

## South Eastern Area Outcomes Group Domestic Violence Training Delivered by Women's Aid On 16 November 2018

## Background:

South-Eastern Outcomes Group Priority 2:

Our Children will be resilient and have positive mental health and wellbeing

Changing Childhood Seminar Series: Creating a safe and stable home for our children

To support young people impacted by:

Understanding the impact of Domestic Violence on children and young people and build resilience and coping techniques

## This priority links to CYP Strategy NI High Level Outcomes

- Physical and Mental Health
- Living in Safety and Stability

## **Connecting Strategies / Work Plans**

DoH Stopping Domestic Violence and Sexual Violence and Abuse in Northern Ireland (2016)

To work towards addressing this SEAOG priority training was proved training to a wide variety of staff on 16 November 2018 by Women's Aid.

The following graphs show the attendees evaluation of the training, demonstrating their change in knowledge on a number of areas relating to Domestic Violence. The scores range from 0 no knowledge; to 4 high knowledge.

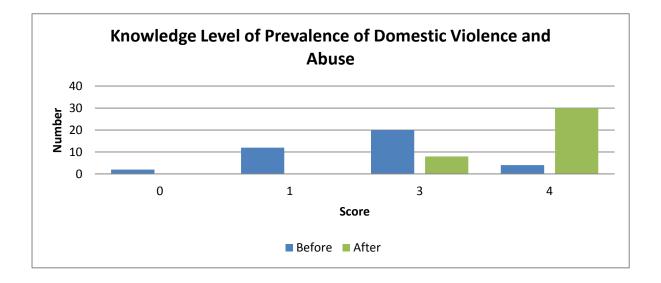
Approximately 45 people attended the training for a range of services, 38 completed a composite pre and post baseline questionnaire. The responses are a follows. Ratings:

0= No Confidence/Knowledge

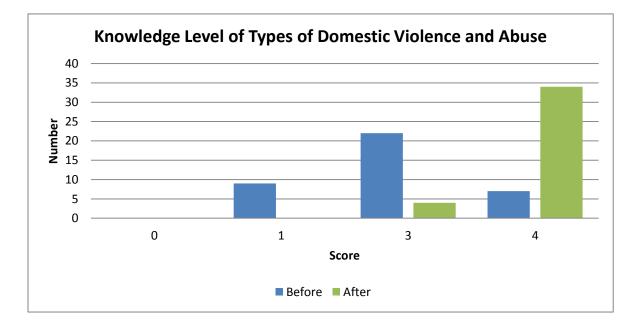
3= OK level of confidence/knowledge

1= Little confidence/knowledge

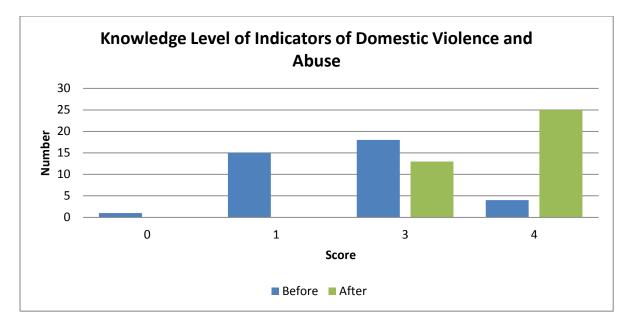
4= Good level of confidence/knowledge



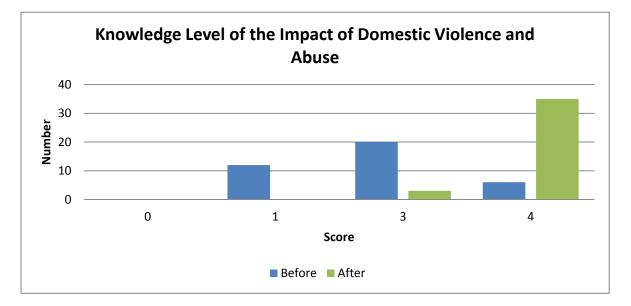
This graph demonstrates that 14 attendees rated their knowledge level of the prevalence of domestic violence and abuse as 0 or 1 (No or little confidence/knowledge) while 24 rated their knowledge before training as OK or Good. After the training 8 people rated their knowledge as OK and 30 felt their knowledge was now good.



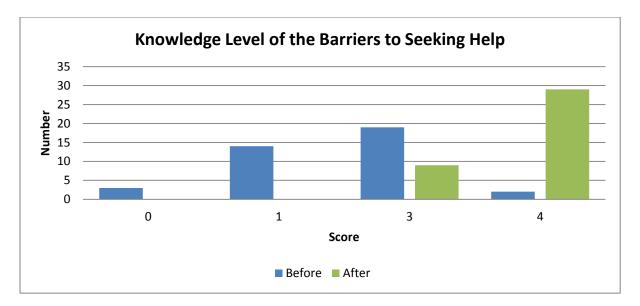
9 attendees felt that they has little knowledge of types of domestic violence and abuse, while 29 felt they had OK or Good knowledge of types of domestic violence and abuse before the training – this increased to everyone having an OK or Good knowledge afterwards



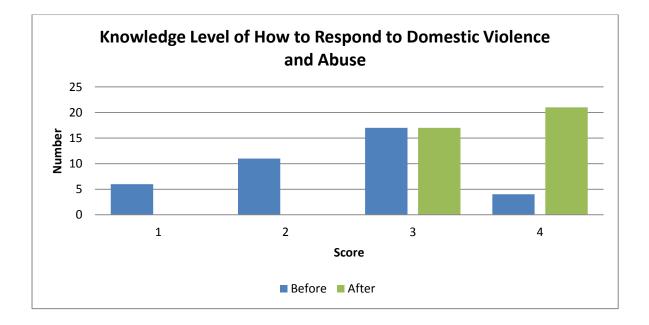
This graph shows that 16 attendees rated themselves as having no or little knowledge, 18 had OK knowledge and 4 felt they had a good level of knowledge of indicators of domestic violence before the training. This changed to 65% attendees feeling that they had a good knowledge after.



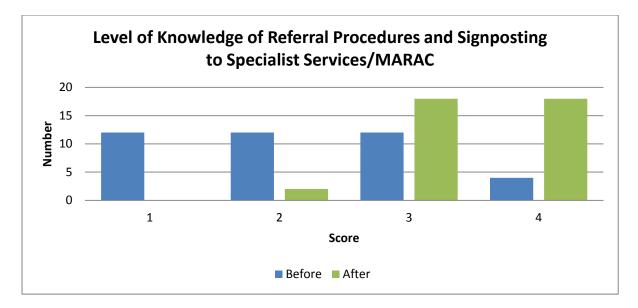
This graph shows that 8% of attendees felt that they had a good knowledge of the impact of domestic violence and abuse before the training – this increased to 92% after the course.



This graph shows that only 5% of attendees has a good knowledge of the barriers of seeking help before the training, this increased to 76% afterwards.

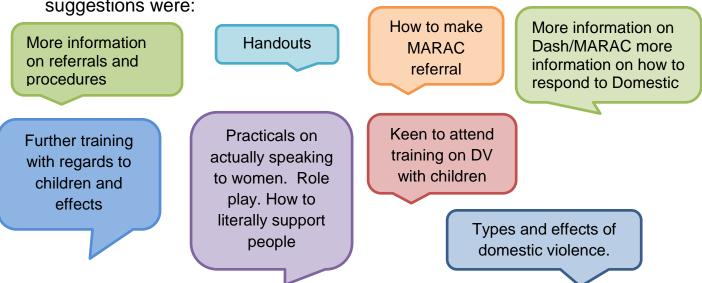


Again this graph shows an increase in knowledge of how to respond to domestic violence and abuse of those attending. 45% attending felt that they had little or no knowledge of how to respond to domestic violence and abuse before the training with only 10% of the attendees feeling that they had a good knowledge. After the training 45% felt they had now an OK and 55% felt they had good knowledge.



This graph shows that the majority of attendees had little or no knowledge of referral procedures and signposting to specialist services before the training. This increased to most attendees scoring themselves as OK or good knowledge after they had completed the training.

Part of the training involved a short video called "Leaving" many of the attendees reported finding this very useful. Others found the group work very effective. Some attendees reported knowing more about "The honeymoon phase and how women get trapped in a cycle of control and abuse" was really eye-opening for them. An attendee felt that hearing about "real life examples that Women's Aid work with was very useful. Another attendee said they the Practical theory, enlightening and sensitive way of teaching difficult topic very useful.



With regards to which parts of the training that could be improved the suggestions were: