

## CYPSP Down Locality Children and Young People's Plan 2017-2020



# What We Will Do

## **VISION FOR CHILDREN AND YOUNG PEOPLE IN THE DOWN LOCALITY**

To work together and with families to improve wellbeing and learning outcomes for children and young people

## **SOUTH EASTERN OUTCOMES GROUP PRIORITIES**

1. Our children and young people will reach their developmental potential
2. Our children and young people will be resilient and have positive mental health
3. Our children and young people will get the best possible early intervention support from their families

## **UNDERPINNED BY EIGHT HIGH LEVEL OUTCOMES**

(NI Children and Young People's Strategy)

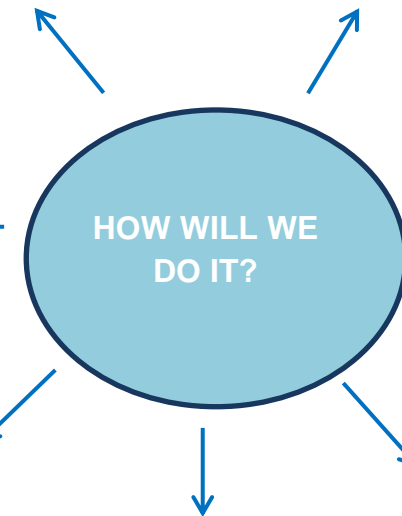
What we want for all our Children and Young People:

1. Physical and Mentally Healthy
2. Enjoy Play and Leisure
3. Learning and Achievement
4. Living in Safety and with Stability
5. Economic and Environmental Wellbeing
6. Making a Positive Contribution to Society
7. Living in a Society which Respects their Rights
8. Equality and Good Relations

**Learn and Achieve**  
To work in partnership with area learning community to improve the quality of school life particularly for young people in transition

**Early Intervention and Prevention**  
Give children the best start in life through education and support to improve the early years

**All Children and Young People feel safe and secure**  
Work together to create a child friendly Down locality



**Poverty**  
Support the economic wellbeing of families to prevent poverty and economic hardship

**Mental Health and Wellbeing**  
Improved wellbeing of children and young people in the Down area including children with an additional need

**Build Resilient Communities**  
To build the skills, knowledge and capacity of the Down Locality Planning Group

**Domestic and Sexual Violence**  
Supporting children and families living with domestic violence

## **Contact Us:**

Website: [www.cypsp.org](http://www.cypsp.org)

Twitter: @cypsp Facebook: cypsp

Priority	Action	Indicator	Who will lead and contribute	Timeframe	Monitoring Update
<b>Physical and Mental Health</b>					
<b>Give children the best start in life through education and support to improve the early years</b>	Supporting families through a breastfeeding review in the Down locality area from point of hospital discharge, 6 months and one year	% of mothers who breastfeed at hospital discharge  % of mothers who breastfeed	Helen Leigh, SEHSCT Sure Starts CCP	TBC	
	Expand the PHA Breastfeeding Welcome Here Scheme across the Down sector to engage minimum of 10 additional agencies/centres	Increase the % of breastfeeding friendly spaces in the Down sector	PHA Sure Start Home Start CYPSP Down LPG members	2019 - onwards	
	Expand the South Eastern HSC Trust Smoke Free Homes Initiative across the Down sector	% of mothers smoking during pregnancy  % of parents or guardians smoking in the home	SEHSCT Down LPG members	<b>Initial presentation:</b> December 2017  <b>Implementation:</b> Late 2018	
<b>Support families of a child with an additional need in the Down locality planning area</b>	Establish a task and finish group to explore age/stage and priorities for supporting children with an additional need	% of children at appropriate stage of development in their immediate preschool year  % of primary/post school age children with SEN statement	Down LPG task and finish group on additional needs: Sure Start SEHSCT Parent Action Autism NI Early Years	October 2017 - onwards	

Priority	Action	Indicator	Who will lead and contribute	Timeframe	Monitoring Update
	Develop a two year to support the mental health of wellbeing of children and young people with an additional need and their families		Down LPG task and finish group on additional needs	2018 - onwards	<div style="background-color: green; height: 15px; margin-bottom: 5px;"></div> Action Plan with priority areas have been agreed  See subgroup action plan for further info
	Scope support groups / services for families who have a child with an additional need and link with the Down sector including; family support hub, LPG members and 'The Hub' Ballynahinch	Increase the awareness and understanding of support available locally	Down LPG task and finish group on additional needs	2018 - onwards	<div style="background-color: orange; height: 15px; margin-bottom: 5px;"></div> Mapping has been complete and factsheet being prepared for families on mental health support, parental support groups and transition support in education
	Share the Special Education Needs (SEN) Statement process with parents of a child awaiting a diagnosis of an additional need	Increase awareness and understanding of the statementing process	SENAC Down LPG	September 2018	<div style="background-color: orange; height: 15px; margin-bottom: 5px;"></div> Invite SENAC to subgroup meeting in 2018 to present on statementing process & share information with LPG
<b>Improved communication pathways to engage parents through early intervention approaches</b>	Embed the Parent Strategy for Northern Ireland in practice		Parenting NI & CYPSP	Awaiting strategy to be agreed BY HSCB	<div style="background-color: red; height: 15px; margin-bottom: 5px;"></div> <div style="background-color: yellow; padding: 2px;">*Request update from Parenting NI / HSCB</div>

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<b>Improved wellbeing of children and young people in the Down area</b>	Support and encourage the development of resilience and stress reduction programmes in school based and community settings	% of young people with positive mental wellbeing & greater sense of efficacy  % of young people with less than 85% school attendance	CYPSP Down LPG	2017 – onwards	Beating the Blues, AfC programme across 4 schools in Down Sector  Scoping a community based pilot programme via Down LPG
	Scope Big Brother Big Sister Project in the Down locality in partnership with the Ards and North Down LPG	% of young people with positive mental wellbeing & greater sense of efficacy  % of young people with less than 85% school attendance	SEHSCT Lisburn YMCA	2018-2021  Pending funding	*Request update from SEHSCT
	Mental health / Body Image Wellbeing Event for Post Primary Schools across the Sector	% of young people with positive mental wellbeing & greater sense of efficacy	CYPSP Down LPG Lecale Area Learning Community	2018/19	School Needs Assessment has been complete and the way forward is currently being developed
<b>Create a child friendly Down locality for all children and young people</b>	Explore what models work: <ul style="list-style-type: none"> <li>• Shankill CYP zone</li> <li>• BHC Child Friendly Places</li> <li>• UNICEF child friendly community model</li> </ul>		CYPSP Down LPG	TBC	Small workshop to scope what works and how to develop a child friendly place in Down Sector

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	<p>Support NMDDC to deliver on their Play Strategy through the Play and Leisure Partnership</p> <p>Encourage increased physical activity &amp; creative play through the promotion of play pod resources</p>		NMDDC CYPSP Down LPG	Mid 2018 – onwards	<p>Met leads of play partnership in March 2018 Agreed ST and RP alternate attendance</p> <p>Pop Up Play Session on 3 August in Newcastle</p> <p>Scoping three autism friendly events across Down Sector with DEAs</p> <p>See additional needs subgroup action plan for other activities planned</p>
<b>Better informed young people in relation to sexual health and support teen parents</b>	Scope services/groups for teen parents including young dads to support those leaving Family Nurse Partnerships at the 2 year point	% of births to teen mothers	CYPSP Down LPG members Family Nurse Partnership	TBC	<p>Initial meeting with FNP in early 2017</p>
<b>Living in Safety and Stability</b>					
<b>Supporting children and families living with domestic violence</b>	To pilot Operation Encompass model across local PSNI and Schools to support children and young people who are victims of domestic violence	% of children who are victims of domestic violence	SEHSCT SEDSVP CYPSP Down LPG	2017-onwards  <b>Pilot programme:</b> TBC	<p>Meeting with SEDSVP and PSNI complete</p> <p><b>*Request required on this initiative</b></p>

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<b>Increase awareness of safety in the community</b>	Support / Promote the PSNI children's road safety, anti-social behaviour and internet safety programmes		Kelly Gibson, Community Planning, PSNI	Ongoing	<p>Meeting 1: March 2018</p> <p><b>*Request required on activity for 2018/19</b></p>
<b>Learning and Achieving</b>					
<b>Supporting the wellbeing of children and young people particularly in transition from primary to Year 8 post primary school</b>	Engage with the post primary school Area Learning Community to identify local needs and work with partner agencies to offer support to improve learning outcomes and wellbeing of post primary pupils locally	Number of children with less than 85% school attendance	<p>Stephen Glass, Lecale Area Learning Community of Post Primary School Principals</p> <p>Shane Comer, EA</p>	Mid 2017 - onwards	<p>Workshop with pastoral care staff of post primary schools June 2018</p> <p>Project plan in development with schools</p> <p>Directory of family support services underway to include I-matter themes.</p>
<b>Supporting children with speech and language delays in the Down locality</b>	Scope a potential pilot of the Early /Talk Boost programme in nursery and primary schools across the Down sector	% of children at appropriate stage of development in their immediate preschool year	SEHSCT Speech and Language Team CYPSP Down LPG EA with schools	<p><b>Presentation:</b> September 2017</p> <p><b>TBC - 2019</b></p>	<p>Presentation in September 2017</p> <p><b>*Scope funding for this programme</b></p> <p><i>*Await update from SEIMH working group and Help Kids Talk in 2019</i></p>

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<b>To improve school attendance and achievement of pupils in primary and post primary school settings through understanding their needs and quality of school life</b>	To support and coordinate the ongoing SIF project in the Ards and North Down area and scope ways of sustainability post June 2018	Improved partnerships	SEHSCT Barnardo's Lisburn YMCA Bryson All locality members	Ongoing - June 2018	
		Improved transitions support			Updates ongoing during Down LPG meetings
		Increased parental engagement			SIF Learning Event December 2017
		Increased school attendance and attainment			Closing event in August/Sept 2018
					Review and sustainability are being scoped
<b>Economic and Environmental Wellbeing</b>					
<b>Support the economic wellbeing of families to prevent poverty and economic hardship</b>	Facilitate a series of awareness and support sessions for parents; welfare changes, money management, rights etc.	Number of families with children presenting to NIHE as homeless	<i>As per SE Outcomes Group</i> Citizen Advice Bureau Parenting NI NIHE Women's Aid CDRCN	TBC	
		% children living in low income poverty after household costs			
	School Uniform Initiative to support families access quality school uniforms & enable young people to attend school	% of children in absolute low income poverty after household costs	School Uniform task and finish working group	Year 1: March 2017- August 2017	<b>Year 1 complete</b> Downpatrick Project Press release and report card at <a href="http://www.cypsp.org">www.cypsp.org</a>
				Year 2: April 2018 – August 2018	<b>Year 2 underway</b>



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				September 2018	Downpatrick, Castlewellan, Newcastle & Ballynahinch  Toolkit to be revised for Down Sector
<b>Capacity Building</b>					
<b>To build the skills, knowledge and capacity of the Down Locality Planning Group</b>	Build capacity among young people re: Steps to Cope Programme for children and young people living with a parent who misuses drugs or alcohol or has a mental health issues in line with Children of Alcoholics Week, Feb 2018		<i>As per SE Outcomes Group</i> South Eastern Drug and Alcohol Coordination Team (SEDACT)	TBC	
	Steps to Cope Train the Trainer programme for frontline staff working with children living with a parent who misuses drugs or alcohol or has a mental health issues	% of hospital admissions with an alcohol related diagnosis	<i>As per SE Outcomes Group</i>  SEDACT	TBC	5 agencies attended. New dates to be shared soon.
	Safe Talk or ASIST training for frontline staff coming in contact with members of the community at risk of self-harm or suicide	% of young people presenting to SEHSCT hospitals with suicidal ideation or self-harm	<i>As per SE Outcomes Group</i> South Eastern Drug and Alcohol Coordination Team (DACT)	TBC	

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	Down Sector Directory of Family Support		Noelle Hollywood with CYPSP Down LPG	Feb 2018-September 2018	<div style="background-color: #f4a460; height: 15px; margin-bottom: 5px;"></div> Directory underway  Launch event will take place in September 2018  Copies distributed across the sector
	Sharing of the SEHSCT Health Development, Nutrition and Recovery College Training Guides		Noelle Hollywood, SEHSCT	Ongoing	<div style="background-color: #00a651; height: 15px; margin-bottom: 5px;"></div>

**Note:**

The CYPSP South Eastern Outcomes Group have agreed to take forward an outcomes area approach to improve dental health and address obesity and physical activity in the South Eastern Outcomes Area. Updates will be regularly provided as appropriate

**CONTACT US:**

For further information about the work of the CYPSP Down Locality Planning Group please see the CYPSP Down Locality Planning Group page at <http://www.cypsp.org/locality-planning-groups/down-locality-planning-group/>

Or get in touch with

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