

**Minutes of the Northern Area Outcomes Group Meeting held on
Wednesday 9 October 2019 at 2pm in the Boardroom, Bretten Hall,
Antrim Area Hospital**

Attendance:

Name:	Organisations	Present/Apology
Statutory Sector		
Maura Dargan	HSCT (Chair)	Apology
Tracey Magill	HSCT (Family Support)	Apology
Sharon Crawford	HSCT (Disability)	Apology
Ciara McKillop	HSCT (Hub Lead)	Present
Susan Gault	HSCT (Public Health Nursing)	Present
Hugh Nelson	HSCT (Planning & Modernisation)	Apology
Frances Donnelly	Education Authority	
VACANT	NI Housing Executive	
Nicola McCall	(MEA) Community Planning/Council	Apology
Alison Keenan	(A&N) Community Planning/Council	
Elizabeth Beattie	(CCG) Community Planning/Council	
Fiona Surgeonor	(MEA) Community Planning/Council	
Martina Totten	(MU) Community Planning/Council	
VACANT	PSNI	
Maurice Meehan	Public Health Agency	Apology
Kate McDermott	Parenting Co-ordinator	Present
Grainne Keane	Youth Justice Agency	Present
Jenny Adair	Childcare Partnership	Present
VACANT	LCG Link	
Voluntary Sector		
Ruth Anne Delija	Action for Children	Present
Pamela Kirk	Barnardo's	Present
Maria Heron	Parenting NI	Present
Collette Slevin	MENCAP	
Kelly Maxwell	Autism NI	Apology
Community Sector		
Zoe Kernohan-Neeley	Early Year Organisation	Apology
Ivor Mitchell YMCA	YMCA	
Vacant		
Vacant		
BME Sector		
Vacant		
Vacant		
Locality Planning Group Chairs		
Mervyn Rea	Antrim LPG	
Gerry McVeigh	Ballymena LPG	
Roy Beggs	Carrickfergus LPG	Present
Ian McAfee	Causeway LPG	Present
David McAllister	Larne LPG	

Ursula Marshall	Magherafelt & Cookstown LPG	
Locality Planners		
In Attendance		
Maxine Gibson	CYPSP (Professional Advisor)	Present
Una Casey	CYPSP (Business Support Manager)	Present
Helen Dunn	CYPSP (Regional FSH Coordinator)	Present
Sabrina Lynn	NHSCT obo Hugh Nelson	Present

Introductions and Apologies

Ciara noted that Maura was unable to attend today's meeting and she would be chairing on her behalf. The apologies were noted as above. A round of introductions took place, Maxine Gibson highlighted that she is now the Children's Services Planning Professional Advisor whilst Maurice Leeson is on secondment.

Minutes of the previous meeting

The minutes from the meeting held on 12 December 2018 were agreed. Ciara noted that there had been a workshop in February 2019 and that the report from that had been shared previously and is available on the CYPSP website.

Presentation: ADHD Post Diagnostic Services – Susan Gault and Pamela Kirk

Susan Gault and Pamela Kirk gave a comprehensive presentation about the Paediatric ADHD Post Diagnostic Support and Intervention Service that has been funded with £41K from the Northern Area Outcomes Group which Barnardo's was successful in bidding for. (See attached PowerPoint), this project is now in its third year. The presentation highlighted the Rationale is supported by evidence and National Institute for Health and Clinical Excellence (NICE) Guidance advocating awareness training, parenting programmes and the development of strategies to support children and young people who live with the impact of this condition. The Aims of the project is to: 1. Support families with ADHD through encouraging early childhood interventions. 2. Build the emotional resilience and coping strategies of families. 3. Connect families with existing community supports. The presentation also highlighted the sources of referrals to the service, the age group of the children supported by it, implications of service capacity, details on the numbers of monthly referrals, the challenges, the parents' groups and information on the multi-disciplinary assessment and what the service

provides. Susan noted that the contract has been extended for 1 year. Questions were asked about if the parents group was a specific programme, Susan explained that they use the Liverpool Foundation ADHD 6 week programme, with tweets to include the “parent factor.”

Presentation: Parental Participation Project – Elaine Hanna Parenting NI

Elaine highlighted that Parenting NI have carried out a parents survey to find evidence about where parents access family support, the barriers and challenges they face in accessing family support, how parents can best be supported to reduce these barriers and how to improve parent’s access to family support. The survey was carried out through an online survey, focus groups and 1-1 interviews. Regionally 656 responses were collected over a 3 month period. Details of the survey are available in the report circulated and on the CYPSP website. Parenting NI is now working on next steps to inform the next survey.

A Participation Guide has also been developed to help practitioners involve parents in planning and services, using the Wilcox model.

A discussion took place about the definition of Family Support, what is the awareness of Family Support Hubs, the need for the next survey to be more in-depth, and sample size.

CYPSP 2019-2021 Action Plan Consultation

Maxine Gibson gave an update on the CYPSP consultation which closed at the end of August; there was a significant response, most were very positive, some queries about definitions.

The CYPSP has a new Chair Shane Devlin; CEO of Southern Health and Social Care Trust, he will chair the next meeting in December when the plan will be signed off, Outcomes Group Chairs and Regional Subgroup Chairs will attend this meeting which will take the form of a workshop.

Locality Planning Groups Update

Sabrina gave the update that the LPGs have developed actions based on the 2 themes of Take 5 and Aspirations and tabled the paper “Northern Health and Social Care Trust, Children and Young People’s Strategic Partnership Draft Outcomes 2019-2020, October 2019.” The paper was produced from 2 meetings held with LPG Chairs and members to generate ideas and align with community planning outcomes, the paper identified 6 actions and outcomes to be achieved.

She noted the achievement of 10 LPGs reduced to 4 groups – Budgets have been allocated to the 4 LPGs from the £12K from NAOG to support their identified priorities.

Iain McAfee noted that Causeway LPG is still in process of establishing themselves, and is keen to involve children and young people in the planning process. Sabrina noted that all the LPGs will consult on their plans. Una queried about the participation work, which had been funded for Northern Area, Sabrina clarified that this would be part of the Health and Wellbeing Officers role.

Maxine asked if the LPG plans be consulted on, she also noted that there is a need for consistency; nothing in document to identify it as part of CYPSP; she suggested corporate image, logo etc. She noted the need to maintain regional consistency as these LPGs are part of a wider regional structure. Maxine noted that one of the actions in the plan was to set up a Facebook page and noted that there was already a regional CYPSP Facebook page managed by CYPSP information team that can be used for sharing local and regional information.

Helen inquired if there had there been any consultation with NAOG about the reduction of 10 groups to 4; and who made the decisions about merging the groups and if the local geography was considered, she noted that areas seem very big resulting in the loss of “Locality” purpose of LPG to raise local issues, she also noted that the wealth of knowledge that arise from LPGs that aren’t captured in statistics is really important, and the local information from LPGs have informed planning through the whole CYPSP structure, she expressed concern that the reduction in groups results in loss of local focus. Helen asked what are the 4 LPGs are now. Sabrina explained that they are now; East Antrim (i.e. Larne/ Carrick); Antrim/Ballymena; Causeway (taking in Coleraine, Ballymoney, Moyle and Bushmills) and Mid Ulster (Cookstown/Magherafelt)

Jenny Adair highlighted that there was a lack of inclusion of early years in recent times in LPG and that the plan was very focused on young people.

Roy Beggs explained that he had no communication to amalgamate Larne and Carrick in an Easy Antrim Group, whilst there were similar geographies there were many different issues. He noted that he has

grave concerns with following council areas and the loss of local information, lack of consistent support, doesn't know who to contact about LPG anymore. Roy attended chairs meeting at Dunsilly and noted that there wasn't anyone there from Larne. He stated that he is not comfortable with being in the document as lead for both Larne and Carrick as he's never even been to a Larne meeting. He feels like LPG is working very differently from how it was set up to.

Iain noted that Causeway was in the process to work to gel the group and develop roots, identify issues and structure; will be focusing on bottom up work and issues.

Ciara noted level of concern about changes without agreement or consultation; needs further discussion with Chair of NAOG.

Action: Ciara to discuss issues with Maura

Family Support Hub Update

Helen Dunn discussed the FSH Annual Report Card. She noted that for 2018/19 1695 families were referred to the FSHs in the Northern Area which is a significant increase, the main age group for referral is 5-10 year olds equating to 44% of all the referrals. Regionally the Northern Area has the lowest referrals for children with disabilities, 11%, and 142 were children with ASD. Emotional Behavioural Difficulties (EBD) for primary school children, counselling and EBD for post-primary aged children with the 3 main reasons for referral. Helen noted that often a parent will be comfortable for their child to be referred for EBD but there are actually a lot of other issues within the family. All referrals are processed in 4 weeks. The highest sources of referral were GPs- 33%, Paediatrics 22%, single point 11% and gateway 9%. There is a need for targeted resources on the group to refer to. The recent additional investment into FSHs has helped to outreach to families and get them a more appropriate service. Helen noted that self referrals are also increasing in this area. A discussion took place about the new multi-disciplinary teams in GPs and how they will relate to FSHs.

Action: Helen to share the FSH report

Dates of Future Meetings

Ciara asked that members prioritise the meetings.

All meetings will commence at 2pm in Boardroom in Bretten Hall, Antrim Area Hospital

Wednesday 15.1.2020

Wednesday 15.4.2020
Wednesday 15.7.2020
Wednesday 21.10.2020