

SOUTHERN AREA LOCALITY PLANNING GROUPS

ISSUE 9 | 16TH MAY 2019

Welcome to the 9th edition of our information bulletin, **FYI** (*For Your Information*).

We are delighted to share so many exciting and relevant events and programmes throughout the Southern Trust Area, which aim to improve outcomes for children and young people.

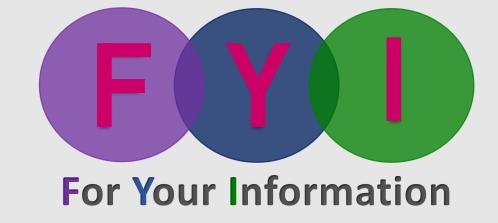
You are welcome to advertise through us free of charge. Some friendly guidance is given on the last page for those who would like to share all of their great work.

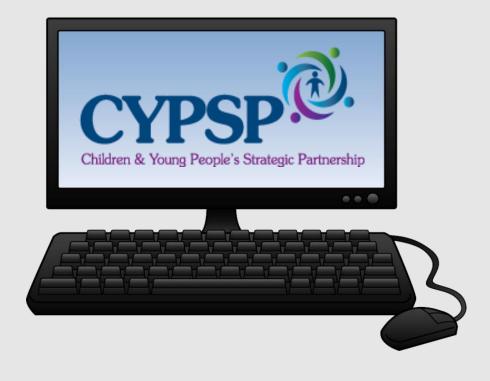
We hope you remain connected, however if you would like to be taken off the mailing list, please let us know and we will do so.

Darren Curtis and Joanne Patterson Locality Development Team, Southern Trust Area

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www.cypsp.org

All 6 of our Locality Planning Groups are currently preparing a directory to highlight activities which will be available across the **Southern Trust area** during the **Summer** of 2019 for **children & young people** with a disability and we are asking for **your help**...

If you are involved in, or are aware of, any programmes / schemes / events which match the above criteria (These include activities open to all abilities), we would like you to get in touch with us to advise of the following information, which is available via e-mail by contacting: localityplanning@ci-ni.org.uk.

Activity	Dates	Location	Age Group	Recruitment	Cost	Transport	Specialist Equipment	Contact Details	Additional Notes
What is the programme / scheme called? What are you doing?	When is it being held?	Where will it be held?	What age group are you targeting?	How are you recruiting for this (e.g. referral, dropin, contact form, etc.)?	HOW MITCH IS IT?	Is transport available? (If so, is there an associated cost?)	Is any specialist equipment provided (e.g. hoist in bathroom, etc.)?	Who should interested parties call / e-mail? (Please provide corresponding contact information)	Is there anything else which you wish to advise of?

After the <u>17th May submission deadline (tomorrow)</u>, we will be collating all data received into a single-reference document which will be made available to all of our LPG members and relevant contacts, for further sharing, in order to raise awareness of the range of opportunities which are available. It will also be available on the CYPSP website (<u>www.cypsp.org</u>) and as an appendix to 'FYI'.

Thank you, in advance, for your ongoing support of our children and young people and we look forward to hearing from you soon.



Child Safety Week 2019 **Action pack**

An essential guide for anyone who wants to get effective messages out to children and families about preventing accidents.

- * Packed with quick and easy activity ideas to bring the week to life use them as they are or build on them and share your own. We've done some of the thinking for you.
- * Dedicated pull outs and a Parent Pack for you to copy and give to parents with effective messaging that they relate to.
- * Practical activity sheets to copy and use with children and parents.
- * Tips on effective engagement with your families and children.
- * Child Safety Week Poster A conversation starter to display and promote activities.

Download the Child Safety Week 2019 Action Pack HERE



Make Yourself Heard

In danger, need the police, but can't speak?

- **Dial** 999
- Listen to the questions from the 999 operator
- Respond by coughing or tapping the handset if you can
- If prompted, press 55
 This lets the 999 call operator know it's a genuine emergency and you'll be put through to the police.

See our guide for more information.



#MakeYourselfHeard #SilentSolution



www.policeconduct.gov.uk



w: www.policeconduct.gov.uk



Children's Services Training

Spring 2019

Date	Course	Times
Thursday 23rd – Friday 24th May	Mental Health First Aid - 2 Days	09:30 - 16:30
Tuesday 28th May	Child Protection Level 1	09:30 - 12:30
Wednesday 29th May	Think Family Training	09:30 - 16:30
Thursday 30th May	Designated Officer	09:30 - 16:30
Friday 31st May	Information Management - Recording & Reporting	09:30 - 16:30
Tuesday 4th - Wednesday 5th June	Supervision for Supervisors (2 Days)	09:30 - 16:30
Monday 10th June	Child Protection Level 2	09:30 - 16:30
Thursday 13th June	Managing Challenging Behaviours	09:30 - 16:30
Friday 14th June	Think Family Training	09:30 - 16:30
Monday 17th June	Child Sexual Exploitation	09:30 - 16:30
Thursday 20th June	Designated Officer	09:30 - 16:30
Monday 24th June	Safeguarding in the Digital World (Level 3)	09:30 - 16:30
Wednesday 26th June	Child Protection Level 2	09:30 - 16:30
Monday 1st July	Designated Officer	09:30 - 16:30
Tuesday 2 nd July	Child Protection Level 2	09:30 - 16:30
Friday 5th July	Cyber Bullying (Half Day Course)	09:30 - 12:30

Children in Northern Ireland

Unit 9, 40 Montgomery Road, Salfast, ST6 915

02890 4012

info@ci-ni.org.uk

Additional dates to be confirmed & will be advertised online at: www.ci-ni.org.uk/training







Please RSVP to: anne@youthaction.org





FREE safeguarding training

for your community group



Safeguarding children (full course)

Ideal for staff and volunteers in regular, direct contact with children and young people.

- >> Develop a clear awareness of the signs and indicators of abuse
- >> Know when and how to report concerns and how to deal with disclosures
- >> Benchmark your policies and procedures against good practice
- >> Explore how to create a safe, child-centred environment
- >> Know how to get support for children and families
- >> Explore good practice guidelines for workers

(3 modules of 21/4 hours)

Basic awareness raising course

An introduction to safeguarding for volunteers and staff who have limited contact with children.

This short course will increase your awareness of abuse and good practice in working with children.

(1 module of 3 hours)

Designated person training

All groups should have a designated person (and deputy) trained to lead on child protection and safeguarding.

This course will cover:

- >> Role and responsibilities of the designated person
- >> Dealing with disclosures and concerns
- >> Reporting and recording responsibilities
- >> Legal responsibilities in recruitment and selection
- >> Good practice in training, supervision and support

* Participants must have already completed a full safeguarding course

(3 modules of 2% hours or 1 day)

Refresher course

Keep training up to date with our refresher session - recommended every 3 years.

- >> Refresh your awareness of abuse and good practice in responding to concerns
- >> Update your knowledge of emerging issues in safeguarding and relevant legal changes

(1 module of 3 hours)

Contact: Community Sector Training t. 028 3756 1440 or 1441

- w. www.southerntrust.hsoni.net/services/1986.htm

Community Sector Training is a community partnership service of the Southern Health and Social Care Trust

Southern Health and Social Care Trust

Quality Care - for you, with you

e: cst.training@southerntrust.hscni.net



Registration Open



Supporting families with children at risk of ADHD

THE CHANGING LIVES INITIATIVE **An Early Intervention Approach to ADHD:** What's Next?

> Mid Project Conference May 21st 2019 (10am-4pm) Riddel Hall, Queens University Belfast









Click HERE to register

ARE YOU OR IS SOMEONE YOU **KNOW FEELING** STRETCHED BY LIFE OR HAVE YOU BEEN BEREAVED THROUGH SUICIDE?

PIPS **HOPE & SUPPORT CAN HELP**

PIPS Hope & Support, Outreach Community Counselling have been working with individuals, families and businesses in the SHSCT area for more than 15 years. We help people find hope when it is gone and find solutions when they had almost given up.

Each year our professionally trained therapists provide individuals, couples, family counselling and support to more than 1,000 people in the

The community counselling service is committed information sharing, advice and referral services to all persons who have been adversely impacted by suicide, self-harm, trauma or suicide

We strive for collaboration with community

Our staff therapists are trained in the latest research and use practices that have been shown to work in addressing a wide variety of concerns.

PIPS HOPE & SUPPORT OUTREACH COMMUNITY COUNSELLING SERVICES ARE COLLABORATIVE. STRENGTHS-BASED AND NOW LOCALLY-BASED IN:

ARMAGH

Every Tuesday 9am - 5pm in Armagh Mens Shed, 77 Lower English Street, Armagh, BT61 7LJ

BANBRIDGE

Every Wednesday 9am - 5pm, In Future Proof. Unit 2 Ennville Court, Castlewellan Road, Banbridge, BT32 4AX

KILKEEL

Every Thursday 9am - 5pm, KDA, Mourne Matters, The Nautilus Centre, Rooney Road, Newry, BT34 4AG

NEWRY

Monday to Friday 9am - 5pm 50 Mill Street, BT34 1AG

FOR MORE INFORMATION OR TO BOOK AN APPOINTMENT

Mon - Fri: 028 3026 6195 and or

Tues - Fri: 079 0233 6741 E: info@pipshopeandsupport.org E: leanne@pipshopeandsupport.org





e: info@pipshopeandsupport.org





Quality Care - for you, with you





Cycling Ireland Cycle Leader training will provide potential trainees with the necessary skills and knowledge to effectively lead and manage a group of cyclists on the road in club/group rides.

Those who successfully pass the Cycle Leader course will have access to the Southern Cycle for Health pods and bikes located across the Trust.

Aim of the Course

The aim of the course is to educate trainees of the principles of group riding and managing a group of riders effectively and safely on the road.

The course will explore the roles and responsibilities the Ride Leader will assume and prepare learners to provide a safe and enjoyable cycling experience for groups of people at all levels and abilities.

Learning objectives

- Facilitate and lead rides for groups of cyclists
- Ride leaders will be able to cycle a simulated club/group ride
- Practically apply techniques, skills and newly acquired knowledge
- Ride leaders will be able to lead part of the pre-risk assessment route

Who should attend?

Adults who can deliver cycling programmes on behalf of their community/group/workplace or clients.

ssential criteria

No previous experience is required, however, an interest in the promotion and delivery of physical activity is beneficial. You must be confident in your own ability to ride a bike.

Expectations of how the training should be utilised in the future

Each trainee must commit to deliver at least 7 sessions per year which will be monitored. On completion trainees most provide regular updated information through a monitoring template and up-to-date contact details in order to validate Cycle Leader insurance.

Friday 7th June 2019

9.30am - 5.00pm

Dungannon - venue to be confirmed

To book a place please contact:

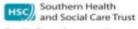
pwb.training@southerntrust. hscni.net

By: Thursday 9 May 2019

Course Facilitator: Cycle Ireland

e: pwb.training@southerntrust.hscni.net





Quality Care - for you, with you

'Time for Me'



Would you like to be part of an exciting programme between SHSCT and YMCA Lurgan for Parents/Carers of children/young people with Autism/other disabilities?

- 6 week programme including relaxation activities, chat and snacks
- A great opportunity to share experiences and learn from others

Dates: Thursday 16th May, Thursday 23th May, Thursday 30th May,

Thursday 6th June, Thursday 13th June, Thursday 20th June

Venue: YMCA, Lurgan (Next to Tesco)

Time: 11am - 1pm

For further information or to book a space please contact the

Community Access Team on: Telephone: 028 375 64784

Email: ciara.turley@southerntrust.hscni.net

Spaces are limited and referrals should be known to

Children with Disabilities Team





e: <u>Ciara.Turley@southerntrust.hscni.net</u>





e: flare@eani.org.uk



e: michellem@parentingni.org / elaine@parentingni.org

(Michelle & Elaine are keen to engage with any members organisations and / or parents groups)





Parents, carers, family members...

if you need us we're here.



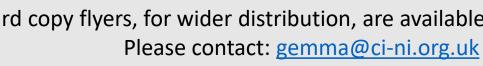
Chat online: www.ci-ni.org.uk Email: parentline@ci-ni.org.uk

OPEN 6 DAYS A WEEK:

Mon-Thurs 9am-9pm Fri 9am-5pm Sat 9am-1pm

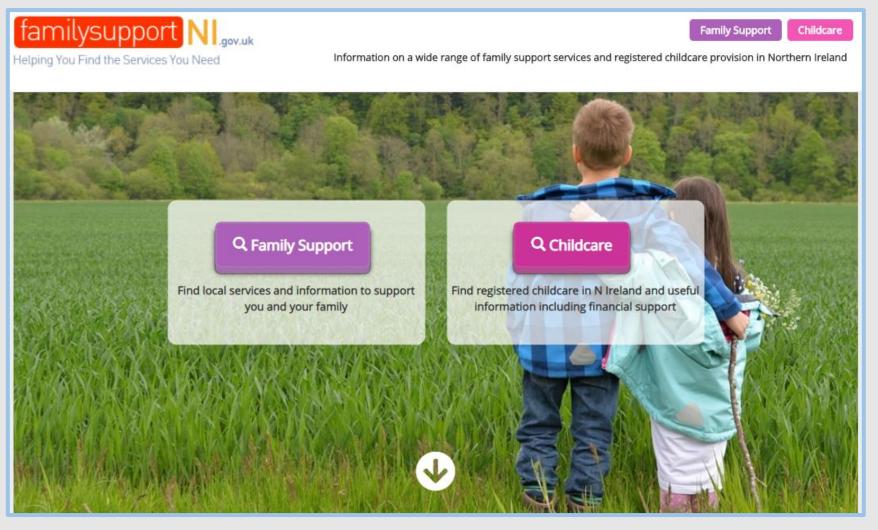


Hard copy flyers, for wider distribution, are available upon request.









If you provide a family support service in Northern Ireland and would like details of your organisation / service included on The Family Support NI website, click HERE





Unlocking the door to personal growth, learning and change

Gambling Awareness Training OCNNI Level One

Awareness training of the issues, dangers and impact problem gambling can have on the individual, family and community.

Time	Venue		
2pm-4pm	ABC, Magharee House, 82 Thomas Street, Portadown, BT62 3NU		
10am-12 noon	ABC, Magharee House, 82 Thomas Street. Portadown. BT62 3NU		
2pm-4pm	ABC, Magharee House, 82 Thomas Street, Portadown BT62 3NU		
2pm-4pm	ABC, Magharee House, 82 Thomas Street. Portadown.BT62 3NU		
	2pm-4pm 10am-12 noon 2pm-4pm		

For further information or to book a place please contact: Jacqueline Roberts 07841764719 or email jacqueline.roberts@dunlewey.org







Problem Gambling Helpline 9am—11pm 08000886725

e: jacqueline.roberts@dunlewey.org





e: info@centredsoul.co.uk





Youth Service are providing the opportunity for you to earn while you learn, by providing a 170 hours of paid training and work experience over the next 5 months.

For more info contact Donna Weir 028 30251515

SCHEME OVERVIEW

The aim of this scheme is to support young adults who wish work within the Youth Service through the delivery of youth work training and direct experience working in a youth work setting. You will gain the opportunity to develop your skills and knowledge supported by EA tutors, a placement supervisor and a scheme coordinator. The scheme is delivered over a set period of time and with a maximum limit of hours, this is outlined in the candidate information pack which can be downloaded with an application form. After completion of the programme you will able to apply for Youth Support Worker posts within the Education Authority. Participation in this programme does not guarantee you a paid position at the end of the scheme

TRAINING PROGRAMME

All participants on the programme will receive training in:

- Youth Support Worker Qualification
- Child Protection Awareness Course
- Moving Ahead with CRED Course
- Emergency Basic First Aid Course
- 2 skills based course (e.g. games)

Participants will also be able to select additional courses based on their needs

LACEMENT PROGRAMME

All participants on the programme will be allocated a placement within a Youth Centre or Youth Project setting, during which they will receive support from their placement supervisor and scheme coordinator. Placements are allocated based on your preferences selected on your application from. The minimum expectation will be 2 x 3 hour sessions perweek.

EARN AS YOU LEARN

All participants on the scheme will be paid per hour for attendance on training courses and during their placement within a youth work setting. Participants will be paid at the Assistant Youth Support Worker rate. EA will also provide transport to attend all the training elements of the programme as well as covering residential costs for the Youth Support Worker Qualification. All training dates are within the Candidate Information pack and participants must confirm their full availability for training. Failure to attend all elements may result in the termination of your participation in the scheme



CCESS NI

This scheme is considered a regulated activity working with young people. As such participants who are successful will only be offered a placement when a satisfactory Enhanced background check has been completed. EA will pay the costs for this check

Scheme supported and funded by



YOUTH SERVICE

e: donna.weir@eani.org.uk





t: 30 251515



MEN'S HEALTH WEEK Monday 10th - Sunday 16th June 2019 **MEN'S HEALTH MATTERS** Make the Time. Take the Time. #MensHealthWeek Find out more at: www.mhfi.org #MensHealthMatters South Michael Balance FORUM



International Men's Health Week (MHW) always begins on the Monday before Father's Day and ends on Father's Day itself. During 2019, it will run from Monday 10th until Sunday 16th June.

It is celebrated in many European countries, as well as in the USA, Australia, New Zealand, Canada and a number of other places worldwide. The overall aims of MHW are to:

- Heighten awareness of preventable health problems for males of all ages.
- Support men and boys to engage in healthier lifestyle choices / activities.
- Encourage the early detection and treatment of healt difficulties in males.

This year **Sure Start South Armagh** is giving all **Mens** (registered with Sure Start South Armagh) an oportunity to improve their health by accessing **Free Classes at Newry Leisure Centre for 4 weeks** delivered by professional instructor. Call to book your place: **028 308 300 22**

Tuesday 4th June 20:30 – 21:30 BODYPUMP

Tuesday 11th June 20:30 – 21:30 SPINNING

Tuesday 18th June 20:30 – 21:30 PILATES

Tuesday 25th June 20:00 - 21:30 Health check - CIRCUIT TRAINING

t: 028 308 300 22







Recovery College Courses in Cullyhanna The Wald Centre' Tullynavall Road Cullyhanna, Newry, BT35 OPZ Summer Term

Course	Date	Time
Wellness Recovery Action Plan (WRAP) The WRAP is an internationally recognised self-Management programme designed to help people build a meaningful and satisfying life.	Wednesday 1" May -19 th June	11.00 – 1.30pm 8 weeks
Write Where I'm Meant To Be This workshop offers a supportive space and practical tools for people to begin writing their Recovery story. There is an opportunity for exchange of inspiration, tips and ideas	Wednesday 26 th June	11.00-1.30pm 1 week

If you are interested in better mental and emotional wellbeing why don't you come along to our courses to find out more?

Courses are free and open to everyone aged 16
To register or get more information please contact us

CAWT i-Recovery Project - 2nd Floor Ballybot House, Newry

Telephone: 028 3025 7012 Email: Eileen.bell@southerntrust.hscni.net

Recovery & Wellness College - Trasna House, Lurgan

Telephone: 028 3756 1938/028 3756 2292 Email: Katie.young@southerntrust.hscni.net













Recovery College Courses in Crossmaglen Community Centre 41 Cardinal O'Fiaich Square, Crossmaglen, Newry Co. Down BT35 9HQ

Course	Date	Time
Healthy Body Active Mind This 4 week workshop will support participants to examine the relationship between physical and mental health wellbeing. Taking a look at how a balanced diet and being active can influence your mood and can contribute to your overall mental health and wellbeing	Thursday 16 th , 30 th May & 6 th 13 th June 2019	7-9pm 4 weeks

If you are interested in better mental and emotional wellbeing why don't you come along to our courses to find out more?

Courses are free and open to everyone aged 16+

To register or get more information please contact us

CAWT i-Recovery Project - 2nd Floor Ballybot House, Newry

Telephone: 028 3025 7012 Email: Eileen.bell@southerntrust.hscni.net

Recovery & Wellness College - Trasna House, Lurgan

Telephone: 028 3756 1938/028 3756 2292 Email: Katie.young@southerntrust.hscni.net









e: eileen.bell@southerntrust.hscni.net





International Children's Day

Friday 7th June 2019

Time: 6pm - 7pm

Newtownhamilton Community Centre



Celebrated on June 1 each year, International Children's Day 2019 marks the 92nd global celebration of the rights and well-being of children residing in different parts of the world. The day is observed not only to celebrate, but also appreciate children's role in shaping the future of different communities across the world.

Come and join us!

*Lego Play * Arts & Crafts * Story & songs*

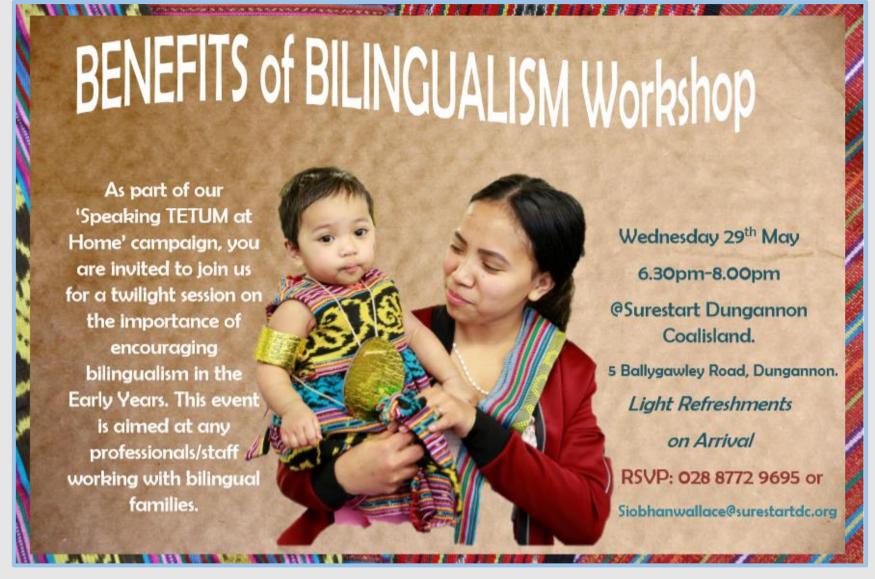
Please book your place - 028 308 30 022

See you all there!

Starting Strong with Sure Start

e: robertg@surestartsa.org





e: <u>Siobhanwallace@surestartdc.org</u>





SOUTHERN AREA LOCALITY PLANNING GROUPS

ISSUE 9 | 16TH MAY 2019

Some friendly guidance to those who are submitting information to **FYI**:

- 1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
- 2. Less words, bigger pictures!
- 3. We do not advertise or endorse those events or programmes which are privately funded as a business.
- 4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
- 5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
- 6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
- 7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
- 8. Please let us know if FYI has helped your service, event or activity in any way.



For Your Information

Upcoming LPG Meetings:

Banbridge: Tue 21st May @ Banbridge Youth

Resource Centre

Dungannon: Thur 23rd May @ Ranfurly House

Craigavon: Tue 4th June @ Brownlow Hub

Armagh: Thur 6th June @ Promoting Wellbeing

Training Room, St. Luke's

South Armagh: Tue 11th June @ Newtownhamilton

Community Centre

Newry: Wed 19th June @ Venue TBC

All LPG meetings start at 10.00am | Everyone welcome!

For general newsletter information, contact:

Tel: Darren Curtis (028 9536 3966) / Joanne Patterson (028 9536 3216)

E-mail: localityplanning@ci-ni.org.uk

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR