

**Dungannon LPG**  
**Minutes of Meeting Thursday 8<sup>th</sup> November 2018 10am**  
**Gardner's Hall, Dungannon**

<b>Attendees</b>		<b>Apologies</b>
Jacqueline Connolly (SHSCT – Chair)	Laura Winter (CAWT CoH-Sync)	Pat McGeogh (Barnardos YPP, FSH)
Darren Curtis (CYPSP – Minutes)	Mark Doran (MUDC – Closing the Gap)	Joanne McCourt (BCM)
Lorraine Griffin (COSTA)	Nichola Verner (MUWA)	Kerry O'Hagan (CYPSP)
Sean Murray (Breakthru)	Bernadetta Kepa (STEP)	
Claire Jennings (EA EWO)	Annette McGahan (MUDC – PCSP)	
Lucinda Maginnis (Start 360)		

<b>Agenda Item</b>	<b>Discussion</b>	<b>Action – By Whom</b>
<b>Welcome, Introductions &amp; Apologies</b>	Jacqueline welcomed attendees Apologies were noted	Members were asked to sign in
<b>Speaker: Derek Conor SWC Laura Walker, CAWT CoH-Sync</b>	<p>Laura was welcomed to the Locality Group meeting. Laura works for CAWT on their CoH-Sync (Connected Health) programme.</p> <p>Connected Health operates in the Dungannon/Armagh areas. They carry out quick &amp; easy questionnaires covering 5 main points: Physical activity, diet/nutrition, smoking, alcohol &amp; mental health.</p> <ul style="list-style-type: none"> <li>- Aims to focus on the area of most need with targets set. 152 clients need to be reached across Armagh and Dungannon before Christmas 2018.</li> <li>- Tender in place in October 2018, volunteers being recruited – 5 to be recruited</li> <li>- Connect Health now working towards Christmas as a deadline or else all funding for provincial will be severely adversely impacted if targets not met.</li> <li>- After January 2019 a more detailed approach will be taken. The Assessment will involve 5 points of contact; this can be telephone or face to face. At the 5<sup>th</sup> contact the participant must be signed off. This means they have completed 5 sessions but the participants can return in January 2019.</li> <li>- The project met with 60+ group on 7<sup>th</sup> November. Three facilitators attended and supported the group to</li> </ul>	

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	<p>completed basic questionnaire and held general discussion. Once support is identified it can be as little or as much as the participant wishes. This is aimed at the age group 18+.</p> <p>Most of LPG members working with families e.g. WA, Start 360, and STEP – discussed the possibility of each group could introducing 6 people to the Connect Health programme. Bernadetta hopeful that STEP can provide a group.</p> <p>Laura's contact details are 02890329777 and <a href="mailto:Laura.winter@connected-health.co.uk">Laura.winter@connected-health.co.uk</a></p>	<p>LPG members to contact Laura with potential groups to participate in the programme</p>
<b>Previous Minutes</b>	<p>DC to send out IEF presentation by e-mail from last meeting</p> <p>Annette – correction to previous minutes Beam not Ream.</p> <p>Sean – amendment to minutes referrals from youth diversion officers not education officers.</p>	<p>DC to progress</p> <p>DC to make relevant changes</p>
<b>Action Planning 2018-20</b>	<p>Darren introduced the Action Plan for 2018-20, including priority areas of:</p> <ul style="list-style-type: none"> <li>• Address Risk Taking Behaviour by Children and Young People</li> <li>• Addressing mental health and emotional wellbeing amongst children and young people: focus on suicide, resilience and the impact of social media</li> <li>• Supporting Families</li> </ul> <p>Darren to speak with Chairs of all LPG's to look at a Trust-wide approach on the impact of screen time/internet use</p> <p>Discussion around replicating the Portadown Gets Active model for Dungannon locality.</p>	<p>Darren to update at next meeting</p> <p>Darren to progress PGA as an agenda item at next meeting</p>
<b>Family Support Hub Update</b>	<p>Pat gave apologies to meeting. Update to follow at next meeting.</p>	
<b>Southern Area Outcomes Group Update</b>	<p>The Task &amp; Finish Group for Enjoy and Play circulated a Survey Monkey questionnaire to compile a directory of available facilities for rent/hire/free for groups for community activities.</p> <p>RCN made a directory for venues in 2014 – DC to check if it is still online.</p>	<p>Darren to resend Survey Monkey link for completion</p>
<b>Member Updates and Emerging Needs in Dungannon</b>	<p>SM (Breakthru) – main issues locally include gambling and drugs, recently Pregabalin as an issue. Ongoing work with young people not attending school which may lead to EWO involvement. Parents work also needed. Currently no capacity to introduce parenting programmes. Could possibly convene a group for a parenting programme in Dungannon/Cookstown.</p> <p>SM, JC, DC to speak with Ascert/Parenting NI for appropriate programme, possibly safer internet usage</p>	<p>SM to link in with JC on available parenting programmes</p> <p>Progress next LPG meeting</p>

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	<p>LM (Start 360) – Emerging issue polydrug use: cannabis, alcohol, prescription medications.</p> <p>NV – Emerging issue of trauma in the family. Resilience very low as mum has been worn down. Difficult to get programmes which reach all or are effective for all. High prevalence of referrals and families in crisis with difficulties responding on a one-to-one basis. Continuing with Journey to Freedom and My Life My Choice programmes in January. Family support was at capacity until recently. 16 post primary schools participating with talks with students. Funding for 16 to 21 schools in Mid Ulster has been secured.</p> <p>BK (STEP) – Currently very busy, main issue is housing waiting lists with large number of referrals. BCM now unable to provide a family support service, which may have an impact on the number of referrals. Upcoming sessions for parents for Anti-Bullying Week and workshops in Dungannon and Cookstown. Homeless Week will include sessions on Knowing Your Rights on Housing as many families are on waiting the list but do not understand the points system. Language classes still on Saturday mornings for Polish and Russian.</p> <p>LG (COSTA) – Agree with gambling and drugs as main issues in the locality. Community Sector Training update on Reporting Adults' Safeguarding concern on Thursday 6<sup>th</sup> December 2018 at St Luke's Armagh PWB training room. LG to send details to DC for circulation.</p> <p>Open Door day on Wednesday 14<sup>th</sup> November 2018: one-one sessions and another in December on micro grant scheme, closed at the minute.</p> <p>JC asked for update from task group for Community Planning – Update to be sent. Main issues support required for maths &amp; literacy.</p>	<p>LG to provide update</p>						
<b>AOB</b>	<p>Updating of Google Diary on CYPSP website is not being accessed so will be replaced with block email containing all upcoming activities/events. This will commence early 2019.</p> <p>Start 360 – Dry January 18<sup>th</sup> January 2019 at Craigavon Civic Centre 10-1.30pm, lunch provided.</p>	<p>DC to notify members when this will commence</p>						
<b>Dates of 2019 Meetings</b>	<p>Dates for LPG meetings 2019: members to host meetings during the year – please notify Darren if interested</p> <table border="0"> <tr> <td>Thursday 10<sup>th</sup> January – at Breakthru</td> <td>Thursday 14<sup>th</sup> March venue TBC</td> <td>Thursday 9<sup>th</sup> May venue TBC</td> </tr> <tr> <td>Thursday 27<sup>th</sup> June venue TBC</td> <td>Thursday 12<sup>th</sup> Sept. venue TBC</td> <td>Thursday 14<sup>th</sup> Nov venue TBC</td> </tr> </table> <p><i>Thank you for your time and input!</i></p>	Thursday 10 <sup>th</sup> January – at Breakthru	Thursday 14 <sup>th</sup> March venue TBC	Thursday 9 <sup>th</sup> May venue TBC	Thursday 27 <sup>th</sup> June venue TBC	Thursday 12 <sup>th</sup> Sept. venue TBC	Thursday 14 <sup>th</sup> Nov venue TBC	<p>DC to notify all members of dates</p>
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