

Southern Area Outcomes Group Children and Young People's Action Plan 2014 - 2017

No 3 (Nov 2016)



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1. Introduction

The CYPSP is the multi-agency strategic partnership consisting of the leadership of all key agencies across statutory, voluntary and community sectors who have responsibility for improving outcomes for all children and young people in Northern Ireland.

The Southern Area Outcomes Group is one of the multi-agency cross-sectoral partnerships carrying out outcomes based planning at a geographical level on behalf of the Children and Young People's Strategic Partnership (CYPSP). There are five outcomes Groups each covering the geographical areas of the health and social care trusts.

Membership of the group consists of representatives from the Statutory, Voluntary, Community and Black and Minority Ethnic sectors.

The following action plan sets out how the Southern Area Outcomes Group will contribute towards the implementation of the Northern Ireland Children and Young People's Plan 2014 - 2017. This action plan is one document in the suite of action plans which make up the NI Children and Young People's Plan. The Southern Area Outcomes Group will collaborate with the other 4 Outcomes Groups, the CYPSP Groups and Regional Sub Groups in order to implement the overall Plan. The Plan is therefore a live document – at any one time the latest version of the overall Plan and the Action Plans of all of the planning groups will be available on our website at www.cypsp.org.



2. Key Themes of Northern Ireland Children and Young People's Plan

- **Early Intervention**

It is important to be clear about what we mean by early intervention. There are many different interpretations. The CYPSP defines Early Intervention as Early Years and Early Stage of difficulty.

A whole society approach to early intervention – through ensuring the **network of supports and services** being present and applicable to address children's rights and needs **when** and **where** needed, and promoting an ownership within the community at large of the benefits of early intervention.

- **Resource Optimisation**
- **Integrated planning, commissioning and delivery**

3. CYPSP Structure

An overview of the CYPSP Structure is outlined in Figure 1.

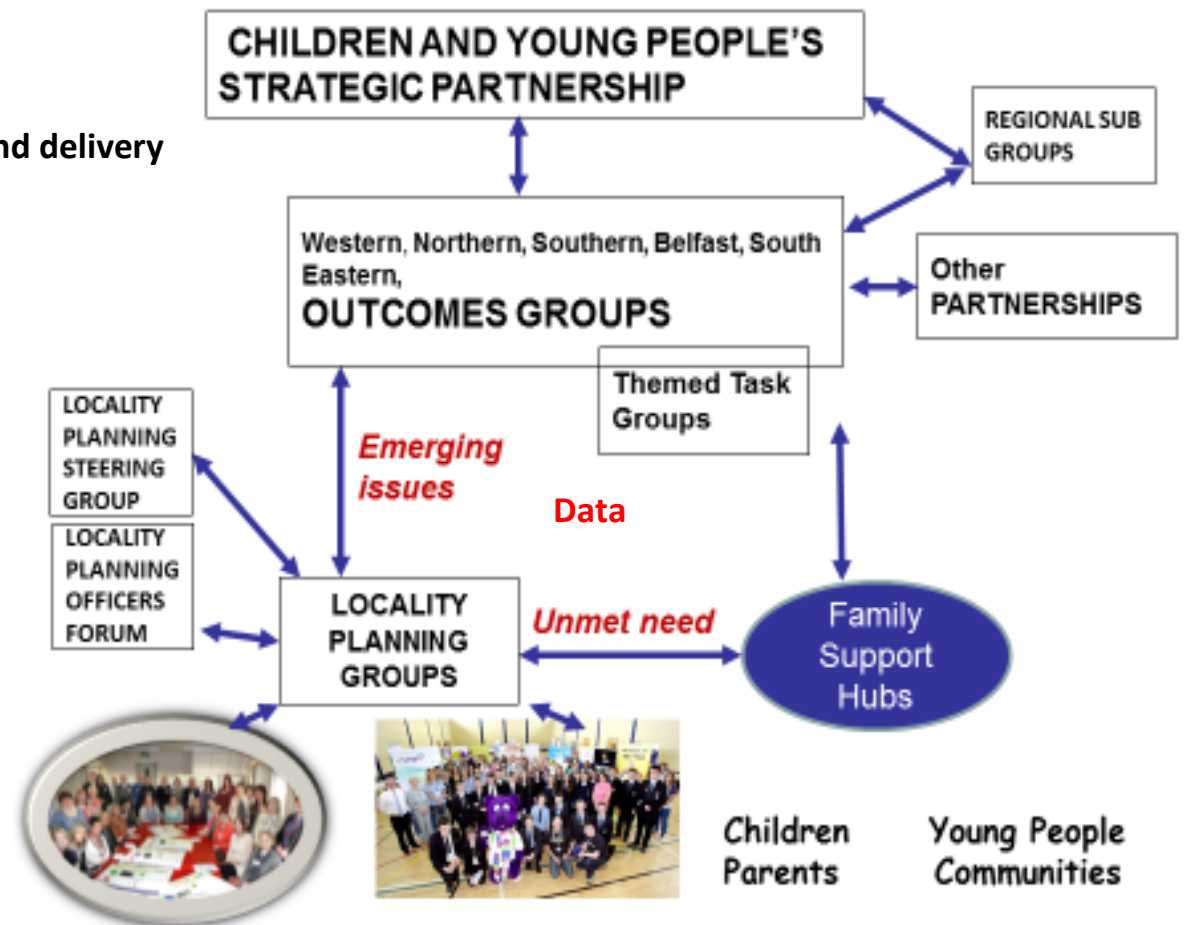


Figure 1

4. Southern Area Outcomes Group – What do we do?

The purpose of the Southern Area Outcomes Group is to carry out integrated planning and commissioning for children and young people in the area, with specific emphasis on sharing resources across agencies and early intervention to improve outcomes for children and young people. Figure 2 below sets out the key areas of action which will ensure the Group achieves its aims.



Figure 2

5. Building the Partnership

Membership of the Outcomes Group consists of representatives from the statutory, voluntary and community sectors. The current membership can be found at:-

http://www.cypsp.org/wp-content/uploads/2015/02/southern_og_membership.pdf

The importance of partnership working is recognised by the CYPSP and a number of workshops have been held to support decision making and to build relationships between sectors, organisations and other partnerships.

6. [Links to other Partnerships](#)

To enhance partnership working, dual membership arrangements also link the Southern Outcomes Group to the Southern Local Commissioning Group HSCB, the Southern Childcare Partnership, Making Life Better, PCSPs and Community Planning through local Councils.

7. [Locality Planning Groups](#)

The Southern Outcomes Group has responsibility for six locality planning groups in the southern area (*click on name to link to each webpage*):

- [Armagh](#)
- [Newry](#)
- [Dungannon](#) & [Rural Dungannon](#)
- [South Armagh](#)
- [Craigavon](#)
- [Banbridge](#)

The role of each locality planning group is to:-

- be a **partnership** between children and young people, families, communities and representatives of agencies at locality level at a geography that makes sense to the local community;
- provide the **link** between local communities and the Southern Outcomes Group. (Chairs invited to attend Outcomes Group Meeting together with Locality Planning Officer);
- draw up a locality **plan** to address priorities identified through **outcomes based planning**;
- **mobilise local resources** from the statutory, voluntary and community sectors to address these priorities – as part of the Children and Young People’s Plan;
- contribute to the Outcomes Group Planning process by providing information to **inform strategic planning**; and
- **deliver locally** on actions identified within the Southern Area Outcomes Group Action Plan.

8. Family Support Hubs

The Southern Outcomes Group also ensures representation from the 3 Family Support Hubs located within the Southern Area. The aim of the family support hub is:-

- To improve **access** to early intervention family support services by matching the needs of referred families to family support providers;
- To **improve coordination** of early intervention family support services by creating a collaborative network of providers;
- To improve **awareness** of family support **services**;
- To **assess the level of unmet need** for early intervention family support services and inform the Outcomes Group

9. Setting Priority Outcomes

We have reviewed our previous plan and consulted widely through locality planning groups and family support hub information. We have analysed need through the extensive range of data available on the CYPSP website (<http://www.cypsp.org/performance-profile>) alongside the input from children and young people, parents and communities to influence the planning process. The focus on emerging needs in local communities is a key factor in intervening early and achieving longer term outcomes for children and young people.

The Southern Area Outcomes Group held a series of stakeholder events in each Locality area. These were attended by over 275 front line practitioners, community and parents. A report outlining the issues raised can be found at www.cypsp.org and a summary of emerging issues is outlined at point 14 below and evidenced in Appendix 1. These issues have influenced this action plan and those of the Southern Locality Planning Groups who work to improve outcomes at a very local level.

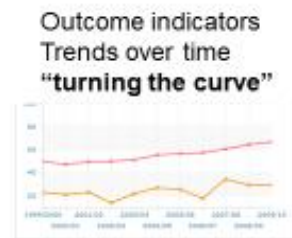
10. What do we mean by “Outcomes”

Outcomes are the benefits achieved by the work we do. To achieve better outcomes for our children and young people we need to be able to measure how well they are doing now, be able to identify early, when things might not be going as well and be able to set targets for improvement.

Focusing on the child and their environment helps us to see where each agency, service, community and family can make a contribution to identifying emerging issues as well as improving outcomes. Figure 3 sets out the key components of Outcomes Based Planning.

Key components of Outcomes Based Planning

Figure 3



All agencies working in the area – partnership
“local knowledge and emerging needs”

Knowledge of services capacity and gaps
Family Support Database/Family Support Hubs

Emerging issues
What will work?
Children, Young people, Parents Communities



11. Achievements to Date

Commissioning of family support services based on priorities informed by Locality Planning Groups and Family Support Hubs is facilitated by the Southern Health and Social Care Trust on behalf of the Southern Outcomes Group:-

Year	Investment	Organisation	Location	Service Provided
2013/14 2014/15		Homestart (A & D)	Armagh & Dungannon	Provision of home based supports to parents and children focusing on isolation, disability, mental health, promotion of health and education via use of trained volunteers.
		Homestart Newry	Newry	Provision of home based family support to parents and children focusing on isolation, mental health, household routines, child management etc.
		Homestart Banbridge	Banbridge	Home based parental support aimed at physical health, emotional development, bonding and attachment, reducing social isolation.
		Tiny Life	Trust-Wide	Support to families with premature and sick babies. Home based support via trained volunteers delivering baby massage, first aid courses and parental support.
		Barnardo's	Armagh & Dungannon (initially) Roll-out in other areas dependent on capacity/ transport	Play Therapy for Children affected by family turmoil e.g. parental separation. Support also offered to parents. Primary focus is early intervention e.g. cases not meeting the criteria for statutory intervention.
		Belfast Central Mission	Armagh & Dungannon (initially)	Parent Support – practical home based support for up to one year delivered on a flexible basis. Primary focus is early intervention e.g. cases not meeting the criteria for a statutory social work service.
		Women's Aid Cookstown	Dungannon & Clogher Valley	One-to-one and group work including outreach to children and women affected by domestic Violence: age range 7 – 17 years.
		Women's Aid Newry	Newry, Craigavon & Banbridge	One-to-one and group work including home based services to women and children affected by Domestic Violence.

Year	Investment	Organisation	Location	Service Provided
		Cedar Foundation	Armagh & Dungannon	Direct work with disabled young people to promote confidence and self-esteem, skills development aimed at enhancing social networks. Age range 13 – 17 years.
		Craigavon Intercultural Programme	Craigavon & Banbridge	Targeted at BME children and parents: After-schools club and Multi-cultural parent and toddler group with a focus on mental health, health promotion, physical activity, arts & crafts, befriending, reduction in isolation and hard to reach families.
		Craigavon Travellers Support	Craigavon & Banbridge	Practical home management and parenting skills for Traveller Families.
		Armagh Travellers Support	Armagh & Dungannon	Practical home management and parenting skills for Traveller Families.
		South Down Family Health Initiative	Newry & Mourne	Home based family support to parents and children focusing on emotional support, health promotion and practical support to families.
2015/16 2016/17		Belfast Central Mission	Armagh & Dungannon	Targeted practical family support to parents and children delivered in the home
		Community Restorative Justice	Newry & Mourne	Targeted practical family support to parents and children delivered in the home
		Northern Ireland Association for Mental Health	Craigavon & Banbridge	Targeted practical family support to parents and children delivered in the home
		SPACE NI	Newry & Mourne	Targeted bespoke Family Support to Black and minority Ethnic (BME) families
		Community Intercultural Project	Craigavon & Banbridge	Targeted bespoke Family Support to Black and minority Ethnic (BME) families

The Outcomes Group also had the opportunity to input to the identification of the geographical location of the Early Intervention Support Service (EISS) procured by PHA for the Early Intervention Transformation Process.

12. Outcomes the Government wants to achieve for all children and young people – NI Children’s Strategy 2066-2016 (currently being updated)

Figure 4 outlines the six high level outcomes for Children and Young People which each Department of Government and all agencies across the region contribute to. The next Children’s Strategy is currently being drafted.



Figure 4

13. Outcomes we want to achieve for the children and young people in the Southern area and how they link with Government Outcomes

NI Children's Strategy	Southern Area Outcomes Group
Healthy	Children and young people will have the best start in life and enjoy good health and wellbeing
Enjoying, learning and Achieving	Parents/Carers, Children and Young people are supported to understand the importance of, and to attend/participate in education and training.
Experiencing economic and environmental wellbeing	Children and young people will experience good relations, equality and diversity
Contributing positively to community and society	
Living in Safety and with Stability	All Children are Safe, confident and enjoy good emotional wellbeing Children and young people live in supported families. Parents/carers receive the help and support they need to empower them to parent.
Living in a Society which respects their rights	All of above
All of above	Better co-ordination and collaboration across agencies in the Southern Area

14. Outcomes we want to achieve for the children and young people in the Southern area and how they link with local need.

Southern Area Outcomes Group	Key Priorities identified by Locality Planning Groups <i>(see statistical data at Appendix 1)</i>
<p>1. Children and Young People will have the best start in life and enjoy good health and wellbeing</p>	<p>a) Address/Increase dental registrations and improve dental health of Children and Young People (Armagh and South Armagh)</p> <p>b) High rate of Children/Young People with disabilities (Newry, Armagh, South Armagh)</p> <ul style="list-style-type: none"> - Support services for children with disabilities and their families. Emotional well being support needs of Young People with disabilities (Armagh) <p>c) Challenging attitudes and informing people of disability through awareness raising sessions.(In line with the social model of disability) (Armagh)</p> <p>d) Improve Children and Young People’s Emotional, Mental and Physical Health and wellbeing (Banbridge, South Armagh)</p>
<p>2. Parents/Carers, Children and Young People are supported to understand the importance of, and to attend/participate in education and training.</p>	<p>e) Improve Educational Attendance Rates and Educational Achievements (Craigavon, Newry)</p> <p>f) To address issues of non-attendance at school and the wider impact upon the health and wellbeing of children and young people (Southern Outcome Group – Pilot to be undertaken in Coalisland)</p>
<p>3. Children and young people will experience good relations, equality and diversity</p>	<p>g) High rate of Children and Young People living in poverty 0-19 years (Newry and South Armagh)</p> <p>h) Inspire Young People (Increasing Education, Employment and Volunteering opportunities) and Promote a positive image of Young People (South Armagh, Banbridge)</p> <p>i) Promote Cultural Awareness (Craigavon, Armagh and South Armagh)</p>

14. Outcomes we want to achieve for the children and young people in the Southern area and how they link with local need – cont.

Southern Area Outcomes Group	Key Priorities identified by Locality Planning Groups <i>(see statistical data at Appendix 1)</i>
<p>4. All Children are safe, confident and enjoy good emotional wellbeing</p>	<p>j) Address/Reduce Domestic Violence and its impact on Children and Young People (Dungannon, Banbridge, Rural Dungannon, Newry)</p> <p>k) Address Cyber-bullying/bullying and its impact on Children and Young People; increase parents' and young people's knowledge of online safety (All Areas)</p> <p>l) Keeping Safe: Addressing issues impacting young people including Legal Highs, Trafficking, Drugs and Alcohol, Cyber Bullying (Craigavon)</p> <p>m) Address areas of Crime (Rural Dungannon)</p>
<p>5. Children and young people live in supported families. Parents/carers receive the help and support they need to empower them to parent.</p>	<p>n) Needs of Families at risk of Rural Isolation (Rural Dungannon)(Dungannon)</p> <p>o) Better uptake of evidence based Parenting programmes (All Areas)</p>
<p>6. Better co-ordination and collaboration across agencies in the Southern Area</p>	<p>p) Raise awareness of the support and services available to Children, Young People and Families/ Support for families (specifically BME Families) (Armagh, South Armagh, Dungannon)</p> <p>q) To improve Funding opportunities for local groups. Improve knowledge and understanding for local voluntary and community groups completing funding applications (Armagh)</p>

SOUTHERN OUTCOMES GROUP ACTION PLAN – WHAT WE ARE GOING TO DO:-

OVERARCHING OUTCOME:- To deliver on better outcomes for children and young people and ensure all children get the best possible start in life and have good health and wellbeing

*Note: Actions in **Green** have been achieved*

Outcome 1 - Children and young people will have the best start in life and enjoy good health and wellbeing (Healthy)						
Key Priorities	Actions	Who will lead and who will contribute	Timeframe	Monitoring	Progress to date	Connecting Strategies and work plans
a) Address dental registrations and improve dental health Achieved	Deliver 3 tooth fairy events	Julie Bolton ArKe SureStart NICMA Local Playgroups/ Primary Schools	October 2013 to present	See Report card No 1	5 Tooth Fairy events have been delivered to date; Armagh x 2 Keady x2 Rural Dungannon x1	ArKe Sure Start Making life Better NM&D Community Planning PfG O4/8/14
b) Support services for children with disabilities and their families: – Emotional wellbeing support needs of young people with disabilities;	<ul style="list-style-type: none"> Establish a youth group in Keady for young people with learning disabilities and autism; Music Therapy Sessions 	Armagh LPG sub-group Barnardo's 6 th sense group Enable NI Education Authority SHSCT Community Access Workers	Sept 2016 to February 2017	Outcomes to be defined	A youth group is being planned for September 2016 in the Keady area. Funding application submitted to PHA to assist. Music Therapy sessions ongoing.	Making Life Better PfG O3/4/5/8/9/14 Barnardo's PHA SHSCT Enable NI Regional Disability Group
c) Challenging attitudes and informing people of disability through awareness raising sessions. Partly Achieved	Deliver 4 Disability awareness sessions	Barnardos 6th Sense	Sept-Dec 2016	Report card to be designed	Disability awareness raising sessions planned for Sept/Oct 2016.	Barnardo's Regional Disability Group PfG O3/4/5/8/9/14

<p>d) Improve Children and Young People's and young Parents Emotional, Mental and Physical Health and wellbeing (Banbridge, Armagh) To be discussed at Outcomes Group</p>	<ul style="list-style-type: none"> • <i>Establish an Awards event (such as in Newry) to acknowledge the positive contribution children and young people make to local communities.</i> • Encourage hard to reach parents to participate in practical parenting support (Armagh) 		<p>March 2016 to March 2017</p>			<p>PfG O8/14</p>
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Outcome 2. Parents/Carers, Children and Young people are supported to understand the importance of, and to attend/participate in education and training (Enjoying, Learning and Achieving)

Key Priorities	Actions	Who will lead and who will contribute	Timeframe	Monitoring	Progress to date	Connecting Strategies and work plans
<p>e) Improve Educational Attendance Rates and Educational Achievements</p>	<p>Organise a Milkshake and Maths Programme within Craigavon area</p>	<p>Julie Bolton Craigavon LPG sub-group</p>	<p>Jan-Jun 2017</p>	<p>Increase young people achieving Maths GCSE</p>	<p>To discuss at next LPG meeting</p>	<p>Area Learning Community PfG O1/3/5/6/8/14</p>
<p>f) Pilot being run on behalf of CYPSP To address issues of non-attendance at school and the wider impact upon the health and wellbeing of children and young people.</p>	<p>Undertake a pilot in Coalisland to address issues arising from non-attendance at school including the wider impact upon the health and wellbeing of children and young people within BME families</p>	<p>Kieran Shields Local practitioners Locality Group</p>		<p>Increase attendance at school</p>	<p>See separate action plan</p>	<p>Recommendations from this work will inform service provision across the Southern area and other Outcomes Group areas PfG O1/3/5/6/8/14</p>

Outcome 3. Children and young people will experience good relations, equality and diversity (<i>Experiencing Economic and Environmental wellbeing; Contributing Positively to Society</i>)						
Key Priorities	Actions	Who will lead and who will contribute	Timeframe	Monitoring	Progress to date	Connecting Strategies and work plans
<p>g) High rate of Children and Young People living in poverty 0-19 years (Newry & South Armagh)</p> <ul style="list-style-type: none"> - Affordability of school uniform for families <p>Achieved</p>	<p>Newry FSM Hunger In Holidays - Pilot</p> <p>Plan School uniform Fairs</p>	<p>SPACE Stephanie Thompson Reserve forces and Cadets</p> <p>Sub group of South Armagh LPG</p>	<p>August 2016</p> <p>August 2016</p>	<p>Stephanie Thompson monitoring</p> <p>Julie Bolton</p>	<p>Flyer designed Nine Young People signed up Promotion of event Study visit to venue- Samuel Boyd Hall- Kilkeel (4th August)</p>	<p>SPACE Reserve Forces and Cadets</p> <p>PfG O1/3/4/5/8/13/14</p>
<p>h) Inspiring Young People through promoting Employment and Volunteering opportunities (Banbridge)</p> <p>Achieved</p>	<ul style="list-style-type: none"> • Volunteer/ Employability Fair 	<p>Banbridge Locality Sub group Chair of Area Learning Community</p>	<p>23rd September 2016</p>	<p>Report Card to be designed</p>	<p>Book stall holders Invite Volunteer Bureau Now Design flyer</p>	<p>Volunteer Bureau Area Learning Community</p> <p>PfG O1/3/5/6/8/13/14</p>
<p>i) Promote Cultural Awareness (Craigavon)</p> <p>Achieved</p>	<ul style="list-style-type: none"> • Cultural Awareness Training to be held • Liaise with Council's GR Unit re: co-hosting a number of smaller cultural awareness events in partnership with local schools 	<p>Craigavon LPG sub-group Community Intercultural Programme</p>	<p>April 2016</p>		<p>12 attended training (April 2016)</p>	<p>ABC Council</p> <p>PfG O3/5/7/8/9/12/14</p>

Outcome 4. All Children are Safe, confident and enjoy good emotional wellbeing (<i>Living in Safety and with Stability</i>)						
Key Priorities	Actions	Who will lead and who will contribute	Timeframe	Monitoring	Progress to date	Connecting Strategies and work plans
<p>j) Address/Reduce Domestic Violence and its impact on Children and Young People (Dungannon, Banbridge, Rural Dungannon, Newry)</p> <p>Achieved</p>	<ul style="list-style-type: none"> Host a number of awareness raising sessions across the Southern Trust Invite LPG members to become a safe place / safe communities 	<p>Locality Planning Officer</p> <p>Women's Aid</p> <p>Locality Planning Groups</p>	<p>2015 – 2016</p> <p>July to December 2016</p>	<p>Julie Bolton</p>	<p>Two Awareness session held:</p> <p>Dungannon (Sept 2015) 22 frontline staff attended.</p> <p>Craigavon (December 2015) (No. attending)</p>	<p>Women's Aid</p> <p>PfG 04/5/7/8/14</p>
<p>k) Address Cyber-bullying/bullying and its impact on Children and Young People; increase parents' and young people's knowledge of online safety (All Areas).</p> <p>l) <i>Explore the negative impact technology has on family life</i></p> <p>Achieved</p>	<p>NEXUS has delivered six information sessions on keeping safe online to young People with disabilities</p> <p>Explore the possibility of hosting a Toxic Childhood Conference</p>	<p>NEXUS, Community Access officer for the Children with Disability team, local youth groups and Locality planning officer</p> <p>Sub group</p> <p>Locality planning officer</p>	<p>January 2015 to June 2016</p> <p>October 2016</p>	<p>Julie Bolton</p> <p>Evaluation to be designed</p>	<p>3 Workshops completed to date</p> <p>Speakers/Venue booked</p> <p>Flyer completed</p> <p>30 registered to date</p>	<p>Nexus</p> <p>PfG 04/5/7/8/14</p>
<p>m) Keeping Safe: Addressing issues impacting young people including Legal Highs, Trafficking, Drugs and Alcohol, Cyber</p>	<ul style="list-style-type: none"> Source Legal High training delivered by Start 360 Source Human Trafficking/ Online grooming training 	<p>Start 360</p> <p>Locality planning officer</p> <p>Freedom Acts</p> <p>Locality planning</p>	<p>March 2016</p> <p>March to October</p>		<p>15 LPG members and colleagues attended Legal High Training</p> <p>Ian Spiers from Freedom Acts (Community</p>	<p>The Psychoactive Substances Act</p> <p>PfG 04/5/7/8/14</p> <p>Community</p>

<p>Bullying (<i>Craigavon</i>)</p> <p>Achieved</p>		<p>officer</p>	<p>2016</p>		<p>Intercultural Programme) delivered five awareness raising sessions to LPG members and colleagues.</p>	<p>Intercultural Programme</p>
<p>n) Address areas of Crime (<i>Dungannon</i>)</p>	<p>Link with PCSP and PSNI (to be arranged)</p>					<p>PfG O3/7/9/12/14</p>
<p>Outcome 5. Children and young people live in supported families. Parents/carers receive the help and support they need to empower them to parent (<i>Living in Safety and with Stability</i>)</p>						
<p>o) Needs of Families at risk of Rural Isolation (<i>Rural Dungannon</i>) (<i>Dunganon</i>)</p>	<ul style="list-style-type: none"> • Submit a response to the Childcare Strategy Consultation highlighting the childcare needs of families living in Rural Dungannon area. • Consult with parents who attend the Family fun day and informed us about rural isolation in the Eglisish area. Run a number of activities/events in rural area of Dungannon. 	<p>Locality Planning Officer</p> <p>Locality Group Rural Community Network</p> <p>Sub group from Dungannon & Rural Dungannon LPG and local parents</p>	<p>November 2015</p> <p>March 2017</p>	<p>Julie Bolton</p> <p>Julie Bolton</p>	<p>Response submitted.</p> <p>To be discussed at LPG meeting in September.</p>	<p>Parental Participation Strategy.</p> <p>PfG O3/5/8/9/13/14</p>
<p>p) Better uptake of evidence based Parenting programmes (All Areas)</p>	<p>Outcomes Group partners to work closely together to ensure better uptake of evidence based parenting programmes locally. Eg The Strengthening Families Programme, Incredible Years and PARENTING YOUR Teen</p>	<p>?? Rachel Long</p>				

Outcome 6. Better co-ordination and collaboration across agencies in the Southern Area						
Key Priorities	Actions	Who will lead and who will contribute	Timeframe	Monitoring	Progress to date	Connecting Strategies and work plans
<p>q) Raise awareness of the support and services available to Children, Young People and Families (including BME Families)(Armagh, South Armagh, Dungannon) Achieved</p> <p>r) To improve Funding opportunities for local groups. Improve knowledge and understanding for local voluntary and community groups completing funding applications (Armagh) Achieved</p>	<p>A number of facts and fun day events have been held across the Southern Outcomes area.</p> <p>Plan Parents Participation (Parenting NI)</p> <p>Funding Fair to be planned for October 2016.</p>	<p>Locality Planning Officer</p> <p>Locality planning sub groups</p> <p>Parenting NI</p> <p>Neighbourhood Renewal</p> <p>ABC Community Network</p>		<p>See Report card No 2</p>	<p>13th November 2015 - Keady</p> <p>15th April 2016 - Dungannon</p> <p>12th August 2016 - Armagh</p>	<p>Parental Participation Strategy</p> <p>PfG O3/8/9/13/14</p> <p>Neighbourhood Renewal</p> <p>ABC community Network</p>