

**CHILDREN'S SERVICES PLANNING  
MINUTES OF CAUSEWAY LOCALITY PARTNERSHIP  
WEDNESDAY 26<sup>TH</sup> SEPTEMBER AT 10.00AM  
BALLYMONEY RESOURCE CENTRE**

<b>Attending:</b>	Selena Ramsey	CYPSP
	Tanya McVicker	EWS EA
	Paula Rogan	PHA
	Beth Gibb	AMH
	Alex Divers	Community Inclusion
	Lisa Harris	CC & Glens BC
	Deirdre Bradley	EA
	Helen Christie	CKNN
	Maureen McCaughern	Coleraine Home Start
	Michele Loughre y	YEAR @ Crun
	Adele Fulton	EWS SAM Co-Ordinator Project
	Cynthia Currie	Ballymoney High School
 <b>Apologies:</b>	Ian McAfee	NHSCT
	Sandra Anderson	NHSCT
	Emma McElhone	NHSCT
	Sharon Kirk	Dalriada Rural Surestart
	Karin Eyben	Corrymeela
	Martha Anderson	EWS EA
	Veronica McKinley	NACN
	Rhonda McMullan	Barnardos

**WELCOME AND INTRODUCTIONS**

Selena welcomed everyone to the meeting and invited a round of introductions.

## **REVIEW MINUTES**

The minutes of the previous meeting held on Friday 8<sup>th</sup> June, 2018 were reviewed and agreed as being a true and accurate recording.

## **MATTERS ARISING**

ACEs - Selena noted that there is another regional event around this topic and she will keep the group informed of any outcomes.

## **ACTION MENTAL HEALTH – BETH GIBB**

- Beth provided background to Mental Health and the programmes available from Action Mental Health to support. Selena to circulate.

**ACTION- Selena**

## **BUSHMILLS CHILDREN AND YOUNG PEOPLES COMMITTEE**

No updates discussed.

## **CHILL AND SPILL INITIATIVES UPDATE**

Ballymoney High - focused on year 8 pupils.

- Approximately 30 per year. Topics include resilience and bullying.
- Much better with younger age with older and young people supporting.

## **FAMILY SUPPORT HUB UPDATE**

Selena to query an update with Phil. Group noted Judith Gamble has changed post.

## **PARENTING PROGRAMME**

Selena noted that she has contacted Jayne Colville re what is available locally.

Parenting your teen will be running from January locally and there is a Strengthening Families underway. Homestart noted they will be running IY's.

Child Early Intervention Service (CEIS) Parents Plus programme – including children's and parenting when separated is now available.

CEIS are also delivering IY's and will also be trained in IY's Autism, speech and language delay and delivering from January onwards

There is also the sleep service getting up and running too

In terms of criteria / examples of who can refer

- GPs/social services/head teachers, teachers/school counsellors / EWO's/ Vol and community organisations /  
*No self-referrals*

Selena circulated a referral form.

## **SLEEP SCOTLAND**

Selena provided a background to the work of Sleep Scotland. Some handouts were shared to encourage conversations with young people on the topic. Selena noted that there may be additional training offered for locality members and encouraged attendance. She showcased the information which is made available on completion. Selena will forward information when available.

**ACTION: SELENA**

## **MEMBERSHIP UPDATES**

Jonny Bingham (Acting Principal)

- Replacing Cynthia Currie as Ballymoney High School representative.

Adele Fulton (EWS)

- Continue to support school age mothers in education via
  - o 1-1 support

- Group/peer support
- Child care etc.
- Continue to facilitate 48 transition workshops in post-primary school.
- Continue to facilitate CSE workshops in post-primary schools.

#### Tanya McVicker (EA EWS)

- Education Welfare Officer for EA.
- No updates discussed.
- Cynthia - restructure practices are funding this.

#### Helen Christie (CRUN)

- BRAKE Project Building Resilience and knowledge in education starting 8<sup>th</sup> October - PYDP and IFI. 16-25 years – Good Relations/Personal Development/Employability skills.
- Based in CRUN, Coleraine.  

“To help YP build and develop life skills that foster good relations, build confidence and make them more employable”.

#### Michele Loughrey (YEAR)

- In additional year 6. 14-21 years and CC & EC area. Application for new project submitted to Big Lottery - awaiting decision.
- One to one support - no longer available at this late stage due to staff changes and evaluations.

#### Deirdre Bradley (EA)

- Sunlea Youth Centre is now operating a freestyle Friday project to engage young people 9-13 and 14-18.
- EA are co-ordinating rural research to identify and devise policy and plans to meet needs of rural young people.

### Lisa Harris (Causeway Coast and Glens)

- Peace IV Partnership Arts programme for young people. Information with me today- contact Bernice McCloskey and Elaine Gaston 0282076 2225 for more information and to book.
- All community grants re opening in December.
- Any community groups requiring support in any way. Please contact us – Lisa Harris, Ballycastle Office or Catherine Farrmond, Limavady Office.
- Financial governance training available in November in 3 locations.
- Details will be shared on the council website.

### Alex Divers (CEDAR)

- Cedar is delivering 30 hours per week. Shortbreak services to children and families in the Moyle and Glens area. Currently at capacity but open to referrals. For physical ASD and sensory. Young people contact Alex on 07595202736 to discuss referrals.

-

### Maureen McCaughern -

- Core Services remain home visiting with large waiting list, hope to decrease by end of September.
- Increase in complex families – multiple health and disability needs.
- Family group sessions have increased from 2-3 per week. 1 quiet session to accommodate shy/unsure parents.
- ART Project (part 1) August funded by CCGC. Part 2 in October.
- Scheme outing -
- Family Fun Day funded by CYPSP October in Causeway Hotel.
- Volunteer recruitment in Autumn to maintain numbers of around 30.

### Beth Gibb (Action Mental Health)

Awareness of:

NI Action Mental Health initiative - 8-25 years and adults healthy ? P5, P6 and P7.

Mindset - 14-17 and adults.

Empowering and engagement, raise awareness of mental health.

### **ANY OTHER BUSINESS**

- Food banks are linking in and offering with boxes.
- Period Poverty. Selena highlighted that the issue has been brought to our attention.
- Beth noted that Womens aid with Ballymena have a programme

### **DATE, TIME AND VENUE OF NEXT MEETING**

The next meeting is to be held on Friday **7<sup>th</sup> December, 2018 at 10am** in Ballymoney Resource Centre.