

## CYPSP Down Locality Children and Young People's Plan 2017-2020



# What We Will Do

## **VISION FOR CHILDREN AND YOUNG PEOPLE IN THE DOWN LOCALITY**

To work together and with families to improve wellbeing and learning outcomes for children and young people

## **SOUTH EASTERN OUTCOMES GROUP PRIORITIES**

1. Our children and young people will reach their developmental potential
2. Our children and young people will be resilient and have positive mental health
3. Our children and young people will get the best possible early intervention support from their families

## **UNDERPINNED BY EIGHT HIGH LEVEL OUTCOMES**

(NI Children and Young People's Strategy)

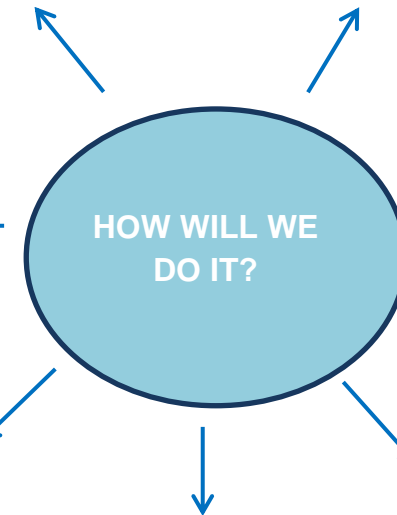
What we want for all our Children and Young People:

1. Physical and Mentally Healthy
2. Enjoy Play and Leisure
3. Learning and Achievement
4. Living in Safety and with Stability
5. Economic and Environmental Wellbeing
6. Making a Positive Contribution to Society
7. Living in a Society which Respects their Rights
8. Equality and Good Relations

**Learn and Achieve**  
To work in partnership with area learning community to improve the quality of school life particularly for young people in transition

**Early Intervention and Prevention**  
Give children the best start in life through education and support to improve the early years

**All Children and Young People feel safe and secure**  
Work together to create a child friendly Down locality



**Poverty**  
Support the economic wellbeing of families to prevent poverty and economic hardship

**Mental Health and Wellbeing**  
Improved wellbeing of children and young people in the Down area including children with an additional need

**Build Resilient Communities**  
To build the skills, knowledge and capacity of the Down Locality Planning Group

**Domestic and Sexual Violence**  
Supporting children and families who are victims of domestic violence

## **Contact Us:**

Website: [www.cypsp.org](http://www.cypsp.org)

Twitter: @cypsp Facebook: cypsp

Priority	Action	Indicator	Who will lead and contribute	Timeframe	Monitoring Update
<b>Physical and Mental Health</b>					
<b>Give children the best start in life through education and support to improve the early years</b>	Pilot a breastfeeding review in the Down locality area from point of hospital discharge, 6 months and one year  e.g. Cathedral area	% of mothers who breastfeed at hospital discharge  And local review % of mothers who breastfeed at 6months / one year	Helen Leigh, SEHSCT  Sure Starts  CCP	2018  To be agreed with Helen Leigh, SEHSCT	
	Expand the PHA Breastfeeding Welcome Here Scheme across the Down sector	Local indicator: Increase the number of breastfeeding friendly spaces	PHA Sure Start Home Start CYPSP Down LPG members in respective areas	2018 - onwards	
	Expand the South Eastern HSC Trust Smoke Free Homes Initiative across the Down sector	% of mothers smoking during pregnancy	SEHSCT Down LPG members	<b>Initial presentation:</b> September 2017  <b>Implementation:</b> January 2018 onwards	
<b>Support families of a child with an additional need in the Down locality planning area</b>	Establish a task and finish group to explore age/stage and priorities for supporting children with an additional need  *Indicators will depend on priorities agreed by the task	% of children at appropriate stage of development in their immediate preschool year  % of primary school age children with	Home Start Barnardo's SEHSCT (Mal) Parent Action Autism NI Education representative CCP	<b>Initial planning meeting:</b> September 2017	

Priority	Action	Indicator	Who will lead and contribute	Timeframe	Monitoring Update
	and finish group  Agree focus area for year 1: ASD	SEN statement  % of post primary school children with SEN statement			
	Scope the support groups and services for families who have a child with an additional need across the Down area and link with the Down sector family support hub and 'The Hub', Ballynahinch  (Note: Mencap, AfC, Cappa, homestart)	n/a	Down LPG task and finish group on additional needs		
	Share the Special Education Needs (SEN) Statement process with parents of a child awaiting a diagnosis of an additional need across the locality	n/a	SENAC with Down LPG		
<b>Improved communication pathways to engage parents through early intervention approaches</b>	Embed the Parent Strategy for Northern Ireland in practice		Parenting NI & CYPSP	TBC	

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<b>Improved wellbeing of children and young people in the Down area</b>	Presentation from Foroige, Ireland on the Young People's Big Brother Big Sister Programme		SEHSCT and Lisburn YMCA to coordinate	Late 2017	
	Pilot of the Big Brother Big Sister Project in the Down locality in partnership with the Ards and North Down LPG	<p>% of young people with positive mental wellbeing</p> <p>% of young people with greater sense of efficacy</p> <p>% of young people with less than 85% school attendance</p>	SEHSCT Lisburn YMCA Bryson Group Barnardo's	2018-2021	
<b>Create a child friendly Down locality for all children and young people</b>	<p>Explore models of child friendly zones</p> <ul style="list-style-type: none"> <li>Shankill children and young people's zone</li> <li>Belfast Healthy Cities Child Friendly Places Initiative</li> </ul>		Presentations from Jackie Redpath, Shankill and Belfast Healthy Cities	December 2017	
	Support Newry, Mourne and Down District Council to deliver on NMDDC Play Strategy		Newry, Mourne and Down District Council CYPSP Down LPG	TBC	
	Encourage increased physical activity & creative play through promotion of play pods		Newry, Mourne and Down District Council CYPSP Down LPG	TBC	

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<b>Better informed young people in relation to sexual health and supported teen parents</b>	Complete a mapping exercise of support services/groups for teen parents including young dads to support those leaving Family Nurse Partnerships at the 2 year point	% of births to teen mothers	Down LPG Family Nurse Partnership	Ongoing	
<b>Living in Safety and Stability</b>					
<i>Await PSNI data</i>	<i>To be agreed:  Potentially initiatives in Ballymote and Murlough wards</i>	Children injured on the roads by age  Rate per 1000 recorded crimes? Of which were children / per offence	<i>PSCPs, Amanda Ford  PSNI representative from Downpatrick</i>	TBC	
<b>Supporting children and families who are victims of domestic violence</b>	To embed the 'Operation Encompass' across local PSNI and Schools to support children and young people who are victims of domestic violence	% of children who are victims of domestic violence	SEHSCT CYPSP Down LPG	<b>Initial meeting:</b> Chair and Patricia McMurray – July 2017  <b>Delivery:</b> TBC	
<b>Learning and Achieving</b>					
<b>Supporting the wellbeing of children and young people in transition from primary to Year 8 post primary school</b>	Engage with the post primary school Area Learning Community to identify local needs and support required Agree way forward as a locality	Number of children with less than 85% school attendance	Stephen Glass, Lecile Area Learning Community	TBC	

Priority	Action	Indicator	Who will lead and contribute	Timeframe	Monitoring Update
<b>Supporting children with speech and language delays in the Down locality</b>	Scope a potential pilot of the Early /Talk Boost programme in nursery and primary schools across the Down sector	% of children at appropriate stage of development in their immediate preschool year	SEHSCT Speech and Language Team CYPSP Down LPG Local nurseries and schools	<b>Presentation:</b> July 2017  <b>Delivery:</b> 2017-2019	
<b>To improve school attendance and achievement of pupils in primary and post primary school settings through understanding their needs and quality of school life</b>	To support and coordinate the ongoing SIF project in the Ards and North Down area and scope ways of sustainability post June 2018	Improved partnership approach  Improved transitions in education  Increased parental engagement  Increased school attendance and attainment	SEHSCT Barnardo's Lisburn YMCA Bryson All locality members	Ongoing - June 2018	
<b>Economic and Environmental Wellbeing</b>					
<b>Support the economic wellbeing of families to prevent poverty and economic hardship</b>	Facilitate a series of awareness and support sessions for parents; welfare changes, money management, rights etc.	Number of families with children presenting to NIHE as homeless  Number of children living in absolute low income poverty after household costs	<b>As per SE Outcomes Group</b>  Citizen Advice Bureau Parenting NI – debt advice at Christmas NIHE Women's Aid CDCN	October / November 2017	

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	School Uniform Project to support families access quality school uniforms to enable young people to attend school	% of children in absolute low income poverty after household costs	School Uniform task and finish working group  Link with the Newry LPG – SPACE	March 2017-October 2017	
<b>Capacity Building</b>					
<b>To build the skills, knowledge and capacity of the Down Locality Planning Group</b>	Steps to Cope Programme for children and young people living with a parent who misuses drugs or alcohol or has a mental health issues		<b>As per SE Outcomes Group</b> South Eastern Drug and Alcohol Coordination Team (DACT)		
	Steps to Cope Train the Trainer programme for frontline staff working with children living with a parent who misuses drugs or alcohol or has a mental health issues	% of hospital admissions with an alcohol related diagnosis	<b>As per SE Outcomes Group</b> South Eastern Drug and Alcohol Coordination Team (DACT)		
	Safe Talk or ASIST training for frontline staff coming in contact with members of the community at risk of self-harm or suicide	% of young people presenting to SEHSCT hospitals with suicidal ideation or self-harm	<b>As per SE Outcomes Group</b> South Eastern Drug and Alcohol Coordination Team (DACT)		



**Note:**

The CYPSP South Eastern Outcomes Group have agreed to take forward an outcomes area approach to improve dental health and address obesity and physical activity in the South Eastern Outcomes Area.  
Updates will be regularly provided as appropriate

**CONTACT US:**

For further information about the work of the CYPSP Down Locality Planning Group please see the CYPSP Down Locality Planning Group page at <http://www.cypsp.org/locality-planning-groups/down-locality-planning-group/>

Or get in touch with:

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