dr Teggart qualified as a Clinical Psychologist in 1991 and in the last 25 years has worked in both child and adult settings and as an Assistant Director on the Doctorate in Clinical Psychology programme at QUB. For more than 10 years now Dr Teggart has been leading the development of specialist therapeutic services for looked after and adopted children in the SH&SCT. Looked after children have in common histories of trauma and disrupted attachments and service developments are reflecting our growing understanding of these young people's needs. The *Scaffold* Service is influenced by systemic and neurosequential models and has recently received additional funding to expand as a resource for Looked After and Adopted Children in the Southern Trust Area.

Dr Bobby Moore is a psychoanalytic psychotherapist and group psychotherapist with a practice in Belfast. He also works as a trainer in 'reflexive supervision' and works closely with organisations dealing with contemporary leadership challenges. He trains and facilitates communities and organisations internationally to notice understand and manage the impact of trauma on themselves. This includes helping communities which care for traumatised people to develop the capacity for post-traumatic growth. Bobby will help the audience to reflect on how they are experiencing what they witness in 'Paper Tigers' through attending to and speaking about what is evoked for him.

Parent Couple We also will have contributions from parents of traumatised children who have worked hard to help their child to heal and develop.

DATE

Thu, 13th October 2016 - 17:30 to 20:00

LOCATION

Lecture Theatre OG012, David Keir Building, Queen's University Belfast, Stranmillis Road Entrance, Belfast BT9 5BN

EVENT PROGRAMME

17.00 Arrival

17.15 Take your seats

17.30-19.00 Film Screening

19.00-19.15 Tea and Coffee

19.15-20.00 Panel discussion and audience reflections

REGISTRATION

This is a **free event** and is open to everyone. However, places are limited so early registration is recommended. Registrants are advised that whilst the film is unrated, adult themes are discussed including abuse, substance misuse and gang activity. There is also some use of profane language.

To book please go to the BPS Online Shop using this link: <http://shop.bps.org.uk/cpd-workshops/trauma-informed-community-care-a-public-screening-of-paper-tigers.html>

If you do not already have a BPS account for booking, you can create one at: www.bps.org.uk/user/register

FURTHER INFORMATION:

If you have any queries regarding this event please email btiernan03@qub.ac.uk or c.downes@qub.ac.uk

LEARN MORE

ACE INTERFACE	www.aceinterface.com/
Child Trauma Academy	www.childtrauma.org
ACE Study	www.cdc.gov/violenceprevention/cestudy/
ACEs Connection	www.acesconnection.com

ACKNOWLEDGEMENTS

This event is generously supported by Queen's University Belfast School of Psychology. It has been organised by Dr Bridget Tiernan and Dr Ciara Downes, Scaffold Service, in association with the Division of Clinical Psychology and the Northern Ireland Branch of the British Psychological Society. We would like to acknowledge the contributions of all our guest speakers to the event.

A collection will be organised on the night of the event in aid of two charities: Antardristi, an NGO supporting young Nepalese women impacted by abuse and Marie Curie Cancer Care.

