

**MINUTES OF ANTRIM CHILDREN AND YOUNG PEOPLE'S
LOCALITY PLANNING GROUP MEETING**

**TUESDAY 4TH DECEMBER 2018 AT 10.00AM
IN ANTRIM HOMESTART**

Attending:	Selena Ramsey	<i>CYPSP</i>
	Mervyn Rae	<i>Antrim & Newtownabbey Council</i>
	Alison McDaid	<i>EA Youth Service</i>
	Marie McCloy	<i>Empower / NRC</i>
	Leeann Kelly	<i>ART / Victim Support</i>
	Charlene Mitchell	<i>Ballymena & Little Steps Surestart</i>
	Wendy Burgess	<i>Connections Services</i>
	Andrew Gamble	<i>PHA</i>
	Clare McKay	<i>NICMA</i>
	Karen Sykes	<i>Princes Trust</i>
	Mary O'Connell	<i>Homestart</i>
	Kelly Forsythe	<i>Antrim & Newtownabbey Borough Council – Health & Wellbeing</i>
	KerryAnn McElhone	<i>Antrim & Newtownabbey Borough Council – Health & Wellbeing Student</i>
	Sinead	<i>Parenting NI</i>
Apologies:	Beth Gibb	<i>Action Mental Health</i>
	Laura Crawford	<i>YJA</i>
	Nicola Newbury	<i>Women's Aid</i>
	Marie Caldwell	<i>NHSCT – FSIT</i>
	Grace McCann	<i>NIACRO</i>
	Chris Lindsay	<i>EWO</i>

WELCOME AND INTRODUCTIONS

Mervyn welcomed everyone to the meeting today and invited a round of introductions.

MINUTES OF PREVIOUS MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on **Tuesday 2nd October 2018**.

MATTERS ARISING

No matters noted.

SLEEP SCOTLAND TRAINING

Selena provided some background of the Sleep Scotland Training. Selena advised that there is a seminar on 11th March and shared the flyer.

YOUTH FAIR ANTRIM

Selena noted that she is changing post and CYPSP will not be able to facilitate this group. Selena asked the group if any member would be able to organise this on behalf of the group. Wendy from Start360 Connections Services to check with team and speak to Selena regarding this.

ACTION: Wendy & Selena

UPDATE – FAMILY SUPPORT HUBS

No update noted.

MEMBER AGENCY UPDATE

Alison McDaid, EA Youth Service

Updated we have a new full time Youth Worker starting 1st January 2019 in Rathcoole Youth Centre – this will mean we will soon have 6 nights a week centre. Also a new Area Worker starting in January in New Mossley/Ballyduff. We have refurbishments starting in the New Year in Bridge, Millgreen and Glengormley Youth

Centre. In the process of recruiting for Youth Councils in Antrim and Newtownabbey. Twenty-eight young people from Newtownabbey/Longlands/Ballymena and Larne went to Washington on a Global Service Learning programme in October mid-term.

Marie McCloy, Empower

New calendar of activities will be released on website www.empowernetwork.co.uk and Facebook page: empowerprojectlotteryfundedactivities in Antrim take place in Farranshane House

Leeann Kelly, Aggression Related Trauma (ART) & Victim Support

Provides 1-2-1 creative arts therapy and talk therapy to children and young people aged 8-20 years old, who are suffering trauma as a result of sexual or emotional or physical abuse.

Charlene Mitchell, Ballymena & Little Steps Surestart

Working across Antrim areas – Ballycraig, Newpark, Farranshane and Steeple, Ballymena

Supporting parents who are expecting and children until their fourth birthday. Family Support Services available, Home Play programmes, Parenting Programmes running including Nurturing Programme and Incredible Years. Health Services also provided – midwife, health visitor and speech and language therapist onsite.

Wendy Burgess, Stat360 Connections Service

Reducing risk associated with drugs and alcohol

Dry January events: 8th January Cookstown Burnavon, 14th January Mossley Mill, Newtownabbey

Responder training coming up in March 2019, see website for more details.

Andrew Gamble, PHA

Promote the free stop smoking service provided across Northern Ireland. Visit www.want2stop.info for details of services and information on stopping smoking

Clare McKay, NICMA

Trust completed round of safeguarding training with prospective in existing childminders in ASDA training rooms.

Next recruitment in Pre-Registration Briefing will be mid-January/early February 2019.

Karen Sykes, Princes Trust

Princes Trust has undergone a restructure across the UK changing the way we work with our young people. Each participant will have one staff member allocated to them throughout their journey with us. We hope this will give them a more consistent and positive experience. We will also be able to offer more programmes outside of Belfast and have some coming to Antrim in the New Year.

Mary O'Connell, Home Start

Currently working on Christmas Appeal – supporting families with toy and food hampers. Also concentrating on fuel poverty this year.

Recruitment campaign ongoing for new volunteers for 2019.

Waiting list for volunteer support is increasing.

Family Morning Group is very busy. Incredible Years starting again in January 2019.

Kelly Forsythe, Health & Wellbeing, Antrim & Newtownabbey Borough Council

Still offering home safety visits and energy efficiency visits to families. Small supply of keep warm packs left.

New Age Friendly Co-ordinator to work on making Antrim and Newtownabbey Age Friendly. Keen to engage in intergenerational work concerning older and younger groups.

Also working on Breastfeeding Welcome Here and rolling out Community Resuscitation Action Plan including engaging schools etc in CPR training.

Sinead Tumelty, Parenting NI

Time for Parents Support/Counselling is now available to all parents in Antrim – no matter what school or age their children are. To book an appointment, parents can call Freephone 0808 8010 722

Time for Me – Sinead can meet informally with parent over a cuppa to discuss any parenting issue and can outline what Families Together can offer or if appropriate can signpost to other services available locally. To book appointment, parents can contact Sinead on 078 8742 9015

Time for Children and Time Together – these programmes are offered by our partner organisation New Life Counselling and schools participating in our Project are able to refer children/families directly onto these programmes. Each school is allocated x6 places for Time for Children and x1 Time Together programme per year

Parenting Apart – We are currently running this programme in space offered by Home-start and will be running it again in Term 3. Parents can express interest on Freephone 0808 8010 722

Parenting Platforms – Parenting Café at Ballycraig PS on Wednesdays; Parenting Café at St.Joseph's/Greystone on Tuesdays afternoons; Drop in Parkhall Tuesday mornings; Plans to set up Walking Group are afoot! For more details contact Sinead on 078 8742 9015

Parenting Workshops: ongoing – details will be posted on website
<https://www.parentingni.org/parents/families-together/>

Families Together Fun Event – Over 170 participants attended our celebration in the Antrim Forum just before Halloween with 18 stands showcasing services and activities on offer to families from the local comm/vol/stat and business sector. Thank you to everyone who made it such a great event. Hope to see you there again next year!

Also Parenting NI offer lots of support, services & programmes across NI including Parenting Your Teen; Walking on Eggshells; The Dad's Project etc – check out <https://www.parentingni.org/programme-calendar/>

ANY OTHER BUSINESS

Newtownabbey Merge – it was agreed this should hold all until new staff member is in post.

Group agreed to continue to meet while the locality worker is recruited.

Mervyn updated on Festive of Light – two charities– Children Against Poverty and Homestart. All members are invited to support.

DATE AND TIME OF NEXT MEETING

19th February 2019 at 2pm in Homestart Antrim