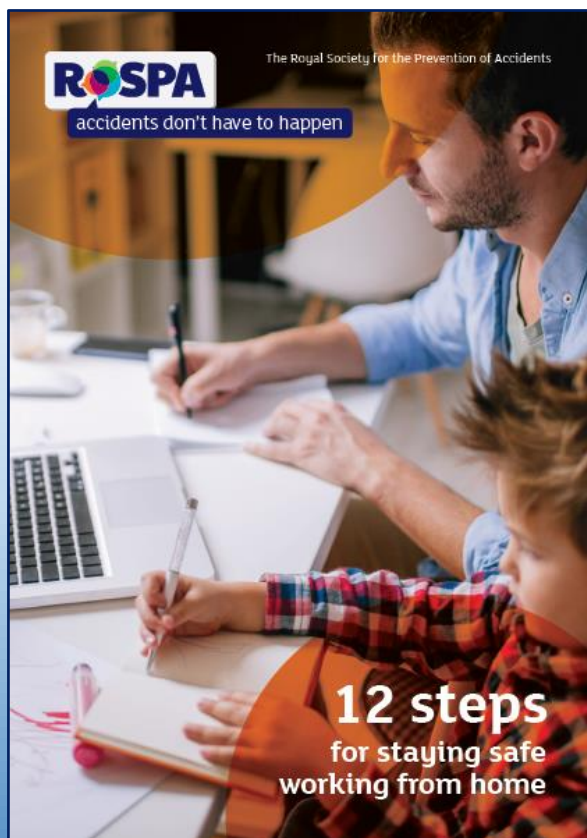


For daily updates on services available in your area
during COVID-19

**DAILY
UPDATE**



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The Royal Society for the Prevention of Accidents
accidents don't have to happen

12 steps
for staying safe
working from home

Introduction

Follow these top 12 steps and stay safe while working from home and caring for children

The coronavirus outbreak has changed life for everybody. Our homes have become workplaces and places of education as the whole family is encouraged to stay at home together. Home has always been the place where most accidents happen. In the current situation when we are spending all our time there, the risk of accidents is likely to increase. Home accidents cause misery and pain to individuals and families, but they also put a great deal of strain on the NHS – and the need to reduce this strain can be seen more clearly now than ever before. The good news is that home accidents are preventable if we take steps to make sure we live, work and educate safely.

**Stay Home
Stay Safe**

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Top Tip...

1

Eyes everywhere

Adult supervision is vital to prevent many home accidents to children. Every parent knows this is easier said than done and even more of a challenge while children are not going to school and parents may also be working from home. Find ways to keep very young children in sight while you are working. If you and a partner are both working at home, perhaps there are ways in which you can share supervision of the children by working at different times.



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Top Tip...

12

Plug any electrical hazards

Working from home may mean you have even more electrical items in the house. Check that sockets are not overloaded as this could cause a fire. Don't leave mobile devices or laptops charging on beds or other soft furnishings. Beware cheap, counterfeit chargers that may be more likely to catch fire. Register any new appliances at <https://www.registermyappliance.org.uk/> and check the recall notices on washing machines, tumble dryers and other appliances.



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Read RoSPA's '12 Steps For Staying Safe Working From Home' [HERE](#)