

# CYPSP Ards and North Down Children and Young People's Plan 2017-2020



# What We Will Do

## **ARDS AND NORTH DOWN CHILDREN AND YOUNG PEOPLE'S VISION**

Working together to meet the needs of our families in the Ards and North Down Area (Together for Families)

## **SOUTH EASTERN OUTCOMES GROUP PRIORITIES**

1. Our children and young people will reach their developmental potential
2. Our children and young people will be resilient and have positive mental health
3. Our children and young people will get the best possible early intervention support from their families

## **UNDERPINNED BY EIGHT HIGH LEVEL OUTCOMES** (NI Children and Young People's Strategy)

What we want for all our Children and Young People:

1. Physical and Mentally Healthy
2. Enjoy Play and Leisure
3. Learning and Achievement
4. Living in Safety and with Stability
5. Economic and Environmental Wellbeing
6. Making a Positive Contribution to Society
7. Living in a Society which Respects their Rights
8. Equality and Good Relations

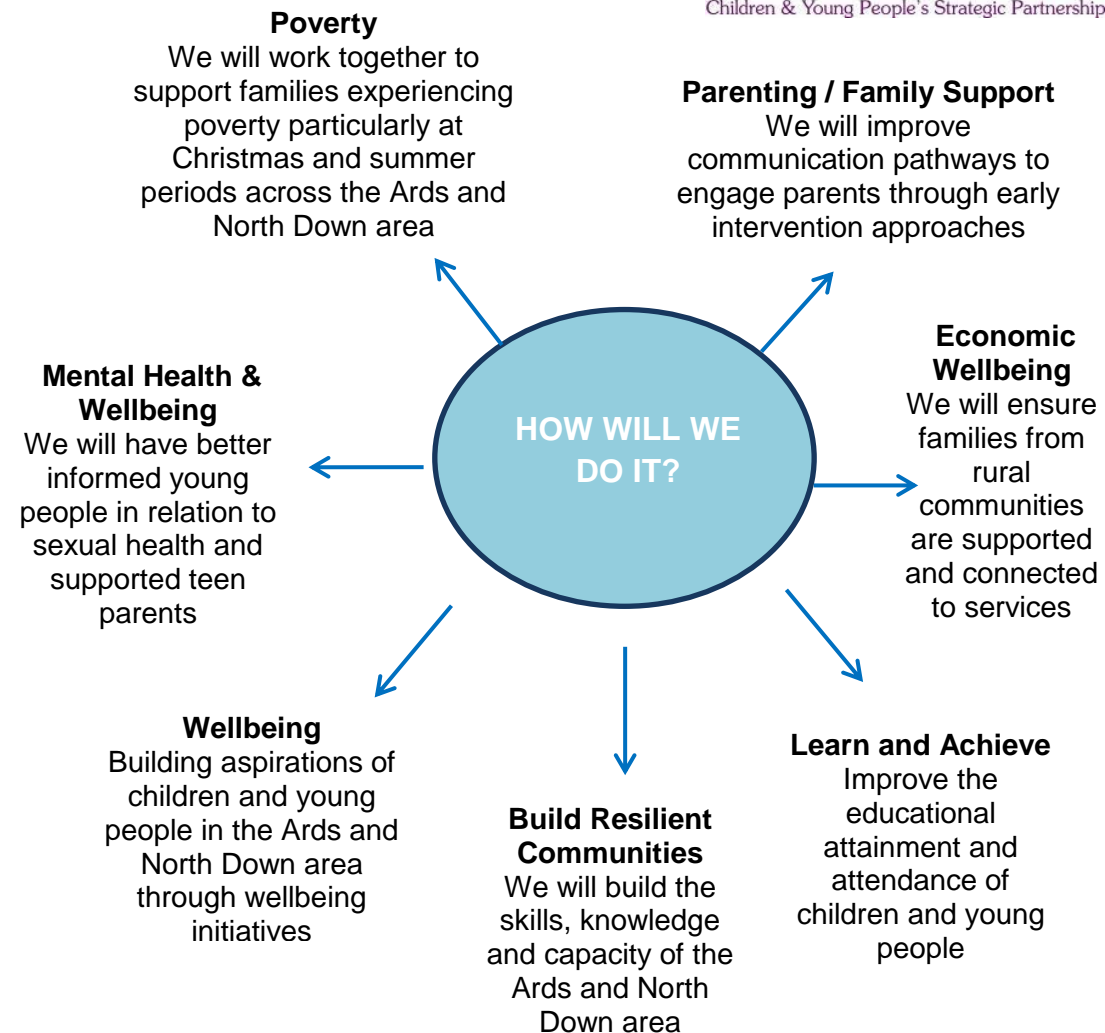
### **Contact Us:**

Website: [www.cypsp.org](http://www.cypsp.org)






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**The Ards and North Down Locality Planning Group consists of over 30 community, voluntary and statutory sector representatives are working together to deliver this plan**



Priority	Action	Indicator	Who will lead and contribute	Timeframe	Monitoring Update
<b>Physical and Mental Health</b>					
<b>Improved communication pathways to engage parents through early intervention approaches connecting parents to services</b>	To facilitate a series of Family Wellbeing events to raise awareness of family support and resilience services available to families and encourage greater uptake of services	% of economic inactivity  % of families with children living in absolute low income poverty after household costs	Ards and North Down LPG Family festival task and finish group	Ards Family Fun Day: 1 September 2017	Press release and report card available at cypsp  Parent Participation Survey complete
	Engage with families across the Ards, North Down and Peninsula areas to complete a local needs assessment to inform the Ards and North Down Children and Young People's Plan for the area.		Ards and North Down LPG with Parenting NI	North Down Family Fun Day - Summer 2018	
				Peninsula Family Fun Day - Easter 2018	Meeting to be arranged for early 2018
	Ensure families are informed of services in their local area and how to access via a Service Directory		Barnardo's  Ards and North Down LPG	October 2017	Complete
	Support parents to understand child development through the promotion of the infant mental health strategy and its key objectives for parents		To be informed by the SE Outcomes Group Infant Mental Health Working Group	TBC	
	Local train the trainer practitioners workshop with Donna Marks re baby brain development		SEHSCT	Late 2018	

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	Presentation from ASCERT on Strengthening Families Programme		Joanne Garrett, SEHSCT Jamie, ASCERT	TBC	 *to be reviewed
	Build capacity of staff with Strengthening Families Train the Trainer programme		Joanne Garrett, SEHSCT Jamie, ASCERT	TBC	 *to be reviewed
	Delivery of the Strengthening Families Programme across the locality		Trained facilitators	TBC	 *to be reviewed
	To support families experiencing mood and anxiety issues particularly in the rural localities of the Peninsula via local initiatives		SEHSCT Family Support Hub Peninsula HLC	Ongoing	
	<p>Empowering parents and changing mind-set through a series of health initiatives:</p> <p><b>Keeping people safe drugs and alcohol campaign</b></p> <ul style="list-style-type: none"> <li>Promotion of the RAPID Bins</li> <li>Parents managing prescription drugs</li> </ul> <p>PSNI 2016/17 data - 123 arrests in the AND area due to drug incidents of which included: MDMA, Cannabis, prescription drugs an psychoactive substances</p>		PSNI Ards and ND Campaign Working Group (Lisa, Louise, Hugo Kelly, Julie Bickerstaff, Cathy Polly, Stevie, Frances, Nicola) Pathways, John Devlin SEDACT – Ed Sipler	<p><b>Initial planning meeting:</b> 11 August 2017</p> <p><b>Campaign:</b> November 2018 to January 2019</p>	 Proposals have been submitted to the locality group and will be agreed in 2018

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	Develop a campaign through participation of children and young people involved in SHARP and Targeted Life Skills programmes in schools		Lisburn YMCA to facilitate through contact with local post primary schools	September 2018 – onwards	As above
	Raise awareness of Foetal Alcohol Syndrome and the impacts with new and expecting mothers.	% of expectant mothers drinking during pregnancy	Start 360 Daisy Project via local Sure Starts & early years sectors	September 2018	
	Embed the Parent Strategy for Northern Ireland in practice		Parenting NI & CYPSP	TBC	
<b>Improved wellbeing of children and young people in the Ards and North Down area</b>	Presentation from Foroige, Ireland on the Young People's Big Brother Big Sister Programme		SEHSCT and Lisburn YMCA to coordinate	Late 2017	
	Pilot of the Big Brother Big Sister Project in the Ards and North Down in partnership with Down LPG	% of young people with positive mental wellbeing  % of young people with less than 85% school attendance	SEHSCT Lisburn YMCA Bryson Group Barnardo's	Pending funding 2018- onwards	
<b>Better informed young people in relation to sexual health and supported teen parents</b>	Complete a mapping exercise of support services/groups for teen parents including young dads to support those leaving Family Nurse Partnerships at the 2 year point	% of births to teen mothers	Ards and North Down LPG Family Nurse Partnership Youth Health Advice Service Bangor YMCA	Ongoing 2018- onwards	

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<b>Living in Safety and Stability</b>					
<b>Work collaboratively to reduce the number of young people impacted by criminal activity</b>	Increase awareness of Child Sexual Exploitation (CSE) and upskill members with the skills to keep young people safe and signpost  <b>178 of 243 of sexual incidents (71%) involved under 18 year olds</b>  (Local measurement indicators identified)	% of sexual offences if under 18 year olds in Ards and North Down Borough  Increase the confidence and capacity of staff to address CSE	Hugo Kelly, PSNI with CYPSP Ards and North Down LPG members	December 2017	Actions to be agreed in 2018
	Promote internet safety for children, young people and parents  <b>(2016/17 data reports many sexual offences to minors in the area have been as result of social media and online gaming)</b>		PSNI with CYPSP Ards and North Down LPG members	TBC	
	Increase awareness of the impacts of Domestic Violence and the support services available locally  <b>(987 of 2349 domestic motivation incidents (42%) involved families of children and young people</b>	% of children and young people who are victims of domestic violence	with CYPSP Ards and North Down LPG members	TBC	

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<b>Learning and Achieving</b>					
<b>To improve school attendance and achievement of pupils in primary and post primary school settings through understanding their needs and quality of school life</b>	Understand the experiences of young people and develop an action plan for the area	% of primary school pupils with less than 85% attendance  % of young people leaving school with GCSE grades A-C	Making A Difference in Education Group led via Louise Little and NDCN	July/September 2017	CYPSP interactive mapping training: complete July 2017  CYPSP logic modelling and OBA – September 2017  Action Plan: October – onwards
	To provide updates at the Ards and North Down LPG and see support from the Ards and North Down LPG members as required to deliver on the education plan			Ongoing	
	To support and coordinate the ongoing SIF project in the Ards and North Down area and scope ways of sustainability post June 2018	Improved partnership  Improved education and transitions in education  Increased parental engagement	SEHSCT Barnardo's Lisburn YMCA Bryson All locality members	Ongoing - June 2018	SIF learning event December 2017



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<b>Collaboratively offer alternative pathways for looked after children in residential care</b>	Take cognisance of the Looked After Children Education Projects in the area - <b>Ards and North Down Community Plan</b>	% of looked after children coming to the attention of PSNI in the SEHSCT Area	SEHSCT HSCB EANI / SERC ANDC	Ongoing	
	Youth Justice Agency to share evidence and practice on Looked After Children in the justice system		Kelvin Doherty, Youth Justice Agency	September 2017	Complete
<b>Economic and Environmental Wellbeing</b>					
<b>Support families from rural communities</b>	As noted in priority 1: Peninsula Family Wellbeing and Engagement event.  Engage with families from rural communities to encourage uptake of family support services and complete a needs assessment		Peninsula Family Fun Working Group	<b>Preparation:</b> Jan – March 2018  <b>Delivery:</b> April 2018	
<b>Support families experiencing poverty across the Ards and</b>	Build capacity of staff working directly with families through Parenting NI Coping with Stress	Number of families with children presenting to NIHE	<b>As per SE Outcomes Group</b> Parenting NI – debt	<b>Initial planning:</b> 7 September 2017	



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North Down area	Practitioner training Facilitate a series of Series of 'Coping with the Christmas' Clinics to raise awareness and offer advice to parents in the Ards and North Down area <ul style="list-style-type: none"> <li>Welfare changes / Universal Credit</li> <li>Money management</li> <li>Rights</li> </ul>	as homeless % of children living in absolute low income poverty after household costs	advice at Christmas Citizen Advice Bureau Women's Aid Ards Community Network Housing Support Service and Warm Homes Scheme, Bangor YMCA Advice NI	<b>Practitioner Training:</b> October 2018  <b>Support Clinics:</b> November / December 2018	First subgroup meeting will be held on 7 September to agree way forward
	Work in partnership with Ards and North Down Council to develop and deliver a local food poverty project as per the learning of CYPSP initiatives	% children living in absolute low income poverty after household costs	Ards and North Down Council – Rachel Woods and CYPSP LPG Members	TBC	Initial meeting took place in November 2017
	Explore the learning of the Sure Start Savvy Shopper Model	Number of families with children presenting to NIHE as homeless	Sure Start with LPG partners	October / November 2018	
<b>Capacity Building</b>					
<b>To build the skills, knowledge and capacity of the Ards and North Down Locality Planning Group</b>	Steps to Cope Programme for children and young people living with a parent who misuses drugs or alcohol or has a mental health issues in line with Children of Alcoholics Week, Feb 2017		<b>As per SE Outcomes Group</b> ASCERT and South Eastern Drug and Alcohol Coordination Team (DACT)	February 2019 onwards	

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	Steps to Cope Train the Trainer programme for staff working with children who have a parent who misuses drugs or alcohol	% of hospital admissions with an alcohol related diagnosis	<i>As per SE Outcomes Group</i> ASCERT & SEDACT	Early 2018	
	Safe Talk training for frontline staff working with young people at risk of self-harm/suicide	% of young people presenting to SEHSCT hospitals with suicidal ideation or self-harm	<i>As per SE Outcomes Group</i> South Eastern Drug and Alcohol Coordination Team (DACT)	Late 2018	Dates to be shared with members in early Jan 2018
	Brief Intervention Smoking Cessation Training for staff working with parents, children and young people	% of mums smoking during pregnancy	SEHSCT Smoking Cessation Team  Sure Start & Family Nurse Partnership	TBC	

**Note:**

The CYPSP South Eastern Outcomes Group have agreed to take forward an outcomes area approach to improve dental health and address obesity and physical activity in the South Eastern Outcomes Area.  
Updates will be regularly provided as appropriate

**CONTACT US:**

For further information about the work of the CYPSP Ards and North Down Locality Planning Group please see the CYPSP Ards and North Down Locality Planning Group page at <http://www.cypsp.org/locality-planning-groups/ards-and-north-down-locality-planning-group/>

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