



Upcoming programmes for Ards and North Down

Ascrt

RE: Strengthening Families Programme South-Eastern Trust – January 2018

Please find attached notification of the forthcoming Strengthening Families Programmes for the **Ards and North Down Area** which is currently open for family referrals.

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Programme:

Date: Week commencing 22nd January 2018 (for 14 weeks)

Times: 6pm – 8:30pm

Location: North Down and Ards Sector

This globally recognised and evidenced parenting programme provides a unique opportunity for both parents and young people to work together to improve their relationships.

The programme runs for 14 weeks, is completely free of charge (as it is being funded through the Public Health Agency) and includes free childcare/ play sessions for younger family members to enable the family to participate and a family meal at each of the 14 sessions.

If you would like to find out more about the programme, the Strengthening Families Co-ordinator would be willing to come along to meet you/ your staff team to tell you more about the programme, its outcomes to date and to answer any queries you may have about the programme. Alternatively, you can contact:

Jamie Compton-Rea
Strengthening Families Service Manager
02892604422 / 07545928220 / jamie@acsrt.biz



Incredible Years Delivery

Barnardos:

- 5 week school readiness programme scheduled to start on **Tuesday 9th January 2018** at Victoria Primary School, Newtownards.
- 5 week school readiness programme scheduled to start on **Friday 12th January 2018** until **Friday 9th February** (11am – 1pm) hosted by Belfast Central Mission at Regent Street Methodist Church, Newtownards. Parking and entry available from Mill Street Community Hall. Crèche available but must be booked in advance with BCM. A light lunch will be available afterwards provided by BCM.

For more information please contact:

Judith Searle on 07738859064

or

Julie Bickerstaff 07710775641

- Referrals are now being accepted for the Incredible Years School Age Programme (6-12 years) funded through PHA which will begin in Newtownards in January. Priority will be given to those families who have or are receiving support through EISS however we anticipate being able to support other Tier 2 families. If you have any families who would benefit from attending please ask for a referral form from the contacts below and return to School Based Intervention.

A coffee morning is planned for Thursday 11th Jan 2018 at Ards Community Network (10.00 – 11.00am) and the 12 week programme will start on **Thursday 18th Jan – Thurs 26th April** (10 – 12)

For more information please contact:

Lisette 07825723284 / 028 9260 7537 SBI@barnardos.org.u

Early Years:

- 14 week Incredible Years programme scheduled to start on **Tuesday 9th January 2018** (7pm – 9pm) at Carrowdore Early Years.
- 14 week Incredible Years programme scheduled to start on **Wednesday 10th January 2018** (9:30am – 11:30am) at Ballycrochan Presbyterian Church, Bangor.
- 5 week Incredible Years programme scheduled to start on **Wednesday 10th January 2018** (6:30 – 8:30pm) at Happy Days, Comber.
- 5 week Incredible Years programme scheduled to start on **Thursday 11th January 2018** (7 – 9pm) at Happy Days, Donaghadee
- 5 week Incredible Years programme scheduled to start on **Friday 12th January 2018** (10 -12pm) at Church of Nazareen, Bangor

For more information please contact:

Aveen Greenan on 07904560402

or

Julie Bickerstaff 07710775641

YMCA

TATI program

- TATI (Talking About Tough Issues) is a programme designed to help parents learn skills that can enable them to speak to their children about some of the more difficult topics that they encounter as they grow up. Parents will find out about key times and ages to speak to their children, different ways to communicate, how to recognise opportunities for conversation, as well as some key info around drugs and alcohol misuse in teenagers. The program is very interactive and encourages parents to recognise their own values & beliefs, and how to convey these to their children. The 3 sessions are around 2 hours long each, and refreshments will be provided in a comfortable atmosphere.

This programme is scheduled to run in **North Down YMCA, Bangor** on:

Thursday 11th January 2018

Thursday 18th January

Thursday 25th January

and also in **Bloomfield Primary School, Bangor** on:

Thursday 7th January 2018 7:00 – 9:00pm

Thursday 24th January

Thursday 31st January

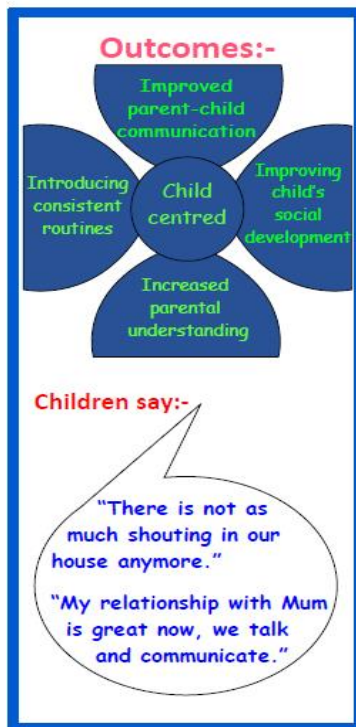
Thursday 7th February

Any queries or for an expression of interest form please contact:

Lisa McCloy or Jenny Magee

Lisburn YMCA

028 9267 0918



In your area:

Ards & North Down
 Joanne Neill
 028 9032 5835
 pwp@brysongroup.org

Colin
 Bernie Donaghy
 028 9062 3813
 programmes@newcolin.com

Down
 Louise Kearney
 028 4461 7837
 louise.kearney@actionforchildren.org.uk

Lisburn
 Joanne Neill
 028 9032 5835
 pwp@brysongroup.org

Partnership with Parents

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Northern Ireland Executive
 www.northernireland.gov.uk
 DELIVERING SOCIAL CHANGE THROUGH THE SOCIAL INVESTMENT FUND

Partnership with Parents Programme

This is an individual home based support service for parents. It is for any parent with a child between the age of 0-18 years old who is feeling under pressure or stressed. PwP develops a partnership with parents, supporting them to meet their self defined needs. Sessions take place once a week and last approximately an hour. The parent chooses what they would like support with.

The programme covers:

- social development
- parent-child relationship
- physical development
- behaviour
- education
- routines

There is currently no waiting list and for an expression of interest form or for more information please contact:

Joanne Neill
 02890325835
pwp@brysongroup.org

or

Julie Bickerstaff
 07710775641
julie.bickerstaff@barnardos.org.uk