

**CHILDREN'S SERVICES PLANNING  
MINUTES OF MAGHERAFELT LOCALITY GROUP**

**FRIDAY 1<sup>ST</sup> JULY 2016 AT 10.00AM  
NORTHERN REGIONAL COLLEGE, MAGHERAFELT**

<b>Attending:</b>	Selena Ramsey	<i>CYPSP</i>
	Ann Marie McStocker	<i>NICHI Project</i>
	Deirdre Keenan	<i>NHSCT</i>
	Gemma Lutton	<i>CYPSP (Minute Taker)</i>
	Hannah Dearie	<i>Public Health Agency</i>
	Indu Callaghan	<i>Start360</i>
	Jayne Colville	<i>NHSCT</i>
	Judith Wilson	<i>Mid Ulster Women's Aid</i>
	Maxine McClean	<i>Network Personnel</i>
	Michael McCrory	<i>Mid Ulster PCSP</i>
	Rob Lawrence	<i>Christians Against Poverty</i>
	Sandra Anderson	<i>CYPSP</i>
	Vicky Boland	<i>NHSCT</i>
 <b>Apologies:</b>	Catherine Quinn	<i>Dunlewey Believe in Youth</i>
	Denise Nicholl	<i>PeoplePlus NI</i>
	Fiona Scullion	<i>Early Years</i>
	Lisa Montgomery	<i>MAST</i>
	Mary Tennyson	<i>Gold Surestart</i>
	Ken McDermott	<i>PSNI</i>

**WELCOME AND INTRODUCTIONS**

Michael welcomed the group and apologies were noted. A round of introductions took place from all present.

## **MINUTES OF PREVIOUS MEETING**

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Friday 6<sup>th</sup> May 2016**.

## **MATTERS ARISING**

No matters arising.

## **PRESENTATION – JAYNE COLVILLE, NHSCT**

Jayne works as a Child Development Interventions Coordinator within the Northern HSC Trust and her role is PHA funded. The role involves coordinating evidence based parenting programmes and identifying gaps across the Northern HSC Trust. Jayne provided an overview of all training programmes across the Northern Trust which are broken into locality areas. (Report circulated with minutes). This report can also be requested by contacting Jayne Colville [jayne.colville@northerntrust.hscni.net](mailto:jayne.colville@northerntrust.hscni.net)

## **ROB LAWRENCE – CHRISTIANS AGAINST POVERTY**

Michael thanked Rob for attending the meeting today and invited Rob to present information to the group. Rob works for Christians against Poverty and is based in Magherafelt. There are 21 centres across Northern Ireland offering free debt counselling open to everyone. Freephone number takes person through to head office and an appointment is made in the relevant centre. A budget plan is set with each client and agreed with creditor. A monitoring tool allows CAP to track if client is continuing to make payment and are fully supported until they are debt free.

Rob noted if anyone is working with families where debt is an issue to tell them about CAP (Christian's Against Poverty) service. The Freephone number is 0800 328 0006 and further information can be accessed through [www.capdebthelp.org](http://www.capdebthelp.org). Money management courses will be run at the end of September teaching people budgeting skills.

## **FREEDBACK – ATTACHMENT EVENT**

'Why People Need People' training event was held on Thursday 23<sup>rd</sup> June in The Walsh's Hotel, Maghera focusing on the Five to Thrive model. Feedback from this was very positive and Selena noted she will look at the next steps in taking this forward. In the Cookstown group, members felt a good follow on would be to

organise an event with George Hopkins as key note speaker. Selena agreed to work to take this forward and if anything is planned it will be a joint event for Magherafelt /Cookstown.

**ACTION: Selena**

## **UPDATE – BELIEVE IN YOUTH**

The Believe in Youth Project are fully booked to deliver 'Fun with Mocktails' across the Northern Trust area over the summer months. These will be encouraging fun without alcohol as well as raising awareness of the impact of alcohol misuse.

Schools previously visited have also requested more awareness programs for new students running from September through to October.

## **UPDATE – FAMILY SUPPORT HUBS**

Women's aid attended the last Family Support Hub meeting. Judith noted there is a rise in young people sending photographs of themselves. PSNI have highlighted this in Schools but there is a gap in the awareness of this and the implications for young people.

The next Family Support Hub meeting takes place on 27<sup>th</sup> July at 10am.

## **ACTION PLAN REVIEW**

Discussions took place regarding the current outcomes and work both on-going and which has been completed to date.

**Outcome 1:** Parents and Practitioners in Magherafelt will have a sound knowledge of the benefits of attachment.

- DVD's have become available to use focusing on early attachment
- Homestart extension – this has been raised at outcomes level
- Selena is linking with Jayne to identify gaps in training for practitioners and will make available

**Outcome 2:** Magherafelt will have a cohesive signposting and referral system

- The group continue to network. Members were asked if they would like to present to the locality group to let Selena know

**Outcome 3:** Young People in Magherafelt have positive mental health and wellbeing

- Selena provided information on Ballymena Pastoral Care Events, with the potential to organise the same type of events within this area

It was noted for Obesity and Sexting to be added to the action plan.

Recent achievements are also to be added to the current action plan.

**ACTION: Gemma / Selena**

## **SUPPORTING SIBLINGS**

Sandra provided information on previous supporting siblings workshops organised by CYPSP. Funding has been received this year to deliver a further 2 workshops. 17 young people registered for the Magherafelt workshop with 10 young people attending on the night. This was delivered in Magherafelt Parish Centre on Monday 27<sup>th</sup> June 2016. Facilitators from Empower Project facilitated the workshop and it was very interactive with a lot of discussion with the young people. Barnardo's Young Carers were also present to provide information on their service and explaining how young people can get involved. Those present were very keen with some already involved.

Another workshop will be delivered in Antrim in September. A Top Tips leaflet was given on the night which explains ASD and examples of how to cope. This is a great resource which is used across the Northern HSC Trust.

## **MEMBER UPDATES**

### Ann Marie McStocker – NICHI Project

10,000 steps project is there and available to use. Also small grants are closing on 19<sup>th</sup> July 2016. Health & Wellbeing grant information is available on the website. There is health literature available and Ann Marie is currently encouraging people to access this which is also on the Health Alliance website.

### Indu Callaghan – Start360

Voices service is now up and running with a full caseload attached. Smaller numbers for Magherafelt are coming through. Voices service deals with young people who have exposure to parental substance misuse and works with 8-18 year olds. Any professional or person can make a referral.

### Hannah Dearie - PHA

Weight lose pilot will now be extended to each area in NI and Hannah will keep the group posted with information relating to this. Family weight loss management is in discussions for the Antrim area. Hannah provided information on Breastfeeding awareness and the PHA are encouraging people to talk about positive breastfeeding. Breastfeeding week is coming up. The Public Health Agency are going through voluntary exit schemes and the last staff to leave exited yesterday. Some posts will be advertised as a result of changes.

### **ANY OTHER BUSINESS**

Nothing noted.

### **DATE AND TIME OF NEXT MEETING**

It was agreed that the next meeting would take place on **Friday 30<sup>th</sup> September 2016 at 10.00am** in Northern Regional College, Magherafelt Campus.