

CYPSP Ards and North Down Children and Young People's Plan 2017-2020



What We Will Do

ARDS AND NORTH DOWN CHILDREN AND YOUNG PEOPLE'S VISION

Working together to meet the needs of our families in the Ards and North Down Area (Together for Families)

SOUTH EASTERN OUTCOMES GROUP PRIORITIES

1. Our children and young people will reach their developmental potential
2. Our children and young people will be resilient and have positive mental health
3. Our children and young people will get the best possible early intervention support from their families

UNDERPINNED BY EIGHT HIGH LEVEL OUTCOMES (NI Children and Young People's Strategy)

What we want for all our Children and Young People:

1. Physical and Mentally Healthy
2. Enjoy Play and Leisure
3. Learning and Achievement
4. Living in Safety and with Stability
5. Economic and Environmental Wellbeing
6. Making a Positive Contribution to Society
7. Living in a Society which Respects their Rights
8. Equality and Good Relations

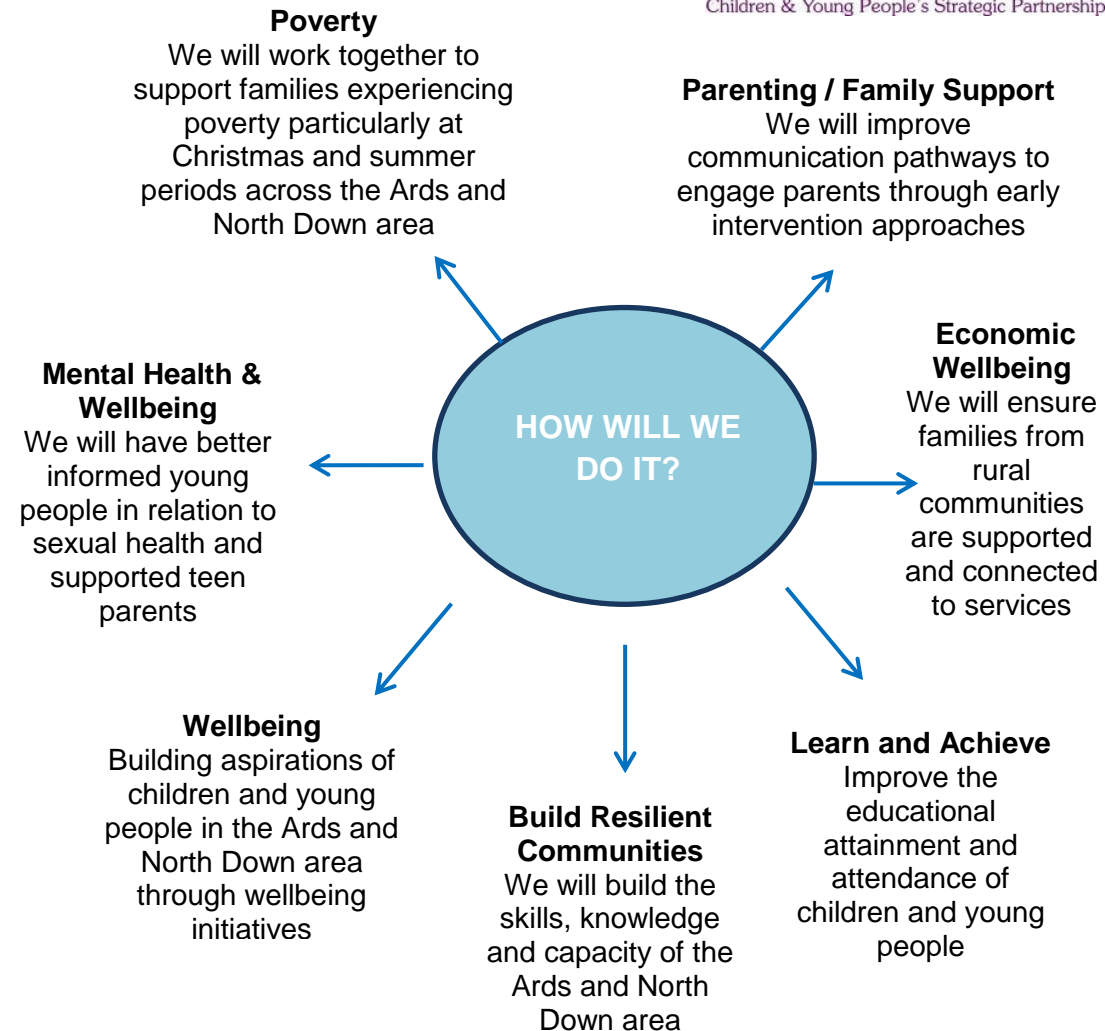
Contact Us:


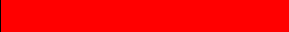




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The Ards and North Down Locality Planning Group consists of over 30 community, voluntary and statutory sector representatives are working together to deliver this plan



Priority	Action	Indicator	Who will lead and contribute	Timeframe	Monitoring Update
Physical and Mental Health					
Improved communication pathways to engage parents through early intervention approaches connecting parents to services	To facilitate a series of Family Wellbeing events to raise awareness of family support and resilience services available to families and encourage greater uptake of services	% of economic inactivity % of families with children living in absolute low income poverty after household costs	Ards and North Down LPG Family festival task and finish group	Ards Family Fun Day: 1 September 2017	 Press release and report card available at cypsp Parent Participation Survey complete
	Engage with families across the Ards, North Down and Peninsula areas to complete a local needs assessment to inform the Ards and North Down Children and Young People's Plan for the area.		Ards and North Down LPG with Parenting NI	North Down Family Fun Day - Summer 2018	
				Peninsula Family Fun Day - Easter- June 2018	 June 2018 – report card to be developed
	Ensure families are informed of services in their local area and how to access via a Service Directory		Barnardo's Ards and North Down LPG	October 2017	 Complete
	Support parents to understand child development through the promotion of the infant mental health strategy and its key objectives for parents		To be informed by the SE Outcomes Group Infant Mental Health Working Group	TBC	
	Local train the trainer practitioners workshop with Donna Marks re baby brain development		SEHSCT	TBC	

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	Build capacity of staff with Strengthening Families Train the Trainer programme		Joanne Garrett, SEHSCT Jamie, ASCERT	TBC	*Update from Joanne Garrett
	To support families experiencing mood and anxiety issues particularly in the rural localities of the Peninsula via local initiatives		SEHSCT Family Support Hub Peninsula HLC	Ongoing	Beating the Blues Programme, AfC – Bangor Life Skills Resilience Programme for primary school children, Barnardos
	Empowering parents and changing mind-set through a series of health initiatives: Establish a multi-agency subgroup to address local drug and alcohol issues faced by children and families. Develop an action plan for the subgroup that will include: <ul style="list-style-type: none"> • Community engagement/awareness • Promotion of PSNI 		PSNI Ards and ND Campaign Working Group (Lisa, Louise, Hugo Kelly, Julie Bickerstaff, Cathy Polly, Stevie, Frances, Nicola) Pathways, John Devlin SEDACT – Ed Sipler	Initial planning meeting: 11 August 2017	Subgroup established Action plan underway Networking Event September 2018 Having Effective Conversations & MI Training June

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	campaigns / initiatives <ul style="list-style-type: none"> Information Sharing and Training for staff 				2018 Rapid Bin at ACN
	Develop a campaign through participation of children and young people involved in youth services		Lisburn YMCA to facilitate through contact with local post primary schools	September 2018 – onwards	As above
	Raise awareness of Foetal Alcohol Syndrome and the impacts with new and expecting mothers.	% of expectant mothers drinking during pregnancy	Start 360 Daisy Project via local Sure Starts & early years sectors	September 2018	
	Embed the Parent Strategy for Northern Ireland in practice		Parenting NI & CYPSP	TBC	*Update from HSCB
Improved wellbeing of children and young people in the Ards and North Down area	Information Session from Foroige, Ireland on the Young People's Big Brother Big Sister Programme and scope a pilot in Ards and North Down in partnership with Down LPG	% of young people with positive mental wellbeing % of young people with less than 85% school attendance	SEHSCT and Lisburn YMCA to coordinate	Pending funding 2018- onwards	*Update from Joanne Garrett
	Establish a dental health working group to explore the dental health needs of the Ards and North Down area and agree next steps particularly for 0-2 years and 6-10	% of children registered with a dentist aged 0-2 years	Ards and North Down LPG Dental Subgroup: Ards Community Network Sure Starts	June 2018 - onwards	

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	and 10-17 years	Number of children having dental fillings / extractions	CYPSP SEHSCT Dental Team PHA		
Better informed young people in relation to sexual health and supported teen parents	Complete a mapping exercise of support services/groups for teen parents including young dads to support those leaving Family Nurse Partnerships at the 2 year point	% of births to teen mothers	Ards and North Down LPG Family Nurse Partnership Youth Health Advice Service Bangor YMCA	Ongoing 2018- onwards	
Living in Safety and Stability					
Work collaboratively to reduce the number of young people impacted by criminal activity	Increase awareness of Child Sexual Exploitation (CSE) and upskill members with the skills to keep young people safe and signpost 178 of 243 of sexual incidents (71%) involved under 18 year old	% of sexual offences if under 18 year olds in Ards and North Down Borough Increase the confidence and capacity of staff to address CSE	Hugo Kelly, PSNI SEDVSVP CYPSP Ards and North Down LPG members	December 2017	Check if SEDVSVP could do a workshop on this for staff
	Promote internet safety for children, young people and parents (2016/17 data reports many sexual offences to minors in the area have been as result of social media and online gaming)		PSNI with CYPSP Ards and North Down LPG members	TBC	Check if CiNI or PSNI are running this training

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	<p>Increase awareness of the impacts of Domestic Violence and the support services available locally</p> <p>(987 of 2349 domestic motivation incidents (42%) involved families of children and young people</p>	% of children and young people who are victims of domestic violence	with CYPSP Ards and North Down LPG members	TBC	<p><i>Check if SEDVSVP could do a workshop on impacts of DV on children and young people for SE area</i></p>
Learning and Achieving					
To improve school attendance and achievement of pupils in primary and post primary school settings through understanding their needs and quality of school life	<p>Understand the experiences of young people and provide a collective approach to tackling educational underachievement</p> <p>Forums: -Kilcooley Education Forum Plan And -MADE Group</p>	<p>% of primary school pupils with less than 85% attendance</p> <p>% of young people leaving school with GCSE grades A-C</p>	Making A Difference in Education Group led via Louise Little and NDCN	July/September 2017	<p>CYPSP Logic Model Workshop with MADE Group</p> <p>MADE Conference</p> <p>Botvin Lifeskills Programme in 8 primary schools</p>
	To provide updates at the Ards and North Down LPG and seek support from the Ards and North Down LPG members as required to deliver on the education plan				Ongoing

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	To support and coordinate the ongoing SIF project in the Ards and North Down area and scope ways of sustainability post June 2018	Improved partnership Improved education and transitions in education Increased parental engagement	SEHSCT Barnardo's Lisburn YMCA Bryson All locality members	Ongoing - June 2018	 Series of learning events Programme due to end June 2018 Knowledge Exchange planned for late 2018
Collaboratively offer alternative pathways for looked after children in residential care	Take cognisance of the Looked After Children Education Projects in the area - <i>Ards and North Down Community Plan</i>	% of looked after children coming to the attention of PSNI in the SEHSCT Area	SEHSCT HSCB EANI / SERC ANDC	Ongoing	
	Youth Justice Agency to share evidence and practice on Looked After Children in the justice system		Kelvin Doherty, Youth Justice Agency	September 2017	 Complete
Economic and Environmental Wellbeing					
Support families from rural communities	As noted in priority 1: Peninsula Family Wellbeing and Engagement event. Engage with families from rural communities to encourage uptake		Peninsula Family Fun Working Group		

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	of family support services and complete a needs assessment				
Support families experiencing poverty across the Ards and North Down area	<p>Build capacity of staff working directly with families experiencing poverty in the Ards and North Down locality.</p> <p>Particularly in relation to food, clothing, finance and heat</p> <p>Facilitate a series of Series of 'Coping with the Christmas' Clinics to raise awareness and offer advice to parents in the Ards and North Down area</p> <ul style="list-style-type: none"> • Welfare changes / Universal Credit • Money management • Rights 	<p>Number of families with children presenting to NIHE as homeless</p> <p>% of children living in absolute low income poverty after household costs</p>	<p>As per SE Outcomes Group</p> <p>Parenting NI – debt advice at Christmas</p> <p>Citizen Advice Bureau</p> <p>Women's Aid</p> <p>Ards Community Network</p> <p>Housing Support Service and Warm Homes Scheme, Bangor YMCA</p> <p>Advice NI</p>	<p>Initial planning: 7 September 2017</p> <p>Practitioner Training: October 2018</p> <p>Support Clinics: November / December 2018</p>	<p>Poverty Forum underway</p> <p>Action Plan is in draft</p> <p>Back to School Project underway in Ards Area</p> <p>North Down Employers for Child Care Family Advice Clinic</p>
	<p>Work in partnership with Ards and North Down Council to develop and deliver a local food poverty project as per the learning of CYPSP initiatives</p>	<p>% children living in absolute low income poverty after household costs</p>	<p>Ards and North Down Council – Rachel Woods and CYPSP LPG Members</p>	<p>TBC</p>	<p>Initial meeting took place in November 2017</p> <p>*Contact lisa</p>

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					Roulston for update
	Explore the learning of the Sure Start Savvy Shopper Model	Number of families with children presenting to NIHE as homeless	Sure Start with LPG partners	October / November 2018	
Capacity Building					
To build the skills, knowledge and capacity of the Ards and North Down Locality Planning Group	Steps to Cope Programme for children and young people living with a parent who misuses drugs or alcohol or has a mental health issues in line with Children of Alcoholics Week, Feb 2017		<i>As per SE Outcomes Group</i> ASCERT and South Eastern Drug and Alcohol Coordination Team (DACT)	February 2019 onwards	
	Steps to Cope Train the Trainer programme for staff working with children who have a parent who misuses drugs or alcohol	% of hospital admissions with an alcohol related diagnosis	<i>As per SE Outcomes Group</i> ASCERT & SEDACT	Early 2018	Dates to be shared with members in early Jan 2018
	Safe Talk training for frontline staff working with young people at risk of self-harm/suicide	% of young people presenting to SEHSCT hospitals with suicidal ideation or self-harm	<i>As per SE Outcomes Group</i> South Eastern Drug and Alcohol Coordination Team (DACT)	Late 2018	

Priority	Action	Indicator	Who will lead and contribute	Timeframe	Monitoring Update
	Brief Intervention Smoking Cessation Training for staff working with parents, children and young people	% of mums smoking during pregnancy % of premature or low birth weight babies	SEHSCT Smoking Cessation Team Sure Start & Family Nurse Partnership	TBC	

Note:

The CYPSP South Eastern Outcomes Group have agreed to take forward an outcomes area approach to improve dental health and address obesity and physical activity in the South Eastern Outcomes Area. Updates will be regularly provided as appropriate

CONTACT US:

For further information about the work of the CYPSP Ards and North Down Locality Planning Group please see the CYPSP Ards and North Down Locality Planning Group page at <http://www.cypsp.org/locality-planning-groups/ards-and-north-down-locality-planning-group/>

Or get in touch with:

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Or get in touch with

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