

**CHILDREN'S SERVICES PLANNING
LARNE LOCALITY PARTNERSHIP**

**MINUTES OF THE MEETING HELD ON TUESDAY 1ST MARCH 2016
AT 10.30AM IN SIR THOMAS DIXON BUILDINGS, LARNE**

PRESENT:	David McAllister	<i>Mid & East Antrim Council</i>
	Beth Gibb	<i>Action Mental Health</i>
	Dave Stewart	<i>Barnardos</i>
	Gemma Lutton	<i>CYPSP (Minute Taker)</i>
	Grainne Hughes	<i>Action for Children</i>
	Helen Hargy	<i>PSNI</i>
	Maureen Morrow	<i>Mid & East Antrim Council</i>
	Nicola Johnston	<i>Network Personnel</i>
	Selena Ramsey	<i>CYPSP</i>
	Wendy Burgess	<i>Connections Service Start360</i>
	Yury Fleming	<i>Education Welfare Service</i>

APOLOGIES:	Jayne Gregg	<i>FASA</i>
	Liz Brown	<i>NICMA</i>
	Maria Martin	<i>Women's Aid ABCLN</i>
	Sandra Anderson	<i>CYPSP</i>
	Shirley Clarke	<i>Public Health Nursing NHSCT</i>
	Shirley Loughlin	<i>NHSCT</i>
	Tracey Colgan	<i>PHA</i>
	Leigh Whittlely	<i>EA NI Youth Service</i>

WELCOME AND INTRODUCTIONS

David welcomed the group to the meeting and apologies were noted. A round of introductions took place from all members present.

MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Tuesday 12th January 2016**.

MATTERS ARISING

No matters arising.

DAVE STEWART – TIME 4 ME SERVICE BARNDROS

Time for Me is a School based counselling service and this is the first year the service has been in Larne. Dave has been working for Barnardos for 15 years and explained his background as an Accredited Counsellor and School Worker. Dave wishes to identify how to link better and compliment other existing programmes.

Time 4 Me targets 4-11 year olds and is a school based programme offering individual counselling with a focus on reducing the personal and social barriers to learning by helping children cope better with life problems. The aim is to work with young people early before things escalate.

Dave noted the service can increase a child's emotional wellbeing and this increases their learning potential. Richard Layard produced strong research highlighting the strongest predictor of a satisfying adult life is a child's emotional health for a healthy future. A quote from a young person who used the service was given and was very positive "I'm less tired now so I can work easier and I can think more about my sums. My family is not fighting anymore and I spend more time with my Dad".

The service works with young people as well as key adults including family, support staff in School setting. Teachers are worked with if there are difficulties in the classroom. A number of statistics were given and Children with emotional difficulties are twice as likely to have marked difficulties with reading, spelling and maths.

Time 4 Me started 7 years ago and the service ran in over 50 schools last year. This resulted in working with 200 children per week. 245

sessions of child counselling and wraparound support was provided. The service has started in 3 Schools in October in Larne and enough funding was secured for one morning of counselling each week. Dave noted he is embedding this service into the Schools and working closely with them.

Info was also provided on Reading 2 Learn. This focuses on the educational element and Time 4 Me focuses on the emotional wellbeing. Discussions took place on the services and questions were answered.

Dave is keen to establish links within the area. For anyone wishing to get in touch email Dave Stewart: dave.stewart@barnardos.org.uk

UPDATE – PARENTS MORNINGS

Rural isolation was identified as an issue within the Action Plan so Carnlough/Glenlough area was targeted for rolling out parent mornings. Information sessions were delivered over 4 weeks on 8th Feb, 22nd Feb, 29th Feb and 7th March, covering Paediatric First Aid, Challenging Behaviours, Mental Health and Stress Management.

A good number of parents attended both from Carnlough and Glenarm area. Feedback from parents has been brilliant to date and evaluations will be completed on the last week. Feedback can be shared at the next meeting. 12 parents have been attending the programme with a crèche being provided for children.

ACTION: Sandra

UPDATE – BELIEVE IN YOUTH PROJECT

Selena provided an update on the Believe in Youth project. Work was previously completed in Larne YMCA but there were challenges in keeping peer educators as they were gaining experience and moving onto other posts. It is hoped for a further update for the next meeting.

RELAX AND CHILLAX – UPDATE

Selena provided information on Relax and Chillax delivered in Larne High School at lunch time one day a week. YMCA has taken this over and was always led by YMCA which started from the Larne Locality Group. Selena agreed to get an update from Ian and Karen and share with the group.

ACTION: Selena

LARNE / CARRICKFERGUS HUB UPDATE

Referrals are still coming through and in particular a lot for ASD support. The Hub is still busy with funding continuing until September.

ACTION PLANNING – REVIEW

Selena noted the group will need to look at next steps for achieving actions. 3 outcomes remain the same which are listed below.

Outcome One

Parents in the Larne area will be aware of the support available for them

Outcome Two

Young People from Larne area will leave School with the skills and qualifications to enter employment

Outcome Three

Yong People from Larne area will be aware of risks and where to obtain support of necessary

Selena agreed to look at the next target area once the parent programmes are completed.

ACTION:Selena

UPDATE FROM MEMBERS

Wendy Burgess – Connections Service Start360

Wendy provided information on her role for the Connections Service Start360. Part of her role is to work with multi-agency partnerships and networks in all localities in order to identify local key issues and feed up to Drugs & Alcohol Teams. Wendy will be holding networking events for organisations in order for everyone to find out what about services covering particular areas. Another part of Wendy's role is signposting and Wendy is continuously keeping up to date on all the services available. A directory of services will be compiled which will give an insight on all services and this can be shared as a resource. A number of programmes were delivered with January focusing on Dry January and March will cover Medicines Misuse. Planning and targeting this and raising the awareness on this issue. The Connections Flyer was handed out along with a flyer on Start360. A lot of training is being delivered and a 2 hour Drugs & Alcohol Awareness Sessions can be delivered. Wendy can be contacted at wendy.burgess@start360.org

Beth Gibb – Action Mental Health

Beth covers all of the Northern Trust area. An update was provided on current programmes. Healthy Me won't be available soon as no funding has been secured to deliver this. 3 year funding has been secured for Mindset for community groups. This is focusing on raising awareness and increasing knowledge and understanding of Mental and Emotional Health & Wellbeing and will be available for the next 3 years. 42,000 young people have been seen over the last 3 years. Any groups interested in this training Beth can be contacted at bgibb@amh.org.uk

Larne Parental Support Project

New groups are starting in Easter. One to One support is on-going for families and it is very busy. People were encouraged to get in touch if they have any referrals.

Maureen Morrow – Mid & East Antrim Borough Council

Programmes are coming to an end due to funding. Funding has finished for exercise classes but the group want to continue. Looking at new programmes. The Foodbank is looking to become more active in Glenarm and Carnlough. If working with families who you would be concerned about the foodbank should be available and accessible.

Helen Hargy – PSNI

Helen has a new role in Ballymena which covers Mid & East Antrim. Helen noted if people are working with any local groups PSNI could call into any groups/programmes to provide information. Anti-Social Behaviour still remains as an on-going problem.

David McAllister – Mid & East Antrim Borough Council

3 workshops were delivered over half term. Over 50 young people attended with the last workshop finishing last week. Wheelchair basketball was also delivered. David noted he is covering Larne until the review of Social Delivery is complete. New groups are being established and one is starting tonight consisting of all girls.

Nicola Johnston – Network Personnel

Still reaching 16-24 year olds not in employment/education. Beginning to roll out OCN Level 1 programmes including Level 1 in Employment and Personal Development and Level 1 in Cooking. In the Ballymena it is hoped to deliver Stress Management/Manual Handling etc. Currently gauging interest from young people for these programmes.

Yury Fleming – Education Welfare Service

Yury works with looked after children and covers all of the North Eastern Region. Work has been busy with a lot of referrals. Yury expressed she is happy with the funding continuing for the hubs. There are a number of changes in education and this is subsequently bringing a lot of changes internally.

AOB

Nothing noted.

DATE OF NEXT MEETING

It was agreed that the next meeting will be held on **Tuesday 3rd May 2016** at **10.30am** in **Sir Thomas Dixon Buildings, Larne.**

Please note start time for meetings will be 10.30am.