



# THE CHANGING LIVES INITIATIVE

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Supporting families with children at risk of ADHD

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## Funding and partnerships

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A project supported by the European Union's INTERREG VA Programme, managed by the Special EU programmes Body (SEUPB).

The views and opinions expressed in this report do not necessarily reflect those of the European Commission or the Special EU Programmes Body (SEUPB).



# Funding and partnerships.

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This project is as a result of partnership of Archways, The Genesis Programme, Colin Neighbourhood Partnership, NHS Highlands, DKIT.



**Colin  
Neighbourhood  
Partnership**™



**Archways**

Changing behaviour at home and at school





# What is the changing lives initiative?

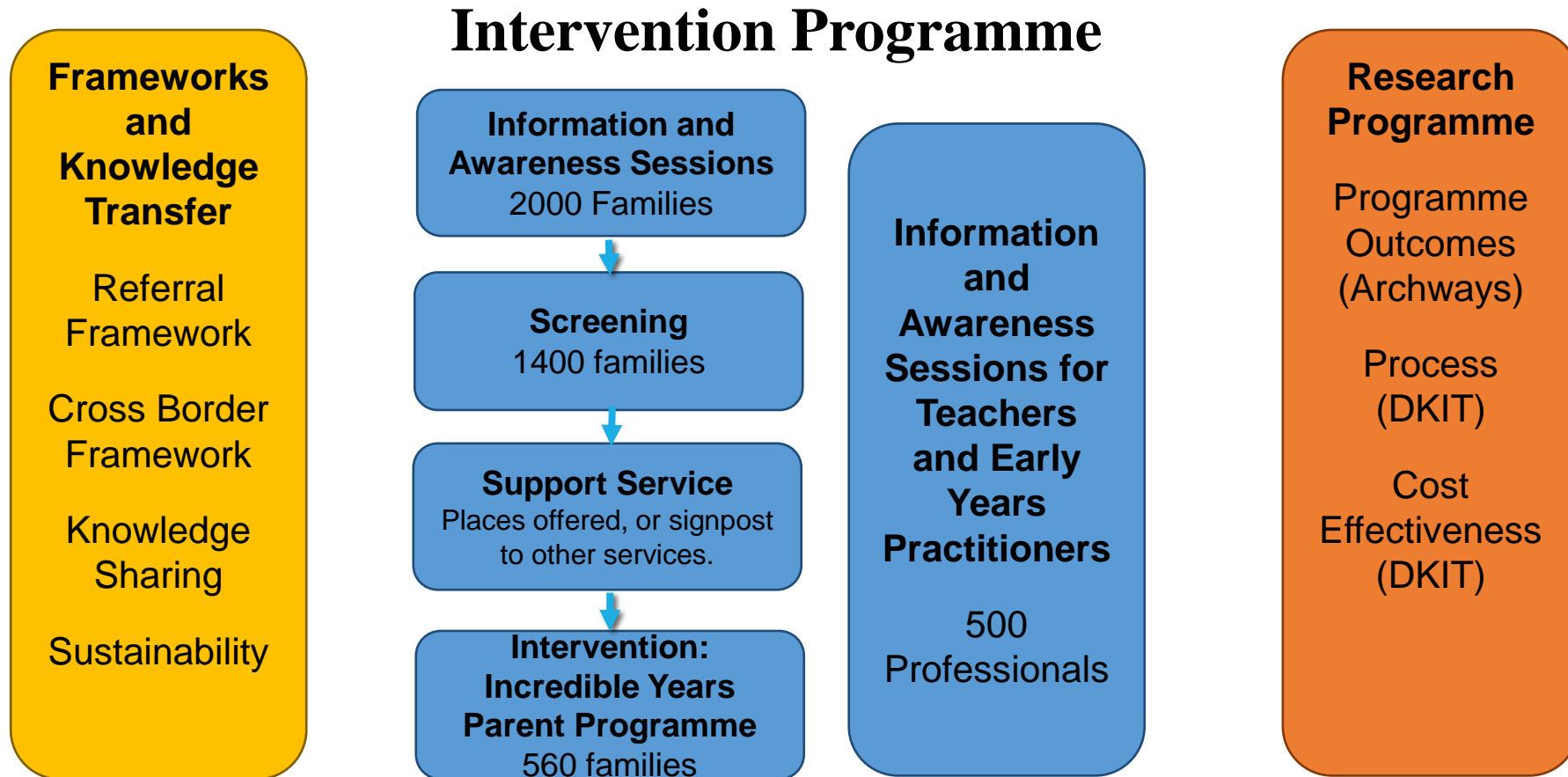
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Group Based parent programmes are recommended as the first course of intervention for young children with behaviour consistent with ADHD. [1,2,3]

The Changing Lives Initiative is a community-based initiative creating a better understanding about ADHD and providing an intervention programme for families with children (3-7) experiencing behaviour consistent with ADHD.



# Initiative Overview





# Information and Awareness Sessions for Parents

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# Screening and Support

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# Incredible Years Parent Programme focused on Managing Behaviours Consistent with ADHD<sup>[48,49]</sup>

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Based on over 30 years of research and development using rigorous methodologies.<sup>[50,51]</sup>

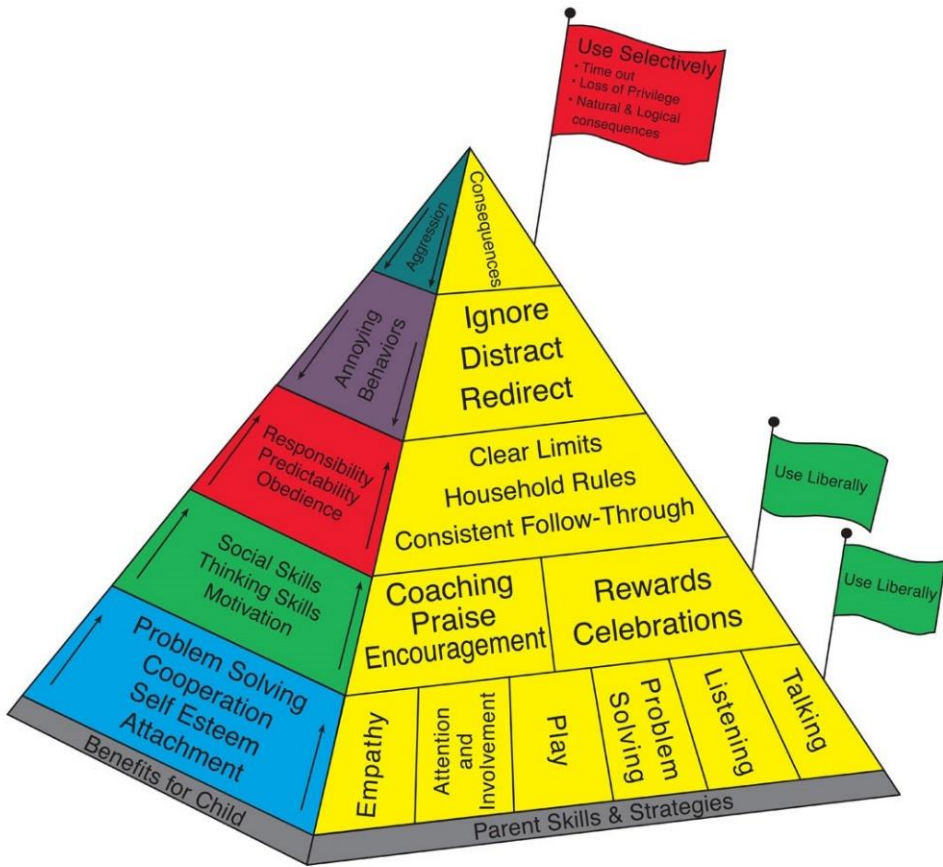
Optimise parenting skills to meet the above average parenting needs of children and young people with behaviour consistent with ADHD.<sup>[3]</sup>







# Incredible Years Parent Programme focused on Managing Behaviours Consistent with ADHD<sup>[48,49]</sup>





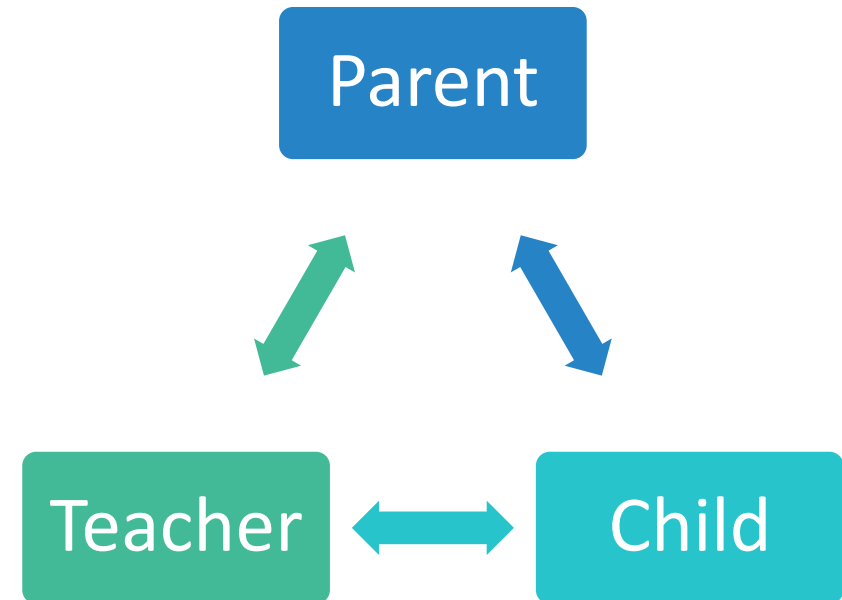
# Information and Awareness Sessions for Teachers and Early Years Practitioners

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ADHD related symptoms and learning problems are examined.

Participants are introduced to techniques, interventions and strategies to enhance outcomes and ensure success for these children.

Participants are provided with solutions to common academic and behavioral problems related to ADHD.





# What can you do now?

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You can recommend The Changing Lives Initiative to families with children aged 3-7 and they can attend an information and awareness session.

The team can be contacted directly by your clients, or someone on their behalf, to arrange individual information and awareness and screening sessions.

If you have a number of clients who may be interested and suitable for the Changing Lives Initiative we are happy to organise an information and awareness session.

We still have a few places available for Parent Programmes beginning in mid-January, in Suffolk Community Centre and Holy Trinity Youth Centre, families that may be suitable should get in touch ASAP.