

**Northern Area Outcomes Group Meeting held on Wednesday 13<sup>th</sup> June 2018 at  
2pm in Bretten Hall, Northern Health and Social Care Trust Headquarters**

**Present:**

Marie Roulston	NHSCT (Chair)
Helen Dunn	HSCB
Pamela Kirk	Barnardos
Grainne Keane	YJA
Ruth-Ann Delija	Action for Children
Una Casey	HSCB – CYPSP
Sandra Anderson	Participation Officer CYPSP
Susan Gault	NHSCT
Nicola McCall	MEA BCouncil
John Fenton	NHSCT – Safeguarding
Maurice Meehan	PHA
Sharon Crawford	NHSCT – Disability
Sharon Kirk	Dalriada Surestart

**Apologies:**

Frances Donnelly	EANI
Hugh Nelson	NHSCT – Community Wellbeing
Maurice Leeson	HSCB – CYPSP
Ivor Mitchell	Carrick YMCA
Selena Ramsey	Locality Planner CYPSP
Jenny Adair	NCP/HSCB

The forum acknowledged Billy McMillan, Barnardos contribution to the group over the years. Billy had been a proactive member of the Northern Outcomes group and will be missed. Pamela Kirk, Barnardos welcomed to the forum.

**Welcomed Amanda McClean, EISS to the forum. Amanda presented with respect to the EISS and outlined the key finds for the QUB Evaluation. The service was well received across all pilot sites and analysis of data confirmed that the service was addressing unmet need. The evaluation identified positive outcome from the perspective of practitioners, managers, families and referral agency. Parents were positive about the impact the service had had on their families, in that it was viewed as non-stigmatising, non-judgement. The flexibility of the service was a highlighted positive. The positive working relationship between the EISS and family support hubs was also noted. The use of the outcomes star was welcomed by both practitioners and families,**

allowing families/service users to visually review the progress being achieved, however it was noted that observations detailed on the presentation should be treated with some caution in the absence of a control group. A number of recommendations were identified coming out for the evaluation as detailed and Amanda emphasis that the success of the service requires a whole system approach where other appropriate resource at available locally for staff to refer families too.

Investment available to 2020, service would be viewed as critical to the infrastructure to support and empower families with emerging vulnerabilities. Decision to be made as to how Trust wants to take service forward in the future following cessation of funding, need to review own CISS and look at opportunities to incorporate into existing service (see attached presentation).

The cessation of funding stream to support EITP workstream 1 and workstream 3 was noted. Work under workstream 1 to be subsumed by existing service and work under workstream 3 being subsumed by Pause project.

Further discussion required at a regional level with respect to potential co-investment, co-production approach with in Trusts/HSCB and PHA moving forward.

### **Minutes of Previous meeting**

The minutes of the meeting held on 13<sup>th</sup> April 2018 were agreed as accurate.

### **Matter Arising**

- Discussion re-funding opportunities for project to improve outcomes for C&YP in Rathcoole and Monkstown. In principle as a forum, the group would be supportive of project. Funding due to end in June, subgroup establish to look at potential funding to retain project, locality would be an area of deprivation. The subgroup agreed a number of actions to progress:
  1. Selena Ramsey to lead on building into LPG for Rathcoole/Newtownabbey area, creating opportunity of accessing Locality planning fund monies.
  2. Maurice Leeson had reviewed the fresh start funding opportunity with respect to progressing an application. Maurice currently in discussion with Fresh Start with respect to support to children, young people and families under locality planning. It was noted that the project could be aligned with the funding coming in under LAC with respect to school

nursing, involving a School nursing being based in Abbey college and working with feeder primary schools. The potential of accessing small funding streams under Child health was also noted.

Subgroup to progress identified actions.

Mrs Roulston noted upcoming celebratory breakfast on the 15<sup>th</sup> June at Abbey community college with respect to the project. Details circulated to forum.

- **Steps to cope** - Ruth-Ann reiterated that those staff already trained were not aware that they had to provide feedback. Programme has now closed.
- **CRUN** – to attend today's meeting and present re BEE project (building Employment through Education).
- **Mindfulness for parents of children with disabilities.** S Crawford to provide overview at August meeting, however noted -
  - some drop out from programme
  - further roll out planned for over summer period
  - Outreach provided by Cedar, meeting with them to coordinate next 12 week programme.
  - Emma Ferris undertaking gatekeep role in Carrick locality and waiting list for the programme in place.
- **ACEs/Signs of Safety**
  - Transformational funding allocated through SW strategy to provide training on a multi-disciplinary basis
  - Trust has successfully appointed Band 8a SOS implementation officer (Theresa O`Donnell)
  - Formal launch of SOS scheduled for the 27<sup>th</sup> June
  - roll out of programme will be geographical, with Mid Ulster being identified as first locality – focus of training has been in this area, training to date has been key SW staff only, however from September training will be available to other disciplines /agencies. Theresa O`Donnell, SOS implementation officer to lead of multi-disciplinary/multi-agency workshop following summer period, invites to be forwarded to PSNI, EA and PHA.
- **Cycle of membership**
  - to be raised at upcoming LPG, it was agreed that it would be beneficial for LPG chairs to join this forum
  - Keen to see greater input from the voluntary sector

## **AGENDA items**

### **CYPSP Plan**

2018-2021 plan due for sign off in June, it was agreed that it would be useful to set some time aside at the August meeting to discuss.

### **NHSCT Public Health Nursing Health weight programme**

Report reflecting the work of the school nursing team in completing year 8 health appraised and addressing obesity shared. Study of trends across the trust has demonstrated a 6% reduction in the level of combined overweight and obesity in Year 8 pupils in 2016/17 at 22.7%. This is the lowest rate recorded to date in the trust indicating an overall downward trend. The regional prevalence is 27.7%. Obesity has decreased by 3% and overweight has levelled out at 10%. Detail outlined in shared report. Health lifestyle tool kits distributed to all schools in the Northern Trust locality which can be used to support change.

### **Amanda McAuley joined the meeting to present re BEE project (building Employment through Education) see attached presentation**

The Bee project is an education based initiative funded through the Northern Social Investment Fund Zone. It is aimed at breaking the intergenerational transfer of disadvantage from parents with poor literacy, language and numeracy skills to their children. Project was carried out in a two staged approach to reengage disengaged adults in the education process and to build opportunity for subsequent employment through education in order to reduce deprivation, increase skills and enhance employability. Evaluation of project ongoing, which will be shared once available. Project looking for some short term funding. It was noted that the presentation had highlighted some recurrent themes and the work of the project was acknowledged by the forum. It was noted that it would be useful to link in with the super councils to tap into school investments as the Councils key objectives (detail in council plans) would align with the work being progressed.

### **Hidden Harm project**

No further update

### **Family support Hub update**

Funding confirmed on a recurrent basis to support the hubs. Bi monthly newsletter shared. In 2017/18 FSH across NI received over 6681 referrals. Northern area report to be developed detailing trends and outcomes over the previous year, will be

shared once available.

### **Locality Planning update (see attached report)**

Noted successful ACEs screening across all Locality areas.

Gaps in services /emerging needs highlighted across all areas include:

- Resilience
- Mental health support for young people

These would also be identified priorities for the Department of Health and Education authority - note ongoing discussion/work around development of mental health framework for schools in NI.

### **AOB**

1. Social Media (Infant Mental Health awareness week) – noted positive campaign with a good level of response
2. Noted concern raised by 2 councillors at recent event, pressure from drug dealers and links to recent deaths in Antrim. Public meeting being scheduled for the 21<sup>st</sup> June at 7pm in the Stiles Community centre to allow for public debate. Oscar Donnelly to attend and it was agreed that it would be beneficial for representation with respect to children and young people. Noted the potential for sexual exploitation in term of access to drugs.

### **Date of the next meeting:**

8<sup>th</sup> August at 2pm in the Boardroom in Trust HQ, Bretten Hall. Sharon Crawford to provide overview of Mindfulness programme.

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Marie Roulston  
**Director of WCF Division/Ext. Director of SW**