

**Minutes of North Belfast Locality Planning Group held on Tuesday
30 January 2018 at 10 am in Ballysillan Community Forum, 925
Crumlin Rd, Belfast BT14 8AB**

Present:

Jenny Potter	Now Group (Chair)
Una Casey	CYPSP
Kris Morrison	NIACRO
Jan-Marie Reel	Holy Cross Boys
Claire Allen	SFNB
Catriona Clifford	Extern
Karen McLean	Upper North Family Support Hub (Vine Centre)
Edith McManus	Lower North Family Support Hub (Ashton Centre)
Joe Carmichael	LIA Healthy Living Centre
Alison Templeton	New Life Counselling

Apologies:

Paula Scott	North Belfast Home Start
Asleigh Galway	Currie PS
Kelly Maxwell	Autism NI
Christine McKeown	Ashton Community Trust
Patricia Morrow	Extern
Caroline Milligan	Glenbrook SureStart
Steven Reid	Vine Centre

Welcome and Introductions:

Jenny welcomed everyone to the meeting and thanked the Ballysillan Community forum for hosting the meeting. Jenny extended the groups congratulations to Katrina on the birth of her baby girl. A round of introductions took place.

Apologies:

Were noted as above

Minutes of the previous meeting held on 28 November 2017 were agreed as an accurate recording of the meeting. Members agreed that the attendance of the local primary school pupils brought a new dynamic to the meeting which was welcomed.

Action: *Una to circulate Caroline's presentation and put it on the cypsp website.*

Matters Arising

Una to contact Cailin Hardy about the resilience paper. All other matters arising are on the agenda.

Action Plan

Resilience – members agreed that it would be useful to use the next meeting in March to hold a resilience themed meeting, to include a screening of the resilience documentary and have presentations from Justine on Each Amazing Breath and also Roisin on 5 to thrive.

Action: *Una to invite Justine and Roisin to present and organise screening of Resilience Documentary*

Members noted that Barnardo's had recently screened the resilience documentary for the Primary Principal's Forum and that they have one planned along with Lighthouse for the Area Learning Community. Members took this opportunity to note how stressed teachers currently are as they have to deal with increasing issues with many pupils. Claire and Edith also noted the cycle of anxiety faced by parents and their families.

Information Event – Members discussed the need to have a networking event to help connect local services with schools and other statutory providers in the local area. Discussions took place about the timing and venue etc. Members agreed to have a small subgroup to finalise plans.

Action: *subgroup (Claire, Kris, Una, Kelly, Jenny) to meet on 6 February to finalise plans.*

Take-5 events – Una to contact Cailin for further information on the take-5 events in Duncairn Centre.

Presentation Family and Childcare Team – Jenny noted that the BHSCT family and childcare team are interested in hearing more about North Belfast LPG and have invited her and Una to present at one of their team meetings.

Ulster University Community Conversations – the next meeting of this group will take place on 31 January and Jenny will attend it and update at the March meeting.

Family Support Hub Updates

Upper North Hub – Karen McLean - there were 30 referrals in December, many for toys and food hampers, primary aged emotional and behavioural difficulties, youth mentoring. Many members are limited to the number of referrals they can take as they have got waiting lists.

Lower North Hub – Edith McManus – noted that some of the referrals have gotten slightly more complex and that there needs to be major work done with parents. She felt that Gateway thresholds are getting higher resulting in families seeking tier 2 help.

The Hub coordinators noted that their funding was confirmed until March 2019 and the Helen Dunn (regional coordinator) attended the last Belfast Hub lead body meeting and noted that the non-assessment works better in Belfast than in some of the rural hubs, and recognised that families may fall over assessed at times. With minimal intervention from the coordinators families recognise that they aren't social workers and are comfortable with that.

Many of the service providers/hub members are waiting on confirmation of funding and cannot take referrals, for example, there are discussions taking place about Department for Communities is cutting budgets by 11% which will have a knock on affect to the Hubs.

The coordinators noted that one main need is 1-1 family support and home visiting. They noted the intergenerational nature of many families issues. They highlighted that families can and do re-refer back to the hubs. Edith and Karen discussed the training available to Hub members, such as CAMHS self-harming awareness training. A discussion took place about how members felt that self-harming seemed

to be increasing and that it might also be useful to hold some training on this for LPG members.

Edith highlighted that Hugh McCaughey; Chair of CYPSP and CEx of South Eastern HSCT attended a meeting of the Lower North Hub on 21 December and was very interested and impressed with it. He also tweeted about it.

Action: Una to share Hugh's tweet with the group.

Any Other Business

Joe noted that there was a job fair taking place in the Europa Hotel on Wednesday 7 February at 10am to 3pm more details can be found on www.jobcentreonline.org and he will send a flyer to Una for circulation.

Dates of Future Meetings

Tuesday 27 March	The Vine Centre – Resilience Screening
Tuesday 29 May	The Now Group the Hive
Tuesday 31 July	TBC
Tuesday 25 September	TBC
Tuesday 27 November	Currie PS