

Building Resilient Communities Conference 2018

Silver Birchs Hotel, Omagh, Friday 2nd March 9.00am – 4.30pm

An increasing body of international research identifies the long-term harms that can result from chronic stress during childhood.

Such stress arises when children are routinely exposed to issues such as domestic violence, mental ill health, alcohol and other substance misuse problems and other stress factors in their homes. Collectively, such childhood stressors are called **ACE's** (Adverse childhood Experiences) and the research shows that exposure to **ACE's** is associated with poorer outcomes for children including in educational attainment, employment, involvement in crime, family breakdown, and a range of health and wellbeing measures.

On 2nd March the Western Area Outcomes Group will be hosting a conference on ACEs which will aim to:

- 1. Generate awareness of ACEs and their impact
- 2. Share good practice both locally and nationally
- 3. Explore how we create resilient communities
- 4. Identify and agree next steps and call to action.

Confirm Your Place

If you would like to attend the conference please confirm your place by emailing Bronagh Donnelly, WHSCT at **bronagh.donnelly@westerntrust.hscni.net** by **Friday 16th February 2018**. Registration is essential.





Western Health and Social Care Trust

