

**THINK FAMILY***Updated April 16***HIGH LEVEL OUTCOME** – LIVING IN SAFETY AND WITH STABILITY**OUTCOME OF THIS PLAN-**

We will improve the process for involving children, young people and families in the planning arrangements where a family member has a mental health issue, to ensure that satisfactory supports are available to meet their needs.

**How are things now for this group of children/young people & family members?**

Family and Staff Experience surveys, communication and information sharing between families and professionals still remain a concern for respondents as well as staff.

There was an identified need to balance professional commitment to patient confidentiality and the wider needs and impact of mental health on the family.

Children indicated that not being informed or included in the planning process caused anxiety, fear and feelings of isolation.

Conversely, results from the survey indicated that where the needs of the ill parent and children/family members were considered jointly by staff involved it lead to better recovery and more positive outcomes for children and parents<sup>1</sup>

<sup>1</sup> Sample - 98 family experiences and 280 staff surveys. *Mental Health Children's Services (Think Child Think Parent Think Family) Project Progress Report pg 5*

What do we plan to do about it to improve the situation	How will we do this	Who will take the lead	When will it be done by	How will we know if we have been successful?  Data Sources/indicators
We will improve communication and information sharing between professionals and families.	<ul style="list-style-type: none"> <li>Continue reprint of leaflets as appropriate.</li> </ul>	Mary Donaghy.	5 <sup>th</sup> reprint of 60,000 in progress - 125,000 in total.	
	<ul style="list-style-type: none"> <li>Review 2016 and consider web based alternative through discussion with young people.</li> </ul>	Participation Network.		

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	<ul style="list-style-type: none"> <li>HSCB will shape strategic direction to influence Family focused Approach within established forums at DoH level.</li> </ul>	Mary Donaghy HSCB. CO3 Health Special Interest Group & NICVA.	On-going.	
	<ul style="list-style-type: none"> <li>Each Trust (Adults and Children's Services Interface Groups) to continue to progress their action plans based on SCIE. Trusts should not report on a regular basis in future but agree their own internal reporting on any outstanding or on-going actions.</li> </ul>	Adult /Children's Interface Chairs.	On-going. Consider using people with lived experience on interface groups.	

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	<ul style="list-style-type: none"> <li>Interface Groups to update on progress to Regional Think Family Sub Group. Meetings every 3 months.</li> </ul>	Adult /Children's Interface Chairs.	On-going.	
	<ul style="list-style-type: none"> <li>Each Interface group to focus on 2 distinct areas of work.</li> </ul>	Adult /Children's Interface Chairs.	On-going.	
	<ul style="list-style-type: none"> <li>Implementation/training of Champions models.</li> </ul>	Adult /Children's Interface Chairs.	On-going.	
	<ul style="list-style-type: none"> <li>Trust Think Family Comms Plan to support regional Comms Plan.</li> </ul>	Adult /Children's Interface Chairs.	On-going.	

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	<ul style="list-style-type: none"> <li>Develop the information sharing protocol on behalf of the DoH.</li> </ul>	Margaret Burke SBNI.	Completed.	
We will improve access to early intervention family support for children, young people and their families.	<ul style="list-style-type: none"> <li>Ensure Adult Mental Health and Addictions are represented on Family Support Hubs.</li> </ul>	Family Support Hub Regional Co-ordinator.	Hubs access local mental health, drug and alcohol groups. There are strong connections between the primary mental health and well-being and family support hubs.	A focus on early intervention will ensure that children, young people and families will receive the appropriate support at the earliest stage of difficulty.

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	<ul style="list-style-type: none"> <li>Develop continued links &amp; integration with Primary Care Hubs &amp; Family Support Hubs.</li> </ul>	Helen Dunn.	On-going.	
	<ul style="list-style-type: none"> <li>Increase awareness to Adult Mental Health, and Addiction (statutory, voluntary &amp; community) re referral process for family support hubs and uptake of usage.</li> </ul>	Family Support Hub Regional Co-ordinator.	Quarterly - present to regional sub group.	Data regarding the referrals of an Adult Mental Health Issue to FS Hubs is collated in quarterly returns to HSCB.

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We will improve the extent to which assessment, planning and treatment is inclusive of a 'whole family' approach.	<ul style="list-style-type: none"> <li>Progress the implementation of the Pilot Project in 3 distinct stages.</li> <li>TF Practitioner secondment (Action for Children).</li> </ul>	Mary Donaghy.	March 2017.	Adopting a 'whole family' approach for parents and children will help reduce the anxiety, fear, safeguarding issues and feelings of isolation among children, parents and the wider family.

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	<ul style="list-style-type: none"> <li>Dissemination will occur internally within SET upon completion of the Pilot in March 2017.</li> </ul>	Mary Donaghy.	Ongoing.	
	<ul style="list-style-type: none"> <li>Progress the development of the 'Think Family Social Work Assessment in partnership with the Social Work Strategy.</li> </ul>	Mary Donaghy.	May 2018	
	<ul style="list-style-type: none"> <li>Scope the third level education and training of professionals within Social work and nursing.</li> <li>Commission Think Family Study and TF Audit as per performance indicators.</li> </ul>		Ongoing.  Ongoing	

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Performance Measurement	<ul style="list-style-type: none"> <li>Develop Performance Indicators using a recognised methodology (Darzi Model) using the themes of Safety, Effectiveness &amp; Experience.</li> </ul>	Performance measurement team led by Mary Donaghy.	Completed June 2016.	Measuring outcomes that capture quantitative & qualitative data within a Think Family approach will determine how changes are being made and if it is making any difference.
	<ul style="list-style-type: none"> <li>Performance Indicators under the area of 'safety' will be developed in collaboration with Safeguarding Board NI</li> </ul>	Mary Donaghy.  Margaret Burke.	Completed June 2016.	

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	<ul style="list-style-type: none"> <li>Develop Think Family Collaboration Group to take forward data collection &amp; evaluation of Think Family NI.</li> </ul>	Mary Donaghy.	Ongoing.	
	<ul style="list-style-type: none"> <li>Outcomes Based Accountability.</li> </ul>	Valerie Maxwell.	Ongoing.	Quarterly Reports

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## Completed actions from 2014

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We will improve communication and information sharing between professionals and families	<ul style="list-style-type: none"> <li>Participation Network will develop leaflets to help inform Children &amp; Young People about Mental Health.</li> </ul>	Participation Network	Completed – 4 <sup>th</sup> reprint in progress	Improved communication between staff and the family and also among a range of appropriate agencies
	<ul style="list-style-type: none"> <li>Develop Regional Think Family Comms Plan</li> </ul>	Mary Donaghy	Completed	

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	<ul style="list-style-type: none"> <li>Participation Network and Think Family Sub Group will complete awareness sessions for Adult Mental Health, Addictions and Children's staff (Inclusive of voluntary &amp; community) re: leaflets and talking to children re: mental health.</li> </ul>	Network & Think Family Sub Group.	Completed.	

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We will improve the extent to which assessment, planning and treatment is inclusive of a 'whole family' approach.	<ul style="list-style-type: none"> <li>Develop a pilot project in SEHSCT to work within Acute Psychiatric Ward and Community Mental Health Services that will promote a 'whole family' approach to assessment, planning and treatment.</li> </ul>	Pilot Project Team led by Mary Donaghy.	Completed.	Adopting a 'whole family' approach for parents and children will help reduce the anxiety, fear, safeguarding issues and feelings of isolation among children, parents and the wider family.

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	<ul style="list-style-type: none"> <li>Provide a 2 page summary of the pilot outline and brief synopsis of the work-Think Family Article.</li> </ul>	Mary Donaghy.	Completed January 2015.	

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