

**CHILDREN'S SERVICES PLANNING
MINUTES OF CAUSEWAY COAST & GLENS LOCALITY PARTNERSHIP**

**WEDNESDAY 17TH MAY 2017 AT 10.00AM
TILLY MOLLY CENTRE, ARMOY**

Attending:	Aine O'Hare	<i>Can - Best Buddies</i>
	Denise Pemrick	<i>Ballymoney Community Resource Centre</i>
	Gemma Lutton	<i>CYPSP (Minute Taker)</i>
	Iain McAfee	<i>Parent/Community Rep</i>
	Karin Eyben	<i>Corrymeela</i>
	Lisa Harris	<i>Causeway Coast & Glens Borough Council</i>
	Marie McCool	<i>Autism NI</i>
	Maureen McCaughan	<i>Home Start</i>
	Nigel Montgomery	<i>EA Youth Service</i>
	Sandra Hodgett	<i>Dalriada Rural Sure Start</i>
	Selena Ramsey	<i>CYPSP</i>
	Sharon Kirk	<i>Dalriada Rural Sure Start</i>
	Veronica Kelly	<i>NHSCT School Nurse</i>
	Wendy Burgees	<i>NDACT Connections Service</i>
Apologies:	Beth Gibb	<i>Action Mental Health</i>
	Carriann Rainey	<i>Cedar Foundation</i>
	Janice Armstrong	<i>PHA</i>
	Marie Buckley	<i>Our Lady of Lourdes</i>
	Veronica McKinley	<i>NACN</i>

WELCOME AND INTRODUCTIONS

Iain welcomed everyone to the meeting and invited a round of introductions.

REVIEW – MERGED ACTION PLAN

Selena explained when the Causeway Coast and Glens locality group look to extend to Coleraine the group will also use Causeway statistics for Demographics.

Members were asked to look at outcome 1 in the Action Plan.

1. Families in Causeway Coast and Glens will have an awareness of and access to available services

Discussions took place and the group agreed the following under this outcome:

- Support Start360 in the delivery of Chill and Spill initiatives
- Themed information fairs delivered locally – rolling out a minimum of 1 per year. Challenge is getting the people to attend on the day. Depending on the themes the group want to target.
- Selena provided information on the LAG meeting and the issue raised around body image. A subgroup will be set up to target this issue. Wendy also noted Ryan EA is progressing with this and will be working on a programme.

Suggestions were welcomed on themed youth fairs from all members.

ACTION: All Members

2. Young People and Families in Causeway Coast and Glens will have good Health & Wellbeing.

Selena noted Health and Wellbeing also includes physical and mental health.

Nigel noted the Education Authority are in a state of change with things beginning to become clearer slowly. Within this area there is limited youth provision in Ballycastle and there is one area worker until the end of July. It is hoped for the role to be continued beyond this point. Nigel noted the changes within the youth club facilities and there must now be 40 young people attending to have a youth club. Nigel is managing 3 centres in Ballymena and struggling to get adequate numbers. Discussions took place and it was agreed to use LAG's as a platform for local organisations to input into the Education Authority's Action Plan and make issues aware at the next meeting.

Lisa noted she is really interested in working in partnership on youth development.

Discussions took place around EITP – Early Intervention Transformation Programme in Ballymena, Larne and Carrickfergus areas supporting families with children 0-18

years with any issues. It was agreed to support EITP and collectively push and lobby forward to roll out the programme in other areas.

ACTION: All Members

UPDATE – OBESITY ENGAGEMENT

Veronica provided background information to the Year 8 Healthy Lifestyles Engagement project taking place in Our Lady of Lourdes Ballymoney. Partners of the project were outlined. It is hoped to incorporate Health & Emotional Wellbeing Initiatives into the Schools Health & Wellbeing Action Plan and the group are working with the School to develop a Health & Wellbeing Policy. It is hoped to have this in place for September 2018.

Initiatives to be implemented and included within the Health & Wellbeing Policy include:

- Free access to water in schools
- Steps challenge
- Walk a mile a day/week
- Healthy breaks policy
- Continuation of conversation volunteers project
- Continued nutrition information and physical activity opportunities
- Continued Emotional and Wellbeing sessions for pupils

Veronica also noted the group hope to roll out a plan for other areas once the evaluation of this pilot project is complete.

Discussions took place regarding healthy eating and Nigel noted the Youth Service are targeting tuck shops in youth clubs to offer healthy food. If resources are transferable from this project to youth clubs Nigel would be interested in receiving information.

UPDATE – JOINT YOUTH COUNCIL EVENT

Selena provided background information to the Youth Council event which was an idea that formed over a year ago. Discussions took place around the new council area but this was started at the stage where a lot of changes were being implemented in the Youth Service. There was a staffing issue and the project was delayed as a result.

An event took place with young people coming from 3 areas. Young People delivered presentations on their area and what it was like for them. The next stage was to plan a residential for relationship building and for young people to get to know the local council. This hasn't progressed due to youth service changes and personnel. Jason was taking the lead but has now moved back to Antrim. The group are now linking with Tara who is in post until 31st July 2017. Nigel noted there has been extreme change, and he is having a meeting in the Coleraine area and will raise this. Nigel will let Fiona know of the work taking place.

Young People were really keen to move on and present to Council. Young People had a lot of energy and wanted to push forward before structures were in place.

APPLICATION – NORTH ANTRIM COMMUNITY NETWORK

An application has been submitted to help support and fund training over all Schools in Ballymoney. It is hoped for Simon Ward, Senior Educational Psychologist to deliver a workshop on Friday 25th August in Ballymoney High School. Places will be held for locality group members and info will be circulated nearer the time.

UPDATE – FAMILY SUPPORT HUB

Phil has been sending information for all locality groups but one was not possible to be sent in time for today's meeting.

Selena will circulate the update along with the minutes.

ACTION: Selena

MEMBER UPDATES

Denise Pemrick – Ballymoney Community Resource Centre

Denise is in the process of planning for the year ahead. Her role involves working with young people with disabilities and the project is funded by Children in Need. Main area of work is the Rock School Challenge and the group meet every fortnight and an annual Christmas concert is held each year.

Information was also provided on another programme where young people do arts and crafts. A Greek project is currently being completed through the medium of arts and crafts. The group are building confidence and discussing confidence and self-esteem. Denise also delivers a programme with Sandyford and has a good relationship with those involved. Young people are taught practical skills including

how to fill out forms, typing and admin duties. The programme is tailored to the young people's interests. There is a closed Facebook page for this and it is open to more people joining.

Karin Eyben – Corrymeela

Corrymeela are piloting a resilience family support programme for 1 year and will be connecting to the environment and nature. Referrals will be received from the Family Support Hubs for this. Information was provided on work taking place in Bushmills with an education project placing young people at the heart of the community. Story telling prospectus building on hope and ambition parents have for their children from birth. A number of events are running over the summer months. There is currently a consultation in Causeway Coast and Glens on Play through Playboard looking at fixed and non-fixed play.

Wendy Burgees – Start360

Information was provided on awareness raising sessions focusing on Year 12 and upwards as well as professionals/parents etc. In Ballymoney High School 5 different organisations will be attending and all the year group will have a chance to go round each organisation. Wendy will be attending and delivering a session on drugs and alcohol.

Wendy has also been working on promotional material recently and resources to promote key messages around drugs and alcohol. Information was given on an app used by paramedics as it contains a number of support services. Wendy will be advocating in order to get Start360 featured on the app for supporting families with drug/alcohol issues.

Aine O'Hare – CAN

'Best Buddies' is a Big Lottery Funded Project working with young people with Learning Disabilities or Autism providing information and support on options available when they leave School. The project will also provide family support for those families who have a young person aged 12-25 years with a learning disability or Autism. Aine noted the project has now been set up and it is being rolling out. Young People have been engaging in a number of activities. A Youth led steering group has been set up. Education trips are also taking place.

Marie – Autism NI

Marie noted there has to be a diagnosis for Autism NI to offer family support but a diagnosis is not needed for families to attend any training or family days. Marie is also trying to get information sessions delivered in rural areas. There is a helpline in Belfast office for families and any family can ring for help and advice if they are going through a diagnosis. Information on local training will be uploaded to the Facebook page.

Sandra Hodgett – Dalriada Rural Sure Start

Sandra is based in the Ballymoney office and there is lots going on including incredible babies, baby yoga, weekly parenting groups, play mornings and rhythm and rhyme. Families who use this service come from New Hill ward. Premises are excellent and Sandra noted organisations may also use the premises in order to utilise the venue on Kirk Road.

Lisa Harris – Causeway Coat and Glens Borough Council

Lisa is based in Ballycastle and is currently planning for events later in the year.

Nigel Montgomery – EA Youth Service

Young Men's Mental Health workers are up to their full numbers. Funding has been received for summer schemes to be rolled out.

Maureen McCaughan - Homestart

There is currently a waiting list and Homestart are always looking for volunteers and would like new volunteers for the rural areas. Very successful event was held in Corrymeela and the Incredible Years course has finished.

Ian McAfee – Community Representative

Information was provided on JAM – a new organisation in Belfast producing multi-award winning animated and live action content for the children's and pre-school audience. Further information can be found on their website.

ANY OTHER BUSINESS

Nothing noted.

DATE, TIME AND VENUE OF NEXT MEETING

The next meeting is to be held on **Friday 7th July 2017 at 10am** in Ballymoney Community Resource Centre.

Apologies noted: Sharon Kirk, Aine O'Hare