

# Early Intervention Support Service Belfast Quarterly Summary Report Card No 8

# EISS

The Early Intervention  
Support Service

for families with children  
between  
0 and 18 years old



## WHAT IS THE EARLY INTERVENTION SUPPORT SERVICE?

The Early Intervention Transformation Programme (EITP) is delivered as part of the Delivering Social Change agenda in partnership with Atlantic Philanthropies. It represents a new joined up working and funding across five Government Departments to drive through initiatives which will have a significant impact on outcomes for families with children 0-18 years old. As part of EITP a new Early Intervention Support Service (EISS) is being established in five areas across Northern Ireland. The aim of the EISS is to support families when difficulties arise before they need involvement with statutory services. The EISS will deliver and coordinate person centred, evidence based, early intervention for families with children 0-18 years old within Tier 2 of the Hardiker Model.

*Data presented- 01 April 2017 – 31<sup>st</sup> December 2017*



Northern Ireland  
Executive

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DELIVERING SOCIAL CHANGE

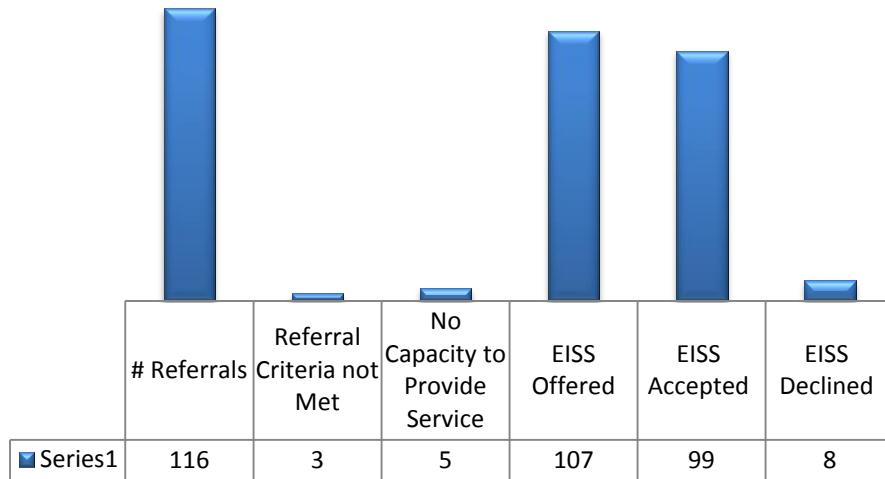


Early Intervention  
Transformation Programme

*The*  
ATLANTIC  
*Philanthropies*

# How much did Belfast EISS do?

## EISS Referral Outcomes Apr 17 – Dec 17



### Referrals

Referrals to the EISS are for children and young people 0-18 years. Referrals are from a variety of sources including Family Support Hubs (50%); Health Visitors (15%); CAMHS (13%); other sources (22%).

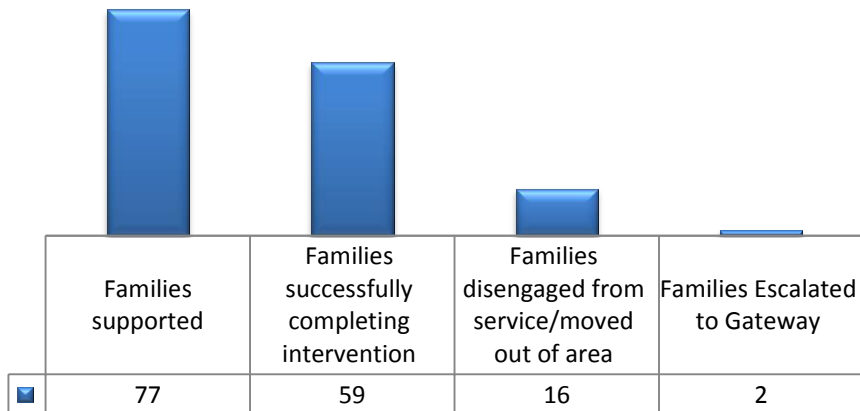
It is noted that on average in QRTS 1;2 & 3 approximately 14% of referrals received did not receive the EISS as the referral was either inappropriate, the family declined the offer of the service Or there was no capacity to provide the EISS.

### Interventions

Families are assigned a key worker each practitioner holds a case load of between 10 – 15 families, home/school based support is provided for a period of approximately 12 weeks. Therapeutic sessions account for 97% of the interventions used by practitioners. Therapeutic interventions used include motivational interviewing, Solihull Approach and Solution Focused Brief Intervention Therapy.

# How well did Belfast EISS do?

## Families Supported Apr 17 – Dec 17



### Contract Targets

The target number of families to be supported within EISS contracts is 425 families. Belfast EISS has provided support to 265 between 1st August 2015 & 31st December 2017 which represents 78% of the cumulative target. Additional staff have been recruited to help ensure targets will be met over the duration of the contract.

### Service User Feedback

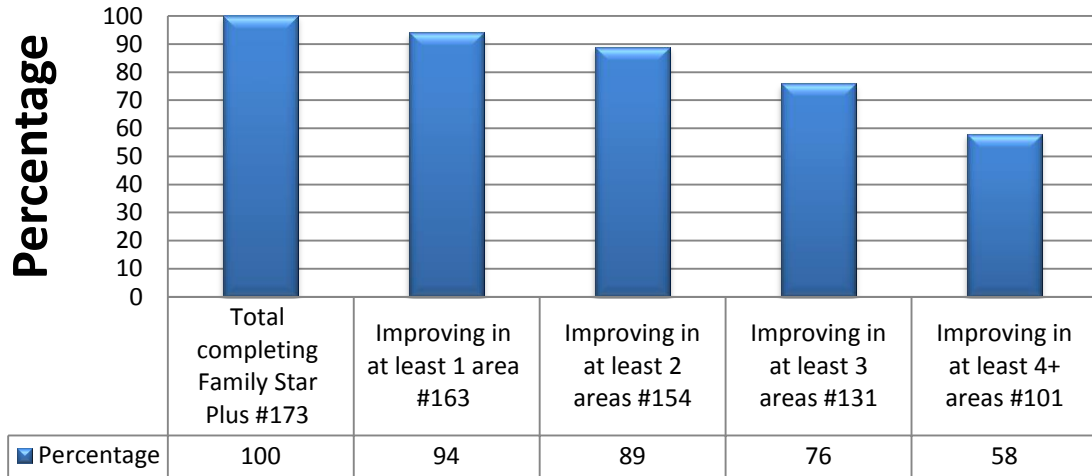
**Young Person:** "I really enjoyed my sessions with Ciara. She spent time with me and listened to me"

**Parent:** "Great service tailored to the individual."

**Lower North Belfast Family Support Hub:** "An invaluable service that is an essential part of our Hub network. Our most commonly requested service is for home visitation packages EISS provides this with empathy and professionalism whilst keeping the family at the centre of their work."

# Belfast EISS- Is anyone better off?

## How many Service Users Improved Cumulative from Apr 16 – Dec 17 #173 Families



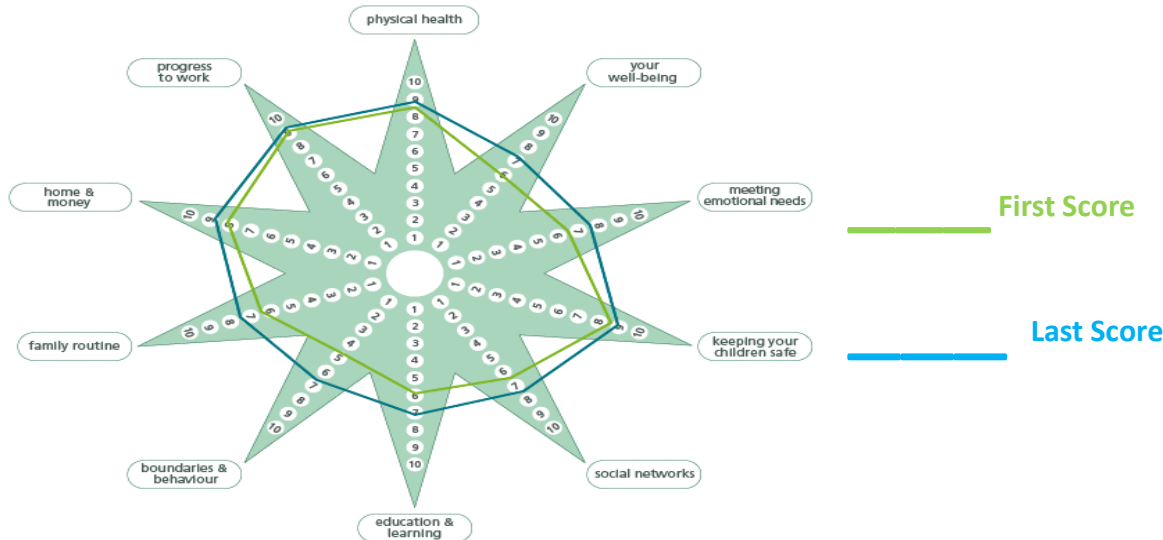
### Outcomes Star

The Outcomes Star is used as the assessment tool to evaluate the effectiveness of the EISS. The star is completed collaboratively with the family as an integral part of key work, to agree the areas of intervention and develop an action plan.

### Family Star Plus

The Family Star Plus focuses on ten core areas that have been found to be critical in enabling children and young people to thrive. Project workers agree with families which areas they want to focus on. Interventions would generally be focused on a maximum of three areas.

## Family Star Plus Data Based on #170 Families



Data on the Star shows an average of the scores across all areas. A “big” increase or decrease is defined as more than one point up or down the area.