

# TOXIC CHILDHOOD CONFERENCE

JOIN US ON THE

20<sup>TH</sup> OF OCT

Craigavon Civic Centre

9am - 1pm

For a conference looking at how some children and parents have become addicted to modern day technology and unhealthy food. We will discuss the effects that these have on both the child and the parent as well as exploring the parent child relationship, children's behaviour, schooling, child development, dental treatment as well as other modern day to day family life.

Speakers include:

Dr Glenda Margaret Walsh, Principal Lecturer in Early Childhood Education Stranmillis College on How Modern Day Family Life has Changed.

Bridin McKenna, Director and Psychotherapist from Life Therapies Clinic on Mood and Food.

Jason Gonzalez, Business Leader, Organisational Development Practitioner and Mindfulness Specialist. He will be discussing What Tech Does to You.

Dr Ann O'Hanlon, Psychologist, Author and CBT Therapist will be discussing CBT techniques.

To book a space contact:

Julie Bolton, Southern Area Locality Planning Worker at [Julie.Bolton@hscni.net](mailto:Julie.Bolton@hscni.net)

**CiNI** Children in  
Northern Ireland



Armagh City  
Banbridge  
& Craigavon  
Borough Council



**CYPSP**  
Children & Young People's Strategic Partnership