

**Minutes of the North Belfast Locality Planning Group
On Tuesday 31 July 2018 at 10am
in the Ligoniel Healthy Living Centre, Wolfhill Centre, 148 Ligoniel Rd**

Present:

Name	Organisation
Jenny Potter	NOW Group (Deputy Chair)
Una Casey	CYPSP – HSCB
Róisín O'Neill	Barnardo's
Edith McManus	Lower North Family Support Group
Lesley McMaster	EISS/NIACRO
Kelly Maxwell	Autism NI
Natalie Killough	BHSCT
William McGowan	Youth Justice Agency
Caroline Milligan	Glenbrook SureStart
Gabi Mornhinweg	BHSCT
Tony Kearns	Belfast City Council
Jan-Marie Reid	Holy Cross Boys PS

Apologies:

Name:	Organisation:
Mervyn Bell	Smile SureStart
Christine McKeown	Ashton Centre
Karen McLean	Upper North Family Support Hub
Stephen Reid	Vine Centre
Liz Brogan	Belfast and Lisburn Women's Aid

Welcome and Introductions

Jenny welcomed everyone to the meeting and thanked Ligoniel Healthy Living Centre for hosting today's meeting. A round of introductions took place.

Apologies

Apologies were noted as above

Minutes of previous meeting 29 May 2018

The minutes of the previous meeting were agreed as accurate, Una to amend Edith's work organisation

Matters arising

There are no matters arising

Presentation – Róisín O'Neill - Barnardo's Five to Thrive

(See attached presentation) Collective Impact was funded for 3 years across North Belfast and Antrim, moving forward Barnardo's will be working just in North Belfast for the next year on Community Resilience. Róisín noted that the roll out of the resilience documentary has helped to grow awareness of Adverse Childhood Experiences (ACEs) and the discussion of what to do about them and the need to build resilience. Róisín discussed the need to reduce the impact of ACEs on Children, young people and families. They are doing this through a professional development programme.

Róisín discussed the 5-to-thrive brain development and capacity building, through whole school and whole community approaches including developing a champion. This involves ½ termly cluster meetings, and there is a Facebook page to share resources, papers, sign-posting to work such as Justine Brown's work on Mindfulness for practitioners; Róisín noted the importance of practitioners understanding their feelings too. The presentation noted the importance of one stable committed adult in a child/young person's life; this could be a parent, or teacher, coach, grandparent etc. The next one day training session will take place at the end of September/start of October; if anyone is interest they should contact Róisín.

Edith asked how the clusters worked; Róisín noted that the clusters are currently based around, primary, post-primary and youth groups. Róisín noted that the programme is a yearlong and that it is £50 per delegate and £200 per school for one year support.

Members noted that this work fits well with other training such as Solihull and that it is important to identify which training is best for practitioners and what can be transferred to parents. A discussion took place about what is being done locally.

Caroline highlighted and shared the work that Glenbrook SureStart is being done with their messages of the month. September will be about reading, November is about screen time and she noted that they have developed a really useful booklet on screen time that might be able to be shared. A discussion took place on the importance of giving parents consistent messages and that they are often dealing with historic issues, and that no

one is a “bad parent” that it is important to build relationships to help turn the curve. She noted that there is a great thirst for parent positive supports.

Standards for Locality Planning - this is deferred to the next meeting.

Action Plan

Development of a charter/ positive statement/ framework around ‘good enough’ parenting

Una noted that the above presentation and discussion links in really well with the action in the plan around the development of a charter/positive statement. Members agreed that it would be useful to have a short life task group on this. Caroline and Natalie agreed to be involved in this; Una will email other members to ask them to be involved and then circulate dates for them to meet.

Kelly noted that the Action plan point on the Little Learners included Autism NI and that this needs to be removed. Caroline noted that other SureStarts are now looking at the Little Learner model.

Action: Una to make change to Action Plan

BHSCT IMH working group messages

Una and Natalie explained the background to this group and shared the key messages that are currently under development. Members agreed that they fitted well with the Solihull and 5-to-Thrive messages. *Baby messages* – fits well with Solihull training, and 5-to- thrive messages like that they are worded from the baby’s perspective. Good general universal messages but for parents with higher levels of need e.g. parent with LD would need to have these talked through about what these would look like. Positive messages for all age groups. *Parents messages* – positively received, discussed that these are good messages for all parents. Discussion that “Accept” should be replaced with “be aware” or “Acknowledge” these words would suggest being more nurturing to self instead of just “accept and get on with it” “suck it up” type message. Good universal message need a step process/tailored for specific groups, more targeted messages. Parents with LD may understand the Baby message better than the parent one. Like the inclusivity of “parent”. Good core foundation and practitioner use knowledge and skills to help

parents. Good that destigmatise talking about feelings and address isolation that is often felt by new parents. Good messages to “sow the seeds”

Discussion about the need for these messages to be regional, pooling of budgets, sharing of resources and give a collective message so that parents in different trusts (that could be divided by a few miles) are hearing the same messages to help with peer support.

Members strongly recommend regional approach as otherwise parents can be receiving different/perceived conflicting messages resulting in confusion so they end up doing their own thing. Members also noted that a regional approach was important as Solihull is being rolled out regionally too.

Action: Una to bring feedback to the IMH working group

Family Support Hubs Update

Lower North Family Support Hub – Edith McManus

There were 22 referrals last month, and Edith noted that the referrals have an increasing level of need. There are 5 referrals from CAMHS and some from Gateway too, it seems that the thresholds for these services are getting higher; this is having a knock on effect to hub members. There feels that there is a definite lack of services as many members have had to close to referrals. The main need is 1-1 family support. Edith highlighted that members are doing so much work on small amounts of funding and this is such a credit to them. Edith explained that the main age group of referrals is still 5 to 10 year olds and mostly boys. She also noted that many referrals have more issues than the presenting one on the referral forms. A discussion took place about how this could be recorded and communicated to funders. Members queried how thresholds for CAMHs and Gateway are measured and it was noted that anxiety isn't classed as a mental health. Jan-Marie highlighted the decreasing budgets and how this may create an increase of referrals to the hubs. Members all agreed that the Family Support Hub model really works and is so accessible to families who have never accessed services before.

Feedback from Belfast Area Outcomes Group

Una and Jenny gave feedback from the last Outcomes Group held in June; this was a workshop around their funding. The workshop included presentations from Maurice Leeson about the priorities of the CYPSP, Una

presented on the priorities of the LPGs and the gaps in services and unmet need, Gerry Largey presented about linkages and Karen Burns gave a detailed presentation about the Family Support Hubs. The OG looked at the needs of Belfast and what needs to be funded. Kelly noted that there was a discussion about the new deprivation measures.

Any Other Business

BCC Employability academies - Tony Kearns - highlighted the employability work being undertaken by the Belfast City Council to address unemployment in the city. (See presentation) The areas of need are Health and Social Care, Childminding, Hospitality and Transport. Tony noted that there will be a hospitality career and job fair Wednesday 26 September 2018 10:00am-3:30pm St. George's Market. Some of the supports include driving lessons. If anyone has any further queries please contact Tony on KearnsT@belfastcity.gov.uk.

Glenbrook SureStart – Caroline Milligan – noted that the SureStart are having a screening of the Resilience documentary for staff and local playgroups.

Barnardo's – Róisín O'Neill – noted that they are hosting a screening of resilience documentary with Ardbone Community Group on 22 August in the Hooben Centre. She also noted that they will be holding an information session on Universal Credit with principal's group.

Dates of Future Meetings

Tuesday 25 September	TBC
Tuesday 27 November	Currie PS