

**Armagh LPG**  
**Minutes of Meeting - Thursday 8<sup>th</sup> October 2020 at 10am**  
**Via Zoom Video Conference Call**

Attendees			Apologies
Teresa Miles (BCM - Chair)	Michael McKenna (Youth Action NI)	Mark Doran (ABC Council)	Pat McGeough (Barnardo's, FSH)
Darren Curtis (CYPSP)	Anne Marie Baxter (Barnardo's)	Mia Murray (Arke Sure Start) Kerry	Kelly Mallon (ABC Council)
O'Hagan (CYPSP - Minutes)	Jacqueline Masterson (SHSCT)	Siobhan Mackle (REACT)	
Ela Kasiask (Armagh Down Women's Aid)	Shirley Wells (CAPS / NIACRO)	Elaine Hanna (Parenting NI)	
Gwen Bartley (PCSP)	Aileen O'Callaghan (EA Youth Service)	Gillian McKeown (Barnardo's DCYPPP)	

Agenda Item	Discussion	Action – By Whom
Welcome, Intros, Apols	Teresa welcomed all to the meeting and reminded corresponding housekeeping matters. Apologies noted, per above. Round of intros.	
Previous Mins 21/5/20		
Presentation on CYPSP Regional Parenting Survey Report 2019-2020	<p><u>Elaine Hanna Parenting NI</u>            Elaine focused on the key findings of the Parenting Survey, conducted pre-Covid. Survey aimed to identify barriers to Family Support and improve access to Family Support for families. Survey split into 3 stages: Stage 1 Nov 2018 to Feb 2019, Stage 2 involved 742 parents through online survey and focus groups. Stage 3 will be from November 2020 onwards. The presentation included information on Lack of Services for parents broken down by HSC Trust areas, parent comments on stretched services and the need for a central point of communication of Services available in their Trust area. Presentation included full survey results and demographics of participants. Elaine requested feedback from Locality Groups prior to Stage 3 of survey to identify main issues coming from families since Covid. All comments, feedback to be provided via email.</p>	<p>Presentation to be sent out via e-mail</p> <p>Feedback from members to be sent via email to <a href="mailto:elaine@parentingni.org">elaine@parentingni.org</a></p>
Member Agency Updates & Unmet Needs in the Armagh Area	<p>Siobhan (<b>REACT</b>): New 5yr programme with one to one mentoring. Lot of young people referred in are not confident enough to join the zoom sessions with strangers: one to one mentoring should fill this gap of young people who are not engaging. Young people fed up with Zoom, missing group work. New staff and programmes running via zoom. Current group work in REACT buildings not allowed.</p> <p>Ela (<b>Women's Aid Armagh Down</b>): Face to face support for children and young people has resumed. Developing a Stress Toolbox for children. Lot of anxiety about Covid and staying at home. Insight Programme for young people aged 16-21 yrs covering self esteem and communication skills, runs for 6 weeks. Received a lot of donations.</p> <p>Elaine (<b>Parenting NI</b>): Parenting Week coming up from 19/10/20. Have a lot of resources online that can be used with families. Hosting a virtual coffee morning on 22/10/20 theme 'Celebrating parents in challenging times'. Parenting your Teen programme is 10 years old.</p> <p>Shirley (<b>CAPS / NIACRO</b>): Working with 8-13 yrs. Back into schools working with young people. Schools and young people have adapted well to this new way of working. Offering zoom sessions to new people to help them engage. Finding young people are fed up with engaging through zoom. Family Links referrals are starting to come through again, currently not allowed into Prisons.</p> <p>Jacqueline (<b>SHSCT</b>): Upcoming meeting on Social Prescribing which will be moving to the Dungannon and Armagh area post-Christmas: new way of working within the GP Surgeries. Don't Box Me In (8-25yrs) received Big Lottery funding and can now employ a Co-Ordinator for working with children with disabilities and children without disabilities to run activities in the Keady area. Co-ordinator</p>	

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<p>Member Agency Updates &amp; Unmet Needs in the Armagh Area (Continued from previous page)</p>	<p>role will be shared through CYPSP when post is out for recruitment.</p> <p>Aileen (<b>EA Youth Service</b>): Youth Service preparing for reopening, risk assessments in place and PPE. EA Youth Centres reopening on a phased basis firstly for targeted groups. Blended approach to reconnect with all members. Neighbour Renewal application submitted for Armagh area, hope to hear within next few weeks aimed at outreach, blended approaches, and detached groups. Back into schools with the Learning Together programme and Key Stage 3 work with Bulgarian Roma students in City of Armagh High School. New Area worker in post for the rural Armagh area.</p> <p>Gwen (<b>PCSP</b>): New project on Road Safety: pilot in Primary Schools about parking on pavements around schools and associated dangers. Working with schools and Neighbourhood Policing. Setting up a Road Safety Committee for ABC Council area on major road issues and accident prevention. Drug and Alcohol awareness in schools cannot take place as normal. RAPID bins still being emptied and located in local towns. Trying to get more RAPID bins due to them getting more popular providing safe disposal for illegal and prescription drugs. Participated in virtual Freshers Fair in SRC. Running Intergenerational programmes start of 2021 around COVID and aim to stream live into the cinemas. Introducing portable speed devices which can be moved about villages and towns. RAPID Bin locations for the Armagh area: entrance door at Sainsburys shopping centre and Reception desk at Tommy Makem Centre Keady.</p> <p>Anne Marie (<b>Barnardo's DCYPPP</b>): Referrals to the Family Support Hub have decreased – currently 10/15 referrals a month: prior to lockdown referrals were 25 per month. Substantial reduction, working with schools to promote the work of the FSH.</p> <p>Mark (<b>ABC Council</b>): Back in the primary schools with promoting the Daily Mile. Promoting the Pink Present initiative on period poverty with Newry, Mourne and Mid Ulster Councils. Take500 a small grant for community groups or schools based around the Take 5 ways of wellbeing. MUGA program currently running in Armagh. Will be working with BCM on work with young families.</p> <p>Michael (<b>Youth Action NI</b>): 'Our Generation' – new project building peace through emotional resilience. New worker working with young men in Keady area on a peace building programme, made contact with Middletown Youth Club. Everyday Life project continues to work with RIAD young men. All work moved to face-face following all Govt guidelines. Get Set project ongoing for young men and women aged 16-24 years not in education or training, referral via office. Keen for youth representation onto Road Safety Committees: in 2018/19 ABC Council area had most deaths on the roads and second highest accident rate with more young men seriously injured.</p> <p>Gillian (<b>Barnardos</b>): Main issue: children not engaging as much via zoom. Unable to deliver same programs as before in schools. New project with schools focused on impact of lockdown in the pandemic. Upcoming work with MENCAP and Autonomy. Peer coaching ongoing with 12 young people. Mostly face to face work. Sixth Sense is weekly via Zoom. Not as many referrals pre-Covid.</p> <p>Mia (<b>Arke Sure Start</b>): Echoed similar challenges as other members, Zoom did not work and have recommenced programs onsite from the summer. Program for 2-year olds recommenced at the beginning of September, a lot of movement this year and settling in process more difficult with parent anxieties. Overall groups going well. No longer able to do home visits due to guidance, back to doorstep visits. Using opportunity to do internal work in the premises. Currently recruiting for 2 family support workers.</p> <p>Teresa (<b>BCM</b>): Back to doing doorstep visits and zoom calls. Funding through to provide young people with Relaxation bags, pampering, activities for boys and cooking videos. Planting initiative proved very popular, young people took pride in growing the plants. Lots of videos made for young people. Upcoming small group community walks, online mindfulness, and stress colouring</p>	

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Armagh LPG Action Plan Update	<p><b>Mental Health &amp; Emotional Wellbeing</b>            The <b><i>Mental Health &amp; Emotional Wellbeing Resource</i></b> going live on 10th October 2020 on the CYPSP website coinciding with World Mental Health day. This is a list of services and programs in the Southern Trust by Locality Group area for children, young people and parents. Will be printed copies available in the future.</p> <p><b><i>Infant Mental Health Awareness Workshop Series</i></b> previously postponed, owing to COVID-19 restrictions, are now planned to happen online. The workshops will take place on 22<sup>nd</sup> October 2020, 13<sup>th</sup> November 2020, and 21<sup>st</sup> January 2021. A fourth session has been scheduled for March 2021 date TBC. Eventbrite booking.</p> <p><b>Our Journey through Disability</b>            A piece of work with parents in the Newry area and how to help families with disability and additional needs. Report has been sent to all Locality members and starting to work on recommendations. Report is useful for families in all areas, includes Report card and links to videos.</p> <p><b>Screen Time Resource</b>            The Screen Time Resource link has been included in the last few FYI Newsletters. The Resource is a compilation of research, reports and information and advice/tips.</p>	<p>Mental Health Resource            Click <a href="#">HERE</a></p> <p>Our Journey Report            Click <a href="#">HERE</a></p> <p>Screen Time Resource            Click <a href="#">HERE</a></p>
Family Support Hub Update	<p>Number of referrals into the FSH in Armagh / Dungannon have reduced.            Speaking to schools they are asking for support for parents for Home School learning. Parents accessing Home School platforms. Raised by three different schools. The issue is a combination of Digital poverty, parents who cannot speak English and lack of confidence or level of education to support their children. Schools also mentioned need for support for traveller parents.            Armagh Travellers Support Group have changed their name to Armagh Roma Travellers Support Group.</p>	
SAOG Update	<p>Pieces of work SOG are involved with.</p> <ul style="list-style-type: none"> <li>Newcomer Needs Assessment survey: Needs of assessment not just for Roma families all newcomer families. Task and Finish Group started last September. Difficulties established, accessing GP Services, language barriers. Unknown the number of newcomer families in the Southern Trust area. Developed a survey asking how everyone works with newcomer families. Closing date for survey is <b>11<sup>th</sup> November 2020</b>.</li> <li>Translation Hub: CYPSP website has information takes every of life including Health, Education, Youth Services and information can be translated.</li> </ul> <p>Youth Voice: Need to listen to the voice of children and young people and what the best mechanism is to engage with young people.            Group chaired by Dara O'Hagan Clanrye Newry.</p>	<p>Send out Survey link to survey, Take 500 and Translation Hub link.</p>
AOB	<p>Mia sends apologies for next meeting.</p>	
Next Meeting	<p><b>Thursday 19<sup>th</sup> November 2020, via Zoom</b>  <i>Thank you, as always, for your time and input!</i></p>	