

# Southern Area Outcomes Group Community Intercultural Programme Multiple Realities Bespoke BME Family Support – Craigavon area Jan – Dec 2016



#### Outcome 3

Children and young people will experience good relations, equality and diversity



### **Background**

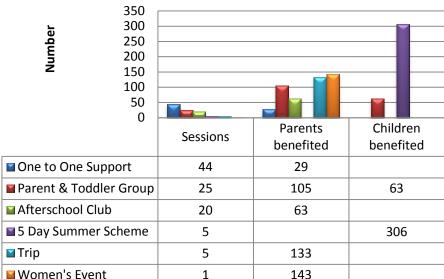
CIP is committed to supporting people from different community and cultural backgrounds and seeks to be a catalyst in promoting innovation and opportunities for their community development. CIP offers practical assistance to both indigenous & new communities in promoting integration & encouraging full participation in society regardless of race/nationality.

The outcome of the Project is to:

Target bespoke family support to Black and Minority Ethnic (BME) Families:-

- Developing support networks in the BME community
- Connecting BME families to statutory and voluntary services
- Reducing isolation for BME families
- Provision of time limited practical support to BME families
- Building resilience within BME families
- Coordinating relevant support networks, including formal and informal
- Undertaking individual work with BME families and their children with emphasises on prevention and capacity building

## How much did we do? **Family Support Activities** 350 300



4 BME young people from local training programme were involved in 10 week placements (5 within this project)

**Placements & Extended Learning:-**

5 Trainee midwives from Queen's School of Nursing on 2 day placement within this project to understand BME needs

	Volunteers	Volunteer Hours
Parent & Toddler Group	10	500
Afterschool Club	19	700

5 mums became volunteers in **Parent & Toddler group** 

How well did we do It? 12 mums referred to other support services including trauma centre, social services, helping

hands, foodbank, CIP advice service; 20 parents were recruited into projects; and 4 referrals One to One Support from Family Hub responded to.

100% of respondents to a survey stated they felt less isolated as a result of intervention and scored the service as excellent; 3 used volunteering experience to obtain p/t jobs with

SureStart, CIP and Childcare Providers; children from 12 different cultural groups benefited; 5

**Parent & Toddler Group** 

Grandparents benefited from a 5 week project

What Parents said:-"our children love this club", "this is the best club in the area", "it is great that our children have somewhere they feel safe and accepted", "it is great that our children are making friends with children from other nationalities and are learning about other cultures".

**Afterschool Club** 5 Day Summer Scheme

17 different cultures participated in intercultural 5 day summer scheme

One to One Support (29 Mums)	Parent & Toddler Group (105 Parents/63 children)	Afterschool Club (63 children + Summer scheme 306 children)	Family Events (5 Trips – 133 Parents; 1 Event 143 Parents)	Placements & Extended Learning (4 BME young people; 5 Midwives)
<ul> <li>Improved knowledge of and access to services</li> <li>Improved emotional wellbeing</li> <li>Improved resilience to cope</li> </ul>	<ul> <li>Improved social networks</li> <li>Reduced isolation</li> <li>Improved health and wellbeing</li> <li>Improved knowledge of BME needs</li> <li>New friendships</li> <li>Positive intergenerational activity</li> <li>Leadership Development</li> <li>New informal social network</li> </ul>	<ul> <li>Improved levels of integration</li> <li>Development of new friendships</li> <li>Development of civic leadership skills</li> <li>Positive cross community engagement</li> <li>Improved levels of belonging</li> <li>Usage of shared space.</li> </ul>	<ul> <li>Reduced levels of isolation</li> <li>Introduction to new places</li> <li>Improved social networks</li> <li>Improved integration</li> </ul>	<ul> <li>Development of soft skills by BME placements</li> <li>Development of civic leadership, volunteering skills</li> </ul>