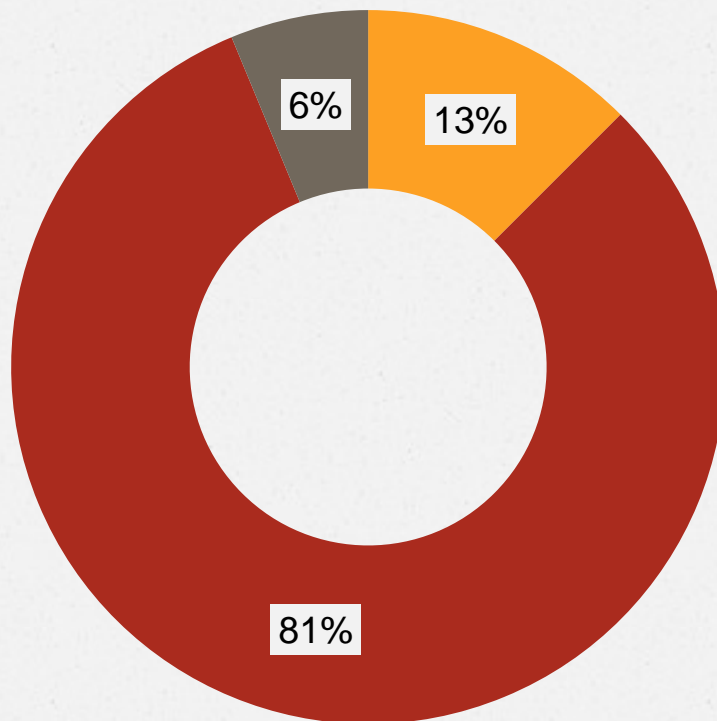




**Screening of Resilience:
the Biology of Stress and the
Science of Hope Documentary
and Discussion Panel on
Wednesday 14 November 2018**

Pre-Screening – How would you assess your awareness of ACEs?

■ No Awareness ■ Some Awareness ■ Good Awareness

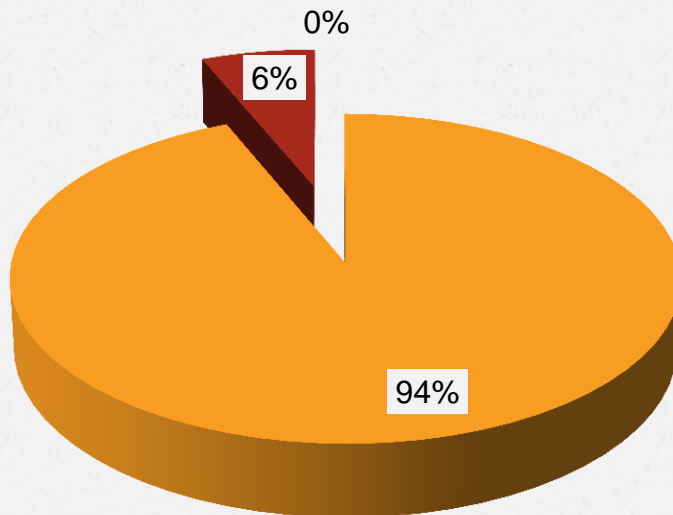


Comments:

- From previous training
- Research and studies
- Previous screening of documentary
- Self harm seminar for child protection
- Attended a presentation via LCC

After Screening – Has awareness of ACEs increased after the screening

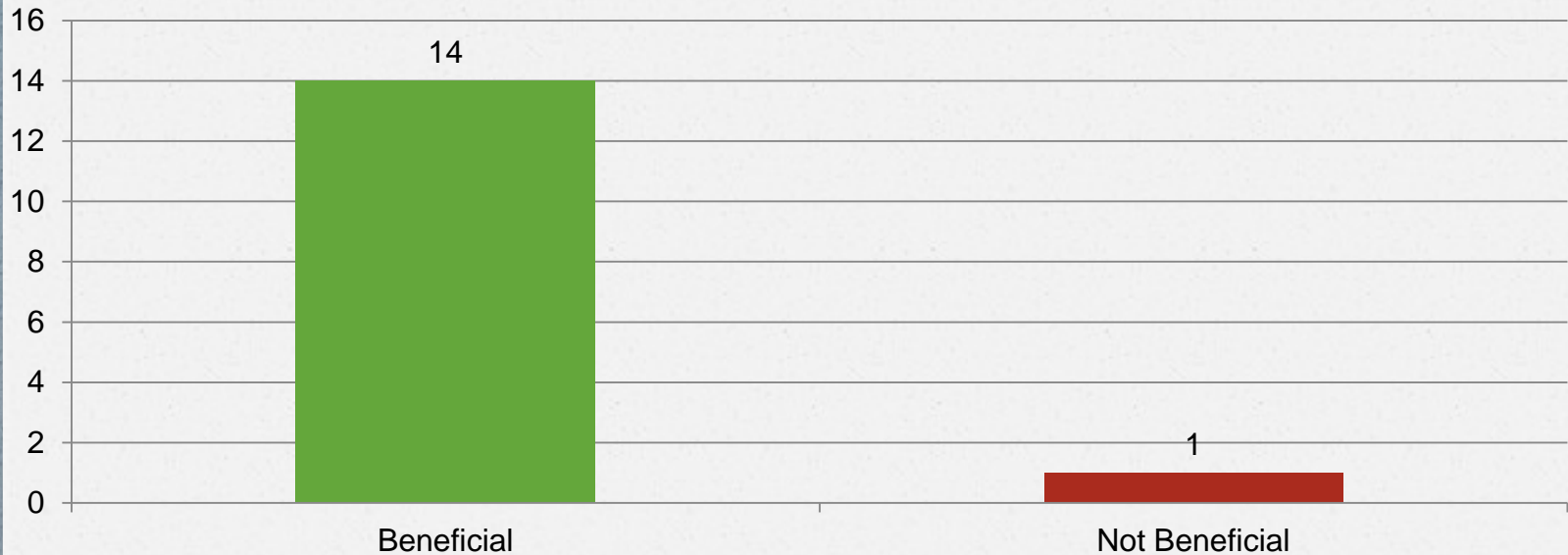
■ Increased ■ Stayed the Same ■ Decreased



Comments:

- Screening was very clear regarding ACEs and the need to allow this to inform work, education and life
- The impact on Lifetime health inequalities – prevention
- A fantastic documentary
- Much greater awareness of the levels of trauma. How it can have such a huge impact in lives
- More aware that my own experiences has impacted upon my own well-being. In turn I understand that my level of empathy arises from my own experience. Emotional Intelligence is so significant to bring about change

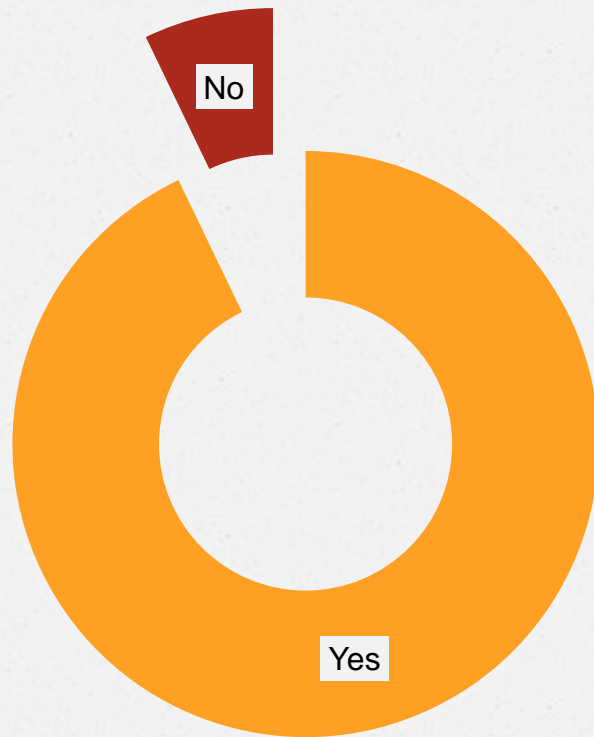
Beneficial to own work



Comments:

- I need to stop holding back, don't hide the past
- I am recently retired but this could help via my role as a councillor
- Principal of an inner-city school
- Beginning to raise awareness of possibly ACEs in the children that I work with
- Teacher and deputy designated teacher for child protection
- Parent of children who probably have a high ACE Score
- More Information to take away
- Very beneficial – Thank you!
- HOPE
- I work in Peace Building and I'm always keen to develop greater understanding of how to support individuals, families, communities, this has helped me consider the huge impacts of ACEs
- Very much so

Will you change any element of your working practice?



Comments:

- Be more trauma informed with everyone
- Motivated to research more, be more trauma aware and informed to influence my practice and develop new techniques and tools!
- Focus on the positive
- Research this more to see how I can help my children build their resilience
- Not completely relevant as I don't work, but has definitely raised awareness for me to help those young people I may come into contact with etc.
- Aware already of this
- Think of different strategies that can be implemented in the classroom to help children talk about their experiences
- Positive behaviour policy
- Miss Kendra's box – letters replied - asking question upon entering class each morning