

# Minutes of the Northern Area Outcomes Group meeting held on 8<sup>th</sup> August at 2pm in the Boardroom, NHSCT Trust HQ

#### **Present:**

Veronica Callaghan NHSCT (Chair)

Nicola McCall MEA Council (Statutory)

Sharon Kirk Dalriada SureStart (Community)

Jenny Adair Northern Childcare Partnership (Statutory)

Grainne Keane Youth Justice Agency (Statutory)
Ruth-Ann Delija Action for Children (Voluntary)
Ivor Mitchell Carrick YMCA (Community)

Maurice Leeson CYPSP

Una Casey CYPSP (Note taker)

#### **Apologies:**

Helen Dunn HSCB

John Fenton NHSCT (Statutory)
Susan Gault NHSCT (Statutory)
Pamela Kirk Barnardo's (Voluntary)

Sharon Crawford NHSCT

#### Welcome and Introductions

Veronica extended her best wishes to Marie Roulston in her new role as Director of HSCB and explained that she was the Interim Director of Social Services in NHSCT.

## Minutes of the previous meeting

Held on 13 June was agreed as accurate.

## **Matters Arising**

ACEs – Maurice explained that there is a Regional ACEs Reference Group, Kieran Downey Director Women's and Children's Services in WHSCT chairs this group, he is also lead of Signs of Safety. The reference group includes membership from Trusts, HSCB, PHA, YJA, PSNI, PBNI. This group has been convened at the request of Hugh McCaughey (Chair of CYPSP). There are currently engagement sessions taking place with politicians, there has been a lot of interest



from them in ACEs. Maurice will be presenting to the All Party Group for Children and Young People about ACE. He also noted that Sean Holland announced that the ACE conference in November funding for the roll out of Trauma informed training lead by SBNI. These posts are currently being recruited with sectoral leads within Health, Social Care, Education and Justice. A discussion took place about were community and voluntary organisations fit in to this. Maurice also talked about the other big project CAWT (Cooperating and working together) MACE (Multiple Adverse Childhood Experience) which has significant investment from Interreg IV to work in the cross-border regions on MACE. It will be import for the OGs to keep abreast of these. Maurice talked about how research cautions on measuring ACE scores unless you can put in supports to help.

A discussion took place about Signs of Safety and connections to ACEs and also how Signs of Safety might impact on Community and Voluntary Sector. Veronica explained that Teresa O'Donnell is now in post and five Band 7s have been recruited. There is a regional steering group set up to begin the roll out. In the Northern Trust Magherafelt and Cookstown will be the first area. Each Trust will have a learning case which the core group will apply the model to. Once the model is embedded there will be a roll out across the Trust. There will be a single point of entry; discussions are ongoing about whether there is a better way than Gateway. The roll out will be gradual with ongoing training. The training has been very oversubscribed and it will be important to get things right with the learning case to understand the model completely. There is also regional training available. The learning case will include case conferencing, using UNOCINI, detailed minutes. Veronica noted that Teresa has worked on a whole systems chance in a previous role in London. It was also noted that the Regional Steering Group will work on identifying how to measure outcomes and what this will look like. Veronica explained that she felt it would be important for feedback to the Outcomes Group. Veronica noted that there was a 5 year change plan for Signs of Safety.

### **EISS**

Presentation has been shared with members and is available on the CYPSP website.

## Newtownabbey

The subgroup met on 26 June, this project, called Thrive, mainly focuses on educational outcomes of children and young people in Rathcoole and Monkstown, the funding for this project come to an end on 30 June.



Barnardo's have been leading this project, with funding from Antrim and Newtownabbey Council, PHA and Barnardo's. These have all been short term non-recurrent funding, which has created difficulties. Barnardo's held a celebration event on 15 June and feedback from this was there was great political support from the project. Claire Humphrey updated Una that she had recently had Positive meetings with DE, Council, DfC in August with lot of goodwill and need to look at mechanisms for funding. DE working on internal application. PHA is likely to fund.

## Feedback from public meeting on drugs in Antrim.

Veronica shared feedback from David Olphert who attended the meeting, he noted that the main focus was around addiction problems. The organiser of the meeting; GUS Health and wellbeing; closed down any discussion re potential CSE linked to this issue and advised that this was a PSNI matter. No decision around the recent suicides in the area. Members queried if there was any link from this organisation into the NDACT and what was their source of funding. Ruth Ann said she knew of the contact person Tracy and said she'd contact her. Grainne suggested that they need to link with Antrim and Newtownabbey PCSP. Grainne to ask the YJA Antrim and Newtownabbey area manager to raise this with PCSP as they have a subgroup on vulnerable people. She will also raise this with Jayne McConaghy PHA to link them with NDACT.

Action: Ruth Ann to link with Tracy in Gus Health and Wellbeing Grainne to raise with Jayne McConaghy (NDACT) and YJA Antrim and Newtownabbey Area Manager

## NI Children and Young People's Plan 2018-2021

Maurice explained that the Children and young people's plan is finalised and ready to go out to a 12 week consultation; he encouraged members to give feedback.

## **Overview of Mindfulness programme**

Sharon was unable to attend today's meeting but send an update to the group via email as follows.

The Coleraine group was the first to take place; an overview of this was circulated. Feedback below from Team leader Martina Boyle: There was a short timeframe to set up the group and attendees; it was hard to find a venue that suited participants. Some attendees felt uncomfortable in a group, the time was initially 3 hours which proved long for people so



was reduced to 2.5 hours; homework between sessions many found hard to complete, A more bespoke arrangement in one area i.e. Portrush rather than across the Northern sector might have worked better. Those who attended regularly really loved it and got a lot from it and gave them time out. Those that did not continue attendance had little to say about why not and did not actually have a criticism. 13 parents started the course with 2 completing all of the course. Sharon has asked the course leader for an evaluation of Coleraine sessions but has not received this yet.

Next group is running in Carrickfergus YMCA Duration 2.5 hours, 10-12.30pm with 16 parents identified. Group is for 14 but enrolled extra to allow for drop off. Dates: 24 Sept, 1Oct, 8 Oct, 15 Oct, 22 Oct, 29 Oct. A discussion took place with members noting that the calling it "homework" could be off putting for attendees and that if there weren't able to complete the homework they might've been put off going the following week. Veronica agreed that it would be import for a full evaluation of this to be brought back to the Outcomes Group. Members queried if there was respite for the child with disabilities built into the course to enable parents to attend, and if there was childcare for any other children.

Action: Sharon to provide full evaluation to the Outcomes Group

Jenny highlighted that the Childcare Partnership's grant scheme was very oversubscribed; 89 applied with funding available for 42. This highlights an area of unmet need. This is a regional grant scheme and Jenny would lead on the administration of the grant scheme on behalf of all 5 childcare partnerships. Many children were either going through a diagnosis for ASD, and there were many for children with Down 's syndrome and some very rare complex diagnoses. Many parents are indicating that they would prefer for their children to attend mainstream pre-pre/pre-school. She highlighted that need for providers to become more inclusive. Maurice noted that the Hubs had asked that disability on their quarterly returns is broken down further than the original breakdown of physical, learning and sensory, to include ASD, ADHD and acquired brain injury.

Jenny explained that the grant scheme was opened to play groups, daycare, after schools clubs, and private daycare but not to childminders. The grants are to enable these providers to offer additional support including staffing. She noted that it seems that Trust thresholds for disability services are increasing and this is reflected in the grants. Ruth Ann queried if there was a geographical trend to this or



if the mother's age of the child was included, Jenny explained that this wasn't collected. She did note that information from the grants was being collated and could be shared with the OG when ready. She also noted that a member from the disability team and from AHP were on the assessment panel for the grants. Maurice noted that 19% of children referred to the Family Support Hubs have a disability. He noted that through the Southern Area Outcomes Group there had been engagement event held through the Locality Planning Groups there to highlight inclusive work that is taking place in that area and help providers share learning on how to become more inclusive. Una to contact the Locality Planner in the Southern area to learn more about this event and to share this with NAOG.

Veronica suggested that the next NAOG meeting should be specifically on disability. Grainne highlighted that there was a CAMHS worker with YJA especially for young people with disability. Veronica, Maurice and Una to have a further conversation outside of this meeting about an awareness raising workshop, and also work out what the group wants to get out of the disability themed meeting.

Members suggested that Kieran McShane could attend the next disability themed meeting.

## **Cycle of Membership.**

Maurice reminded Voluntary, Community and BME sector representatives that they all need to reapply for the new term of membership. Ivor queried if a member hadn't completed a full term (three years) did they have to reapply, Maurice confirmed that yes they did. After the closing date CiNI, CYPSP staff with do an initial sift of nomination forms and then the chair will have the final sign off on them. Locality Planning Group Chairs will now be members on their own right and do not have to represent a sector (or apply) statutory members do not have to apply either.

## Locality planning updates (deferred to October meeting)

Selena is currently off on term time leave so the LPG Update has been deferred.

# **Any Other Business**

Bi monthly Family Support Hub Newsletter

It was noted that if members have anything they would like to have included in the newsletter to forward it through to



<u>Stephanie.thompson@hscni.net</u>; this would include new services, projects, signposting to resources etc. Members discussed how useful this newsletter was and asked could it be uploaded to the Family Support NI website, Jenny noted that the website is currently being updated and will be relaunched.

#### Celebrating Collaboration Event on 15 June.

Maurice noted that he has just signed off on the report from this event, Veronica explained that this event mainly focused on children with very complex health needs and disability. She highlighted that there was a presentation from a parent that noted that importance of breaks, trusted people to talk to, and respite and 1-1 personal contact and practical help. There also a presentation on the impact of poverty. Discussion took place about the increasing use of foodbanks and fuel poverty. Nicola noted that the MEA Council have store packs that people can avail of and also they run cooking classes etc. Sharon highlighted that the SureStarts often run Cook-it classes too. Ruth Ann noted that often resources where targeted at areas of deprivation but there is a large increase of working poor living outside these areas.

Maurice highlighted that Locality Planning Groups in the SEAOG area have been running uniform recycling days, which have proved very successful, and will help take some financial stress off families with the cost of uniforms. These LPGs have found holding these in venues not in the schools have really appealed to families. Members discussed the high costs of school uniforms and noted the recent report by NICCY on the cost of uniforms and a school day.

Date of Next Meeting – 10th October 2018 at 2pm in the Boardroom, Trust HQ, NHSCT, Bretten Hall, Antrim

Veronica Callaghan

Interim Director WCF Division/Exe. Director of SW