

# Family Support Hubs NI Bi-Monthly Newsletter

## This edition includes:

- Early Intervention Support Service
- Online Safety Training for Parents
- Child Protection in Northern Ireland
- Now Project Family Service
- Drug and Alcohol Service Guide
- Fresh Minds for Adults



## Introduction

There are 29 family support hubs across Northern Ireland supporting families. In 2015/16 over 4500 families were referred to the hubs of which 3865 were in receipt of services.

This newsletter will keep you up to date with opportunities and new services available to families in need of support.

If you would like a service to be included in the next edition of the newsletter please send details to: [cypsp@hscni.net](mailto:cypsp@hscni.net)



Every blind and partially sighted child in NI will have equal opportunities in life to fully achieve their dreams, aspirations and potential. Angel Eyes NI offer a range of parenting/family support services including signposting, education advocacy, advice, early years play groups, parent peer support, family outings and much more to support families with a blind or partially sighted child. Read more at [www.cypsp.org/angel-eyes-ni/](http://www.cypsp.org/angel-eyes-ni/)

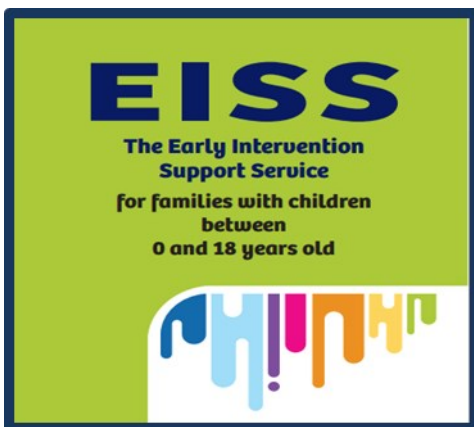
**Contact Us:** 028 9094 1632

**Website:** [www.angeleyesni.org](http://www.angeleyesni.org)



Guide Dogs NI Movement Matters Habilitation Service helps children develop movement, orientation and independent living skills. Guide Dogs' children services include the full range of services previously provided by our sister organisation, Blind Children UK. **Read more:** [www.cypsp.org/guide-dogs-movement-matters-programme-in-ni/](http://www.cypsp.org/guide-dogs-movement-matters-programme-in-ni/)

## Early Intervention Support Service



### WHAT IS THE EARLY INTERVENTION SUPPORT SERVICE (EISS)?

The EISS is a service that offers short term support to families with children 0 -18 years who have additional needs or are facing challenges that are difficult to overcome such as:

- Issues at school
- Behavioural difficulties
- Coping with illness or bereavement
- Family difficulties
- Domestic violence

### WHAT DOES THE EARLY INTERVENTION SUPPORT SERVICE OFFER?

The EISS provides a range of supports tailored to the needs of each individual family's specific circumstances. This is achieved through a key worker who works with the whole family usually in their own home using a strengths based approach which is individually tailored to the needs and priorities identified from the whole family assessment.

The EISS works with families for a time limited period – approximately 12 weeks. A range of both hands on practical and therapeutic interventions including motivational interviewing and solution focused brief intervention therapy will be used. The EISS also has access to a range of parenting and support programmes such as Strengthening Families and Incredible Years and also Family Group Conferencing (FGC). **This service is restricted to specific geographical areas within Health and Social Care Trusts (please get in touch for further information).**

### HOW TO REQUEST SUPPORT FROM THE EISS

#### Belfast Area

Email: [eissbelfast@niacro.co.uk](mailto:eissbelfast@niacro.co.uk)

Tel: 028 9032 0157

#### Northern Area

Email: [neiss@actionforchildren.org.uk](mailto:neiss@actionforchildren.org.uk)

Tel: 028 2827 6044

#### Southern Area

Email: [eissssouthern@niacro.co.uk](mailto:eissssouthern@niacro.co.uk)

Tel: 028 3833 1168

#### South Eastern Area

Email: [simpsonEISS@barnardos.org.uk](mailto:simpsonEISS@barnardos.org.uk)

Tel: 028 9127 1538

#### Western Area

Email: [weiss@actionforchildren.org.uk](mailto:weiss@actionforchildren.org.uk)

Tel: 028 7134 2286



Ballycrogan Playgroup, Bangor Big Bedtime Read

## EITP Getting Ready to Learn Project Update

Over 350 pre-school settings across Northern Ireland have got involved in the EITP Getting Ready to Learn Project. A series of parental engagement workshops coordinated through Education Authority have been encouraging and developing parental involvement and contribution in children's early learning. Read more about the EITP Getting Ready to Learn Project at: <http://tinyurl.com/zvun377>

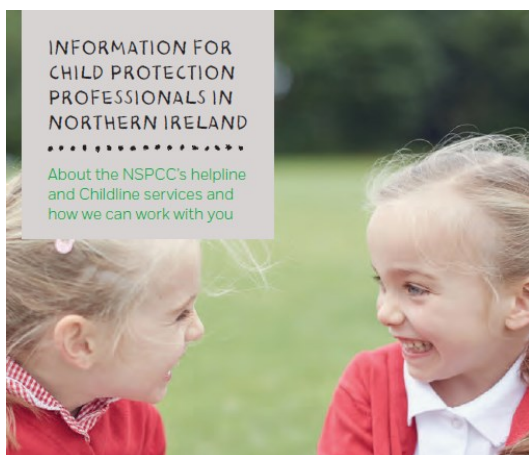
### Contact Us:

Hilary McEvoy, Programme Manager

Email: [grtl@eani.org.uk](mailto:grtl@eani.org.uk)

Telephone: 02890 564 047

## Child Protection in Northern Ireland



Abuse ruins childhood, but it can be prevented. NSPCC work with agencies across Northern Ireland to protect children by supporting families, and they find the best ways of preventing abuse from ever happening. A range of NSPCC helpline services are available for professionals who work with children in a range of safeguarding settings.

**Childline:** is a service for children who want to speak to us, whatever their worry, whenever they need help.

**NSPCC Helpline:** is a place where parents, professionals and the public can seek advice and share concerns about the welfare of a child

## Free Cyber Safety Training for Parents



Children in Northern Ireland are delighted to be partnering with the PSNI to launch a series of FREE cyber-safety workshops for parents in venues across the country in March 2017. The courses are open to parents and carers of children, including grandparents.

For further information about dates and venues click here <http://www.cypsp.org/cyber-safety-training-for-parents/>

## Western Guide to local Drug and Alcohol Services



The Western Drug & Alcohol Coordination Team have recently published the local guide of Drug & Alcohol Services in the Western Outcomes Area. This guide provides a range of interventions to agencies, families and individuals offering the right support for individuals in local communities to address alcohol or drug related harm.

Services available include: services for adults, services for young people and support for family members who have been affected by someone's alcohol or drug use. A copy of the guide can be downloaded from the CYPSP website > Western Outcomes Group> Action Plans/Papers/ Presentations: <http://tinyurl.com/hhr9647>

## Fresh Minds for Adults

### Forgiving Resilience through Education, Self Acceptance and Happiness

A workshop promoting mental health, resilience and emotional wellbeing for adults. Rest matters to everyone. It's presence, absence and quality effects mind, body, culture and society. This workshop explores the dynamics of rest, stress, relaxation, work, mind wandering and much more.

#### Contact Us:

Email: [booking@dare2stretch.co.uk](mailto:booking@dare2stretch.co.uk)

Telephone: 07921 861 104



**Fresh Little Minds**  
Strengthening Children, Families & Communities  
Nurture | Cultivate | Play | Grow



## Pathway Fund NI 2017/18

The Pathway Fund Northern Ireland will support the delivery of the Department of Education's vision for "every young person to achieve his or her full potential at each stage of his or her development". Applicants will have the opportunity to apply for this grant from early February to deliver upon the following outcomes:

- Improved development of children aged from birth to four years who are at risk of not reaching their full potential within the school system; and
- An enhanced more sustainable early years sector.

Find out more at <http://www.early-years.org/pathway-fund/>



## Diabetes Parent Peer Support Group

Diabetes UK has recently established a Parent Peer Support Service for parents of a child or teenager with Type 1 diabetes. A dedicated phone line service is available for parents to call. The service is ran by experienced parents who have been on this journey. They will help signpost families to further information and importantly, be that reassuring listening ear.



**Contact Us:** Telephone: 028 9068 6305 or Email: [parentpeersupportni@diabetes.org.uk](mailto:parentpeersupportni@diabetes.org.uk)

## Parent/Teen Communication Workshop



This 2-day workshop style course will be beneficial for those wishing to develop and extend their knowledge of parent/teen communication as part of their role in the wider community in the Northern Trust.

**Date:** 9 and 16th February 2017

**Accreditation:** Open College Network (OCNNI at Level 2 (2 credits)  
Read more at [www.cypsp.org/parentteen-communication/](http://www.cypsp.org/parentteen-communication/)

**Contact Us:** Register or find out more click here: [www.acet-ni.com](http://www.acet-ni.com)

## NOW Group Family Service



The NOW Group Family service supports parents with child who has a mild to moderate learning disability/difficulty or who is on the Autistic Spectrum. We provide both pre and post natal support for parents, as well as their greater family within the Greater Belfast area.

**For further info & referral criteria click here:** [www.cypsp.org/now-project-family-service/](http://www.cypsp.org/now-project-family-service/)



If you would like to find out more about family support services in your area please see the Family Support NI website at:

**For further information on Family Support Hubs in your area?**

**Contact:** Helen Dunn, Regional Coordinator of Family Support Hubs

Email: [Helen.dunn@hscni.net](mailto:Helen.dunn@hscni.net)