

**Antrim/Ballymena Children's & Young People's Strategic Partnership Locality Planning Group**

**TUESDAY 24<sup>TH</sup> SEPTEMBER, 2019 2.00 P.M.**

**IN START 360 YOUTH ENGAGEMENT OFFICES, BALLYMENA,  
2-6 WELLINGTON STREET, BALLYMENA, BT43 6AE**

**Attending:**

|                  |                                   |
|------------------|-----------------------------------|
| Beth Gibb        | Action Mental Health              |
| Hannah Bowyer    | Ballymena South Cluster           |
| Claire Larkin    | AFC Family Support Hubs           |
| Andrew Millar    | Start 360 Connections             |
| Natasha McDonagh | Start 360 Connections             |
| Denise McVeigh   | Mid & East Antrim Borough Council |
| Karen Sykes      | Princes Trust                     |
| Sinead Tumelty   | Parenting NI                      |
| Tina Gregg       | Ballymena & Little Steps          |
| Rosemary McKee   | Intercultural Education - E.A.    |
| Adelyn Carr      | Ballyclare Family Focus           |
| Lloyd Ewart      | NHSCT 16 plus Team                |
| Gerry McVeigh    | Start360                          |
| Grace McCann     | NIACRO                            |
| Mervyn Rea       |                                   |
| Sabrina Lynn     | NHSCT                             |
| Lynsey McVitty   | NHSCT                             |
| Janine Gaston    | SACN                              |
| Jude McNeill     | Mid & East Antrim Borough Council |

**Apologies:**

|               |                                   |
|---------------|-----------------------------------|
| William Smyth | Youth Development Officer - AYICC |
|---------------|-----------------------------------|

|                  |   |
|------------------|---|
| Jayne McConaghie | PHA   |
| Dr. Maria Herron | Families Together Co-Ordinator, Parenting NI                |
| Alison McDaid    | Senior Youth Worker Team Leader, EA                         |
| Chris Lindsay    | Education Authority   |
| Lorraine Black   | Access Employment   |
| Rebecca Sylvest  | Action for Children   |
| Kelly Forsythe   | Environmental Health Officer, Antrim & Newtownabbey Council |

## **MINUTES OF PREVIOUS MEETING**

No changes to minutes of previous meetings required.

## **MATTERS ARISING**

Changing structure of CYPSP groups discussed. More delegation of roles across CYPSP partners due loss of dedicated NHSCT CYPSP staff members. Four groups to cover the four areas of the Trust Antrim/Ballymena, Mid-Ulster, Causeway and Carrick/Larne. Dedicated budget of £2500 per group discussed. Priority themes of Childhood aspirations and Take 5. New Health and Wellbeing Team structure-shared at meeting. New role of NHSCT Health and Wellbeing Officer discussed.

## **MEMBERS UPDATE**

### Jude McNeill

From 1<sup>st</sup> October the seven DEA Officers will be in post at Mid and East Antrim Borough Council and will cover the seven District Electoral areas of the Council area. This is a transitional process. Each Officer will cover Community Planning, Community Development, Good Relations, Community Centres and PSCP at a DEA level.

### Hannah Bowyer

Community Development Officer for Ballymena South Community Cluster – new in post.

### Beth Gibb – Action Mental Health

PHA Funded MINDSET, promoting holistic Health and Wellbeing particularly mental health targeting 14 to 17 year olds and adults within Community Groups.

Currently working with Sports NI and local clubs, all sports, with a new programme – “Wellbeing in Sport” for both young people and adults – coaches etc.

“Provoking Thought” shorter workshops covering Exam Stress, Self-esteem & Confidence, Social media, Generic Mental health Awareness and others.

New Horizons- IT/literary skills

Men’s Shed

### Claire Larkin – Action For Children Family Support Hubs

Family Support Hubs secured a new contract and funding on 1<sup>st</sup> July which has allowed for additional staff, an increase in referrals and partnership agencies. In line with this new contract we are actively working on service promotion, attending and facilitating events in each of the five hub areas and linking in closely with statutory, community and voluntary organisations in order to expand on services available to families. We will also be linking in closely with locality planning groups to help feed back on outcomes and areas of need re: services and support required for families.

### Andrew Millar Start 360 (Northern Connections)

Free Awareness Raising Sessions around drugs and alcohol are available for groups now, just get in touch to get something booked in.

Antrim Youth Fair happening on Thursday 26<sup>th</sup> September, if anyone still wants a stall at the fair give us a shout.

Dry January coming up

Looking in RAPID bin location

### Denise McVeigh – Play Development Officer, Mid & East Antrim Council

On-going play strategy – on-going work with our five year Action Plan.

Pop-up play sessions. Growing club. Forest schools for teenagers.

Community Play Rangers – completed in May/June - 20 volunteers across the Borough, funded by PHA.

#### **Community Events and Activities**

- All abilities Fun Day at Eden.
- Halloween Bat Night at Bashfordsland Wood.
- Big Garden Bird Watch at ECOS Centre, Ballymena.

### Karen Sykes – Princes Trust

Cover Antrim/Randalstown/Crumlin areas.

Antrim Team programme started 23<sup>rd</sup> September. We are still recruiting for this. Travel costs covered and contribution to child care.

Get started: 1-3 week programme

Developments Awards – 16-30 years old. Offers financial support to eligible young people moving into education, training or employment.

Get Into Tesco programme – taster day – 15<sup>th</sup> October with placements in Antrim, Ballymena, Ballymoney, Crumlin & Magherafelt.

Explore enterprise – up to 30 years old. Grants for courses.

### Sinead Tumelty – Parenting NI

**Families Together Parenting Platforms in Antrim** – National Lottery Community Fund partnership between Parenting NI and New Life Counselling based in Antrim

Every Tuesday – Walking Group at Parkhall Primary School 10am-12pm

Every Tuesday – Parenting Café at Greystone Primary School at 2-3pm

Every Wednesday- Parenting Café at Ballycraigy Primary School 1.30-3pm

Every Thursday – Drop in at Sixmile Integrated Primary School at 10am-12pm

**Top Tips in Antrim** – Every Tuesday Morning from 17<sup>th</sup> September at 9.15am in Ballycraigy Primary School, Antrim for 6 weeks. Ring 08088 010722 to book a place.

**Time for Parents** – Antrim – 6 week counselling, listening ear and support for any parent in Antrim with any parenting issue. Ring 0808 8010722 for more information.

**Time for Me** – Antrim - Family Key Worker (Sinead) can meet parent/carer to discuss any parenting concerns or family support needs. To book an appointment text on 078 8742 9015.

**Sink or Swim** – Antrim – 6 week group programme for parents with any aspect of parenting focussing on good mental health. Starts in Ballycraigy Primary School on Wednesday 9<sup>th</sup> October 2019 9.30-11.30am Parents can ring 0808 8010 722 to book a place.

**Families Together Fun Day Antrim** – Takes place in Antrim Forum on Friday 25<sup>th</sup> October 2019, 3-5pm. Family activities and information about local support services.

**Parenting NI** - New App available on Android & IOS.

More information on website, Facebook & Twitter.

Odyssey, Parenting your Teen at Ballyclare – 10<sup>th</sup> October 7pm to 9pm for eight weeks.

### Grace McCann - NIACRO

Project previously called 'CHIP' has been merged with/become 'FAMILY LINKS'. Support continues across NI for all children who have a parent/sibling/close family member in custody at present. Support is offered 1 to 1, in family groups or in group activities with peers. Support is available regardless of whether contact is on-going with the family member.

### Mervyn Rea

He was Chair of Antrim CYPSP from its conception. Until last election was a Councillor. Instrumental in setting up a group and did so before CYPSP was set up. Nothing to update.

Gerry McVeigh- Start 360

Youth Engagement Service- Support information and signposting for young people age 11-25 and a safe social space. Delivering OCN Level 2 in Youth Work Practice in Ballymena. Working in two schools in Ballymoney and plan to be back in schools in Ballymena. Castle Tower School working closely with a safe social space and Targeted Lifeskills programmes.

Sexual health service 16-25 years old.

Daisy- Drug and Alcohol intervention programme for young people to 25 years old

Voices- for Parents of young people 8-18 years old dealing with drug and alcohol problems

Rosemary McKee- Education Authority – Inter-ethnic Forum Roma Children

Supports Roma families from Romania and Bulgaria with school attendance.

Lloyd Ewart- 16 Plus Team NHSCT

Supports people 16-24 years old from care in Antrim/Ballymena/Magherafelt area.

Adelyn Carr

**Areas of connection:**

- Parent & Tots Group, Crèche & Pre School
- Child & Teen Bereavement Support Groups
- Active Listening and Counselling

-Parent Support and Training Courses

### **Family Support Work:**

-Family Support Agency Network is being developed connecting agencies to work together with to meet needs.

-Signposting – making referrals

-Receiving referrals

### Tina Gregg- Ballymena & Little Steps Surestart

Offering services within ward areas in Ballymena and three ward Areas in Antrim. Based in St. Joseph's, Ballykeel and Farranshane House, Antrim. Services provided to families of children under 4 years old. Antenatal, Health Services, Safety Packs, Parenting Programmes, Family Support, Early Years Programmes, and Outreach programmes provided.

### Janine Gaston- Suicide Prevention Officer

Mental Health & Emotional Wellbeing training schedule is live, sessions funded by PHA - a selection of half day and full day training and awareness opportunities covering topics such as grief, self-harm, suicide awareness, compassion fatigue etc.

SPDO role involves mental wellbeing and suicide prevention support across the localities of Antrim, Carrickfergus & Newtownabbey for all target groups including schools, community, youth, businesses etc.

Currently commissioning 41 suicide prevention small grant funded projects in South Antrim – huge demand from CV sector to continue addressing suicide prevention

SPDO currently working with EANI & NHSCT on a schools initiative to increase awareness and involvement in Take 5 Steps to Wellbeing

Connect with us on Facebook and Twitter platforms

Request a membership form to keep up to date and receive our bi-weekly ezine

SPDO represents on community planning groups for both Mid and East Antrim BC and Antrim & Newtownabbey BC – Any partners who wish to share or get involved under the Good Health & Wellbeing Theme please get in touch.

### Lynsey McVitty

Parents Plus- New Parents of teenagers and Teenagers programme training available.

The Parents of teenagers programme considers how parents can connect with and build good relationships with their teenage children, while also being firm and influential in their lives

The teenagers programme aims to help young people build communication and conflict resolution skills in to order to help them improve their relationships within their families, in school and in the community.

Workshop to learn more about the programme is being held on the 23<sup>rd</sup> October in Holiday Inn, 2-5pm. For more information & to register contact: Health & Well Being Team, NHSCT on 028 2563 5575

### **ACTION PLAN – OVERVIEW**

- Draft action plan discussed.
- Facebook group- Sub-group to be set up to progress.
- Internet Safety conference possibility discussed. Lynsey to attend Safeguarding in a Digital world speaker event and feed back to group.

### **ANY OTHER BUSINESS**

Nothing of note

### **DATE, TIME AND VENUE OF NEXT MEETING**

Tuesday 26<sup>th</sup> November at 2pm, venue to be confirmed