



SOUTHERN AREA LOCALITY PLANNING GROUPS

ISSUE 16 | 26TH SEPTEMBER 2019

Welcome to the 16th edition of our information bulletin, **FYI** (*For Your Information*).

Thank you for your continued interest and support of our fortnightly e-bulletin and please do not hesitate to contact us, should you wish us to promote any events, programmes, etc. which aim to improve outcomes for children and young people in your local area.

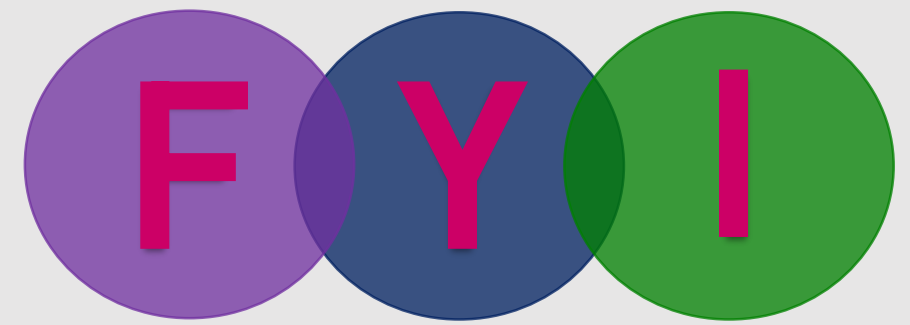
Please also feel free to share the attached information with those who might be interested in the details contained and, as always, your feedback is much appreciated.

We hope you remain connected. However, if you would like to be taken off the mailing list, just let us know. Alternatively, if you would like to be added to the list, please get in touch.

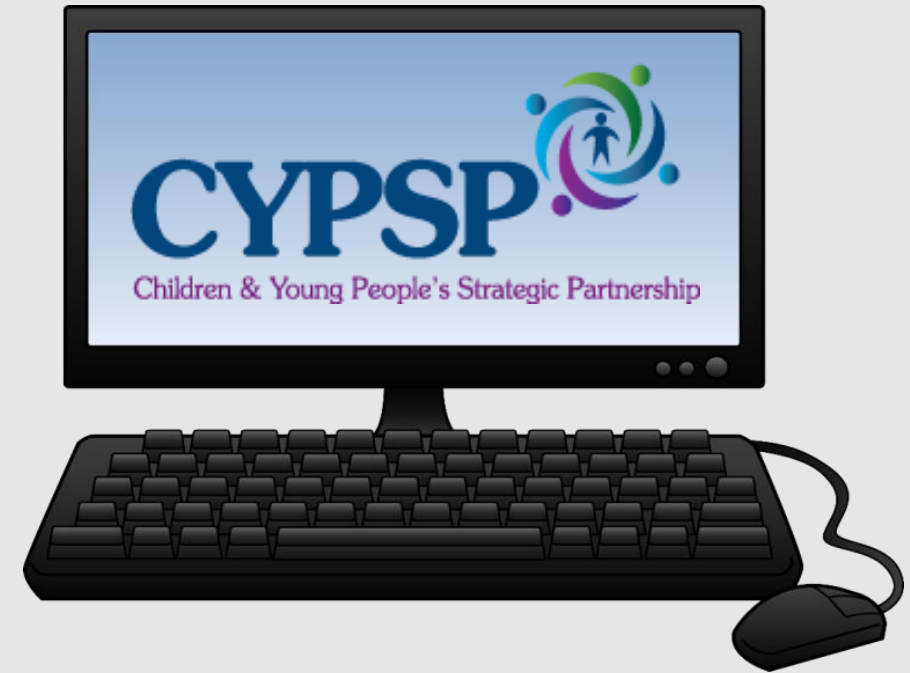
Darren Curtis and Joanne Patterson
Locality Development Team, Southern Trust Area

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For Your Information



www.cypsp.hscni.net



TO CELEBRATE PARENTS' WEEK PARENTLINE NI INTRODUCE

LET PARENTS TALK

A Facebook Live session answering all your parenting questions

COME JOIN US

**WHEN: TUESDAY 22ND OCTOBER
7.30PM - 8.30PM**

**WHERE:
WWW.FACEBOOK.COM/CHILDRENINNI**



Parents, carers, family members...

**if you need us
we're here.**



**FREE LOCAL HELPLINE
0808 8020 400**

Chat online: www.ci-ni.org.uk

Email: parentline@ci-ni.org.uk

OPEN 6 DAYS A WEEK:

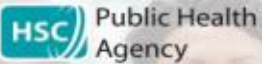
Mon-Thurs 9am-9pm

Fri 9am-5pm

Sat 9am-1pm



w: www.ci-ni.org.uk / e: parentline@ci-ni.org.uk / f: www.facebook.com/childreninni



Date for your diary

Title: 'Better Together' – A networking event in the Southern area to promote greater connections between those working to promote positive mental health


Date: Friday, 11 October 2019

Time: 10am - 1pm* (registration from 9.30am)

Venue: Seagoe Parish Centre, 46 Seagoe Road, Portadown BT63 5HW

* a light lunch will be provided

If you are interested in attending this event, please complete and return the attached registration form to claire.skelton@hscni.net by Friday 4th October 2019. As places are limited they will be allocated on a first come first served basis.



e: claire.skelton@hscni.net





Southern Trust Area Campaign Launch

PANTS The Underwear Rule

SAVE THE DATE

We would like to invite you to save the following date:

Wednesday 20th November 2019

Launch of PANTS campaign 10 am-12 noon

Seagoe Parish Centre, Portadown

The NSPCC in partnership with the Promoting Wellbeing Division, SHSCT and funded by the Public Health Agency, would like to invite you to Save the Date for the launch of the Southern PANTS campaign. The event will be of interest to those supporting parents/carers of young children and those with an interest in safeguarding and child protection. The campaign will promote the following resources across the Southern Trust area www.nspcc.org.uk/underwearrule

Further information and booking forms for the event will follow shortly – if you have any immediate queries please contact lyndsey.hasson@southerntrust.hscni.net





e: lyndsey.hasson@southerntrust.hscni.net

**OUR SOCIAL MEDIA PAGES ARE NOW LIVE!**

We have now officially launched our Facebook and Twitter pages for HSC Adoption and Foster Care.

Please click on the links below to find our Facebook and Twitter pages.

We are keen to build our audience as quickly as possible so it would be great if everyone can help spread the word.

Over the next two weeks, we will populate the pages with good news stories from each of the Trust areas.

The Communication teams for each Trust have agreed to share these stories on Trust social media channels. We started by sharing the story of Jenny, a foster carer from Newry, who described the rewarding experience of fostering.

Going forward, we plan to use the following hashtags to post anything related to foster care or adoption. Please use these hashtags when posting anything work related to ensure we have a consistency with the brand. The hashtags are:

#HSCFosterCare

#HSCAdoption

If you have an event, which you would like us to help promote via our social media channels, please send us through all the relevant information. Also, if you have particular news stories you want to share, please get in touch.

f: www.facebook.com/HSCAdoptionAndFosterCare

t: www.twitter.com/HSCAdopt_Foster

You are invited to celebrate the contribution of User Involvement in
shaping, supporting and improving services
across the Trust at our Showcase Event



Wednesday 20th November 2019

Craigavon Civic Centre, Portadown

Time: 11am – 3pm

A light lunch will be provided

To confirm attendance RSVP by Friday 1st November 2019 to: ppi.team@southerntrust.hscni.net



RSVP to: ppi.team@southerntrust.hscni.net

Autumn & Winter 2019

Date	Course	Times
Please note that registration is from 09:45am for a prompt 10am course start		
Mon 30 th Sept	Child Protection Refresher	09:45 - 13:00
Thurs 3 rd Oct	Designated Officer <i>(Waiting list only)</i>	09:45 - 16:30
Fri 11 th Oct	Think Family Training	09:45 - 16:30
Tue 15 th & Wed 16 th Oct	WRAP (2 Day)	09:45 - 16:30
Fri 25 th Oct	Paediatric First Aid	09:45 - 16:30
Mon 21 st & Tue 22 nd Oct	ASIST (2 Day) @ EXTERN, Newtownabbey <i>(Waiting list only)</i>	09:45 - 16:30
Thurs 24 th & Fri 25 th Oct	ASIST (2 Day) @ EXTERN, Newtownabbey <i>(Waiting list only)</i>	09:45 - 16:30
Tues 5 th & Wed 6 Nov	Supervision Training for Supervisors (2 Day)	09:45 - 16:30
Tues 12 th & Wed 13 th Nov	ASIST (2 Day) @ EXTERN, Newtownabbey <i>(Waiting list only)</i>	09:45 - 16:30
Mon 18 th Nov	Child Protection Level 2	09:45 - 16:30
Tues 19 th Nov	Managing Challenging Behaviours	09:45 - 16:30
Wed 20 th Nov	Designated Officer	09:45 - 16:30
Tues 26 th Nov	Child Protection Level 2	09:45 - 16:30

Additional dates to be confirmed & will be advertised online at:

www.ci-ni.org.uk/training

Please note: these courses are for the voluntary / community & faith sector only. If you are not eligible, please contact jenny@ci-ni.org.uk if you wish to book a course for your organisation.



Click [HERE](#) to book



View Annual Report 2018-19 [HERE](#)

Family Fund
Helping disabled children

Information and Support Day

Learn more about support services, grants and information available to you and your disabled child or young person.

Come along and meet Family Fund and other charities in your area and get help with your Family Fund application form.

Wednesday 2 October 2019
Ballybot House, 28 Cornmarket, Newry, Co. Down BT35 8BG
11:00am-2:30pm

Thursday 3 October 2019
Causeway Coast Vineyard, 10 Hillmans Way,
Coleraine BT52 2ED
11:00am-2:30pm

Let us know you're coming or simply turn-up and show your support. We're always here if you have any questions:
events@familyfund.org.uk

Visit the events page on our website:
www.familyfund.org.uk

The Family Fund Trust for Families with Severely Disabled Children. Private company limited by guarantee. Incorporated in England and Wales. Registration no. 3166027. Registered charity number 1053866. Scottish charity number SC040810.

TO HOST AN
INFORMATION
STAND AT EITHER /
BOTH EVENT(S),
PLEASE JUST E-MAIL

e: events@familyfund.org.uk



We are currently looking to recruit **Volunteers** for the Parenting NI Support Line in Belfast.

The Parenting NI Support Line, 0808 8010 722, is a free, confidential and impartial service for any parent, grandparent or anyone in a parenting role. Parenting NI is Northern Ireland's leading parenting charity, providing a range of support to help parents resolve issues such as behaviour, relationships and communication.

For your commitment of 3 hours per week, we offer:

Free training

Excellent support and development opportunities

Rotas available Monday to Friday, 9.30am to 12.30pm and 12.30pm to 3.30pm.

If you are interested in finding out more:

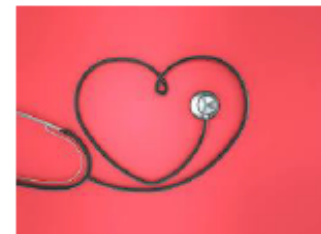
Call us on 028 9031 0891,

Email us at info@parentingni.org, or

Visit our website www.parentingni.org/about-us/work-for-us for further information and to download an application pack.#

Closing date for applications: 4pm on Friday 4th October 2019

e: info@parentingni.org



HEART START

Friday 18th October 2019

Health Education Room
Brownlow Health Centre,
Legahory, Craigavon

Or

Friday 15th November 2019

Promoting Wellbeing training
room, St Luke's site, Armagh

10.00am – 12.30pm

To book a place please email:
pwb.training@southerntrust.hscni.net

Places are limited

Learn emergency lifesaving techniques.

♥ Signs and symptoms of a heart attack

♥ How to deal with serious bleeding

♥ How to deal with choking

♥ Recovery position

♥ How to perform CPR

e: pwb.training@southerntrust.hscni.net

You have the right to an opinion and for it to be listened to and taken seriously – Article 12, United Nations Convention on The Rights of the Child (UNCRC)

DCYPPP Aims:

To give children and young people aged 8-25 years old who have a long-term disability or condition, the opportunity to have their say on issues that impact on them and their families.

Their views inform decision makers within local and regional government during their planning processes on issues which impact the lives of children and young people.

DCYPPP Objectives:

- To empower young people with disabilities to know and exercise their rights.
- To enable young people with disabilities to influence policy makers and service providers.
- To provide capacity building activities that impact self-esteem, interpersonal relationships, emotional wellbeing and confidence.
- To influence change within our society; locally and regionally.
- To raise awareness of the issues faced by people with Disabilities.

DCYPPP is supported by BBC Children in Need, Southern Health and Social Care Trust and the Health and Social Care Board.



Contact details:

DCYPPP
The Grange Building
Tower Hill
Armagh
BT61 1DR
Tel: 028 37414541

Barnardo's Registered Charity No's:
218250 and SC037805



Disabled
Children &
Young
People's
Participation
Project

e: eugene.mone@barnardos.org.uk

Sixth Sense

Sixth Sense is a group for young people to learn about their rights and to share their views on issues which affect them and their peers.

The group meets monthly and during school holidays. There are often opportunities for young people within the group to be involved in consultation activities, research and to deliver training to professionals.



Past achievement of Sixth Sense members include: working with The Human Right Commission, UNCRC and QUB, Meeting MPs and MLAs, visits to Parliament Buildings and Buckingham Palace, delivering productions in Theatres, speaking at conferences and taking part in academic research.

School and Regional Programmes

Our School's Programme is delivered over 6 weeks to pupils across the 5 health trusts. The programme focuses on empowering young people with disabilities, teaching them about their rights and enabling them to make plans for their future. Representatives from local Health and Social Care Trusts attend to listen to the young people's views about issues affecting them and their peers in their area.



We undertake video conferencing with other youth groups across Northern Ireland in order to share experiences and to discuss issues affecting young people with disabilities.

Peer Coaching



Children in Need fund our Peer Coaching Project. We have trained young people to be peer

coaches; they meet with other young people who have similar life experiences on a weekly basis. This is supported by a staff member. The peer coaching programme aims to expand a young person's peer support network, increase their resilience, improve communication and enable them to be involved in decision making. The peer coaching programme has an emphasis on improving emotional well-being and mental health for children and young people with a disability.



e: eugene.mone@barnardos.org.uk

Please note

**OUR WEB ADDRESS
HAS CHANGED**

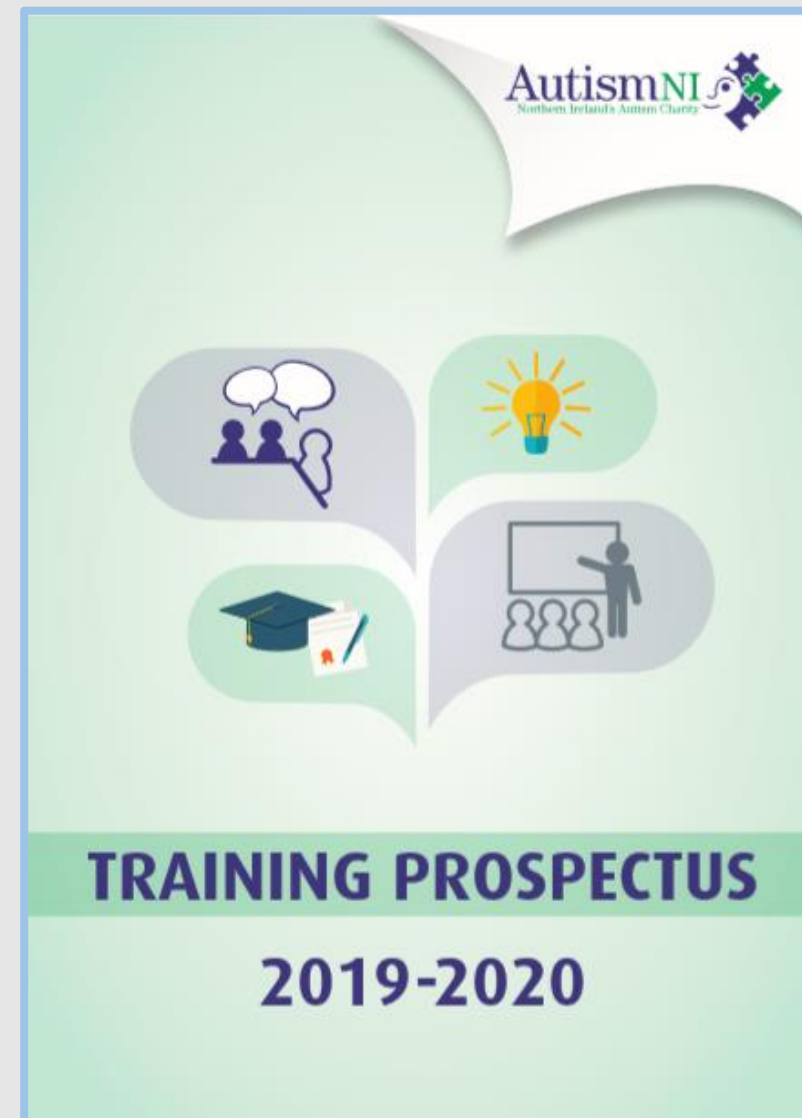
www.cypsp.hscni.net



Bookmark the new CYPSP web address [HERE](http://www.cypsp.hscni.net)



w: www.early-years.org/conference2019/



View Training Prospectus 2019-2020 [HERE](#)



Are you working within your local community?

Why not attend a **Take 5 Ambassador Briefing Session** to enable you to promote positive wellbeing?



Take 5 is a set of simple steps to help maintain and improve wellbeing

This briefing will equip you to deliver a short Take 5 session for your local groups.

Aims of Take 5 Ambassador Briefing Session

- To raise awareness and understanding of the Take 5 message
- To provide the resources necessary to promote the Take 5 message in your local community
- To create a network of Take 5 Ambassadors working to promote positive wellbeing.

Briefing Session Dates

Armagh & Dungannon Area

Date: Thursday 17th October 2019

Venue: Promoting Wellbeing Training Room, St Luke's Hospital, Armagh

Time: 2.30pm – 4.00pm

Newry & Mourne Area

Date: Tuesday 12th November 2019

Venue: Training Room 1, PIPS Hope & Support, Newry

Time: 10.30 am – 12 noon

Craigavon & Banbridge Area

Date: Wednesday 4th December 2019

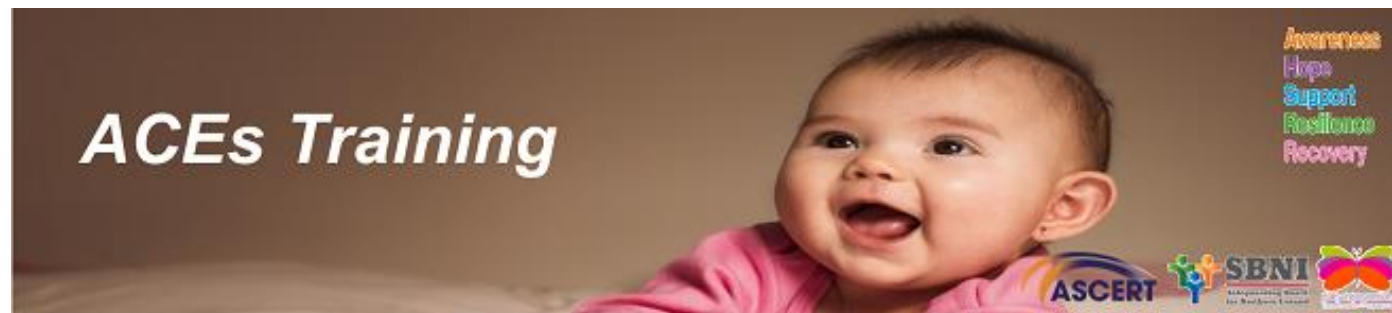
Venue: Banbridge Health and Social Care Centre, Banbridge

Time: 11.00am -12.30pm

To book a place on any of the above sessions please request an application form from: Take.5@southerntrust.hscni.net



e: Take.5@southerntrust.hscni.net



ASCERT has been commissioned by the Safeguarding Board for Northern Ireland to provide training for staff and volunteers working in the Community and Voluntary Sector in Northern Ireland to increase awareness of Adverse Childhood Experiences and Trauma Informed Practice.

This training is FREE and is available in venues across Northern Ireland. Registration for this training is completed online on the ASCERT website.

Through the EITP Trauma Informed Practice Project the SBNI with partners including ASCERT continue to roll out the Level One ACE Awareness Sessions and Level Two Developing Trauma Sensitive Approaches to Practice Training Sessions across health, social care, justice, education, housing, local government, the sports sector and community and voluntary sector.

We have a busy few months of training coming up!

What to expect: Find out more about what ACEs (Adverse Childhood Experiences) are and what their potential impact is upon behaviour and health in children/adults and the practical approaches to support those who have been experiencing trauma, yourself in your role and colleagues. Read more about ACEs at www.safeguardingni.org/aces/home

To find out more about CVS training dates in your area please visit

<https://ascert.biz/training-consultancy/community-training>

Staff working within other sectors should visit the SBNI website for other training dates specific to their sector

www.safeguardingni.org/ace-awareness-and-trauma-sensitive-practice-dates-2019



Check out the new and improved www.familysupportni.gov.uk website, making it easier for people in NI to find out about Family Support services and ALL REGISTERED childcare providers in NI.

If you require any more information about the website or would like some leaflets / posters, please contact us at info@familysupportni.gov.uk or tel. 0845 600 648.

Watch the promotional animation clip outlining the functions / benefits of the new website [HERE](#).

What Information about me is kept by the Hub?

The Hub will keep a copy of your referral form. Once your referral has been allocated, we will collect and dispose of all other copies of the referral form. We will ask the organisation who have agreed to provide support to you to confirm that they have started; that you completed the programme with them and if the support was of benefit to your family.

How can I be sure that the Hub respects my confidentiality?

All organisations taking part in the Hub have signed an Information Sharing Protocol that sets out the legal basis for sharing information.

For further information about the Family Support Hub in your locality please contact:

ARMAGH/ DUNGANNON HUB

Pat McGeough
Young People's Partnership Barnardos
39A Abbey Street, Armagh,
BT61 7DY
Tel: 02837522380
Email: familysupporthub@barnardos.org.uk

PORTADOWN/ CRAIGAVON/ BANBRIDGE HUB

Rachel Long/ Lisa Grant
Child and Parenting Support (CAPS) NIACRO
26 Carleton Street, Portadown Co
Armagh, BT62 3EP
Tel: 02838331168
Email: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB

Jacinta Linden SPACE
24 Monaghan Street, Newry,
BT35 6AA
Tel: 02830835764
Email: familysupporthub@space-ni.com

family Support HUB
SHSCT Area

INFORMATION FOR FAMILIES



CYPSP
Children & Young People's Strategic Partnership

niacro **Believe in children** **space**
Barnardos

November 2014

What is a Family Support Hub?

A group of voluntary, community and statutory organisations who meet to match requests for family support to the most appropriate services. The organisations involved have good knowledge of the support services available to families in the local area. Family Support Hubs intend to:

- ☑ support parents and children at the earliest possible opportunity by ensuring that family support service providers work together.
- ☑ improve access to family support services for all parents and children.
- ☑ help planners know what families need in order to provide better services.

Where are the Hubs and when do Hub meetings take place?

There are three Family Support Hubs in the Southern area who meet once per month as follows:

- ☑ Armagh and Dungannon - last Friday of the month
- ☑ Portadown/ Craigavon/ Banbridge - last Tuesday of the month
- ☑ Newry and Mourne - last Thursday of the month

Who is involved in the Family Support Hub?

Statutory, voluntary and community organisations who provide support services to families.

What are the roles of these organisations?

All of these organisations provide early intervention family support services and could be able to help your family. They also have a good knowledge of other family support providers in the community that could offer help. Social work representatives are also involved to ensure that help from social services can be provided if your family needs it.

How do I make a referral to a Family Support Hub?

A referral to a Family Support Hub can be made by completing a referral form which must have either parental consent, or the consent of the young person if over 16 years old. The completed referral form should be sent to the Family Support Hub in your locality—see overleaf for details.

What details are shared with the Hub?

Your details are only shared with the organisations involved in the Hub with your consent. In order to consent to your details being shared, you will be asked by the person making the referral on your behalf to sign the form. The information shared on the referral form is necessary to allow the Hub to decide the best type of service to meet your needs. If significant concerns emerge about you or any child in your family it may be necessary to share information about your circumstances without your consent. This will only ever occur if it is considered necessary to protect a child and you will be advised of this.

What happens after the Hub meeting?

We will write to you to confirm which organisation can help your family and will send a copy of this letter to whoever referred you. The organisation who has agreed to offer you support will contact you directly to arrange to meet with you.

If you wish to make a referral, please contact the appropriate coordinator listed above

To download the Family Support Hub **Referral Form**, click [HERE](#)

To view the Southern Trust Family Support Hub **Video**, click [HERE](#)



CHILDRENS PROGRAMME

COME JOIN US AT
GLEBE HOUSE

RUNNING NOVEMBER-MARCH

INCLUDING THREE RESIDENTIALS
FUN | GAMES | MEET NEW
FRIENDS | TRIPS & MORE

CONTACT US AT Tel: 028 4488 1374
Email: info@glebehouseni.com

Made with PosterMyWall.com



GLEBE HOUSE YOUTH PROGRAMME

CALLING ALL YOUNG PEOPLE!!!

Why not come along to Glebe House for a chance to:

- * Meet new friends
- * Take part in workshops
- * Play lots of Games
- * Have some fun
- * Take part in a volunteering project

RUNNING FROM OCTOBER-MARCH

Ages 14 +

Inclusion **Friendship** **Teambuilding** **Laughter** **New Skills** **Diversity**

Contact us:
Tel: 028 4488 1374
Email: info@glebehouseni.com

Made with PosterMyWall.com

e: info@glebehouseni.com

Work4U² Plus²
YOUTH DEVELOPMENT PROGRAMME
ALTERNATIVE CAREERS AWARENESS EVENT
Come along and explore the alternatives, sectors include:

- CONNECT WITH LOCAL EMPLOYERS
- EXPLORE EMPLOYMENT OPTIONS
- PLAN YOUR CAREER GOALS

TUESDAY
15TH OCTOBER 2019
FROM 10AM – 2PM
MILLAR SUITE,
CANAL COURT HOTEL, NEWRY

facebook/work4uplus
028 3026 7011
www.work4uplus.com

Entertainment Sector
Catering & Nutrition
Martial Arts & Sports Coaching
Business, Enterprise & Retail
Media & Photography
Health & Beauty
The Arts
Volunteering & Training

Strategic Partner
NEWRY & MOURNE ENTERPRISE AGENCY
futureproof
COMMUNITY FUND
ea

A Newry & Mourne Co-op & Enterprise Agency Initiative Funded by The Community Fund

w: www.work4uplus.com / f: facebook/work4uplus

INFORMATION EVENING FOR PARENTS

Joining the Dots

Come along & meet the agencies supporting children & young people's health and well-being

ST JOSEPHS HIGH SCHOOL
CROSSMAGLEN
TUESDAY 1ST OCTOBER
6.30PM-9PM

Agency Information Stands supporting a range of issues and services including people with additional needs

Sample taster sessions:

- BEHAVIOURAL PROGRAMMES
- EARLY YEARS CLASSES
- YOUTH PROGRAMMES
- RESILIENCE TRAINING WORKSHOPS

HSC Southern Health and Social Care Trust
Quality Care - for you, with you

space Supporting People and Community Enterprise

FLARE

TO HOST AN INFORMATION STAND AT THIS EVENT, PLEASE JUST E-MAIL

e: joanne@space-ni.com



GLEBE HOUSE PRESENTS

T:BUG

2019-2020

- Build Friendships
- Learn New Skills
- Play Games
- Have Fun
- Day Trips
- Take Part in Workshops

JOIN US FOR A NEW EXPERIENCE!
RUNNING FROM NOVEMBER - JANUARY

GLEBE HOUSE
23 Bishops Court Road, Strangford, Co. Down, BT30 7NZ

AGES 13 - 17

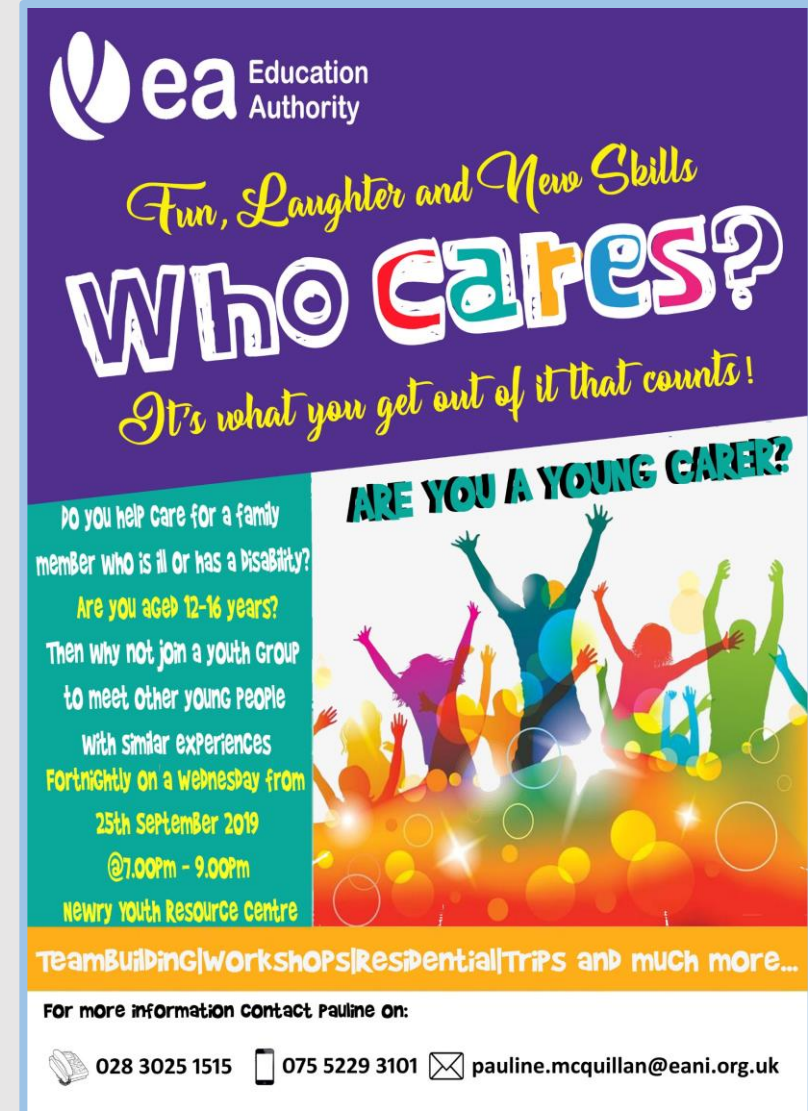
FOR MORE DETAILS PLEASE CALL 028 4488 1374
OR EMAIL: info@glebehouseni.com

The Executive Office

T:BUG Camps

glebe house
Made with PosterMyWall.com

e: info@glebehouseni.com



ea Education Authority

Who Cares?

Fun, Laughter and New Skills

It's what you get out of it that counts!

ARE YOU A YOUNG CAREE?

DO YOU help care for a family member who is ill or has a disability?
Are you aged 12-16 years?
Then why not join a youth group to meet other young people with similar experiences
Fortnightly on a Wednesday from
25th September 2019
@ 7.00pm - 9.00pm
Newry Youth Resource Centre

Team Building | Workshops | Residential | Trips and much more...

For more information contact Pauline on:
028 3025 1515 075 5229 3101 pauline.mcquillan@eani.org.uk

e: pauline.mcquillan@eani.org.uk

Centred Soul-Health & Wellbeing for All the Family



Rhythm2Recovery

FEEL GOOD
DRUM
CIRCLES

Centred Soul offers Rhythm 2 Recovery sessions for groups, organisations, schools, over all ages. R2R is a fun, therapeutic, evidenced based music therapy, using drums & percussion instruments, to cover a wide range of topics, in a non-confrontational, effective way! A non talking music therapy, prompting reflection & self awareness.

T:07719051393

www.centredsoul.co.uk
10 Marcus Street, Newry,
BT34 1ET

About Us...

Centred Soul-Health & Wellbeing for all the Family is a Not-For-Profit Social Enterprise, based in Newry. We support individuals and families with self care, with a particular focus on supporting those who have experienced Perinatal Mental Illness, Birth Trauma, Pregnancy & Infant Loss.

More about Rhythm 2 Recovery...

Sessions are taken for the purposes of fun, communication & laughs! We also offer sessional themes, tailored to individuals/groups & can be used sensitively, to address difficult topics such as loss, grief, relationships, domestic violence. A great learning experience all round!

Why?

Physical Therapy = Improved Coordination & Grounding R2R programs include physical exercises that assist participants with gross motor coordination and body awareness.

Regulation = Rhythmic Music Can Modulate the Human Stress Response.

Belonging = Community music making is an age-old tradition for bringing people together and having fun through a shared experience. Unlike many other group programs, music making avoids many of the pitfalls of language.



T:07719051393
www.centredsoul.co.uk
info@centredsoul.co.uk

10 Marcus Street
Newry

e: info@centredsoul.co.uk

Community Essentials

Free training for your community group

Committee Skills

Thursday 12 September
7:00 - 9:00pm

Managing Finance & Projects

Thursday 26 September
7:00 - 9:00pm

Developing Funding Applications

Thursday 10 October
7:00 - 9:00pm

Dobbin Street Community Centre,
11a Dobbin Street, Armagh, BT61 722

Members of your group are welcome at any or all of these sessions.
Please note booking is essential.
Please call 028 38392777 or email info@abccommunitynetwork.com

These sessions will also be available in Banbridge & Craigavon areas in October & November

e: info@abccommunitynetwork.com



WALKING ON EGGSHELLS NON VIOLENT RESISTANCE PROGRAMME

Child to parent violence is an abuse of power through which the child or adolescent attempts to coerce, control or dominate others in the family.

Supporting parents & carers to achieve a calmer and violent free home

- Overcome sense of helplessness
 - Develop a support network
 - Stop destructive behaviours
 - Improve family relationships
- All parents / carers will complete an initial telephone assessment to ensure the programme is suitable for their family circumstances.

ARMAGH

TUESDAYS
1st Oct - 19th Nov 2019
8 Weeks
10.00 am - 12 noon

* Due to funding stipulations this programme is only available to mothers at this time

CALL TO REGISTER
0808 8010 722

Mon-Thurs 9.30am - 3.30pm
Fri 9.30am - 12.30pm

t: 0808 8010 722



**AGE 15-17 AND
FROM THE
ARMAGH /
NEWRY AREA?
SAY YES TO NCS
AND YOU WILL:**



- GO ON AN EXCITING 3 NIGHT RESIDENTIAL PACKED WITH ACTIVITIES
- DEVELOP SKILLS TO BOOST YOUR CV
- EXPERIENCE AMAZING NEW ACTIVITIES
- MEET NEW PEOPLE AND MAKE NEW FRIENDSHIPS
- MAKE UNFORGETTABLE MEMORIES



Contact Caelan via Email
Caelan@youthaction.org
Or give me a call on
028 3751 1624



**IT ALL
STARTS AT
YES**
NATIONAL CITIZEN SERVICE

e: caelan@youthaction.org



Be Part of ABC Community and Voluntary Sector Panel

Armagh, Banbridge and Craigavon Borough Community Planning Partnership are seeking expressions of interest from local Community, Voluntary and Social Enterprise Organisations across the Borough to apply for membership of the Community and Voluntary Sector Panel.

The purpose of the panel is to ensure that the Community and Voluntary Sector is actively involved in Community Planning.

An Expression of Interest Pack has been prepared and is available by clicking on the following link:

<https://armaghbanbridgecraigavon.citizenspace.com/community-planning/be-part-of-abc-community-voluntary-sector-panel>

The Expression of Interest Pack contains:

- * Information on Community Planning
- * Role and purpose of Community and Voluntary Sector Panel
 - Membership and recruitment process

To register your interest to join the Community and Voluntary Sector Panel you need to:

- (1) Complete the expression of interest form electronically by following the link below.
- (2) Please ensure to complete all sections of the Expression of Interest form
- (3) Complete an Equal Opportunities Monitoring form
- (4) Provide the additional documentation that is requested.
- (5) Submit the electronic form on or before midnight on Sunday 6th October 2019.

If you wish to submit an emailed version or hard copy of this form, please let the Community Planning Team know.

e: Michelle.Markey@armaghbanbridgecraigavon.gov.uk

PEACE IV & The Play Strategy

PLAY IN THE COMMUNITY FUN DAY



**12-4pm
Saturday 26th October
The Mall, Armagh**

FREE interactive activities include

- Play
- Face Painting
- Balloon Modelling
- Petting Zoo
- Clay and Lego Workshops
- Den building
- Drama and Storytelling

Dress appropriately for the weather.

FREE FOOD

For more information please contact
Play in the Community Team - Caoilin, Evia or Joan
● PITC@armaghbanbridgecraigavon.gov.uk

Armagh City
Banbridge
& Craigavon
Borough Council

Peace
Northern Ireland - Ireland

This project is supported by the European Union's PEACE IV Programme,
managed by the Special EU Programmes Body



COME ALONG AND ENJOY **FREE** INDOOR & OUTDOOR PLAY

Through the PEACE IV Programme and Play Strategy, Armagh City, Banbridge and Craigavon Borough Council are delighted to provide a traditional play and events programme.

This programme provides you, your family and your community the opportunity to build positive relationships through play. We are providing play for children up to 16 years old, regardless of ability, along with parents. You are invited to come and take part in the **FREE** play sessions and events.

We are offering parents and family members the opportunity to volunteer and be supported to train in Playwork and gain qualifications - all **FREE** of cost.

Cathedral Road - Pitches/Community Centre

Play sessions
3.30pm - 5.30pm Wednesday 11th, 18th, 25th September
2.30pm - 4.30pm Saturday 28th September

Parent/Volunteer sessions
7.00pm - 9.00pm Wednesday 2nd & 9th October

Final Event on The Mall
12.00pm - 4.00pm Saturday 26th October



For more information please contact
Play in the Community Team - Caoilin, Evia or Joan
● PITC@armaghbanbridgecraigavon.gov.uk

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e: PITC@armaghbanbridgecraigavon.gov.uk / w: www.getactiveabc.com





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Mill Field - MUGA

Play sessions
3.30pm - 5.30pm Tuesday 10th, 17th, 24th September
11.00pm - 1.00pm Saturday 28th September

Parent/Volunteer sessions
3.30pm - 5.30pm Tuesday 1st & 8th October

Final Event on The Mall
12.00pm - 4.00pm Saturday 26th October



For more information please contact
Play in the Community Team - Caoilin, Evia or Joan
✉ PITC@armaghbanbridgecraigavon.gov.uk





2230_ACEBCBC


 Armagh City
Banbridge & Craigavon
Borough Council

Peace

 Northern Ireland - Ireland
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Keady - The Glen/TMAC Centre

Play sessions
3.30pm - 5.30pm Thursday 19th & 26th September
11.00am - 1.00pm Saturday 5th & 12th October

Parent/Volunteer sessions
7.00pm - 9.00pm Thursday 17th & 24th October

Final Event on The Mall
12.00pm - 4.00pm Saturday 26th October



For more information please contact
Play in the Community Team - Caoilin, Evia or Joan
✉ PITC@armaghbanbridgecraigavon.gov.uk





2230_ACEBCBC


 Armagh City
Banbridge & Craigavon
Borough Council

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e: PITC@armaghbanbridgecraigavon.gov.uk / w: www.getactiveabc.com

OUR **SUMMER HONESTY CAFÉ** WAS A GREAT SUCCESS -
THANK YOU TO EVERYONE WHO SUPPORTED IT.

WHILE WE WORK ON OPENING ON A MORE
PERMANENT BASIS, WE WILL BE **CLOSED FROM**
MONDAY 16th TO FRIDAY 27th OF SEPTEMBER
INCLUSIVE. HOPING TO OPEN UP ON **MONDAY 30th.**

LOOK FORWARD TO SEEING YOU AFTER THE BREAK!



e: info@stepni.org



Q. Does your family need help to access services within your community e.g. GP, health care professionals, family support hub?

Q. Are you looking for information on local activities, events and support networks in your area?

BCM's new FREE drop-in and family engagement service* enables families to connect with local support and organisations, with up to 3 sessions of advice available, in person or on the phone.

When: Every Friday morning 9.30am—12.30pm.

Where: Sunnyside House, 32a Coalisland Road, Dungannon or at a place suitable for you.

Please call to make an appointment.

For more information call Joanne on 028 8775 0175

*This service is not available to those already receiving home-based assessment service from BCM Parents' Support



Belfast Central Mission (BCM) is registered with the Charity Commission for N. Ireland NIC101271
www.belfastcentralmission.org

t: 028 8775 0175

Gaslight Media Trust



Facilitation Training for The *JustUs* Programme

An Innovative Citizenship Education Programme for Young People

<http://www.justusproject.net/>

About The Facilitation Training

This is a two-day Intensive Facilitation Training Programme for youth education practitioners, which will equip them with a bespoke set of digital resources to deliver The JustUs Workshop Education Programme to young people.

About JustUs

JustUs is an innovative, multi-perspective workshop based education programme (Open College Network NI Level 2 Accredited) purposely designed for young people living here. Comprising 6 modules, 4 of which are thematic explorations of challenging and controversial issues, it will be delivered by youth workers and teachers in safe educational spaces.

The programme addresses legacy questions and other tension-laced identity issues (sectarianism, racism, homophobia and transphobia) with a view to leaving young people better able to defuse their potential to erupt into violence.

JustUs was developed and produced by Gaslight Media Trust (GMT) who manage and license its rollout across Northern Ireland and the border counties.

When and where is the training taking place?

The workshops will take place over two full consecutive days as outlined below:

- **Dates:** Wednesday 23rd & Thursday 24th October 2019
- **Time:** 9.00 am – 5 pm (on both days)
- **Venue:** The Tower Room, Ranfurly House, Dungannon

Who is organising the Training?

Mid Ulster District Council have commissioned GMT to deliver this training programme with the purpose of upskilling experienced youth education practitioners to deliver the JustUs Workshop Education programme within youth work settings and schools in the Mid Ulster District Council area.

What The Facilitation Training Gives You

Successful completion of this two-day training workshop and its associated Out of Workshop Exercises qualify participants as GMT Accredited Facilitators of JustUs.

N.B. Use and delivery of the JustUs Programme is restricted to GMT Accredited Facilitators.

How much does it cost?

The entire project is **free** to all successful applicants, which includes: two JustUs training days, a one day study trip to Derry City and a closing workshop. Please see below, 'Project Availability & Commitment' for details.

N.B. To take part in this project you must complete the corresponding registration form, available from sgargan@gaslightproductions.net.

Training places are free to successful applicants and are limited to a maximum number of 16 people

**The closing date for return of this form is:
Monday, 14th October 2019**

Peace 
Northern Ireland - Ireland
European Regional Development Fund

 **Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council**

A project supported by the European Union's Peace IV Programme, managed by the Special EU Programmes Body (SEU)

e: sgargan@gaslightproductions.net

How do I refer into the programme?

1. Attendance on the programme is voluntary, so the nature of the programme should be explained to the Mother/Carer and agreement to participate sought.
2. To access a referral form log onto www.southerntrust.hscni.net/livewell/mellowparenting.htm
3. The referral form should be completed and returned to www.mellow.parenting@southerntrust.hscni.net
4. You will receive confirmation of your referral.
5. A panel will meet to assess referrals to the programme and both you and the individual who you referred will be informed in writing if a place has been secured. Information details about the programme will also be included.
6. In the event that a place has not been secured, information on other appropriate interventions will be provided.

For further information contact SHSCT, Promoting Wellbeing Team:

Maureen McSorley T: 028 3756 4489

or

Deirdre McParland T: 028 3756 4460

HSC Southern Health
and Social Care Trust
Quality Care - for you, with you

HSC Public Health
Agency

 **Mellow Parenting.org**
Information for Referrers



**PLACES STILL AVAILABLE
ON THE UPCOMING
14-WEEK PROGRAMME,
STARTING ON
TUESDAY 8TH OCTOBER 2019
IN SNOWDROPS NURSERY
ARMAGH**

e: Maureen.McSorley@southerntrust.hscni.net

What is Mellow Parenting?

Mellow Parenting is a fourteen week programme designed to support families who are experiencing relationship problems with their young children and have additional health and social care needs. Children should be aged between 1 and 4 years.

Mellow Parenting is based on principles from attachment theory, adult education and behavioural psychology. It combines support for parents with direct video feedback on the parents own interactions with their children, a tool which has been shown to be extremely effective in helping parents to make change.

What is Mellow Babies?

Mellow Babies is a specialised version of **Mellow Parenting** but has been developed for Parents and vulnerable babies under 1 year. The programme addresses both adult mental health including post natal depression and child protection issues.

When participating in either programme parents attend one full day each week, from 10.00am until 2.00pm. The child can be cared for in a children's group.

- In the early morning parents participate in a group which provides a forum for discussing the links between their own experiences in childhood and their current parenting experiences
- Lunch is prepared and eaten together, parents, children and group facilitators, which is followed by an activity in which parents are encouraged to play with their child
- Before going home parents look at videos of the interactions between parents and their children and draw out positive parenting. 'Have a go' tasks are discussed and parents are encouraged to try out new solutions at home and discuss their successes.

Home Visits are an essential part of the programme. A Facilitator will visit the family in their own home on two occasions prior to the programme starting. An important aspect of the programme is the analysis of video interaction between the parent and child within the participants own home. During the first visit the facilitator will explain the video recording to the Mother and if the Mother agrees short video footage will be taken on the second visit.

While the Facilitator is visiting the participants home they will discuss the programme and answer any questions or concerns the participant might have.

Criteria for Referral

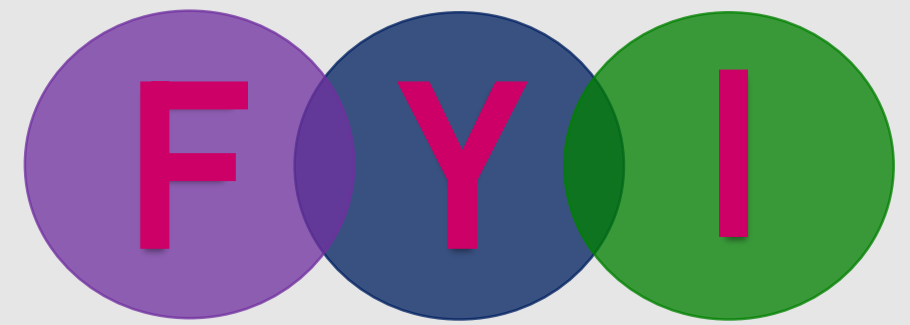
Participants should fall into one or more categories:

1. A child/children on or at risk of being placed on the Child Protection Register.
2. A history of Domestic Violence within the family.
3. The main carer has ongoing difficulties in their relationship with the child/children.
- 4a. A child of between 1 and 4 years has behavioural or emotional problems of at least 3 months **or**
- 4b. A child of under 1 year has behavioural or emotional problems of at least 1 month.
5. There is a history of mental health problems that impact on parenting capacity.
6. There is a history of Substance misuse that impacts on parenting capacity.

e: Maureen.McSorley@southerntrust.hscni.net

SOUTHERN AREA LOCALITY PLANNING GROUPS

ISSUE 16 | 26TH SEPTEMBER 2019



For Your Information

Some friendly guidance to those who are submitting information to **FYI**:

1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
2. Less words, bigger pictures!
3. We do not advertise or endorse those events or programmes which are privately funded as a business.
4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
8. Please let us know if FYI has helped your service, event or activity in any way.

Upcoming LPG Meetings

Banbridge:	Tue 1 st Oct @ Banbridge Old Town Hall
Craigavon:	Tue 8 th Oct @ Brownlow Community Hub
Armagh:	Thur 7 th Nov @ Epicentre
Newry:	Wed 13 th Nov @ Newry Youth Resource Centre
Dungannon:	Thur 14 th Nov @ First Steps Women's Centre
South Armagh:	Tue 19 th Nov @ Newtownhamilton Community Centre

All LPG meetings start at 10am | Everyone welcome!

For general newsletter information, contact:

Tel: Darren Curtis (028 9536 3966) / Joanne Patterson (028 9536 3216)

E-mail: localityplanning@ci-ni.org.uk

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR