

Southern Area Outcomes Group

**Inclusive Communities – Building Services
for all Children and young People**

17th May 2018

Paul Morgan



What we Agreed we would do as an Outcomes Group:-

Southern Area Outcomes Group Children and Young People's Plan 2017 – 2020

What We Will Do

Our Vision

The Southern Area Outcomes Group will deliver on better outcomes for children and young people and ensure all children get the best possible start in life and the best possible health and wellbeing

NI Children & Young People's Strategy Outcomes What we want for all our Children and Young People:

Physical and Mental Health
Enjoyment of Play and Leisure
Learning and Achievement
Living in Safety and with Stability
Economic and Environmental Wellbeing
Making a Positive Contribution to Society
Living in a Society which Respects their Rights
Equality and Good Relations

Our Priorities/Outcomes- What we want to Achieve:-

- Children and young people will have the best start in life and enjoy the best possible health and wellbeing
- All Children are Safe, confident and enjoy improved emotional wellbeing
- Children and young people will experience and benefit from good relations, equality and diversity
- Parents/Carers, Children and Young people are supported to understand the importance of, and to attend/participate learn and achieve in education and training
- Parents/carers receive the help and support they need to positively empower them to parent. Children and young people live in supportive families.

How We Will Do It

Positive Mental Health & Emotional Wellbeing

Together we will build resilience in young People and improve emotional wellbeing in families and communities

Practical Home Based Family Support

Together we will provide practical home based support to families and encourage strength based parenting with a focus on accessibility.

Children & Young People (including BME, LAC C&YP with disability) and their Families

Together we will provide opportunities for children & young people to come together for enjoyment and support; and provide opportunities for young peoples' voices to be heard in terms of shaping services

Enjoying & Playing

Together we will work towards broadening access to schools and youth/public facilities particularly during summer months (BME, LAC C&YP with disability)

Learning & Achieving

Together we will improve participation in early years care, education/school life including BME, LAC, C&YP with a disability and endorse early intervention approaches to support emotional skills/needs

How Will We Underpin Everything

Better co-ordination and collaboration across agencies in the Southern Area

Participation -
Listen and
influence

Early
Intervention
& Prevention

Evidence

Outcome Based
Accountability -
Is Anyone Better



Inclusive Communities

- 11.00 – Welcome- Paul Morgan, Director of Children and Young People's Services, SHSCT
- 11.05 – *Including the Excluded* - Eileen Hart, Community Access Officer, SHSCT
Una Hughes, Children's Nursing Services Training Coordinator, SHSCT
- 11.25 – *Uniting Communities through Sport and Creativity*- Fiona Surgenor, Head of Rural Programme, Department for Communities
- 11.40 – *Sport & Physical Activity for Children with a Disability*- Ryan McQuillan, Live Active NI Recreation Officer, Armagh
- 11.55 – *Ask the Expert!* - Caitlin Turley, Service User and Eugene Mone, Team Manager, Barnardos
- 12.25 – Darren Curtis, Locality Development Officer, HSCB
- 12.30 – Closing remarks- Paul Morgan, Director of Children and Young People's Services, SHSCT
- Lunch/Networking



Including the Excluded

- Eileen Hart
 - Community Access Officer for Children with a Disability
 - eileen.hart@southerntrust.hscni.net
 - Patricia Kelly
 - Community Access Support Worker for Children with a Disability
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-
- Tel. 02837564350



What is the Role of Community Access Workers?

- We work with children and young people with a disability, to identify and create access to social, leisure, training and personal development opportunities with a person centred approach.
- Our emphasis is to develop a more self-supportive community, network of friends and associates within the young persons own community.

continued

- We provide advice and support to agency providers to enhance the quality of provision and increase inclusion for young people with a disability.
- We develop awareness with organisations and local community of the value of social inclusion for children and young people with a disability.

continued

- We provide advice and support to organisations to enhance the quality of inclusion for young people with a disability.
- We provide support and assistance to children and young people with a disability, with transition to new settings.

- Referrals are made to the community access team via the young persons Social Worker from the Children with a Disability Team.
- The young people that we work with are aged 12 – 17 and live in the SHSCT area.



Benefits gained to young people and families

- Independence
- Integration
- Physical activity
- Personal choices and making decisions
- Respite for parents
- Having fun with peers
- Healthy living choices
- Raises self esteem and confidence
- New opportunities and experiences
- Enabling and empowering young person
- Having a social life
- Acquiring new skills
- Inclusion in community
- Making new friends
- Parents gaining support from each other

Benefits to Agencies

- Inter-agency partnership working
- Training and knowledge e.g. disability and autism awareness, epilepsy, epi pen
- Community development
- Disability Awareness
- Staff gaining confidence
- Inclusion for all young people

- Comments from young people:

‘ I absolutely love going to the club. I get to see my mates and everyone’s friendly’

‘ I loved being away on my own and meeting new people’

‘ I was treated the same as everyone else and I was independent’

‘Thank you for getting me into the club, I love it’

- Comments from parents:

'Prior to this my son had virtually no social opportunities with his peers other than school'

'It teaches my son to deal with difficult situations and emotions, which arise when away from a safe family environment'

'It gives us a well earned break from the normal everyday pressures and there is less friction in the house'

'It lets my daughter learn from young people with different abilities'

Comment from a service provider:

' I have observed shy, withdrawn young people blossom and develop within a few weeks into happy, confident and interactive club members, who communicate freely with each other and with the staff. It is an utter joy to work this group of young people'



Ski Ability Club

A group of young people at the SO Sky Ability Club, Craigavon



Mid Ulster Council Summer Scheme, Dungannon

A group of young people at Dungannon Summer Scheme, run by Mid Ulster Council, with Trust volunteers from the local school and supported by community access staff.



YES Project Club, Armagh

A group of young people from the YES Project, Epi Centre, enjoying a night at the Club formal, along with the staff and volunteers. There was five clubs in total who attended that night, everyone having a fantastic time, enjoying a sit down meal and dancing the night away.



Og Islanders Club, Coalisland

A group of young people from the Og Islanders Club, staff and volunteers with 8 young people with disabilities who attend Ogras Youth Club, every Saturday morning and includes a summer scheme.



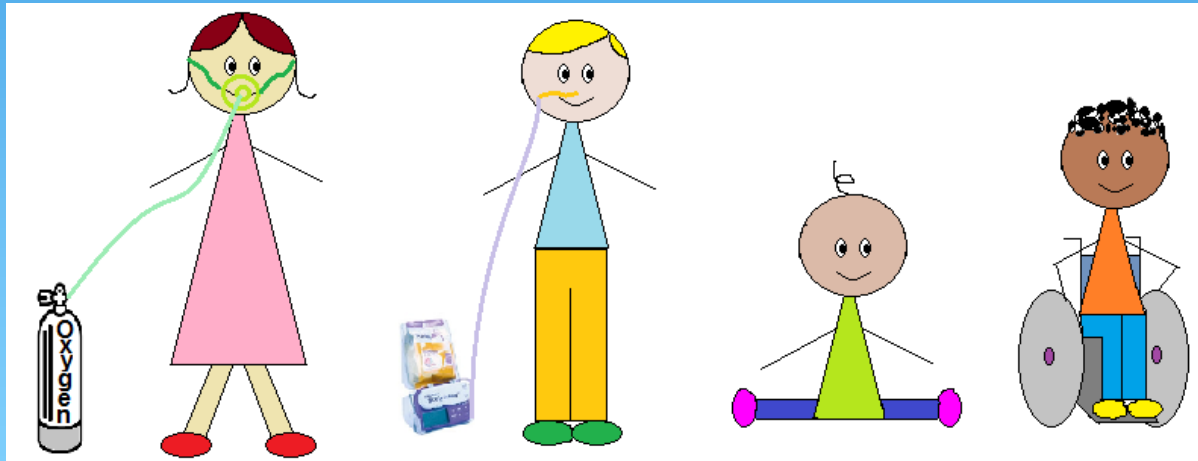


Any Questions?



Southern Health
and Social Care Trust

Community Children's Nursing Team



Children and Young People

Children with nursing needs

- * Enterally Fed
- * Oxygen Dependent
- * Ventilator Dependent
- * Tracheostomy

Process

- * The parent/carer would make contact with a group
- * The parent/ carer would contact their named nurse
- * The nurse would work with the group and the parent to meet the child's needs

How we can support you

- * Train someone in the group
- * Visit the group to attend to need
- * Attend with the child

Uniting Communities

through sport & creativity



Northern Ireland
Executive
www.northernireland.gov.uk

T:buc
Changing for the better, together





Uniting Communities New Delivery Model 2018





Uniting Erne East Programme Highlights



- Building Good Relations through sport, physical and creative activity
- Co-design
- Young leaders and participants
- Community engagement
- Community events / fundraising
- Cross cutting opportunities

[Download AW Uniting Community Booklet](#)



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Sport & Physical Activity for Children with a Disability

17th May 2018



Structure

Sports
Development

Indoor Leisure
e.g. Inclusive Gym
Programme

Outdoor Leisure
e.g. Craigavon Lakes
Sailing Club

Inclusive Sport
and Leisure
Officer

(Disability Sport NI)
Access and Training

Get Out Get
Active
Recreation Officer

(Live Active NI)
40% of participants

Every Body
Active 2020
15 % of participants

Community
Sport Active
Inclusion
Officer

Disability Sports Hub

- New Wheelchair Basketball Club
- Super Stars (LD)
- Wheelie Active Club (PD)
- Craigavon Boccia Club
- Craigavon Goalball Club
- Monday Club / GOGA Fit
- Bikes Programme

- Pontoon

Regional Competitions

- NI Boccia Championships
- Schools Programmes to feed into NI Competitions (Special Schools & Learning Support Units)
- Future opportunities in South Lake Leisure Centre

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Links with Health

- All Stars
Disability Summer Scheme
- DCD Multi Skills
- Swim Stars

- Strength & Balance (Falls Prevention)
(Adults)
- Fit 4 U & Fit 4 U 2

Craigavon Archery Club

- Existing Club
- Taster sessions
- Short programme
- Integration into club

Portadown Panthers

- Led by Portadown Rugby Club
- With support from ISLI
- Disability Inclusion Training
- Assistance at initial sessions

Outdoor Recreation

- GOGA Walking
- GOGA Nordic Walking
- Spring / Summer Bike Programme

Training

- DIT Indoor Leisure / Sports Clubs
- Inclusive Games – Casual Staff, Partners & Volunteers
- Inclusion Workshop – Summer Scheme Staff
- Inclusive Skills Workshop – Killicomaine JHS –
Youth Sport Trust Programme

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Borough Council

Considerations

- Sustaining a broad enough range of programmes to cater for all abilities, interests, and at the desired level – what you offer
- Delivering to a mixed ability group
- Ratio – volunteers
- Catering for additional care needs
- Involving parents in the planning – small adaptations
- EBA Coaches - short term fix, but may build confidence

Disabled Children and Young People's Participation Project

Ask the
Expert!



DCYPPP & 6th Sense



rights
special
work
help
education
children
people
services
protection
country
guidance
government
acts
health
housing
peace
spirituality
play
understanding
develop
development
physically
parents
care
dignity
taught
tolerance
handicapped
responsibilities
race
exploitation
friendship
responsible
family
member
physical
learn
love
equal
school
moral
colour
age
free
grow

Sixth
Sense

What is Disability?

A Person who has a physical, sensory or learning impairment or prolonged condition which impacts on daily living. Without adequate support services, they would not achieve their full potential.

○ Medical Model



○ Social Model





Common Barriers

- Access
- Transport
- Equipment
- Friendships and relationships



Identify issues and provide support



Small changes make big differences



Ask Me about Me!



Provide Opportunities so I can plan my future



Let my voice be heard and
take my views seriously



LISTEN

Provide Easy read guides with images and less words



Children first, Disability Second



With a little support, anything is possible



Consider that I might need more space to move or feel comfortable



Research my disability



There are numerous types of disability:

- **Genetic conditions**
 - **Acquired disabilities i.e. Brain injury**
 - **Learning and Physical disabilities**
 - **Autism Spectrum Disorders**
 - **Hearing and sight impairments**
 - **Mental health**
 - **Profound and Multiple disabilities**
-
- **1 in 5 people in NI have a disability**
 - **20,000 people with epilepsy in NI.**

- UNCRC – Article 12, 13 & 23
- UNCRPD
- Disability Discrimination Act 1995
- SENDO 2005



Attitudes

- Two thirds of the public feel uncomfortable talking to disabled people.
- Over a third of people tend to think of disabled people as not as productive as everyone else.
- Over 85% of the public believe that disabled people face prejudice.
- A quarter of disabled people have experienced attitudes or behavior where other people expected less of them because of their disability.
- One in Five 18-34 year olds admit that they have actually avoided talking to a disabled person because they weren't sure how to communicate with them.
- nearly half of the public say they do not know anyone who is disabled – and many are concerned that they will do or say the wrong thing when talking to people or about disability.

SCOPE (2014)

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Darren Curtis

CYPSP Locality Development Officer



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Locality Planning Groups

'Children, young people, parents and community improving outcomes at a local level'

What are Locality Planning Groups

Locality Planning Groups are partnerships between statutory, voluntary and community organisations that are working with and for children young people and families at a local geography; such as District Council areas

Location of Locality Planning Groups

Click on the names to get information on that area's group:-



[Click here to see the Outcomes Groups](#)

Progress to date...

The CYPSP believes in bottom up planning and the inclusion of outcomes based planning at a very

Quick links

- [➤ Locality Planning Groups](#)
- [➤ Action Plan](#)
- [➤ Events Calendar](#)
- [➤ Membership](#)
- [➤ Monitoring](#)

Planning Groups

- [➤ Ards and North Down](#)
- [➤ Antrim](#)
- [➤ Armagh](#)
- [➤ Ballyclare](#)
- [➤ Ballymena](#)
- [➤ Banbridge](#)
- [➤ Bushmills](#)
- [➤ Carrickfergus](#)
- [➤ Causeway Coast and Glens](#)
- [➤ Coln](#)
- [➤ MidUlster](#)
- [➤ Craigavon](#)
- [➤ Derry](#)
- [➤ Down](#)
- [➤ Dungannon \(Rural\)](#)
- [➤ Dungannon](#)
- [➤ East Belfast](#)
- [➤ Fermanagh](#)
- [➤ Larne](#)
- [➤ Limavady](#)
- [➤ Lisburn](#)
- [➤ Newry](#)
- [➤ North Belfast](#)
- [➤ Omagh](#)
- [➤ South Armagh](#)

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Locality Development
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<http://www.cypsp.org/locality-planning-groups/>



And
finally...

**Inclusive Communities Event
Evaluation**



1. How beneficial did you find today's event in making your service more inclusive to children/young people with a disability? (please circle one reply):

Poor

Average

Good

Excellent

2. What was the most useful aspect of this event to you/your organisation?

Speakers

Resources provided

Info stalls

Networking

Why? _____

3. Please rate how much this event has increased your knowledge in ensuring your service is inclusive of children/young people with a disability:

No difference

A little

A lot

4. Tell us one thing you will take from today's event to help support your service in including more children/young people with a disability:

5. Is there one tip you would share with us to help make services more inclusive?

6. Is there anything you can think of which should be included in further events like this?

7. Do you have any further comments to make about the event or today's theme?

We will be contacting today's attendees in the near future to see how this event has helped services in this area; please contact one of the organisers if you do not wish to be contacted.

Thank you for your time and participation!



Closing remarks

Paul Morgan

**Director of Children & Young Peoples Services
Chair, Southern Outcomes Group**

