

CYPSP DOWN LPG ADDITIONAL NEEDS SUBGROUP ACTION PLAN

(2018 – 2020)

OUR AIM					
To support the mental health of wellbeing of children and young people with an additional need and their families Year 1 will focus on ASD and ADHD					
ACTION	CONTRIBUTIONS TO PfG	CONTRIBUTIONS TO THE CYP STRATEGY (8 Parameters of Wellbeing)	TIME FRAME	WHO WILL LEAD AND CONTRIBUTE	RAG STATUS AND UPDATE
Incredible Years Autism Programme	We give our children and young people the best start in life	All 8 Parameters of Wellbeing	October 2018	SEHSCT	
					IY Autism Training via SEHSCT in Oct 2018 Find out local trainers and dates for delivery of the programme in Down Sector
Engagement sessions with parents of children with additional	We give our children and young people the best start in life	All 8 Parameters of Wellbeing	Ongoing	Autism NI – Kyle Parent Support Groups Advocate Mecap Parent Action –	
					Members attending the subgroup maintain ongoing

<p>needs to scope need</p>	<p>We care for others and help those in need</p>			<p>Parent Advocate of Parent Support Groups</p>	<p>communication the subgroup and parent support groups</p> <p>Emerging needs from the support groups will be shared</p> <p>We will use the Come and Try It family day in October to hear views of parents</p>
<p>Parents Support Factsheet for parents of children with ASD in the Down Sector</p>	<p>We care for others and help those in need</p> <p>We give our children and young people the best start in life</p>	<p>All 8 Parameters of Wellbeing</p>	<p>Ongoing</p>	<p>All subgroup members</p>	<p>Initial mapping has been completed</p> <p>We will develop a factsheet to signpost parents locally to key contacts - EA psychology (choosing a school), Health (Dental, GP) SENAC, Children's Law Centre, local support agencies</p>

<p>Highlight summer programmes / scheme support for children with ASD/Autism in the Down Sector</p>	<p>We enjoy long healthy active lives</p> <p>We give our children and young people the best start in life</p>	<p>Enjoyment, Play and Leisure</p>	<p>June 2018</p>	<p>All subgroup members</p>	
<p>Series of Come and Try It Taster Sessions</p>	<p>We enjoy long healthy active lives</p>	<p>Enjoyment, Play and Leisure</p> <p>Promotion of Equality and Good Relations</p>	<p>October 2018 - onwards</p>	<p>All subgroup members with DEAs of NMDDC, Disability Sport, Autism Initiatives & SEHSCT</p> <p>Ciara Lowe, Noelle Hollywood and Stephanie Thompson</p>	<p><u>Downpatrick</u> Launch of the NMDDC Disability Hub for children with disabilities and their families</p> <p>NMDDC scoping a sensory room for Down LC</p> <p><u>Newcastle</u> Autism Friendly Newcastle / Black Box Disco</p> <p><u>Ballynahinch</u> TBC</p>
	<p>We care for others</p>	<p>All 8 Parameters of</p>	<p>Summer/ Early</p>	<p>All subgroup</p>	

Information Support & Awareness Day for Parents of a Child with ASD/ADHD	and help those in need	Wellbeing	Autumn 2018	members	This will be encompassed into the Come and Try It Fun Day for children with a disability & families
Meeting the cognitive needs of children by providing physical activities for children with ASD	We enjoy long healthy active lives We give our children and young people the best start in life	Enjoyment, Play and Leisure Promotion of Equality and Good Relations	June 2018 onwards	NMDDC, SEHSCT, and CYPSP NMDDC, Cycle Revolution, CYPSP	Swim Leeson's for children with Autism in Down LC (Consider the Buddy Cards) Balance ability in Ballynahinch (Cycle Revolution)
Support the mental health and wellbeing of parents of a child with ASD	We give our children and young people the best start in life	Physical and Mental Wellbeing	June 2018 onwards	Down LPG Additional Needs Subgroup (Liaise with Joan Scott, SEHSCT & Alison Doak, SEHSCT)	Circulate Positive Steps Training Scope financial support – Take 5 Grants for a local programme Subgroup to develop a take 5 programme for parents of a child

				<p>Parent Action</p> <p>Parent Action and Autism NI</p>	<p>with ASD locally</p> <p>Parent Action – Big Lottery funding to develop a regional parental peer advocates model to support parents emotional wellbeing</p> <p>Parent Action scoping funding to deliver a parents session on coping with anxiety in Clare Lodge Newcastle</p>
<p>Autism Impact Awards for agencies open to the public / working directly with children with ASD/ADHD</p>	<p>We have a more equal society</p>	<p>Physical and Mental Wellbeing</p> <p>Promotion of Equality and Good Relations</p>	<p>TBC</p>	<p>Autism NI CYPSP NMDDC (Liaise with Play Partnership)</p>	<p>Dependant on costs and funding available</p>
<p>To build inclusive services by equipping practitioners across the sector to become more</p>	<p>We have a more equal society</p>	<p>Physical and Mental Wellbeing</p> <p>Promotion of Equality and Good Relations</p>	<p>TBC</p>	<p>Autism NI with Down Additional Needs Subgroup members (To include engagement with dentists, leisure</p>	<p>Scope costs for fundamentals of autism introductory course for</p>

aware of the needs of children with Autism				centre teams, GPs, hairdressers etc.) Margaret Kelly / Joanne Sweeney with members	practitioners in the Down sector Mencap Disability Inclusion Toolkit workshop for youth sector
Encourage members to consult with parents and children with a disability with regards to the proposed changes in early years led through EA consultation	We give our children and young people the best start in life	Physical and Mental Wellbeing Learning and Achieving We care for others and help those in need	April – May 2018	Agencies working directly with children with additional needs: Parent Action CIC Mencap CDRCN Autism NI	Stephanie has shared the consultation information with members Agencies have reviewed and responded to the documentation with families Agreed way forward to be shared with the group when available
Take cognisance of the regional developments for children with a disability	N/A	N/A	Ongoing	All subgroup members	