

Northern Area Outcomes Group

Building Inclusive Services for Children and Young People



Our Vision:

The Northern Area
Outcomes Group
will promote better
outcomes for children
and young people by
supporting them and
their parents / carers
and those working
with them to
nurture their
development

Priorities from the Northern Area Outcomes Group Action Plan 2017-2020 relating to today's event



Eight Parameters of well-being

as defined in the Children's Services
Co-operation Act (NI) 2015



Antrim and Newtownabbey Borough Council

Accessible Council Services

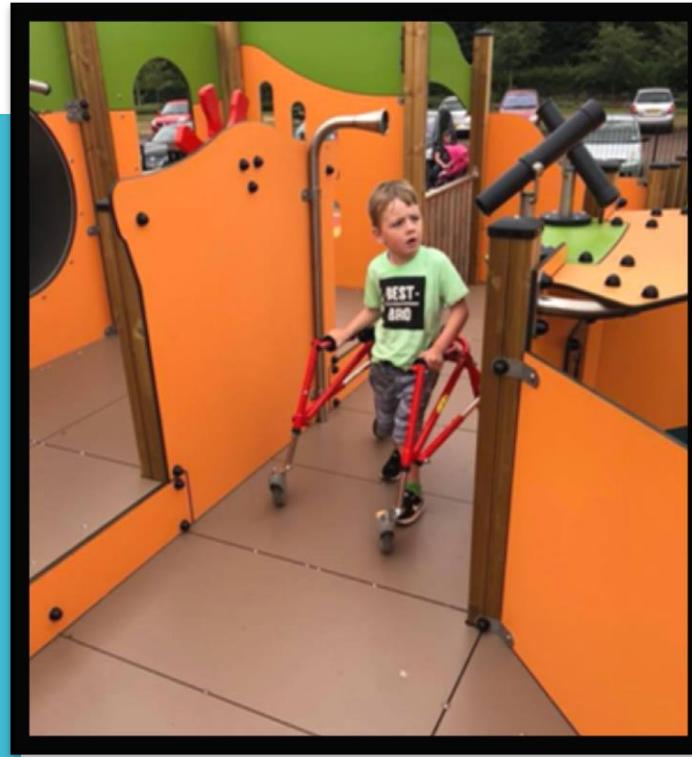
Ellen Boyd

Customer Accessibility Officer



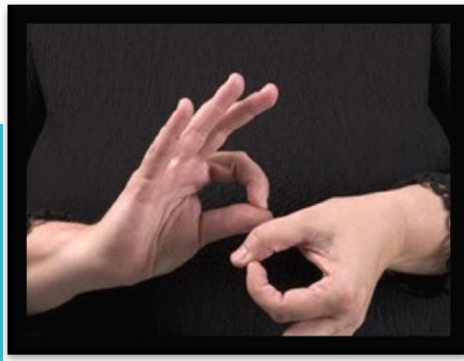
Accessible Council Services

- Summer Scheme Provision
- Leisure Programmes
- Building and Facility Adaptations
- Play Park Inclusion



Accessible Council Services

- Inclusive Events
- Staff Training
- Work Placements
- Interview Adjustments
- Staff Support



Working in Partnership

#Creating Change Together

Alix Crawford
Chairperson
Mae Murray Foundation



- Who are we?
- What do we do?
- Partnership with Council
 - Inclusive council: sharing our vision
 - Accessibility Officer
 - Changing Places
 - Building communities & inclusion through joint events
 - Providing permanent free resources for families & community groups

Working in Partnership

#Creating Change Together



Thank you

Ellen Boyd

Customer Accessibility Officer

Alix Crawford

Chairperson -Mae Murray Foundation



YOUNG PEOPLE & ASD: INCLUSION AND PARTICIPATION IN YOUTH WORK

GILLIAN BOYD

CEDAR FOUNDATION





SESSION CONTENT

MULTIPLE REALITIES OF YOUNG PEOPLE WITH ASD

INCLUSION & EXCLUSION: AN ISSUE OF SOCIAL INJUSTICE

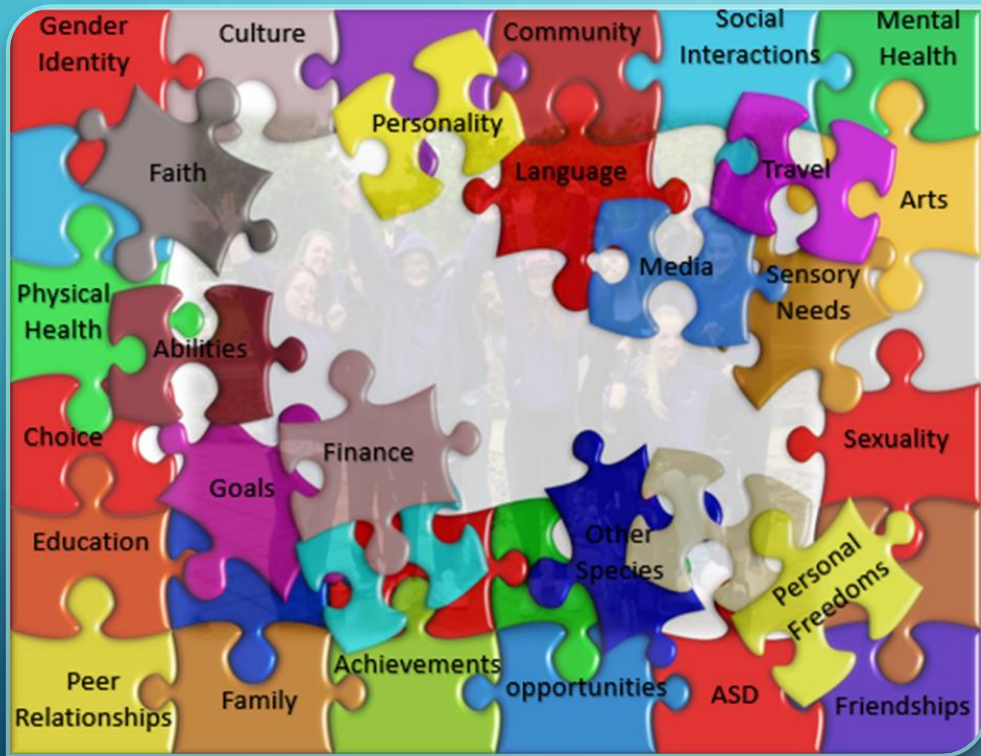
STEPS TO INCLUSION

AMAZING THINGS HAPPEN

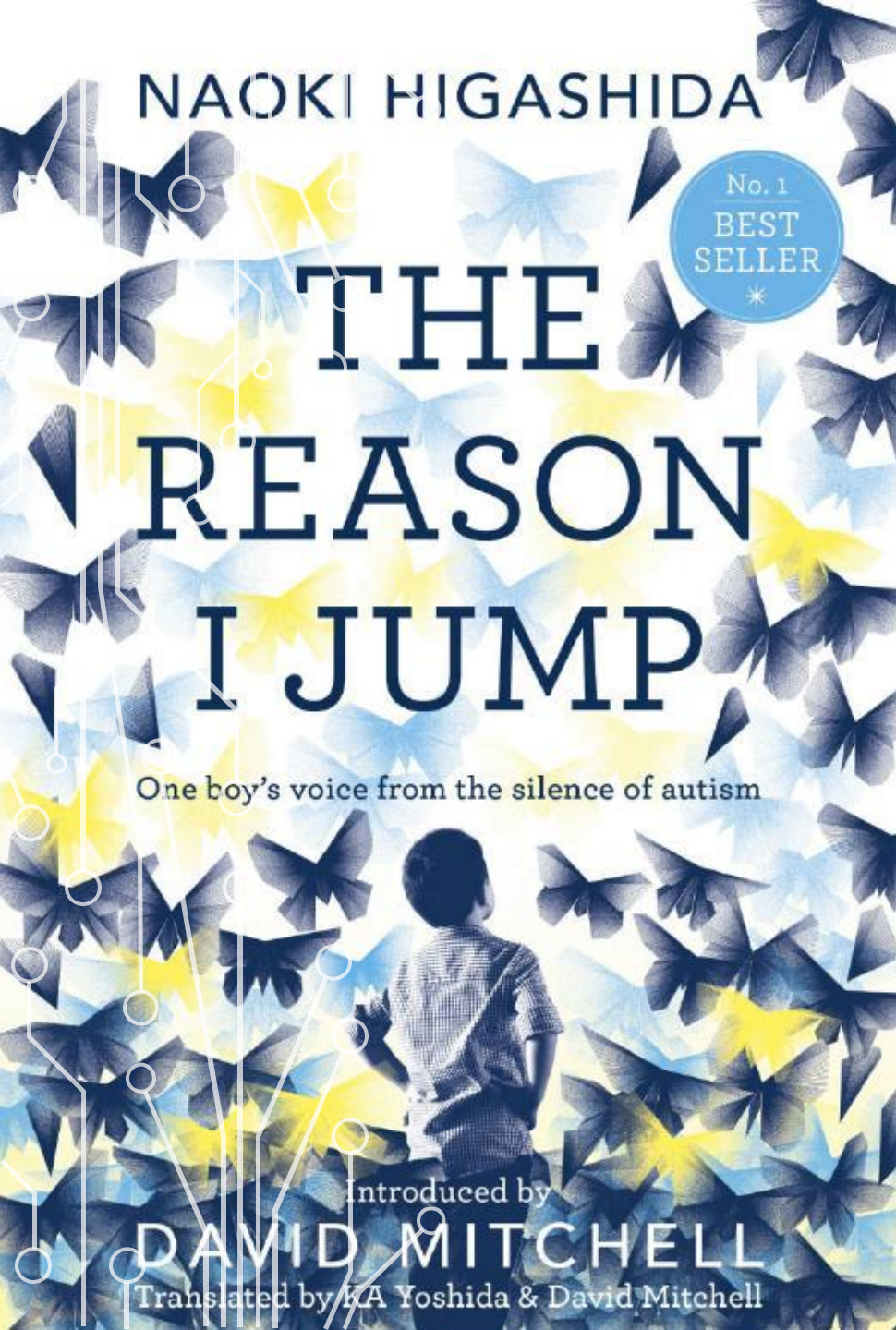
ACTION PLANNING



MULTIPLE REALITIES OF YOUNG PEOPLE WITH ASD



- The intersectionality of young people with ASD is often overlooked.
- The issue/area of need for a young person with ASD is not always their ASD.
- Preliminary research shows there is increased gender diversity than within the general populous. (Strang et al, 2014)
- Access to support services etc is vital to ensure young people with ASD can flourish and meet their full potential.



INCLUSION & EXCLUSION: AN ISSUE OF SOCIAL INJUSTICE

Do you prefer to be on your own?

“Ah, don’t worry about him — he’d rather be on his own.”

How many times have we heard this? I can’t believe that anyone born as a human being really wants to be left all on their own, not really. No, for people with autism, what we’re anxious about is that we’re causing trouble for the rest of you, or even getting on your nerves. This is why it’s hard for us to stay around other people. This is why we often end up being left on our own.

The truth is, we’d love to be with other people. But because things never, ever go right, we end up getting used to being alone, without even noticing this is happening.

Whenever I overhear someone remark how much I prefer being on my own, it makes me feel desperately lonely. It’s as if they’re deliberately giving me the cold-shoulder treatment



INCLUSION & EXCLUSION: AN ISSUE OF SOCIAL INJUSTICE

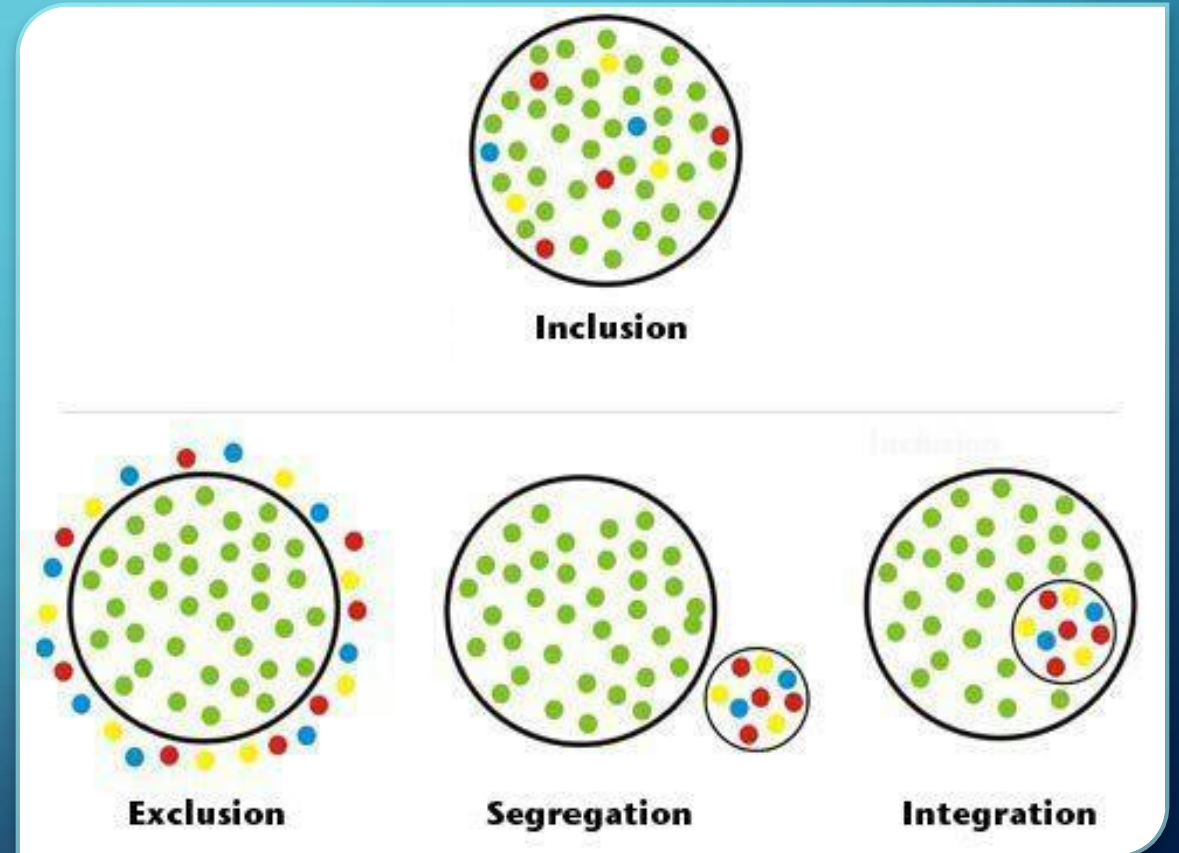
Exclusion

Exclusion is not simply 'Not being included.'

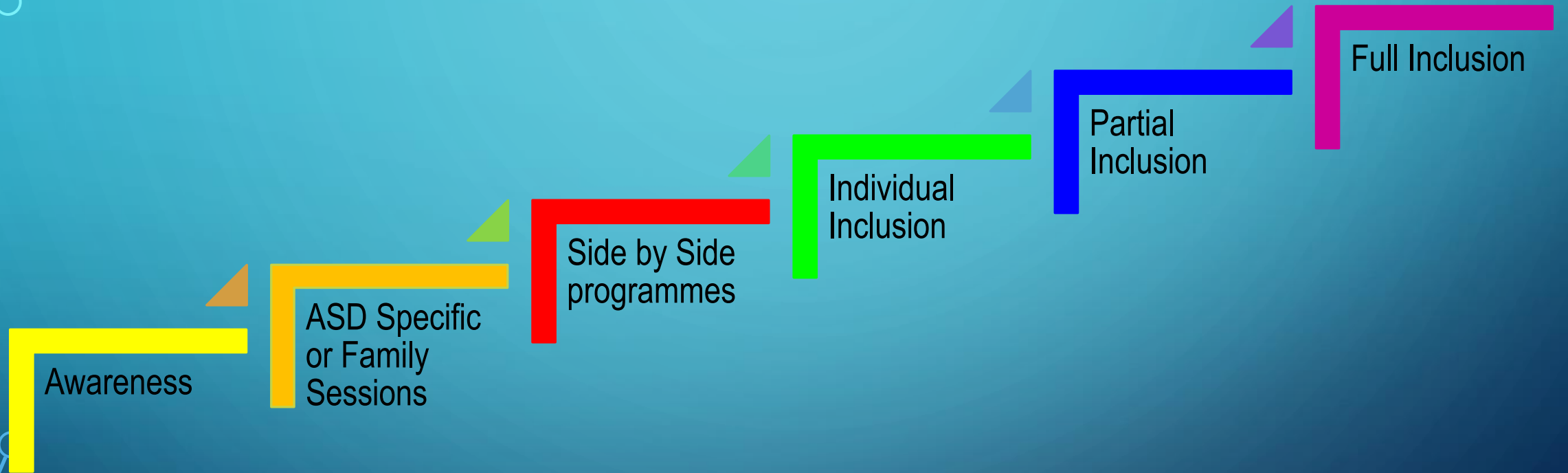
- Exclusion is isolation
- It is a fuel for mental health issues.
- It erodes the young persons agency and stunts the ability to develop and maintain relationships.
- It denies young people the opportunity to reach their full potential in adulthood.
- Exclusion is a social injustice done to young people.

INCLUSION & EXCLUSION: AN ISSUE OF SOCIAL INJUSTICE

Full inclusion of young people with ASD means providing the opportunity for young people to reach their full potential with the support and encouragement needed for young people to fully participate in all aspects of youth work at the level of engagement they choose.



STEPS TO INCLUSION



STEPS TO INCLUSION

Steps to inclusion	
Awareness	Preparing staff and young people for inclusion. ASD awareness training Examination of policies and practices
ASD Specific or family sessions	Offering session for young people with ASD and/or their families. This develops a relationship with staff and creates a familiarity with the venue. It is also an opportunity to assess the sensory environment and identify any gaps in staff knowledge or training.
Side by Side programmes	Developing a small scale project for young people with ASD to work alongside a small group of peers without ASD. This can be done with a partner organisation. These programmes build confidence and capacity of both groups and facilitate relationships.
Individual Inclusion	Young people with ASD who feel ready and can be supported are provided the opportunity to participate in main programmes.
Partial Inclusion	Young people with ASD are included in the main programmes offered with support provided but there may be some limitations i.e. outside support on temporary basis or carer support for trips/residentials
Full Inclusion	Young people with ASD can fully participate in main programmes with all required support provided by the centre/organisation staff.



Cedar Foundation

Gillian Boyd

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Making an Impact on Autism Accessibility



Christine.English@autismni.org



@AutismNIPAPA

“Autism NI exists to support individuals with Autism and their families and campaigns to raise awareness of Autism within the wider society”



Our vision is an equal society in Northern Ireland where barriers to those living with Autism are removed and equality of access to rights and opportunities protected and enforced.

Barriers to Accessibility



- Hidden Disability – Judgement
- Communication
- Sensory Differences
- Visitor Information
- Disclosure

Why become more Accessible?

- Equality Legislation
- Open to everyone in the community
- Spending Power
- Staff confidence
- Worthwhile Investment

How we can help

The Autism Impact Award celebrates and promotes Councils and organisations that support the Autism Community.



Through the Impact Award scheme, Autism NI works in partnership with you to create a bespoke package of training and support to enable you to improve Autism Accessibility.

Your Commitment to Autism

Your organisation has committed to:

- **Staff Training** to ensure all staff are Autism Aware
- Providing **adjustments to the environment** to help individuals with Autism use the premises
- Ensuring appropriate and individualised **customer service** and communication that assists people with Autism
- Creating an environment where people feel comfortable **disclosing their diagnosis** of Autism. This includes customers and employees who have a diagnosis of Autism.

Comprehensive support available

- **Full day Autism training for staff**
- Two staff members will become 'Autism Champions' and will receive an AQA accreditation
- **A bespoke action plan for your organisation to address specific needs within your own unique setting**
- On completion of action plan, organisation will achieve the Impact Award status
- **Follow up support and promotion for 3 years will be provided in order to ensure maintenance of their gold standard approach to accessibility**





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Good Practice: Communication Passport

ALL ABOUT ME

I am going to:

I will get to the airport by:

My flight takes off at:

My journey will take:

I am travelling to:

I am going on holiday with:

I am staying at:



MY AIRPORT PASSPORT

HELLO!

Welcome to the City of Derry Airport.

We endeavour to make your visit safe, and most of all, enjoyable for you. We pride ourselves on offering fantastic customer service.

I enjoy:

Things I dislike:

COMMUNICATION

I prefer to communicate through

<input type="checkbox"/> Face to face	<input type="checkbox"/> Email
<input type="checkbox"/> A family member/friend	<input type="checkbox"/> Text
	<input type="checkbox"/> Phone call

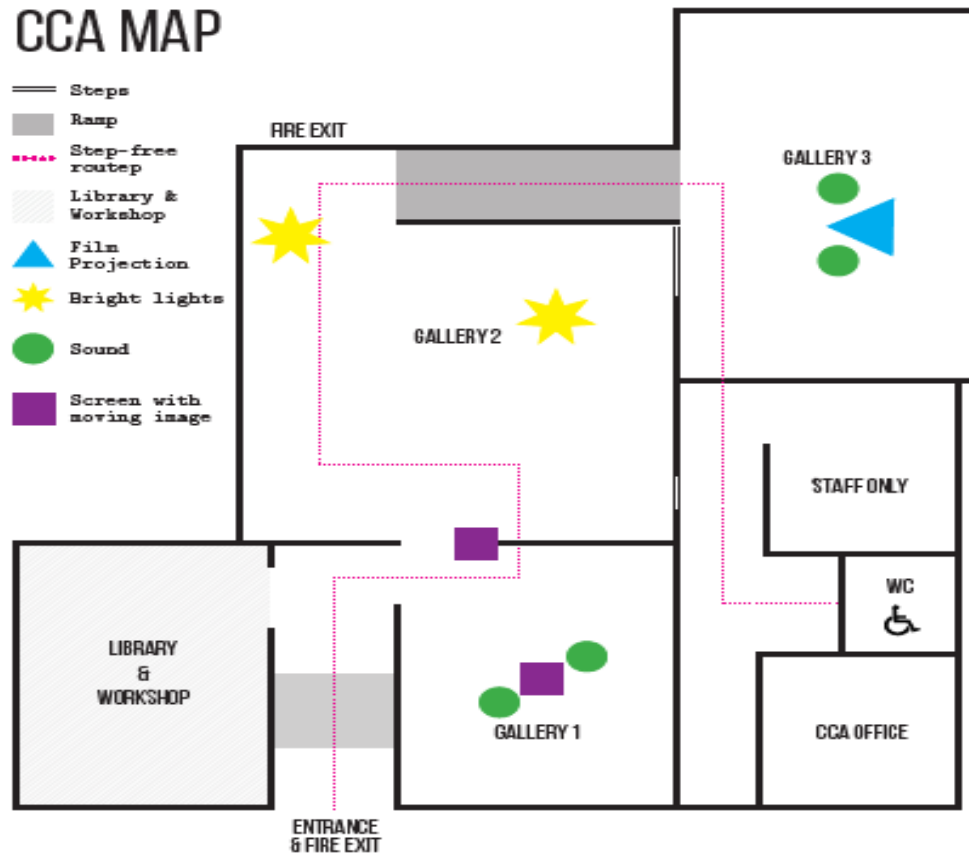
Please do:

Please don't:

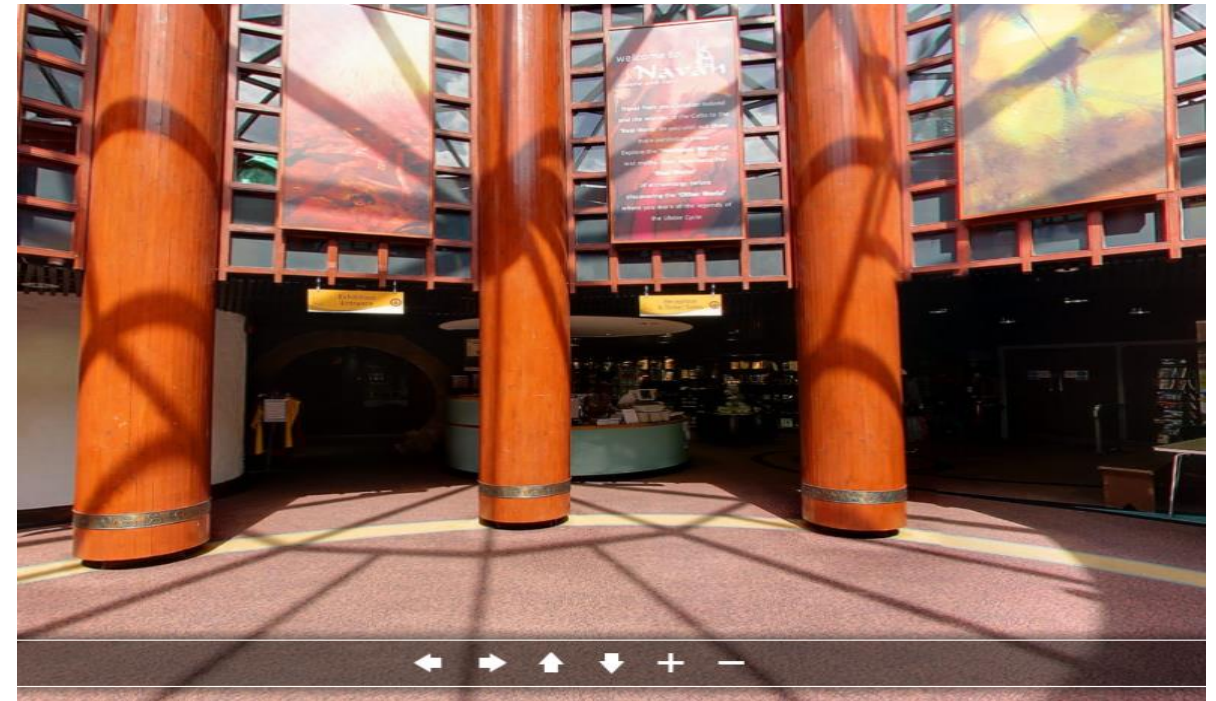
Disclaimer | This passport is the property of the individual named in this document and can only be shared with their permission.

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Good practice: Pre Visit information



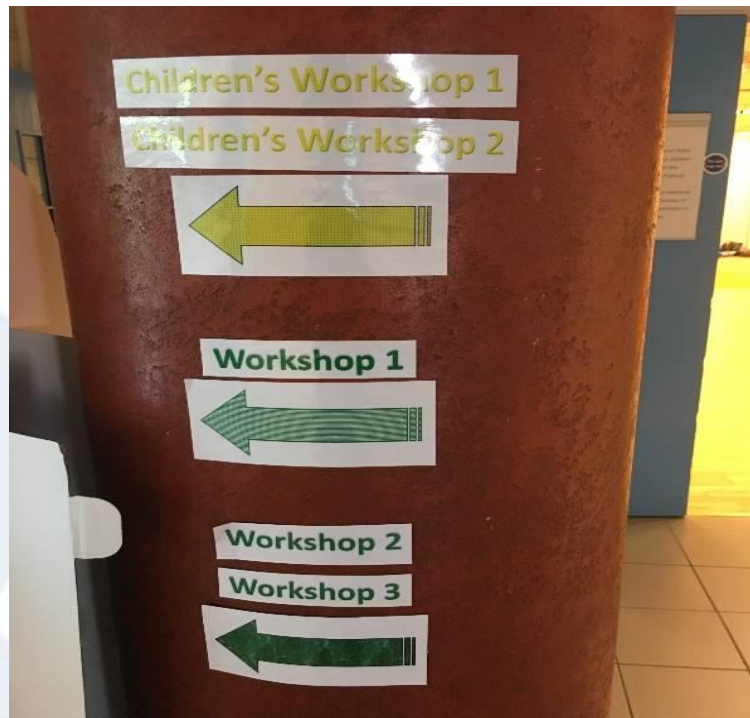
CCA-layout map



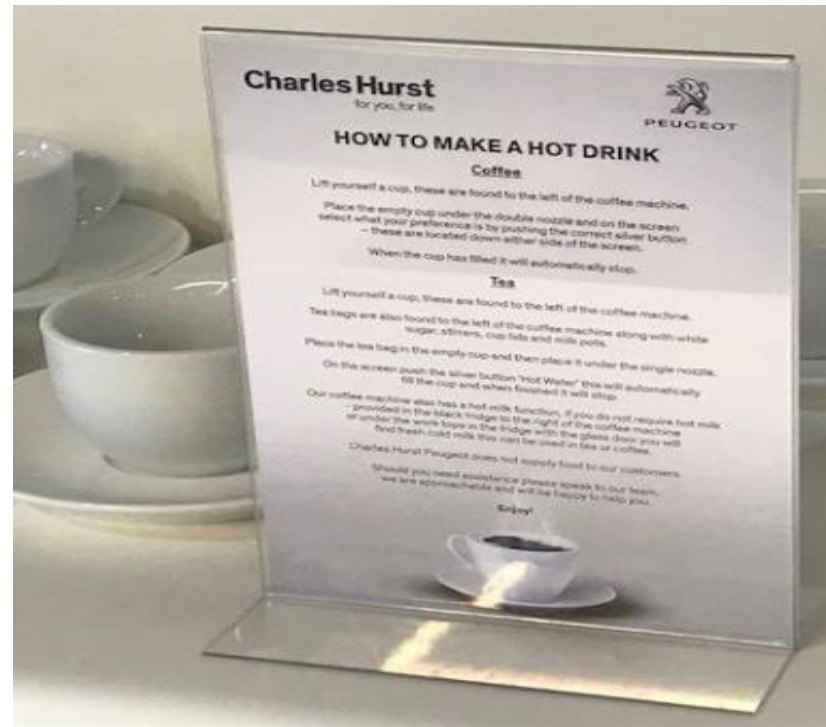
Navan centre-360 virtual tour

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Good Practice: Visual signage and instructions



Island Arts Centre



Charles Hurst



Todds Leap

Good Practice: Sensory Adaptations



Abbey Centre



Dundonald ice bowl

It does make an Impact...

A personal perspective



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Thank You

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Disabled Children & Young People's Participation Project

**Believe in
children**



Barnardo's
Northern Ireland

Who is Barnardo's?

For 150 years, Barnardo's has transformed the lives of the UK's most vulnerable children. We have always believed in children and their potential, no matter what their circumstances, gender, race, disability or behaviour.

DCYPPP



What is Disability?

A Person who has a physical, sensory or learning impairment or prolonged condition which impacts on daily living. Without adequate support services, they would not achieve their full potential.

Disability Awareness



Attitudes

disAbility

inVisible

abNormal

Sixth Sense



Sixth
Sense



Tip 1



Identify issues and
provide support

Tip 2



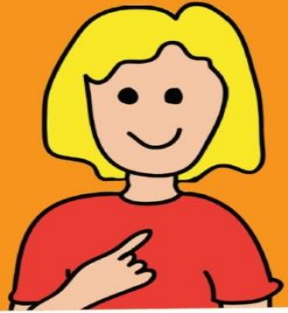
Small changes make a big difference

Tip 3



Ask me about me!

Tip 4



**Plan my
Future.**

Provide opportunities so I
can plan my future

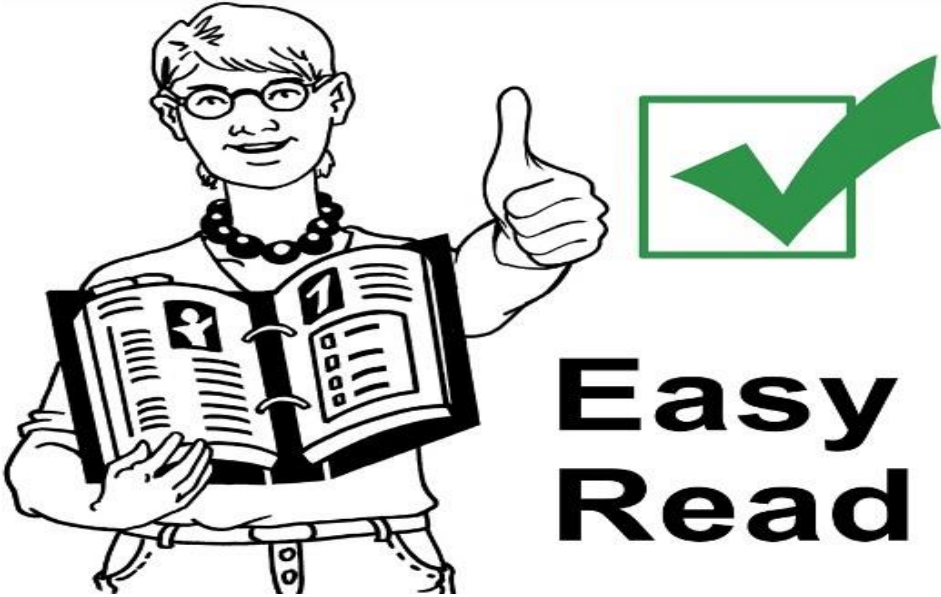
Tip 5



LISTEN

Let my voice be heard
and take my views
seriously

Tip 6



Provide Easy read guides
with images and less
words

Tip 7



Children First,
Disability Second

Tip 8



With a little support,
anything is possible

Tip 9



Consider I might need more
space to move or feel
comfortable

Tip 10



Research my disability

Thank you!

Useful links:

Equality Commission for Northern Ireland - www.equalityni.org/

Adapt NI - <http://adaptni.org/>

Disability Action - <http://www.disabilityaction.org/>

Contact us:

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teresa.stewart@barnardos.org.uk

www.barnardos.org.uk/DCYPPP



‘Building Inclusive Services for Children and Young People’ Presentation



**Mid & East
Antrim**
Borough Council

Welcome and Introduction

Colin Roden,
Sports Development Officer,
Mid and East Antrim Borough Council

www.midandeastantrim.gov.uk



**Mid & East
Antrim**
Borough Council

Mid and East Antrim Sports Development Team

- **4 Sports Development Officers**
- **4 Everybody Active Staff**



**Mid & East
Antrim**
Borough Council

Everybody Active Programme

- Women and girls (specifically aged 14-25)
- **People with a disability; and**
- Those living in areas of greatest social need (specifically people living within the top 25% of wards designated by NI Multiple Deprivation Measure Index 2010)



**Mid & East
Antrim**
Borough Council

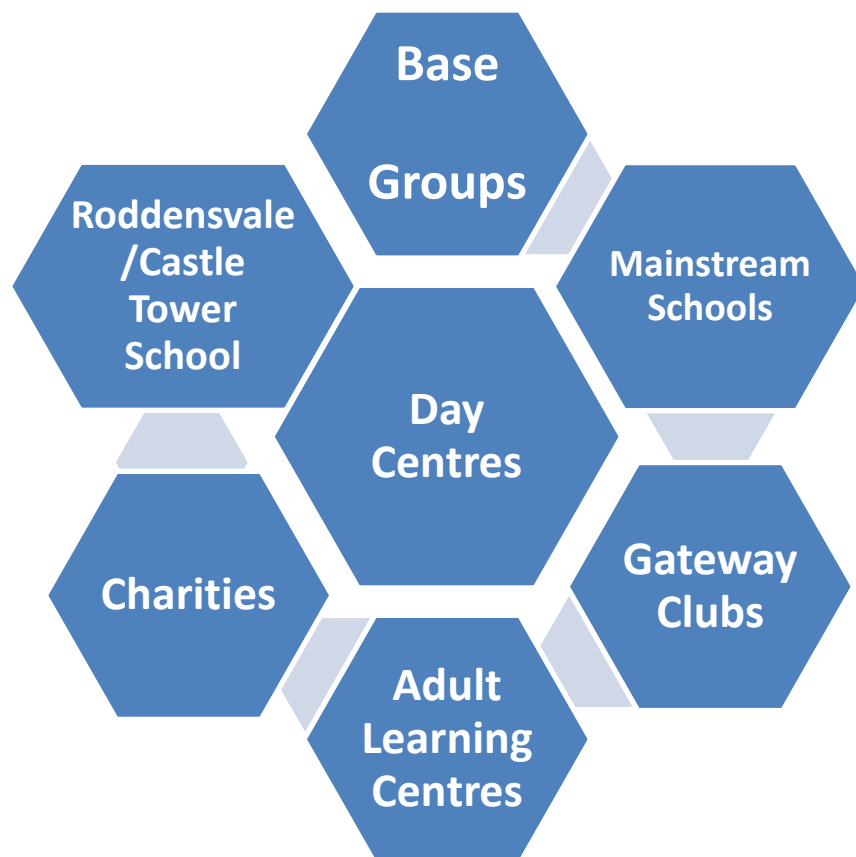
Programmes We Offer

- **Sports camps, summer schemes etc are inclusive (staff trained)**
- **Pan Disability Clubs (Ballymena, Carrickfergus & Larne)**
- **Disability Summer Sports Camps**
- **Disability Sports Awareness Days**
- **Disability Sports Hub**
- **Inclusive Cycling events**
- **Work with Disability community groups/ charities throughout the Borough**



**Mid & East
Antrim**
Borough Council

Who do we Work With?



Mid & East
Anglian
Borough Council

Disability Sports Hub

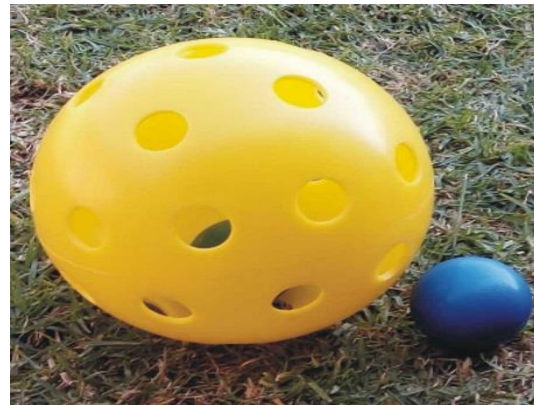
- £45k Sports Equipment from Dept Communities through Sport NI to each Council area
- Wheelchairs, disability bikes, visual impairment equipment



Incorporating People with Disabilities into Sport- Equipment



Price
Difference?



Incorporating People with Disabilities into Sport-Adapting Games



Incorporating People with Disabilities into Sport-DSNI Training



Problems We have Encountered

- Lack of coaches/ volunteers for the amount of participants
- Poor uptake on disability sports programmes we put on
- Those who have no medical/ behavioural issues on participant form
- No two disabilities are the same/ same disability can be so vast
- Parents not staying for sessions and we have limited information
- Parents not wanting to send kids with disabilities to mainstream activities
- Parents not wanting to send kids to disability programmes as they will be 'labelled'



Tips to Get Over Fear of Coaching/ Working With People with Disabilities



- **Speak to parent/ carer/ school (Triggers)**
- **Research- always learn**
- **Plan A, B, C**
- **Undertake training to upskill yourself and your team**
- **Don't be afraid to speak to participant- they know best their capabilities**
- **Get stuck in and don't be afraid to try things**

Thank You

Questions

