



Antrim/Ballymena Children's & Young People's Strategic Partnership Locality Planning Group

TUESDAY 28th JANUARY, 2020 2pm

IN Start 360 YES Offices, Ballymena

Attending:

Lynsey McVitty	NHSCT
Fiona Stanton	Family Support Hubs, Action for Children
Lloyd Ewart	NHSCT lloyd.ewart@northerntrust.hscni.net
Kate McDermott	NHSCT
Janine Gaston	Impact Network NI
Andrew Gamble	PHA
Gerry McVeigh	Start360
Sean Falls	NHSCT
Andrew Millar	Start 360
Natasha McDonagh	Start 360
Jennifer Campbell	Sure Start
Beth Gibb	Action Mental Health
Mervyn Rea	

INTRODUCTIONS/APOLOGIES

Apologies received from:-

Sinead Brady – Empower.

Veronica McKinley – Northern Area Community Network.

Kelly Forsythe – Antrim and Newtownabbey Council.

Karen Darragh – Compass Advocacy Network.

Denise Creelin – Mid & East Antrim Council.

Grace McCann – Family Links, NIACRO.

Monica Heron – Parenting N.I.

Hannah Bowyer – Ballymena South Community Network Cluster.

Jude McNeill – Mid & East Antrim Council.

MINUTES OF LAST MEETING

The minutes were agreed as being a true and accurate recording of the previous meeting held on Tuesday 26th November, 2019 at 2.00 p.m.

MATTERS ARISING

None noted

MEMBERS UPDATE

Fiona Stanton - Family Support Hubs, Action for Children

We have recently noticed a rise in unmet need for counselling and early intervention. There is also a threshold issue and appears to be a gap between tier 2 and tier 3 services for families requiring family support.

Kate McDermott - NHSCT

Update on 4 Day Parents Plus Training Programme which took place within last couple of weeks.

“Safe Space to be Me” are running a Parents Plus “Adolescent Programme” in Crumlin Community Hub on 24th March, 2020, 6.00 p.m. – 8.30 p.m. There are information session for Parents. Keen to recruit as many parents as possible.

Janine Gaston – Impact Network Ni

Increase in emotional resilience needs in nurseries, pre & post primary schools.

There is an increase in deaths by suicide in the Borough especially Ballymena/Antrim – on-going monitoring & partnership managing.

Supporting Aware NI with scoping for new Support groups in Ballymena, Antrim, and Larne.

PMHSP small grants 19/20 ending January 20 – monitoring and evaluation on-going.

Suicide Prevention planning for 20/21 is on-going – please get in touch if you would like to chat through potential joint working opportunities.

Health Alliance platform very active. NICHI Annual conference is full.

Beth Gibb – Action Mental Health.

PHA funding continues until May for Mindset programme – mental health and emotional resilience (14-17 years and adult) 3 hours. Provoking thought workshop. 60-90 minute session aimed predominantly at schools and community groups who want shorter sessions.

Healthy Me: mental & emotional wellbeing and resilience aimed at P6/P7. All interactive and resources provided.

Deliver proactive workshops to SPORTROI – young people and adults bespoke sessions. Already worked with Judo, Swimming, GAA, Rugby and others.

Lynsey McVitty- Health and Wellbeing team , NHSCT

Loneliness Network meeting on 7th February.

No Smoking Month – All of March. Equipment, leaflets, posters, freebies available from the NHSCT.

Mental Health Directory Z-Cards – Now available from the NHSCT Health & Wellbeing Team.

Gerry McVeigh

Additional work in two schools in Ballymoney and working to connect with schools in Ballymena.

Working with Lifeline to raise awareness of support services with businesses in Ballymena.

Completed Trauma Sensitive Approaches to Practice Facilitator training.

Sean Falls (Principal S.W. Practitioner) Ethnic Minorities

Initially scoping and facilitating – range of multi- agency forums.

Andrew Millar And Natasha Mcdonagh – Start 360 Northern Connections

Dry January coming to an end and Feel good February about to start.

Connections will be organising two free exercise sessions with Studio 365 in Ballymena –

Friday 21st February, 2020 – Boogie Bounce.

Friday 28th February – Clubbercise.

Both sessions will last an hour and start at 2pm. Contact connections@ndact.info to register a place.

Connections still has spaces for free Drug & Alcohol Awareness Raising sessions if anyone would like anything delivered.

Andrew Gamble – (PHA)

“Take 5 in Education.”

Toolkit Booklet produced for use in schools – Launch event scheduled for 10th March – this will be a staff briefing session and schools can apply to become “Take 5 Schools.”

Jennifer Campbell Surestart – Ballymena & Little Steps (Antrim) Surestart.

Services for Children & Families – 0-4 key areas of focus.

Play & Learning – Child & Parent Health – family functioning & social development for Child & Parent. Targeted groups include Family Men (Male Service).

International Group (Ethnic Minority Supports), Little Acorns (Parents of Children with additional needs).

New Services: Hypnobirthing, Solihull Parenting – understanding your child, Every Mind Matters (emotional wellbeing), Groundwork Collaboration – 6 week Grow your Own.

Opportunities for Joint Working/collaboration for families.

Parenting NI

TIME FOR ME - One to one informal listening ear and signposting service available to any parent who may be struggling with any aspect of parenting – in schools that Families Together Project works with).

Family Key Worker can meet parent in school or any agreed location. Text Sinead 07887 429015 for further details.

TIME FOR PARENTS –The Parenting NI Support Line is available to all parents no matter which school their child attends. Support Line 08088 910722.

FAMILIES TOGETHER WALK AND TALK GROUP (TOP TIPS).

New Walking Group for parents from all schools in FT Project with focus on Local Walks followed by Group discussion on selected Tip Tip topic of interest to Parents

Time: Tuesday mornings 10.00 a.m. – 12.00 noon starting Tuesday 4th February, 2020 to 7th April, 2020 for 8 weeks

Venue: Meet at KFC Car Park, Fountain Hill, Stiles Way, Antrim.

To register: Text Sinead 07887 429015.

(All parents, grandparents, carers welcome).

GREYSTONE/ST. JOSEPH'S PARENTING CAFÉ – Greystone Primary School. Every Tuesday at 2,00 p.m. Starting Tuesday 4th February, 2020.

BALLYCRAIGY PARENTING CAFÉ – Ballycraigy Primary School. Every Wednesday at 11.30 a.m. starting Wednesday 29th January, 2020.

PARENTING APART – 6 week Parenting Programme for parents who have separated. Date: Starts Thursday 27th February, 2020 at 1.00 p.m. – 3.00 p.m.

Venue – Home Start, Antrim.

To register: Ring Support Line – 08088 010722

(All welcome, however ex-couples cannot attend the same programme).

WORKSHOPS

Term 2: Focus on Pilot OCN for Parents.

Term 3: Parent-Child Play & Craft workshops in range of venues TBC.

PARENTING APART

Exclusive to clients of Women's Aid.

6 week Parenting Programme for parents who have separated.

Date: After Easter TBC.

SINK OR SWIM

6 week Parenting Programme for Parents who may be struggling with any aspect of parenting. Focus on self-care and strategies for coping. September – November, 2020 TBC.

FAMILIES TOGETHER FUN EVENT DURING PARENTING WEEK

Friday 23rd October, 2020 – 3.00 p.m. – 5.00 p.m. Antrim Forum.

ACTION PLAN UPDATE

Facebook

Closed group has been set up. Name is CYPSP Antrim Ballymena Ballyclare. All members are encouraged to join and share relevant events, information etc. to promote communication across members.

Safeguarding in a digital world masterclass

Masterclass planned for the 13th February 12-2.30pm. Room booked for 150 people. All spaces are taken. There are a small number of people on the waiting list.

SCOPING

Scoping exercise carried out asking the members three questions:

1. What do we have (resources, e.g. a venue, knowledge, training)
2. What do you think the group's priorities for the next year should be?
3. How do you think we should tackle the priorities?
4. Write up of scoping exercise to follow.

ANY OTHER BUSINESS

- Children and young people scoping planned

DATE, TIME AND VENUE OF NEXT MEETING

Tuesday 31st March at 2pm, Antrim Homestart