Join Team

- Uncover your hidden talents and improve your confidence
- Gain new skills and qualifications
- Mix with new people and make new friends
- It won't cost you anything and you won't lose your benefits



3 in 4
of the young people we helped in the last 12 months moved on to work, education or training

- → Team is run by an organisation in your area, for example, a local college
- → Team is a 12-week course see inside for more information

For more information, please contact:





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– Investment for Growth and Jobs Programme

Or call free on 0800 842 842 or visit princes-trust.org.uk/team to find out when your nearest Team starts.









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Team - New challenges and experiences year olds for 16-24



Day 1: Meet new people

Don't worry about turning up on your own - there'll plenty of activities so you'll soon feel part of things. be about 12 people joining and everyone will be in the same situation. It'll be informal and there'll be



Week 1: Take action

finding out how to get your qualifications. You'll also Over this week, you'll start planning for the weeks ahead - setting out what you want to achieve and be planning for a week away.



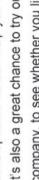
You'll spend this week away - trying new things and learning how to work with others. This gives you a chance to break away from your current situation. The sort of things you could do include canoeing, climbing, raft-building and much more!



your local community and carry it out. You might This gives you great experience to talk about at As a Team, you'll decide on a project to benefit be surprised at what you can achieve together. interviews.



It's also a great chance to try out a type of work, or developed so far can help you in the workplace. This is the time to see how the skills you've company, to see whether you like it.



You'll get help to write a fantastic CV, practise your Time to plan your next steps after the programme. interview skills and make applications. Week 9: Plan for the future



Weeks 10-11: Meet the challenge

others in the community. This is when you get to test You and your Team will take on a challenge to help out all the skills you'll have worked on so far.



Week 12: Have your say

with your Team to an invited audience. This is your This may sound scary now, but after 12 weeks on chance to show off the talents you've discovered! Team you'll be surprised at how far you've come. In your final week, you'll deliver a presentation

Don't miss out. Sign up to the next Team today.

princes-trust.org.uk/team or call free on 02890 89 5000 - Visit Check out when your local Team starts