



South Eastern Area Outcomes Group Children and Young People's Action Plan 2017-2021 Record of Completed Actions



Priority One: Our children to reach their developmental potential (physically, emotionally and educationally)

Actions	CYP Strategy NI High Level Outcomes	Contributing towards PfG (NI) Indicators	Connecting Strategies / Work Plans	Time Frame	Who will lead & who will contribute	RAG STATUS Monitoring
<p>To raise awareness of the learning and sensory support that has been undertaken across the Outcomes Area</p> <p>Pilot of the Help Kids Talk Speech and Language Community Strategy in Lisburn and Colin Includes:</p> <ul style="list-style-type: none"> • Talk Boost • ADHD Changing Lives <p>Review the Help Kids Talk Strategy and provide regular updates at the SE Outcomes Group</p>	<p>Physical and Mental Health</p> <p>Learning and Achieving</p>	<p>% children at appropriate stage of development in their immediate pre-school year</p> <p>% of young people with a SEN statement in primary school</p> <p>% of young people with a SEN statement in post primary school</p>	<p>Education NI Order relating to SEN</p> <p>Special Educational Needs and Disability (Northern Ireland) Order 2005</p>	<p>April 2017/March 2018</p>	<p>Lisburn and Colin Early Intervention Groups</p> <p>Mabel Scullion, Barnardo's, David Simpson, Colin NP) & SEHSCT SLT Team</p>	<p>Working Group ongoing</p> <p>Help Kids Talk Workshop 14 June</p> <p>Action plan agreed</p> <p>Regular updates submitted at outcomes group meetings</p> <p>480 parents have attended Changing Lives workshops to date, and 16 Incredible Years ADHD-focused programmes have been run.</p>
<p>Scope existing speech and language initiatives in South Eastern Outcomes Area to understand the gaps and what has worked locally</p>	<p>Physical and Mental Health</p> <p>Learning and Achieving</p>	<p>As above</p>	<p>As above</p>	<p>TBC</p>	<p>South Eastern Outcomes Group</p>	<p>Colin SALT service being delivered in 6 primary schools</p>

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<p>To give children and young people the best start in life and ensure a healthy infant mental health</p> <p>Establish a South Eastern area infant mental health subgroup</p> <p>Scope, develop and agree an infant mental health action plan for next three years</p>	<p>Physical and Mental Health</p> <p>Enjoy Play and Leisure</p> <p>Learning and Achieving</p> <p>PFG - Giving children best start in life</p>	<p>Dental registrations of 0-2 and 3-5year olds</p> <p>Percentage of mums who breastfeed at hospital discharge</p> <p>Smoking during pregnancy rates</p>	<p>NI Children and Young People's Strategy</p> <p>DH Infant Mental Health Strategy</p> <p>Making Life Better Framework –</p> <p>DH Health 2020</p> <p>DH Families Matter: Supporting Families, 2009</p> <p>Community Plans x3</p>	<p>September 2017 - onwards</p>	<p>Julia Lewis, SEHSCT</p>	<p>Workshop held September 17</p> <p>Action Plan underway in line with Regional IMH Framework</p> <p>Trusts IMH Steering Group will be established</p> <p>Study visit with key leads to SHSCT to observe the I-CAMHS model</p> <p>Future models for an IMH service in SET</p> <p>New PIP Team developed</p>

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<p>Improve communication pathways to engage parents through the support of Parenting NI</p>	<p>Physical and Mental Wellbeing</p> <p>Learning and Achieving</p>		<p>NI Children and Young People's Strategy</p> <p>Parenting Strategy NI</p>	<p>Ongoing</p>	<p>CYPSP LPGs and Parenting NI</p>	<p>Parenting NI have completed Parenting Survey 2018/19 (Presented to OG on 10/10/19)</p> <p>Joanne Garrett along with CDIC counterparts in the other Trusts) continue to meet with Parenting NI on a quarterly basis to plan deliveries Parenting Your Teen (2 per year in each Trust) and Working Things Out (one per Trust) – CDICs advise Parenting NI of where these PHA funded deliveries should take place based on local knowledge of need and gap in provision.</p>

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<p>To address childhood obesity in the South Eastern Outcomes Area</p> <p>Re-establish the South Eastern Obesity Working Group and develop an action plan for the area</p> <p>Roll out of the Daily Mile Programme</p>	<p>Physical and Mental Health</p>	<p>Number of children in P1 that are obese</p> <p>Number of children in P7 that are obese</p>	<p>NI Obesity Framework</p> <p>NICE Guidance</p> <p>Diabetes Framework for NI</p> <p>Everybody Active 2020</p>	<p>Ongoing</p>	<p>Julia Lewis and Jason White, SEHSCT</p>	<p>Ciara Rooney (Jayne McKillen replacing Ciara; commencing in the post on 1 November 2019).</p> <p>to compile obesity/nutrition programmes in SE Area and link with David Tumilty, PHA re contracts and HLCs</p> <p>Ards and North Down Council scoping holiday hunger model in current summer schemes</p> <p>Roll out of the Daily Mile</p> <p>EITP Play Matters Professional Play Training across x4 council areas with council and LPG members</p> <p>Sure Starts provide a selection of fruit and vegetables to early years</p>

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						<p>settings. Produce is offered to all children. Sure Start also has a healthy break policy with engagement with parents to promote the healthy eating message.</p> <p>Breastfeeding – 1:1 support and to breastfeeding mothers provide by Health Visiting and or midwives. Facilitate breastfeeding support groups in partnership with core maternity and health visiting staff. Working towards full UNICEF accreditation under Children’s Centres</p> <p>Peer mentoring scheme established</p> <p>10 week MEND childhood group obesity programme being</p>

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						<p>delivered 6 week Cook It programme being delivered in both Sure Start areas for parents.</p> <p>Daily Mile implementation supported in c.35 primary schools across SE area.</p> <p>Two secondary schools piloting a dance programme</p>
<p>To address childhood dental health in the South Eastern Outcomes Area</p> <p>Ongoing action plan through existing South Eastern Dental Health Working Group</p>	<p>Physical and Mental Health</p>	<p>Number of children aged 0-2 and 3-5 years registered with a dentist</p>	<p>NI Oral Health Strategy</p> <p>NMDDC Community Plan</p>	<p>Ongoing</p>	<p>Marion Milligan, SEHSCT</p> <p>Maria Kelly, Down Sure Start</p> <p>Jacqui Adair, (Now replaced by Denise Rodgers) Bangor SS</p>	<p>Updates and Reports are submitted each quarter to South Eastern Outcomes Group</p>

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					Pauline Wilson, Ards SS	
<p>Ensure all children and young people have a level of educational wellbeing by improving school attendance and educational attainment</p> <p>Ensure multi-disciplinary approach to address education attainment across Outcomes Area</p> <p>Develop local initiatives to improve school attendance and raise aspirations of children and young people in education</p> <p>Consider a knowledge exchange session and make linkages with EITP Getting Ready to Learn (Hilary McEvoy)</p>	<p>Enjoying Learning and Achieving</p>	<p>% of schools found to be good or better</p> <p>Percentage of primary school children with less than 85% school attendance</p> <p>Percentage of post primary children with less than 85% school attendance</p>	<p>DE Miss School – Miss Out: A Strategy for Improving Pupil Attendance, 2016</p> <p>Community Plans ANDC NMDDC LCC</p>	<p>Mid 2018 - onwards</p>	<p>Bernie Mooney, EA and all SE Outcomes Group members</p>	<p>Lecale Schools Project Plan via Down LPG</p> <p>North Down Making a Difference in Education (MADE) Forum (CYPSP facilitated Logic Modelling and OBA workshop Sept / Oct 17)</p> <p>Planning day to review the current plans is set for Friday 11 October.</p> <p>Kilkooley Education Forum</p> <p>This Group has taken forward a campaign to promote parental engagement in education. The education group has also supported the</p>

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						<p>introduction of Eye4education becoming involved in the school. I introduced Darren Nixon from eye4education to the school and the school then secured some funding to fund Darren in the school. He works one day per week to engage the hardest to reach parents and children. We are now in year 2 of this and Darren is collecting outcomes to support further funding. He has recently begun working in Clandeboye PS too.</p> <p>Help Kids Talk – Lisburn and Colin</p> <p>SIF Mentoring for Achievement Programme</p> <p>430 primary children in Colin involved in Crescendo music programme for social and emotional wellbeing</p>

Priority Two: Our Children will be resilient and have positive mental health and wellbeing

Actions	CYP Strategy NI High Level Outcomes	Contributing to towards PFG Indicators	Connecting Strategies / Work Plans	Time Frame	Who will lead & Who will Contribute	RAG STATUS Monitoring
<p>Understanding the risks of hidden harm</p> <p><u>South Eastern Partnerships Conference</u></p> <p>To support young people impacted by:</p> <ol style="list-style-type: none"> 1. Parental Mental Health (Think Family Model / Resilience Building); 2. Parental Drugs and Alcohol Misuse (hidden harm) 3. Understanding the impact of Domestic Violence on children and young people and build resilience and coping techniques 	<p>Physical and Mental Health</p> <p>Living in Safety and Stability</p>	<p>Rate per 1000 children and young people aged 0-17 who are victims of Domestic Violence</p>	<p>DH New Strategic Direction for Alcohol and Drugs Phase 2</p> <p>DH Stopping Domestic Violence and Sexual Violence and Abuse in Northern Ireland (2016)</p>	<p>April 2018</p> <p style="text-align: center;">TBC</p>	<p>Michael Murray, Julia Lewis, Ralston Perera & Stephanie Thompson</p> <p>Ed Sipler / Mary Donaghy</p>	<p>Conference April 2018</p> <p>Report Card and presentations available on CYPSP website</p> <p>Actions from the conference are being taken forward by Chair and Support</p> <p>Think Family Awareness Session in SE Area</p> <p>Steps to Cope Funding is coming to an end (Oct. 2019) training will still be available and an online StC intervention for young people affected by parental mental health and substance misuse has been developed.</p>
<p>Build Capacity and Resilience across the Outcomes Area:</p>	<p>Physical and Mental Health</p>	<p>Short Questionnaire for Family Members</p>	<p>DH New Strategic Direction for Alcohol and</p>	<p>2018 onwards</p>	<p>ASCERT with Ed Sipler, SE Drug and</p>	<p>Ards and North Down local networking event between DACT and community September 18</p>

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<p>Parents Increase awareness and opportunity for referral of parents into Family Support Interventions relating to drugs and alcohol and mental health</p> <p>- http://www.drugsandalcoholni.info/services-near-you/</p>		<p>(Affected by Addiction) or SQFM (AA).</p> <p>Child and Youth Resilience Measure (CYRM)</p>	<p>Drugs Phase 2</p> <p>NIE Making Life Better Framework</p>		<p>Alcohol Coordination Team</p>	<p>SEDACT ACE Event, June 18</p> <p>Directory of Family Support Services in Lisburn, Ards & North Down & Down Sectors</p> <p>Promotion of family support services at local engagement events:</p> <ul style="list-style-type: none"> Ards Family Day Peninsula Family Day Lisburn Autism Day
<p>Staff</p> <p>To build the capacity of outcomes group, locality planning group and family support hub members in Steps to Cope training</p> <p>Staff deliver a minimum of one <i>Train the Trainer</i></p>				<p>November 17 onwards</p>		<p>2 day training delivered by SEDACT in Jan and March 2018</p> <p>5 members attended the training</p>

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<i>Steps to Cope Programme in South Eastern Area</i>						
<p>Children and Young People</p> <p>Who are living with a parent who misuses drugs or alcohol or has a mental health issue. Increase opportunity for referral of young people into <i>Steps to Cope programme</i></p>						<p>All staff in the Family Support HUB have now been trained in Steps to Cope.</p>
<p>Staff</p> <p>Facilitate a Safe Talk Session with organisations working with children and families across the South Eastern Outcomes Area</p>				TBC	Alison Doak, SEHSCT with CYPSP LPGs and Family Support Hubs	<p>2017 – 18 – 9 sessions delivered with 134 participants 2018-19 – 10 sessions delivered with 148 participants 2019- 20 – 10 sessions delivered with 287 participants (to date)- a further 10 sessions have been planned before the end of March 2020</p>

Priority Three : Our children to get the best possible early intervention support from their families
 (Ensuring a safe, stable and healthy home)

Actions	CYP Strategy NI High Level Outcomes	Contributing towards PfG (NI) Indicators	Connecting Strategies / Work Plans	Time Frame	Who will lead & who will contribute	RAG STATUS Monitoring
<p>Child Care Partnership (CCP)</p> <p>Share child care providers for the care of children with additional needs</p> <p>Raise awareness of the Barnardo's Play for All Scheme</p> <p>Maintain links between Outcomes Group and CCP in the South Eastern area e.g. training programme circulation</p>	<p>Physical and Mental Health</p> <p>Enjoy Play and Leisure</p> <p>Learning and Achieving</p>	<p>Living in Safety and Stability</p>	<p>CCP Action Plan 2014-2017</p> <p>Review of the Childcare Plan (2011-2014)</p> <p>Safeguarding Board Act (Northern Ireland) 2011</p>	<p>Ongoing</p>	<p>Evelyn Curran, South Eastern CCP Manager via CYPSP structures</p> <p>Barnardo's</p> <p>Evelyn Curran, CCP</p>	<p>CCP presented at 2 of 4 LPGs in 2018 as required</p> <ul style="list-style-type: none"> • Down LPG: Feb18 • Ards & North Down LPG: May 18 <p>Play for All Information circulated to all members</p>
<p>Addressing poverty across the South Eastern Area</p> <p>Build capacity of parents: To provide support and information to frontline</p>	<p>Physical and Mental Health</p> <p>Economic and Environmental</p>	<p>Percentage of children living in absolute low income poverty after household costs</p>	<p>NIE, Child Poverty Strategy, 2014-2017</p> <p>NIE Anti-Poverty and Social</p>	<p>TBC</p>	<p>Locality Planning Groups</p> <p>Family Support Hubs</p> <p>Women's Aid,</p>	<p>Ards and North Down LPG Poverty Forum with Action Plan</p> <p>Back to School Uniform Initiative in Ards via LPG and Down LPG</p>

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staff and families in relation to resilience, poverty, debt and welfare changes through existing resources	Wellbeing		Inclusion Strategy, 2015	October 2018	Councils	Colin LPG scoping poverty data for action SEHSCT Motivational Interviewing in AND area – June, July and August (64 staff) SEHSCT Having Effective Conversations Training in AND area (14 staff)
Family Support Increase awareness of family support hubs and referral routes across the outcomes area Improve promotion of the hubs between agencies and families to encourage increased self-referrals	Physical and Mental Health Enjoy Play and Leisure Learning and Achieving Living in		DH Families Matter: Supporting Families, 2009 Await updated DH Families Matter Strategy Await	September 2017 onwards March 2017 Ongoing	Michael Murray, SEHSCT Ralston Perera & Stephanie Thompson	A series of parental engagement sessions were completed in Sep 2017 to assess family experiences and shape future service development Increasingly links between hubs, LPGs and Schools

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	<p>Safety and Stability</p> <p>Children's Rights</p>		<p>Parenting NI Parents Strategy for NI</p>	<p>August 2017</p>		<p>Positive Steps training for staff in Down Sector</p> <p>The HUB is continually progressing and introducing interventions to offer families the best possible outcome at the earliest opportunity. Unfortunately we are struggling with managing waiting-lists, particularly in the Lisburn sector and the Steering Group has taken the unprecedented step of closing referrals to the HUB in the Lisburn sector for behavior management support for a period of 3 months. We will use this time to review the criteria. Referrers requesting support for behavior management will be signposted to the parenting programme calendar and also we have devised an information leaflet offering strategies to manage</p>

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						behaviours. We will continue to accept referrals for any other intervention during this period ie anxiety in children.
Family Support Increase awareness of the EISS across the South Eastern outcomes area	Physical and Mental Health				Amanda McClean, PHA	EISS Progress Report March 2017 & August 2018
Family Support Increase awareness of the Family Support NI website at local events	Physical and Mental Health Enjoy Play and Leisure				Helen O'Neill, HSCB	Attended local events including Ards and North Down Fun Day & Lisburn Autism Family Day
Family Support Ongoing updates from South Eastern and Regional FS Hubs to influence service planning	Physical and Mental Health Learning and Achieving				Joanne Garrett, SEHSCT / Helen Dunn, HSCB	Ongoing Annual Hub surveys presented to group

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Feedback from annual core members hub survey						
<p>Family Support Ensure families are provided with adequate parenting support Understand the investment into parenting support:</p> <ul style="list-style-type: none"> • 2014 E.I Mapping • Post 2014 investments • Family Support NI 	Physical and Mental Health Enjoy Play and Leisure Learning and Achieving		DH Families Matter: Supporting Families, 2009 Families Matter 2 Strategy TBC Best for Every Child Report Lisburn	June 2017 - onwards	Joanne Garrett, SEHSCT (Ref. Best Start in Life Priority 1)	<p>South Eastern Family Support Needs Assessment, Underway</p> <p>Lisburn, Ards and North Down and Down Sector Directories of Family Support Services</p> <p>The evidence-based parenting programme calendar is now populated for SET and can be accessed on the CYPSP website. This resource (along with the leaflet explaining the programmes) will be shared over the next week.</p> <p>The FSH is now offering evidence-based parenting programmes as an intervention as well as</p>

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						home-based visiting.
<p>Family Support Support families affected by multiple adversities</p> <p>Shared learning opportunity of the SEHSCT Pilot of Adverse Childhood Experiences project</p> <p>Review and explore potential next steps from the pilot adverse childhood experiences project and share learning across locality and HSC Trusts</p>	<p>Physical and Mental Health</p> <p>Living in Safety and Stability</p>			November 2017 onwards	<p>Michael Murray, SEHSCT</p> <p>(Ref. Priority 2 Changing Childhood Conference)</p>	<p>SEHSCT shared SE ACE pilot findings at regional conference, Nov 2017</p> <p>SE Partnerships Conference, April 2018 focused on ACEs</p> <p>SE Outcomes Group Chair briefed on progress of Regional ACE Reference Group via CYPSP</p> <p>ACE Resilience Documentary Screenings from January 2018 onwards x 4 LPG areas</p>