

Welcome to the opening 2020 edition of our information bulletin, **FYI** (*For Your Information*) - The first of the year and the decade!

We trust that everyone is feeling refreshed after the Christmas break and we'd like to take this opportunity to wish you all a Happy New Year.

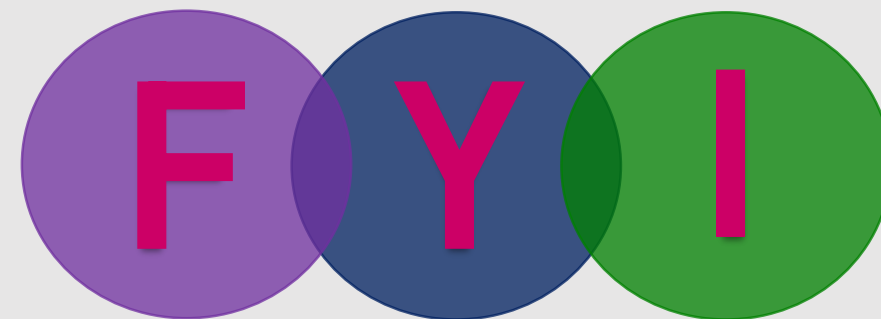
If you wish to advertise any upcoming programmes or activities with us, please read the guidance on the last page. Also, please note, FYI is released on a Thursday afternoon so we need submissions no later than 5pm on the preceding Tuesday.

Hope you find something of use to you here and please pass on to your contacts.

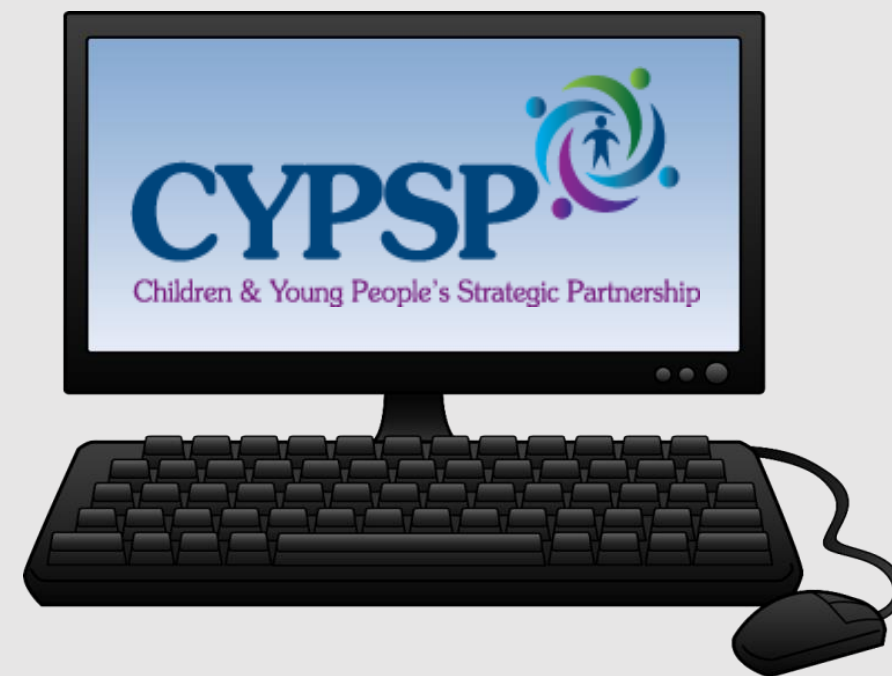
Darren Curtis and Joanne Patterson
Locality Development Team, Southern Trust Area

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For Your Information



www.cypsp.hscni.net



**Southern Area Safeguarding Panel
Case Management Reviews (CMRs)-Dissemination
of Learning Seminar**

Date: Friday 31st January 2020,
9.00 am – 1.30 pm (lunch included)

Venue: Craigavon Civic Centre
66 Lakeview Rd, Craigavon BT64 1AL

This event is aimed at all staff who have statutory
responsibility and duty to care for the welfare and
protection of children.

Please reply to this invitation by sending your response
and nominations to Mary O'Neill:
maryp.oneill@southerntrust.hscni.net

By Monday 6 January 2020.

**FURTHER
NOMINATIONS
BEING ACCEPTED
UP TO 17TH
JANUARY 2020**



Date for your diary

Public Health Agency Stakeholder Consultation Events

**"Relationships and Sexuality Education in the
community: what do we need to do next?"**

Thursday 23 rd January 2020	Belfast Central Mission, 5 Glengall Street, Belfast, BT12 5AD	5.00pm
Tuesday 28 th January 2020	Silverbirch Hotel, 5 Gortin Road, Omagh, BT79 7DH	5.00pm

The aim of this event is to obtain feedback from stakeholders regarding the
provision of Relationships and Sexuality Education (RSE) programmes in the
community to young people aged 12 to 19 years.

The Public Health Agency (PHA) is seeking feedback from young people,
parents and community/voluntary organisations that have accessed the
existing RSE programmes funded by the PHA in the community. We would
particularly like to hear from service users (young people), youth leaders and
organisations providing services for young people. We are also seeking the
views of providing organisations with expertise in developing and delivering
RSE in the community.

Target Audience:

Young people, parents, youth leaders, community and voluntary organisations
providing services/support for young people.

This event is free of charge. To register please contact Fionnuala Walsh at
Fionnuala.Walsh@hscni.net or 028 9536 1683 by Monday 13th January 2020.

e: maryp.oneill@southerntrust.hscni.net

e: Fionnuala.Walsh@hscni.net



Please save the date; more details to follow.

www.barnardos.org.uk



www.facebook.com/BarnardosNI/ / @BarnardosNI

Barnardo's Registered Charity Nos: 216250 and SC037605

SAVE THE DATE

'A New Life for Me':

The experiences of refugee and newcomer children in Northern Ireland

**Tuesday 24th March 2020,
Stormont Hotel, Belfast**

This conference will explore the experiences of refugee children coming to Northern Ireland. It will highlight the need for refugee integration and asylum policy, legislation and services to be child-centred and trauma informed, drawing on the knowledge from our services working with newcomer, refugee and trafficked children.

**Believe in
children**
 **Barnardo's**
Northern Ireland

e: trasa.canavan@barnardos.org.uk



Have you been affected by a Road Traffic Collision?

Many people are affected when a serious RTC happens. Each experience is personal and individual but it can help to talk to others who are dealing with the same experience. **You do not have to feel alone.**

WE MEET EVERY MONTH IN THE CANAL COURT

This support group aims to:

- ✓ Connect those who have experienced similar situations from a RTC
- ✓ Allow a space to grieve
- ✓ Provide information and help that you need when you need it

For anyone who has been affected in any way by a RTC.

3rd Thursday every month beginning on 16th January 2020
Mall Suite Canal Court Hotel Newry (2nd Floor)
7.00-9.00PM

e: martina.flynn@nmandd.org



CiNI
Children in Northern Ireland

Information Management Recording & Reporting

Tues 28 January 09:45 to 16:30
Children In Northern Ireland, 40 Montgomery Rd,
Belfast, BT6 9HL
Visit: www.ci-ni.org.uk/training

Spaces Remaining!

Click [HERE](#) to book

REIM

Digital and Online Safety awareness training

Monday 3rd February
2020
2.00pm – 4.30pm
Drumalane House Newry
Or

Tuesday 10th March
2020
10.00am – 12.30pm

Brownlow Health Education
Room, Craigavon

Please return your application to:
pwb.training@southerntrust.hscni.net
before Friday 17th January
2020



This workshop encompasses the key aspects of digital and online safeguarding.

It is designed to provide professionals who work with children and young people with up-to-date information and knowledge on the issues that young people may be facing in their on-line life and the potential dangers of using the Internet.

The workshop will cover:

- How the use of social media and the internet by professionals can have an impact on their professional and personal lives.
- Social media, gaming and apps – the risks.
- Child sexual exploitation.
- Privacy.
- Digital consent, sexting, sending and receiving messages.
- Digital laws and safeguarding.

The format will be a combination of real life case studies, group work and presentations.

The workshop is open to all services, organisations and individuals working to support parents and young people.

The course can facilitate teams, for further information contact: lorraine.savage@southerntrust.hscni.net



22-23
JUNE 2020

ICC
WATERFRONT,
BELFAST

The Trauma Summit returns to Belfast in June 2020 bigger and better.

It brings together all the World's leading experts in the field of trauma and trauma recovery in person under one roof. The Summit will examine a vast range of modalities to treat trauma and how delegates can incorporate these into their own professional practice.



Peter Levine



Bessel A. van der Kolk



Robin Shapiro



Janina Fisher



Dan Siegel



Sue Carter

We have 40+ speakers, 25+ workshops and invited some exciting new speakers to present and teach. Network with delegates both internationally and locally. We plan to tackle intergenerational trauma and childhood adversity, head-on!



Book now at www.traumasummit.com

e: pwb.training@southerntrust.hscni.net

Click [HERE](#) to book



ACEs
Adverse Childhood Experiences
Be the Change

SBNI
Safeguarding Board
for Northern Ireland

HSC Leadership
Centre

STRATEGY **RESILIENCE** **LEADER>>>**

Be the Change

COLLECTIVE **INNOVATE**

Trauma Informed Leadership Programme
For the Community and Voluntary Sector

Date: 25 and 26 February 2020
Time: 9.30am - 16.00pm
Venue: Lough Neagh Discovery Centre

Introduction

Following on from the 'Be the Change Leadership Programme' hosted by the SBNI and HSC Leadership Centre we are hosting a two day trauma informed leadership programme for the Community and Voluntary Sector (CVS).

The knowledge and implementation experience of key experts who have led through system transformation and trauma informed practice will be a significant component of the programme alongside a collaborative practical learning experience.

Designed to be innovative, fresh and leading edge this programme builds on your existing leadership skills and understanding of trauma responsive services. It challenges you to think about what high impact and trauma informed leadership means for you, your organisation and our system.

During this two day leadership programme you will hear from colleagues working across the CVS who have undertaken some exemplar live work during their completion of the 'Be the Change' Leadership Programme in 2019/2020.

Working with other leaders from across the trauma informed family, you will have an opportunity to stretch and challenge how you view and perform in your leadership role in developing a trauma responsive system/nation in Northern Ireland.

This programme is suitable for Chief Executives, Directors and Assistant Directors from across the Community and Voluntary Sector in Northern Ireland.

STRATEGY **COLLECTIVE**

e: lia.mckenzie@hscni.net

WHAT will you get?



A detailed programme for the 2day programme will be made available closer to the dates.

HOW TO REGISTER

**REGISTRATION CLOSES ON
31 JANUARY 2020**

Registration

There are a maximum of 60 places available on this programme. Attendance at this programme is by invitation only at this stage. This programme is FREE to attend.

Information Required

- Name
- Job Title
- Organisation
- Contact Details
- Special Requirements

TO REGISTER PLEASE EMAIL THE DETAILS ABOVE TO
LIA.MCKENZIE@HSCNI.NET

e: lia.mckenzie@hscni.net

 **YOUTH CAN DO IT** PROGRAMMES JAN - MAR '20

Security 8th Jan, Belfast  19th Feb, Ballymena, ages 18-30 Two week course / SIA License	Retail M&S 10th Feb, Belfast, Lisburn and Derry/Londonderry, ages 16-25 Four weeks in store work experience / placements available in various locations
Enterprise 15th Jan & 20th Feb, Belfast 4th March, Newtownabbey and Lurgan, ages 16-30 Business idea? Free ongoing support / mentoring / low interest loans	Fire Service  12th Feb, Belfast 26th Feb, Derry/Londonderry, ages 16 - 30 Meet new people / learn new skills
Fairbridge + 21st Jan, Belfast, ages 16-25 Boost confidence / learn new skills / one to one support	Retail  3rd March, Belfast 4th March, Newry, ages 18-30 Four weeks in store work experience / placements available in various locations
Make-up 22nd Jan, Belfast 12th Feb, Antrim, ages 16-30 Meet new people / learn new skills	Team programme Ongoing, across NI, ages 16-25 12 week personal development programme
Ready to work  23rd Jan, Belfast, 16-30 Two day employability programme / job opportunities	Development Awards Ongoing, across NI, ages 16-30 Grants to help young people into education, training or employment
Wellbeing 5th Feb, Lurgan, ages 16-30 Wellbeing and nutrition workshop	

We also offer one to one support to help young people live, learn and earn.
 For more info, call 0800 842 842 or email outreachni@princes-trust.org.uk.
 Support for travel and childcare is also available.

   www.princes-trust.org.uk  

This project is part funded through the Northern Ireland European Social Fund 2014 - 2020 and the Department for the Economy

W: www.princes-trust.org.uk



Young Adults Carers Service

Action For Children have launched a new service for young adults in a caring role.

The Young Adult Carers Service will be running throughout the 5 trust areas for any young person between 18-25 in a caring role.

We will be delivering services in a range of formats including one to ones, group work, information sessions and much more, all of which will be planned and organised following consultation with the young adult carers themselves.

We accept referrals from family members, social workers, health professionals, teachers, tutors, voluntary sector professionals and young adult carers themselves.

For more information about the practical and emotional support we offer young adult carers, or to make a referral, please contact us.

Young Adult Carers Referral Form can also be downloaded, [HERE](#).

e: youngadultcarers@actionforchildren.org.uk



Workshop Options:
Please choose 1 date

Wednesday 29 January 2020
Brownlow Health Centre,
Craigavon

Thursday 13 February 2020
Ranfurly House, Dungannon

Tuesday 25 February 2020
Ballybot House, Newry

10am – 12.30pm

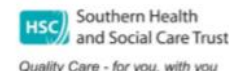
To book a place return your
application form before Friday 10
January 2020 by emailing:
pwb.training@southerntrust.hscni.net

For additional queries please
contact:
lyndsey.hasson@southerntrust.hscni.net

PANTS helps children understand
that their body belongs to them,
that they have the right to say no,
and that they should always talk to
an adult they trust if they are upset
or worried.

These workshops are being offered
as part of a multi-agency campaign
supported by the **Public Health
Agency** and **Promoting
Wellbeing Division** in partnership
with **NSPCC**, to enable multi-
agency practitioners to effectively
use the PANTS resources.

These workshops are FREE to
anyone working with or supporting
families and children in the
community.



e: pwb.training@southerntrust.hscni.net



Parents, carers, family members...

**if you need us
we're here.**



**FREE LOCAL HELPLINE
0808 8020 400**

Chat online: www.ci-ni.org.uk

Email: parentline@ci-ni.org.uk

OPEN 6 DAYS A WEEK:

Mon-Thurs 9am-9pm

Fri 9am-5pm

Sat 9am-1pm



Click [HERE](#), to check out our new video highlighting how ParentLine can support parents as they navigate key milestones...



#HereForYou

FREE Local Helpline: 0808 8020 400 / w: www.ci-ni.org.uk / e: parentline@ci-ni.org.uk

Services Available Through The Hub May Include...



There Are 3 Family Support Hubs In the Southern Trust Area

ARMAGH & DUNGANNON HUB

Pat McGeough
Young People's Partnership Barnardos
39A Abbey Street, Armagh
BT61 7DY
T: 028 37522380
E: familysupporthub@barnardos.org.uk

CRAIGAVON & BANBRIDGE HUB

Lisa Grant
NIACRO
26 Carleton Street, Portadown Co. Armagh
BT62 3EP
T: 028 38331168
E: familysupporthub@niacro.co.uk

NEWRY & MOURNE HUB

Allison Slater
SPACE
24 Monaghan Street, Newry
BT35 6AA
T: 028 30835764
E: familysupporthub@space-ni.com

Believe in
children
Barnardo's



Southern Area FAMILY SUPPORT HUB

*Many families need a little extra
help sometimes*



Information for Families



MSG Southern Health
and Social Care Trust



Download a Family Support Hub Referral Form, [HERE](#)

What is the Family Support Hub?

- The Family Support Hub is a meeting of representatives from community, voluntary and statutory organisations who deliver services for children and families in your area.
- Each Family Support Hub has a lead body who co-ordinates the meeting and receives the referrals.
- The members of the Family Support Hub are from a range of statutory and community/voluntary agencies who offer services in your area. These agencies include; Education Welfare, Health Visiting, Womens Aid, Homestart, Social Services Surestart and Child and Adolescent Mental Health Services.
- Referrals will not be accepted without your consent. If the young person you are seeking support for is over 16, they must also sign the referral form.
- For more information follow this link <https://vimeo.com/216493917>

Your Family Support Hub Will

- Meet once a month to discuss referrals to identify and connect you and your family to the service you need at a time when you need it.
- Work in partnership with you and your family.
- Act professionally ensuring all information is treated in a confidential manner.

How The Hub Works

A referral form is submitted to your local hub-coordinator.

The Hub Co-ordinator may contact you for more information prior to the Hub meeting.

Hub Co-ordinator will present all referrals received to the monthly meeting. The Hub members will then discuss your referral and aim to match your family to the best service for you.

Only core Hub Members attend the meeting, you will not need to attend.

You will receive a letter from the Hub Co-ordinator to let you know what service was identified as most appropriate to meet your needs.

The service that was identified as most appropriate will then contact you directly.

You can choose whether or not you wish to accept the support that has been offered. You are in control.

What Are The Criteria For Making A Referral To The Hub?

- Your family would like support - this is a voluntary process and you can withdraw your referral at any time.
- You are a family with children aged 0 -17 years.
- No social worker currently involved with your family.

Some of the challenges the Hub can help with



Who Can Refer To The Hub?

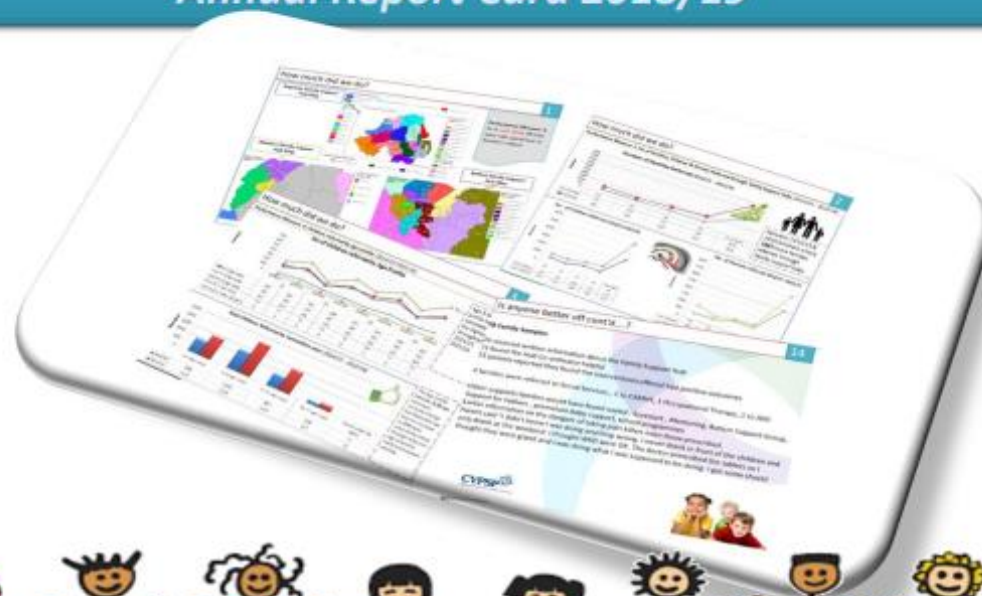
- You can make a self-referral to the family support hub or a referral can be made by anyone working on your behalf i.e. teacher, doctor, health visitor or community group.
- You can download a referral form from <http://www.cypsp.hscni.net/family-support-hubs/> or just pick up the phone and call your local family support hub co-ordinator. Details can be found on the back of this leaflet.



Download a Family Support Hub Referral Form, [HERE](#)

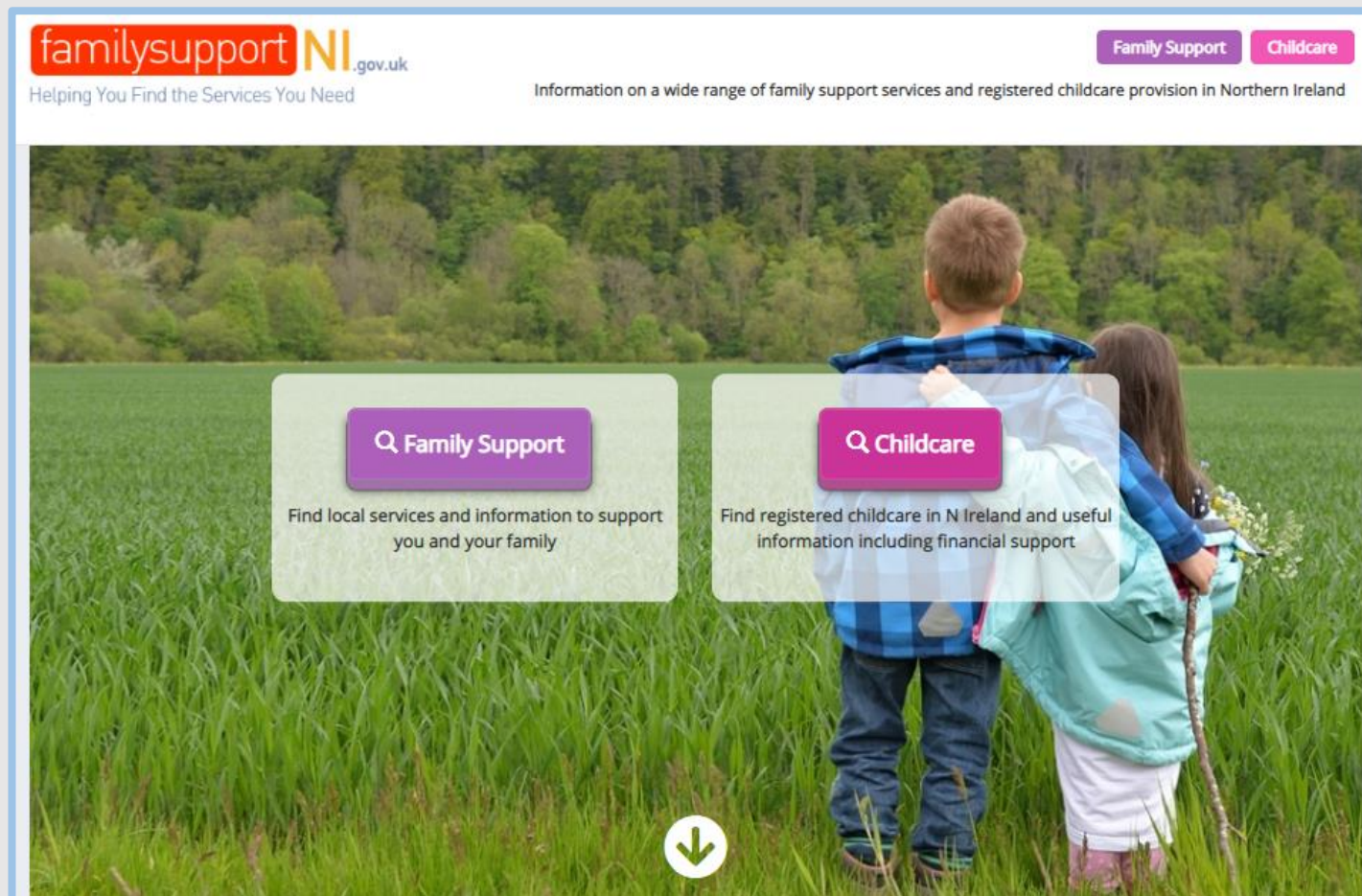
SHSCT Family Support Hubs Report Card

Annual Report Card 2018/19



July 2019

View the recently published SHSCT Family Support Hubs **Report Card**, [HERE](#)



Check out the www.familysupportni.gov.uk website, making it easier for people in NI to find out about **family support services** and ALL REGISTERED **childcare providers** in NI.

If you require any more information about the website or would like some leaflets / posters, please contact info@familysupportni.gov.uk or tel. 0845 600 648.

Parent Support

"Behind every child who believes in themselves is a parent who believed in them first" Matthew Jacobson

Your influence as a parent is one of the most significant factors in your child's life chances. We want to support and work with you as the primary care giver and educator for your children to ensure what we offer is meaningful, consistent and available at the point of need.

This webpage is designed for Parents and Organisations working to support families using group work approaches:

On this page you will find:

- Information / Leaflets
- Evidence Based Parenting Support
- Development Opportunities for Practitioners
- Contacts

Please click on the appropriate tabs below:

Parent Programmes & Training | Reports, Publications & Leaflets | Local Contacts

Evidence Based Parenting Programmes

To find a parenting programme in your area click on the colour coded tab for your Health and Social Care Trust. To search by month click dropdown under "Events In" or scroll across using the months navigator on calendar. Once you see a programme you are interested in click on it for more details.

Note: All training courses for professionals are colour coded bright green.

Children and Young People's Strategic Partnership | Customize | 7 | 0 | + New | WP-Filebase Pro | Smart Slider | Events | Howdy, Valerie | Search

Events for October 2019

See Parenting Support Links Below

familysupport NI.gov.uk
Helping You Find the Services You Need

Parent Line NI
FREE LOCAL HELPLINE
0808 8020 400

Check out CYPSP's Parent Support webpage, specifically designed for parents and organisations working to **support families** using group work approaches, [HERE](#).

This resource also provides the details of current and forthcoming **evidence-based parenting programmes** across Northern Ireland.



Armagh Foodbank
 Armagh Elim Church
 Drummanmore Road
 Armagh BT61 8RN

T 07752 680805

E info@armagh.foodbank.org.uk
www.armagh.foodbank.org.uk

Hi All

May I firstly say to you all Happy new year and may 2020 bring much happiness to you and everyone you help.

The Foodbank this year in July will be opened 5 years given out over 40 tons of food and feed nearly 3000 ppl by end of 2019.

We thought that it would be a good idea to run an event called Connection for all our 56 agencies and also open to agencies not signed up as voucher holders to network with each other and share a little of how we can connect together to make a difference in local people's lives.

We plan to run at the above address on Tuesday 3rd March for light lunch and then have a time we're if agencies want a 2-minute slot (on a timer lol) just to share how you are serving our local community and how others are able to connect with you.

Also you will be able to set up a table with your information on and we can network together. We plan to open up for the public to come along to find out what help they can access.

If your agency is interested in attending, please reply by 21st January so we can get a flyer designed with agencies that are attending.

We will later contact you with confirmed details and ask for 1 PowerPoint slide if you want to share in a 2-minute slot.

Linda Thompson our area representative for the Trussell trust will be coming along to share about the work of Foodbanks locally and in the U.K.

Please reply to info@armagh.foodbank.org.uk

Kind Regards

Richard Thompson
 Armagh Foodbank project manager

e: info@armagh.foodbank.org.uk

Behaviour, is it just a phase or
is it a problem?



FREE TALK For Parents

The psychologist with The Changing Lives Initiative
is delivering a free talk for parents who are
concerned about their child's attention, impulsive
and hyperactive behaviour.

17th January 11am, **Dobbin Community Centre, Armagh**
22nd January 6pm, **Sean Hollywood Arts Centre, Newry**

Tickets on www.eventbrite.com or call (042) 9502220

To book your place on your preferred location, click [Armagh](#) or [Newry](#)

Newry SureStart

Daisymail

January to March 2020

New Year! New You!



To help you stick to your new year's resolution to get fitter and healthier Newry Sure Start are holding a 8 week Cook It programme. This is a hands-on programme where you will receive advice on cooking healthy food for your family on a budget, and every week you will have an opportunity to cook a new recipe with the rest of the group.

Programme starts Wednesday 22nd January 2020 in Newry Sure Start bungalow, 10am-12noon.

Cook It! is always popular so be sure to book your place early! Limited crèche and transport available, Booking Essential

Incredible Years Parent & Baby Programme

Starting Tuesday 21st January @ 10.00am

Topics Covered are as follows:

- Getting to Know Your Baby
- Babies as Intelligent Learners
- Physical, Tactile & Visual Stimulation
- Parents Learning to Read Babies Minds
- Gaining Support
- Babies Emerging sense of self

This is an 8-week programme & is on for 2 hours a week from 10.00am-12noon. The Incredible Years Baby Programme is a programme for Parent & Baby to attend together.

Developmental Programme for 2 to 3 Year Olds 2020/2021

Do you have a child born between 02/07/2017 and 01/07/2018?
Do you live in Newry Sure Start catchment area?

If so, your child is eligible to apply for a place on the Sure Start Developmental Programme for 2 to 3 Year Olds. Application forms will be available from Early Years centre on Friday 3rd April 2020. In the meantime, please call us to check that your child is registered and that we hold your correct contact details.

Please note that this programme may be oversubscribed and places are not guaranteed.

Providing **Free** programmes for parents and children under 4 living in the Newry area.

For further information or to receive our full programme of events please call 028 30833780 or email info@newrysurestart.org.

e: info@newrysurestart.org



FINANCIAL WELLBEING WORKSHOP

'Strategies for dealing with debt and Financial Wellbeing'

- **Impact of Debt on a person/family**
- **Spotting the signs of debt**
- **Types of debt**
- **Help with debt**
- **Debt solutions**
- **Building resilience for a debt free future**

Delivered by:
Nancy McMullan
Head of Business
Development & Marketing

For further enquiries or to book a place please contact admin@space-ni.com

Location: The Good Space
5-7 Marcus Street, Newry
@10am-12.30pm
17th January 2020





e: admin@space-ni.com



REGENER8

Clanrye Group
We Care

Recruiting
Jan 2020

Living in
Newry City
or South
Armagh?

Aged
16-24?

FREE PROGRAMME

Not in employment, education or training?

Avail of a one year programme providing:

- Fun Activities / Trips
- Community Development Level 1
- Diversity Level 1
- Personal Development Level 1
- Work Experience
- Volunteering
- Employability Level 2
- Vocational Qualifications Level 2

Free Driving Lessons, Provisional Licence and Driving Test
Assistance with Childcare, Travel and Lunches provided

Contact Sarah Hillen today on 028 3089 8119
or email sarah.hillen@clanryegroup.com

INTERNATIONAL FUND FOR IRELAND

rural ACTION MAKING IT HAPPEN

www.clanryegroup.com

e: sarah.hillen@clanryegroup.com



Interreg
Northern Ireland - Ireland - Scotland
European Regional Development Fund

A project supported by the European Union's INTERREG VA Programme, managed by the Special EU Programmes Body

Information Event

Bessbrook Community Centre
Monday 13th January 2020
7.00pm-8.00pm

Everyone Welcome

innovation recovery
education for mental wellbeing

FREE Courses

Building Mental Health Resilience

For information Contact Tel 02830257012

 **innovation recovery**
education for mental wellbeing

e: mariaq.quinn@southerntrust.hscni.net



Mid Ulster District Council
Information For Residents

Energy Efficiency Advice Service



The Energy Efficiency Advice Service is a 1-1 personal approach to manage the energy efficiency of domestic properties within Mid Ulster District Council.

Are you, or someone you know, living in a cold or damp home?

The Energy Advisor can provide tailored support for clients including the generation of referrals to other available support schemes.

For further information please contact Mid Ulster District Council and ask to speak to the Energy Efficiency Adviser on 03000 132 132 or email health.wellbeing@midulstercouncil.org

What assistance is available from your local council?

- Onward referrals for heating and insulation grants.
- Bespoke energy efficiency advice.
- Home visits to provide tailored information and support.
- Information on local oil buying clubs.
- Information on fuel/oil stamp schemes.
- Attendance at talks and events.

HSC Public Health
Agency
Project supported by the PHA

Ceannairde Ceannair
Lár Uladh
Mid Ulster
District Council

e: health.wellbeing@midulstercouncil.org



The Education Authority Youth Service is currently recruiting a JNC qualified youth worker to join the Dungannon Area team with a remit of covering Clogher Valley.

This is a full-time permanent post with a remuneration package of £29,724 and expenses relating to travel away from base and subsistence where appropriate.

The closing date for applications **Friday 10th January 2020** and all applications must be made online via the EANI Taleo System accessed via:

<https://eani.taleo.net/careersection/external/jobsearch.ftl?lang=en>

The job listing can also be currently found on the Job Centre Online Website, [HERE](#).

**CLOSING DATE
FOR
APPLICATIONS
TOMORROW!**

**Are you 16-24 years old
and from the Dungannon area?**

- Free lunch, travel and childcare. Develop new personal and social skills
- Meeting 18 hours per week for 6 months.
- Develop a better understanding of **YOUR** community.
- Incentive payments of £8 per day. Gain skills and qualifications.

For more information please contact Brenda at YouthAction N.I on (028) 66328534 / 07597901057 / email brenda@youthaction.org or find us on facebook YouthAction NI Brenda McElroy.

An Roinn Leanaí agus Gnóthaí Óige
Department of Children and Youth Affairs

Peace4Youth

Northern Ireland Executive
www.northernireland.gov.uk

**LIMITED SPACES
STILL AVAILABLE ON
DUNGANNON AREA
PROGRAMME
STARTING IN MID
JANUARY 2020**

e: brenda@youthaction.org

Contact our STEP Community Support Team

All our support staff can be contacted through the STEP office in Dungannon at The Junction, 12 Beechvalley Way, Dungannon, Co Tyrone BT70 1BS Tel: 028 877 50211



Charlene Corrigan, Floating Support Services Manager
charlene.corrigan@stepni.org



Joanne Dougan, Family Support Services Manager
joanne.dougan@stepni.org



Virginija Kuizinaite, Family Support Worker
virginija.kuizinaite@stepni.org



Bernadetta Kepa, Family and Floating Support Worker
bernadetta.kepa@stepni.org



Gintare Silvestre, Floating Support Worker
gintare.silvestre@stepni.org



The greatness of a community is most accurately measured by the compassionate actions of its members – Coretta Scott King

e: joanne.dougan@stepni.org

What is Community Support?

Community Support is a package of support provided to individuals or families in a one-to-one or group basis. There is a defined criteria for inclusion in a Community Support programme with specific outcomes and goals to work towards, i.e. it is not one-off support but rather a progressive series of contact between staff and participants.

Why does STEP care about Community Support?

Community Support relate to the STEP's overall ethos of empowerment. Through the support work we do, the individuals and families receive specific advice and guidance to develop the confidence to work through issues impacting their lives. Support helps build confidence and capacity to independently address difficulties, share solutions and actively participate in the socio-economic life of the community.

Who funds our Community Support work?

At present our specialist Community and Family Support work is supported by Supporting People (NI Housing Executive); Community Fund (formerly Big Lottery Fund) and Northern Health & Social Care Trust.

What Community Support work does STEP currently do?**STEP Floating Support Programme**

This is a free, individual housing support service that enables you to take control of your life, by assisting you to develop the knowledge and skills needed to set up or keep your home and live independently within the community.

Who can use this service?

This service prioritises

- Those aged over 18 years
- Those who live within the Cookstown or Dungannon area
- Those from a Black and Minority Ethnic Community background
- Those at risk of losing your home, preparing to move into new accommodation, or have issues related to their housing
- Those considered to need housing support for another reason

What you can expect from our Floating Support Service?

Through the floating support service and work with our staff participants will be enabled to achieve a number of outcomes including:

- Developing skills to ensure they can live independently in their home
- Find and move into alternative accommodation if they want and to set up and furnish your home
- Sustain their current home to prevent homelessness
- Manage their own finances, benefit claims, bill payments, and paperwork
- Find out about and deal with other services and agencies and link in with employment, training, voluntary work or other meaningful occupation
- Develop new skills and grow in confidence

How can you apply for our Floating Support Service?

You can apply directly to STEP or be supported by a friend/family member. Referrals can also be made on your behalf by a representative from an agency/organisation such as Social Services, Health Visiting, Northern Ireland Housing Executive, etc...

All applications are made by contacting STEP for a Referral Form on 02887750211 or by emailing reception@stepni.org. Referrers and applicants are welcome to speak informally to Charlene Corrigan STEP Floating Support Services Manager on 02887750211

STEP Family Support Programme

All families need support at some point. Our support service helps families turn things around in difficult times with practical and emotional support. Together with a Support Worker the client identifies need and puts in place a developmental plan to achieve agreed outcomes.

Who can use this service?

This service prioritises

- Those who have children under the age of 12 years
- Those from a Black and Minority Ethnic Community/Traveller Family background and living within the Mid-Ulster (Dungannon, Cookstown & Magherafelt) and Armagh area
- Those in need of family support for crises intervention/multiple problems, parenting, reducing isolation and stress.

What to expect from our Family Support Service?

Working with our service can enable the following outcomes for parents and families

- Greater confidence with parental role
- Better understanding of parental rights and responsibilities
- Better ability to seek appropriate help and find timely solutions to improve current situation
- Find out about and deal with other services and agencies

How can you apply for our Family Support Service?

Parents can apply directly to STEP themselves. Referrals can also be made by a representative from an agency/organisation such as Social Services, Sure Start, Vineyard Church, St. Vincent de Paul, Barnardos, An Tearmann or from our STEP Floating Support Service, GP, Health Visitor or school staff.

All applications are made by contacting STEP for a Referral Form on 028 877 50211 or email reception@stepni.org

Referrers and applicants are welcome to speak informally to STEP Family Support Services Manager, Joanne Dougan on 028 877 50211

e: joanne.dougan@stepni.org

Warm and Welcoming Places Programme



Armagh City, Banbridge and Craigavon Borough Community Support and Good Relations Action Plan reflects the Common Needs Plus Model which aims to bring people together to concentrate on issues prevalent in deprived communities, addressing inequalities rather than focusing on difference and the things that divide us. Through this engagement relationships develop and good relations outcomes are achieved.

Fuel poverty was identified as a common issue in deprived communities through the work of Banbridge District Poverty Forum. It is an issue that impacts on quality of life in deprived communities and provides a focus for joint action through which sustained meaningful relationships can be built. Fuel poverty significantly impacts on health and wellbeing and affects households with young children, elderly, disabled and those with long term health issues.

The Warm and Welcoming Places Programme aims to provide opportunities for communities to come together with a focus on Fuel Poverty and to provide support for those interested in improving quality of life in the borough. A number of activities are planned to raise awareness and build capacity and Armagh City, Banbridge and Craigavon Borough Council are pleased to be able to offer the following training as part of the programme:

City and Guilds Level III in Energy Awareness

Training and assessment will be delivered on the following dates and times:

Training – 21st, 22nd, 23rd January 2020 (9.15am–4.00pm)

Assessment – 27th January 2020 (9.15am–4.00pm)

Places will be confirmed by email along with location and running order. For clarification

Who is the training suitable for?

The training is aimed at individuals providing services (paid or unpaid) in deprived communities or in areas with poor infrastructure who are interested in addressing fuel poverty. It is expected that training will be useful for;

- ✓ Voluntary and community organisations offering advice and signposting
- ✓ Community organisations supporting households on low income or working in deprived communities
- ✓ Network organisations supporting deprived communities or seeking to address inequalities
- ✓ Voluntary groups working in areas with poor infrastructure
- ✓ Community venues that want to provide services to improve quality of life in deprived areas

Applicants must:

- Be over 18 years of age
- Reside in the Armagh City, Banbridge and Craigavon Borough Council area or reside within 5 miles of the Borough and be a member of a group which works within the Borough
- Have basic literacy and numeracy skills. No prior knowledge of the topic is required but as a Level III qualification these are necessary skills

Additional support

The Warm and Welcoming Places Programme aims to increase joint action on the issue of fuel poverty and will offer support (facilitation and resources) to trainees who wish to develop opportunities for communities to come together,

- To learn about the impact of fuel poverty on quality of life
- To learn about support for those experiencing fuel poverty
- To develop further joint actions

Registration

There are a maximum of 8 places available for the City and Guilds Level III in Energy Awareness. Places will be offered on a first come first served basis on return of completed registration information below. In the event of over-subscription, a waiting list may be established for future opportunities. If you are interested attending the training, please complete the details below and return to:

Heather Wilson

E: heather.wilson@armaghbanbridgecraigavon.gov.uk

PARTICIPANT INFORMATION	
Surname / last name:	
First / given name:	
Name of Community/ Voluntary Group (if applicable)	
Address	
Email address	
Mobile Number	
Special requirements <i>Please let us know if you have any special dietary or access requirements to support your participation in this training opportunity</i>	
Community Development database – (Yes or No) <i>Please let us know if you would be happy to have your information/personal details included on the database to receive information related to Community Development.</i>	

Course fees (per person) *

	NEA Members	Non-Members
Not for profit organisations / charities	£698 + VAT	£808 + VAT
Commercial / profit making organisations	£818 + VAT	£928 + VAT

* Please note, course fees will be paid by Armagh City, Banbridge and Craigavon Borough Council

e: heather.wilson@armaghbanbridgecraigavon.gov.uk

PEACE IV & The Play Strategy

PLAY IN THE COMMUNITY PROGRAMME



Register for Banbridge
FREE play sessions

Register online @ getactiveabc.com/book

**COME ALONG AND ENJOY FREE
INDOOR & OUTDOOR PLAY**

Through the PEACE IV Programme and Play Strategy, Armagh City, Banbridge and Craigavon Borough Council are delighted to provide a traditional play and events programme.

This programme provides you, your family and your community the opportunity to build positive relationships through play. We are providing play for children up to 16 years old, regardless of ability, along with parents. You are invited to come and take part in the **FREE** play sessions and events.

We are offering parents and family members the opportunity to volunteer and be supported to train in Playwork and gain qualifications - all **FREE** of cost.

Banbridge Leisure Centre

Play sessions

DATE	TIME	DATE	TIME
Friday 10 January	3.15pm - 5.45pm	Friday 14 February	3.15pm - 5.45pm
Friday 17 January	3.15pm - 5.45pm	Friday 28 February	3.15pm - 5.45pm
Friday 24 January	3.15pm - 5.45pm	Friday 6 March	3.15pm - 5.45pm
Friday 31 January	3.15pm - 5.45pm	Friday 13 March	3.15pm - 5.45pm
Friday 7 February	3.15pm - 5.45pm	Friday 27 March	3.15pm - 5.45pm

Final Celebratory Event in Gilford
Saturday 28 March 12.00pm - 4.00pm

For more information please contact
Play in the Community Team - Caoilin, Evia or Joan
● PTTC@armaghbanbridgecraigavon.gov.uk

 **Armagh City
Banbridge & Craigavon
Borough Council**

 **Peace**
Northern Ireland - Ireland
peace represents

This project is supported by the European Union's PEACE IV Programme, managed by the Special EU Programmes Body

Register for Banbridge FREE Play Sessions, [HERE](http://getactiveabc.com/book)

PEACE IV & The Play Strategy

PLAY IN THE COMMUNITY PROGRAMME

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FREE play sessions**

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We are offering parents and family members the opportunity to volunteer and be supported to train in Playwork and gain qualifications - all **FREE** of cost.

Gilford Community Centre

Play sessions

DATE	TIME	DATE	TIME
Tuesday 14 January	3.00pm - 5.30pm	Tuesday 25 February	3.00pm - 5.30pm
Tuesday 21 January	3.00pm - 5.30pm	Tuesday 3 March	3.00pm - 5.30pm
Tuesday 28 January	3.00pm - 5.30pm	Tuesday 10 March	3.00pm - 5.30pm
Tuesday 4 February	3.00pm - 5.30pm	Thursday 24 March	3.00pm - 5.30pm
Tuesday 11 February	3.00pm - 5.30pm		

Final Celebratory Event

Saturday 28 March 12.00pm - 4.00pm

For more information please contact
Play in the Community Team - Caoilin, Evia or Joan
✉ PTC@armaghbanbridgecraigavon.gov.uk

This project is supported by the European Union's PEACE IV Programme, managed by the Special EU Programmes Body

Register for **Gilford** FREE Play Sessions, [HERE](http://getactiveabc.com/book)



Register for PITC Volunteer Training, [HERE](#)



New-Bridge Integrated College
The school for all the family

Celebrating 25 Years 1995-2020

OPEN DAY

Saturday
18th January 2020
9.30am to 12.30pm



Principal's Welcoming Address in the Assembly Hall at 9.30am

Mission Statement
"New-Bridge College is an integrated all-ability school. We are committed to ensuring that all our pupils are provided with the opportunity to achieve to their full educational potential in a challenging and stimulating environment in which they all feel cherished and valued."

We offer an extensive range of GCSE and A-Level Subjects including Enrichment Programme and a Supervised 6th Form Study.



We look forward to welcoming Primary 5/6 & 7 pupils and students interested in Sixth Form Provision for September 2020.

25 Donard View Road, Banbridge BT32 3LN
Phone: **028 4062 5010**
www.newbridgeintegrated.org




t: 028 4062 5010 / w: www.newbridgeintegrated.org

**CURRENTLY RECRUITING
IN THE CRAIGAVON &
SURROUNDING AREA
FOR JANUARY
PROGRAMMES**

Futures Project

Personal Development
Good Relations
Citizenship
Health and Wellbeing
Team Building
Outdoor Activities
Residential
New Skills
Qualifications

Are you aged 16-24?
Are you looking for some direction?
Do you want to find your future?

Futures Project is a new and exciting 6-month youth programme for young people aged 16-24. Contact the Futures team to find one near you!

Executive Office
Housing Executive
START360
belfast met
Peace4Youth
The Belfast Council
Northern Ireland - Ireland

What's in it for me? (subject to eligibility)

£8 per day for taking part

Free travel

Opportunities to get involved in your community

Student card and access to Belfast Met facilities

Payments will not affect benefits

Participation in fun and interactive sessions

Meet new people from different communities and backgrounds

OCN Level 2 Qualification

More confidence and new skills

A Mentor to support you through the programme

Assistance with childcare

How do I join?
You need to be available during the day for 3 days per week for 6 months
Email: futures@belfastmet.ac.uk
Phone: 02890 265 212

Executive Office
Housing Executive
START360
belfast met
Peace4Youth
The Belfast Council
Northern Ireland - Ireland

e: ronan.mccaffrey@start360.org / Chris.Hughes@start360.org

The Incredible Years®

Developed by Dr Carolyn Webster-Stratton, Director of the Parenting Clinic at the University of Washington, in 1984. Incredible Years® aims to reduce behaviour problems and to promote problem solving skills, social competence and emotional regulation. Programmes are aimed at parents or teachers of children aged from birth to 12 years. The Incredible Years® series is a set of thirteen developmentally based training programmes for parents, children and teachers. This series includes an Autism and Speech and Language Delay programme and a 'Teacher' programme for day-care providers.

Who is it for?

Age: Parents, carers or teachers of children aged from birth to 12 years

Classification: Universal, Targeted and Specialist

Need: Moderate and High



Evidence base:

Core programmes have been evaluated globally by independent researchers using Randomised Controlled Trials (RCT), and have been shown to be highly effective. In the UK and Ireland, studies have been completed by Kings College London, Bangor University, and Trinity College Dublin amongst others. The Incredible Years® pre-school basic parent programme is listed as a Level 1 Programme in the Graham Allen report.

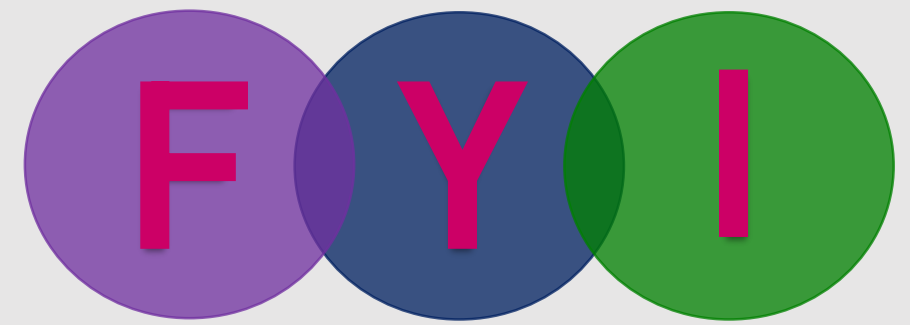
Early Intervention Foundation (EIF) ratings of the Incredible Years® programmes range between 3 or 4+. In the 2016 EIF report 'Foundations for life: What works to Support Parent Child Interaction in the Early Years' the Incredible Years® Preschool BASIC Programme is one of only two programmes that receives a 4+ rating and is the only one with a 4+ rating that help parents manage their children's behaviour.

Outcomes included:

- Reduction in anti-social behaviour and aggression
- Increased praising behaviour and positive affirmation by parents and teachers
- Positive change in emotional and behavioural difficulties
- Increase in pro-social behaviours and problem solving
- Improved
 - social competence
 - positive family communication
 - parent interaction with teachers and classroom
 - school readiness and engagement in school activities.

**COMING TO
DRUMNAMOE NURSERY
SCHOOL IN MARCH!
FURTHER DETAILS TO
FOLLOW...**

e: fmcdonald838@drumnamoens.craigavon.ni.sch.uk



For Your Information

Some friendly guidance to those who are submitting information to **FYI**:

1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
2. Less words, bigger pictures!
3. We do not advertise or endorse those events or programmes which are privately funded as a business.
4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
8. Please let us know if FYI has helped your service, event or activity in any way.

Upcoming 2020 LPG Meetings

South Armagh: Tue 14th Jan @ Newtownhamilton Community Centre

Dungannon: Thur 16th Jan @ Gardener's Hall

Banbridge: Tue 21st Jan @ Banbridge Youth Resource Centre

Newry: Wed 29th Jan @ Newry Youth Resource Centre

Craigavon: Tue 4th Feb @ Brownlow Community Hub

Armagh: Thur 5th Mar @ Epicentre

All LPG meetings start at 10am | Everyone welcome!

For general newsletter information, contact:

Tel: Darren Curtis (028 9536 3966) / Joanne Patterson (028 9536 3216)

E-mail: localityplanning@ci-ni.org.uk

CYPSP, 2nd Floor, Health & Social Care Board, Tower Hill, Armagh. BT61 9DR