

SOUTHERN AREA LOCALITY PLANNING GROUPS

ISSUE 42 20TH AUGUST 2020

Welcome to Issue 42 of 'FYI'.

As we move ever closer to September, we would like to thank all of our member organisations who have submitted information on programmes, activities, workshops and webinars offering support to children, young people and their families across the SHSCT area during the summer months.

For those who wish to highlight upcoming relevant opportunities, please refer to the final page of this newsletter for guidance as to how best to submit your information.

Please also continue to share this e-bulletin with your contacts, so that we can keep each other updated and supported.

Stay safe and stay connected!

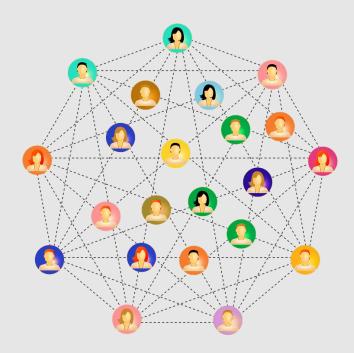
Joanne Patterson and Darren Curtis Locality Development Team, Southern Trust Area

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For Your Information



Stay connected...

Stay updated...

Stay supported...

www.cypsp.hscni.net



COMPILATION OF SCREEN TIME RESOURCES COMING SOON...

The Southern Area Locality Planning Team are in the process of producing an updated version of the previously circulated **Screen Time Directory**, which will be transformed into a presentation-style **Compilation of Screen Time Resources**, focusing on the following themes:

* Usage & Attitudes * Mental Emotional & Social Wellbeing * Health & Physical Wellbeing * * Online Safety * Guidance (For All) * Further Reading * Useful Websites *



If you are aware of any information links or resources which would be relevant to include, please e-mail **HERE**, by **Thursday 27th August 2020**









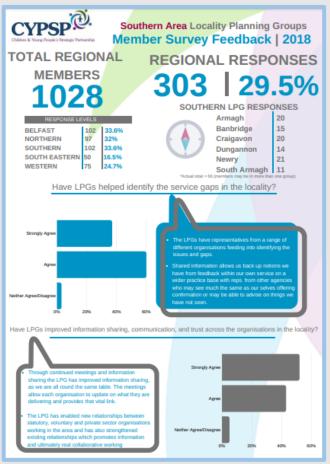








LOCALITY PLANNING GROUP MEMBERS SURVEY 2020



As many of our members will be aware, in 2018 CYPSP started to carry out the first **survey of our Locality Planning Group members**, with the plan to make it a biennial survey

The response to 2018 survey was fantastic and gave us lots of feedback on the LPG process, which the members of the Partnership and Outcomes Group found really useful (Related infographics of the responses are available <u>HERE</u>)

We had hoped to carry out this year's survey in March, but with the circumstances at the time, decided it was best to hold it back until now

It would be great if you could spare a few minutes out of your time to click on

the link below and complete the survey **HERE**

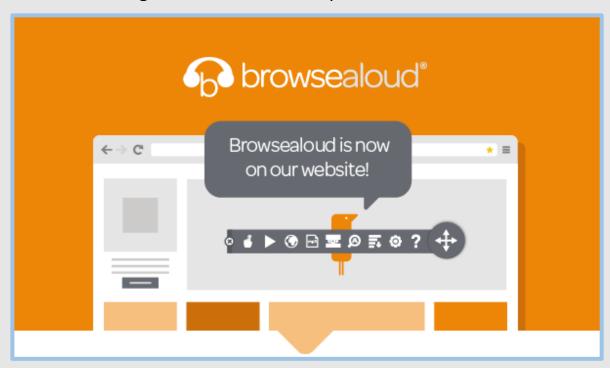
The survey will be open until **26th August 2020**





HELPING EVERYONE TO FEEL INCLUDED

Every person deserves an online experience that's welcoming, so we have added **Browsealoud** to our website which facilitates text-to-speech, reading and translation support, helping to make our content easily accessible to those who have hidden disabilities, such as dyslexia or other reading difficulties, visual impairments, and translations for English Language Learners



For more info. (and to give Browsealoud a go!), visit the CYPSP website HERE

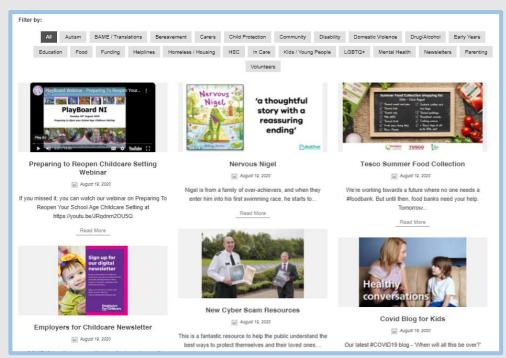




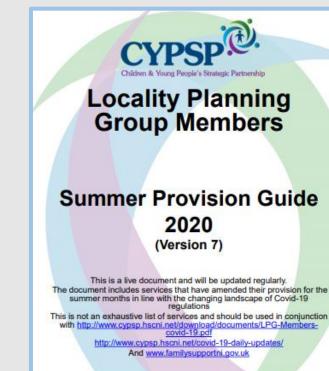


SUMMER ONLINE RESOURCES & INFORMATION





Cypsp invites you to visit its central resource HERE and filter by theme for fun activities, events, books, art, recipes, parenting support, help, contacts & advice, all updated daily



If you would like to include your summer provision please contact una.casey@hscni.net View the
Locality Planning Group
Members Summer Provision
document, HERE, which
includes services that have
amended their provision for the
summer months in line with the
changing landscape of COVID-19
regulations

If you would like to add your information to this resource, please e-mail una.casey@hscni.net

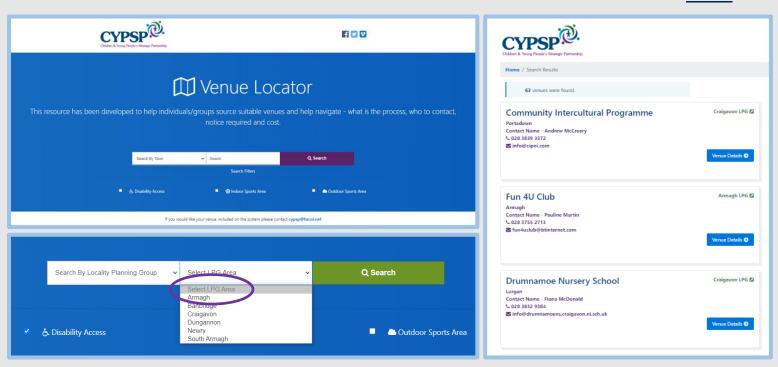




NEW VENUE LOCATOR RESOURCE

Due to support services wanting to introduce new social distancing services, CYPSP have developed a new resource to help individuals / groups source suitable venues and to help navigate processes

The searchable database covers all of the SHSCT area and can be accessed HERE



If you would like to add your venue to this resource, please email cypsp@hscni.net and we will send you out a form to complete







FOR ONGOING CORONAVIRUS INFORMATION, ADVICE & UPDATES VISIT:





An Roinn Sláinte

Männystrie O Poustie



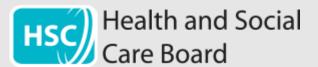
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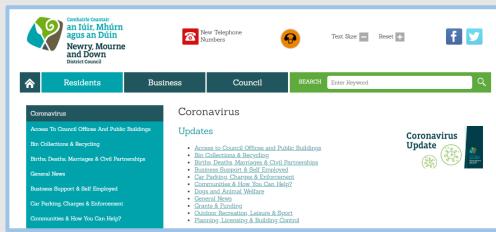


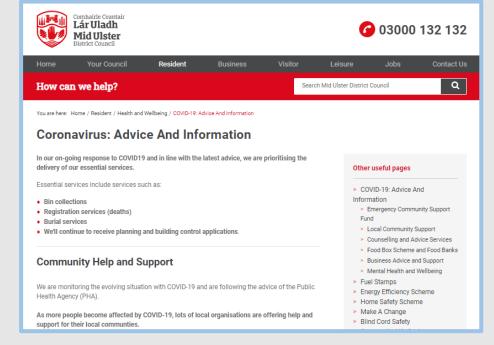
COUNCILS ARE CONTINUING TO MONITOR THE EVOLVING SITUATION WITH COVID-19 FOR ONGOING LOCAL INFORMATION, UPDATES & ADVICE VISIT:



<u>HERE</u>

HERE





HERE





Quality Care - for you, with you





6 October 2020

Two 2 hour sessions 10am-12 noon

1.30-3.30pm

via Webex Digital Platform

Facilitator: ROSPA's Jim Oran To book a place please request an application form from

email:

pwb.training@southerntrust .hscni.net

Closing date for applications: 25 September 2020

Once registered a precourse information will be shared.





This course will provide an overview of home accidents and an insight into injury prevention in critical areas.

It is aimed at those who play a role in the prevention of childhood accidents in the home:-

- People caring for families and their children.
- Community groups, health professionals and statutory organisations

Delegates will develop skills in:

- Promoting safer home environments
- The importance and need for home safety
- Recognising who is most at risk from home accidents and why
- The causes, consequences and related costs of home accidents
- Accident prevention measures and methods of assessing, prioritising and controlling risk
- Effective interventions and how to evaluate them

All delegates will receive a RoSPA certificate on completion of training.

This course qualifies for Continuing Professional Development points.

e: pwb.training@southerntrust.hscni.net

Back to Basics



"Right now, we are living in an anxiety-inducing world and we are all doing the best we can."

Parentline is running 3 free sessions for parents on:

- 1. Our Anxiety
- 2. Dealing With Your Child's Anxiety
- 3. Assertive Communication

Come join our Parent Support Officer Julie on Zoom as she gives hint and tips and answers your questions.

When: Tuesday 25th August 2020 (session 1)

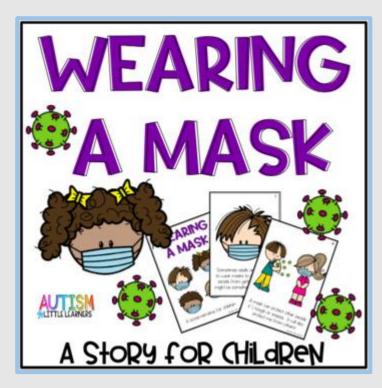
Time: 11am-12 noon

For more information or to book a place call free 0808 8020 400

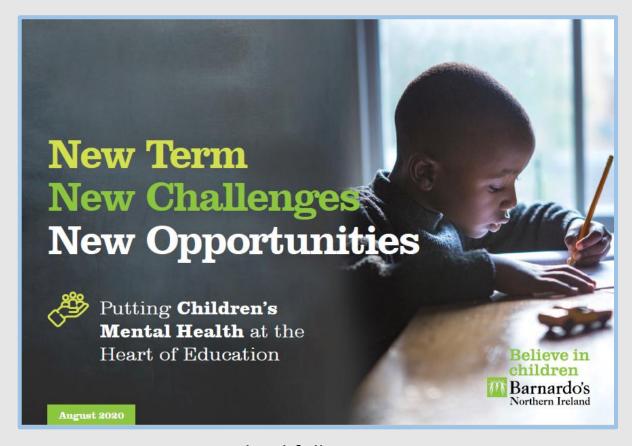


t: 0808 8020 400





Read story **HERE**



Download full report **HERE**



Read full report **HERE**



Put children at the heart of the recovery

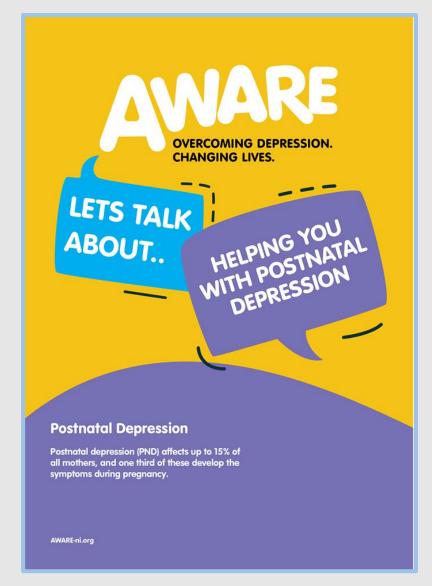
150+ organisations, and counting, are calling on the Government to put children at the heart of the recovery process.

Their statement to the Prime Minister is detailed below, followed by a full list of the 150+ signatories. The statement is published on Tuesday, 30th June.



Read full statement **HERE**



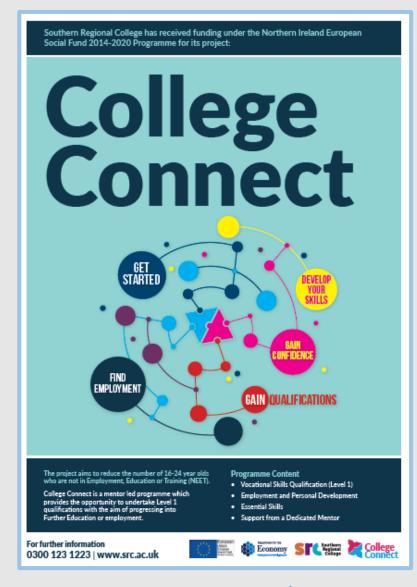




e: hello@employersforchildcare.org

Download factsheet **HERE**







Watch video **HERE**

e: rise.ni@southerntrust.hscni.net

w: www.src.ac.uk





IMPORTANT – We need your help!

Over the past 9 years, there has been little progress made with the implementation of the Autism Strategy, which was a result from the Autism Act NI (2011).

The autism community in Northern Ireland deserve better and we are in full support of MLA Pam Cameron's proposed Private Members Bill on Autism.

This Bill proposes an oversight function and a new funding model to guarantee independent scrutiny and drive forward the strategic implementation of dedicated autism services.

We need your help to make a difference as we can't do this on our own.

Your voice needs to be heard.

Please take 5 minutes to complete this guick survey. Now is the time to help us make the difference that is so badly needed.

Please also share this far and wide!

Complete survey HERE







Thursday 11th

September 2020

10am - 12.30pm

This course will be

delivered online via

by Olive Nelson -

Autism Services

Zoom

Autism Awareness training for practitioners

Join us for an ONLINE awareness session aimed at professionals working with a child or working with a parent of a child who has:

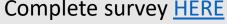
- A confirmed diagnosis
- Waiting on an assessment or
- Concerns that their child may be on the spectrum

The session aims to provide you with an increased understanding of:

- How children and young people with autism perceive the world
- How children and young people with autism
- How to use children's and young people's strengths to help them reach their potential
- The reasons behind the difficulties faced by children and young people with autism in learning, social interaction and communication
- Applying strategies when teaching, supporting and interacting with children and young people with autism.

Book your place by emailing: pwb.training@southerntrust.hscni.net Before: Tuesday 25th August 2020

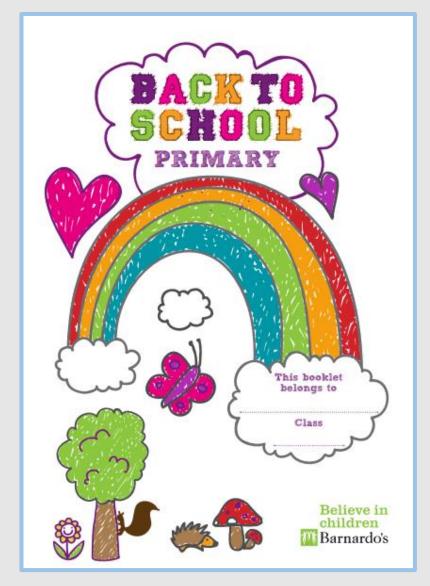
e: pwb.training@southerntrust.hscni.net







e: verve.network@southerntrust.hscni.net



Download **HERE**





e: infolgni@bjf.org.uk



SENsations Project Cocoon

This National Lottery funded project provides psychology and behaviour support to the special needs community during and after the COVID-19 crisis.

We are offering:

- Free staff training around supporting children during difficult times, and developing a recovery curriculum for children in special schools
- Free support sessions for parents of children with SLD/MLD who are struggling to manage their child's behaviour during lockdown
- Free anxiety management sessions for children/young people with SLD/MLD who are struggling with lockdown restrictions
- Free support to help prepare and reintegrate pupils to their special schools





For more information and to book services, contact clare@sensationsni.co.uk or call: 07739037931

Sp Adobe Spark

e: <u>clare@sensationsni.co.uk</u>





Register to get involved **HERE**



Register HERE



Tender Opportunity Now Open! www.etenders.gov.ie

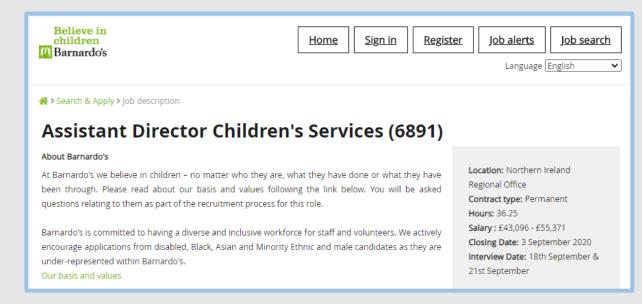
Bespoke Panel Arrangement for Trauma Informed and Trauma Specific Interventions for Children and Families in border areas of the Rep. of Ireland

Closing date: 10 Sept 2020



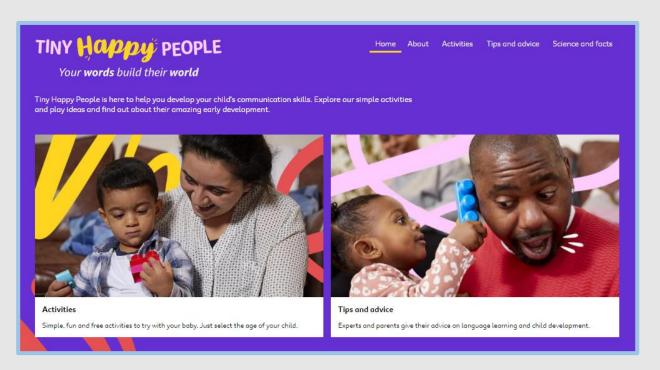


e: paula.marron@hse.ie



Apply HERE





w: www.bbc.co.uk/tiny-happy-people

The Blackburn Trust

£1,000 - £1,400 grants for small organisations working with families, women & under 12 year olds
Grants are typically used for play resources, safety equipment & adaptations for inclusivity

Next Closing Date: **30**th **September 2020**

E-mail <u>trusts@cfrlaw.co.uk</u> to request an application form

e: trusts@cfrlaw.co.uk



The New Needs Fund

Who can apply:

- · Constituted organisations with charitable purposes operating within
- · Organisations whose income is £1million or below
- · Organisations who have applied to the Coronavirus Community Fund are eligible to apply for financial support, providing this is for a new project in line with the New Needs fund criteria
- · Grassroots organisations working within their local community in particular to support the following beneficiaries:
 - · Children and young people, in particular young women and
 - Older people
 - · People with disabilities
 - · People with poor mental health
 - · Black, asian and ethnic minorities
 - · Rurally isolated people
 - · People in poverty
 - · Persons in institutions such as care homes (children in care. older people in care) rehabilitation centres
 - LGBTQ+ community
 - · Anyone identified as discriminated and excluded; particularly when it comes to practice and policy

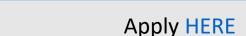
Closing Date: Aug 28, 2020 13:00 Closing in: 16 day(s) & 23 hour(s)

Grant size: £1,000 to £15,000 - Projects must be complete by the end of February 2021, with end of grant reports completed by Friday 12th March 2021.

Initiatives that empower and connect community based organisations; Initiatives that have a clear social impact; Initiatives that involve those with

lived experience







SMALL **GRANTS** SCHEME -**NOW OPEN**











Apply HERE



What can SDACT Connections do for you?

- Provide guidance and signposting to local/regional Alcohol and Drugs Support Services.
- Educate workforce on the Support Services available to clients.
- Provide awareness raising sessions for young people, parents, professionals and community groups.
- · Offer support in any Alcohol or Drug Initiatives and events.

For more information please contact the relevant SDACT Connections worker below:

Lucinda McGinnis

Connections Service Key Worker | SDACT Connections

lucinda.mcginnis@start360.org

T: 028 3832 2714 M: 07553367359

Start360, Mount Zion House Flat 9, Edward Street Lurgan BT66 6DB

iara Doris

Connections Service Key Worker | SDACT Connections

ciara.doris@start360.org

T: 028 3832 2714 M: 07814641312

Start360, Mount Zion House Flat 9, Edward Street Lurgan BT66 6DB

Sherene Livingstone

Connections Service Key Worker | SDACT Connections

sherene.livingstone@start360.org

T: 028 3832 2714 M: 07545929274

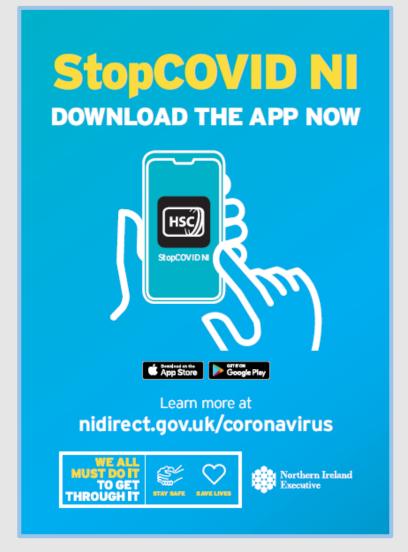
Start360, Mount Zion House Flat 9, Edward Street Lurgan BT66 6DB







e: connections@sdact.info



Download from
Google Play Store or Apple App Store







w: www.nidirect.gov.uk/makethecall / e: makethecall@dfcni.gov.uk



In Post Lockdown World, children are likely to be anxious about various situations - going back into shops, classes, etc.

Our Parent Support Officer, Julie, has put together these handy tips on how to help your child deal with their anxieties. $\rightarrow \rightarrow \rightarrow$

For more advice / support / guidance:

Call ParentLine FREE on 0808 8020 400

Webchat

E-mail

Podcasts

YouTube





Helping Your Child Deal With Their Anxieties

One of the ways we assist children is to build their confidence in taking (age appropriate) control of situations that affect them, in doing this we teach them that difficult emotions may not be pleasant but sometimes we have to live with them and that these feelings, although frightening and unsettling, can be manageable.



ooo Ask your child how they might deal with things

By doing this we are allowing the busy brain to be constructively busy, allowing it to work on coming up with solutions as opposed to busying itself being worried.

Remember the importance of age appropriateness, a perfectly good solution to a child being upset or afraid is to tell an adult.



ASK - Who might you want to tell? What if you couldn't get them? Anybody else? What might you say?

If we help a child break BIG worries into small manageable worries, then we reinforce the idea that the world and more importantly THEIR world is not a scary place for them.

It is understandable that worries might arise for Parents and children in relation to Covid related concerns- more specifically the reintegration of "normal activities"

Respect a child's concerns and then aid them in coming up with solutions



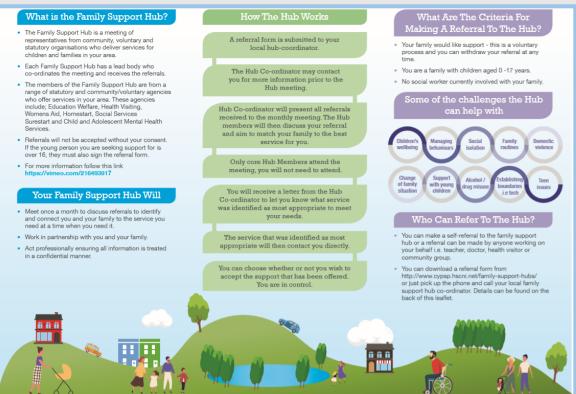
ASK - what might help you feel less worried?

Reinforce what they already know, but encourage them to say it themselves, eg washing your hands, covering your mouth with your elbow etc.





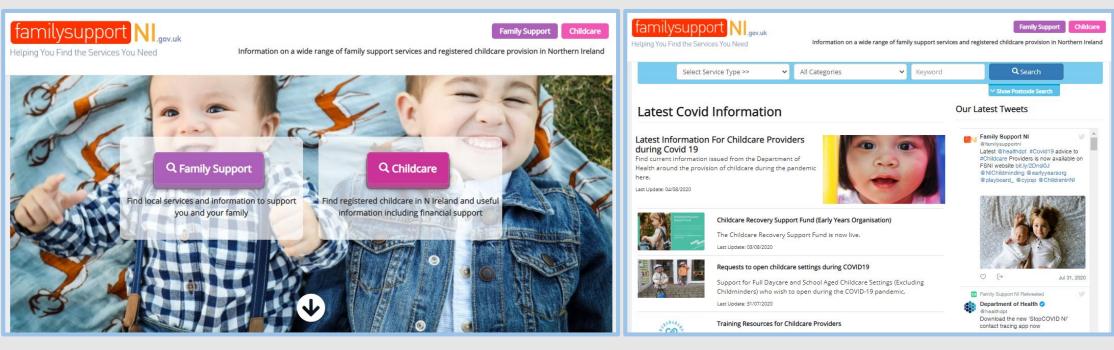




Our 3 Family Support Hubs in the Southern Area continue to operate and are open for referrals Due to developments with COVID-19 there is a reduction in the level of support given, with support through telephone contact and signposting

Please make any referrals by e-mail (E-mail addresses available HERE)





Check out the www.familysupportni.gov.uk website, making it easier for people in NI to find out about family support services and ALL REGISTERED childcare providers in NI

Childcare Providers, as services continue to re-open, please **check your details are correct and up-to-date**(Quick Tip: Type name into Keyword Search in 'Childcare' Section)

Do you have vacancies? Have you indicated other offerings for parents looking for childcare?

Send additions / amendments to info@familysupportni.gov.uk

Latest COVID-related information now available in dedicated COVID Information Section HERE



IN THE COMMUNITY







COME ALONG AND ENJOY FREE INDOOR & OUTDOOR PLAY

Through the PEACE IV Programme and Play Strategy, Armagh City, Banbridge and Craigavon Borough Council are delighted to provide a traditional play and events programme.

This programme provides you, your family and your community the opportunity to build positive relationships through play. We are providing play for children for children P1 - P7 (4 - 11 years old) regardless of ability, along with parents. You are invited to come and take part in the FREE play sessions and events.

We are offering parents and family members the opportunity to volunteer and be supported to train in Playwork and gain qualifications - all FREE of cost.

Lurgan Park Play sessions

WEEK BEGINNING	SESSIONS	TIME
17 August	4 days per week, Monday - Thursday	1.30pm - 3.30pm
24 August	4 days per week, Monday - Thursday	1.30pm - 3.30pm
31 August	2 afternoons per week, Wednesday & Thursday	5.45pm - 7:15pm
7 September	2 afternoons per week, Wednesday & Thursday	5.45pm - 7:15pm
14 September	2 afternoons per week, Wednesday & Thursday	5.45pm - 7.15pm
18 September	1 afternoon	5.00pm - 6.00pm

For more information please contact
Play in the Community Team - Caoilin, Evia or Joan
PITC@armaghbanbridgecraigavon.gov.uk





This project is supported by the European Union's PEACE N Programm managed by the Special EU Programmes Body









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We are offering parents and family members the opportunity to volunteer and be supported to train in Playwork and gain qualifications - all FREE of cost.

Portadown People's Park Play sessions

WEEK BEGINNING	SESSIONS	TIME
17 August	4 days per week, Monday - Thursday	10.00am - 12.00noon
24 August	4 days per week, Monday - Thursday	10.00am - 12.00noon
31 August	2 afternoons per week, Wednesday & Thursday	3.15pm - 4.45pm
7 September	2 afternoons per week, Wednesday & Thursday	3.15pm - 4.45pm
14 September	2 afternoons per week, Wednesday & Thursday	3.15pm - 4.45pm
18 September	1 afternoon	3.15pm - 4.45pm

For more information please contact
Play in the Community Team - Caoilin, Evia or Joan

PITC@armaghbanbridgecraigavon.gov.uk





This project is supported by the European Union's PEACE IV Programme, managed by the Special EU Programmes Body



Register <u>HERE</u> / e: <u>PITC@armaghbanbridgecraigavon.gov.uk</u>







Be part of ABC Community and Voluntary Sector Panel

How to Get Involved

Are you part of a Community, Voluntary or Social Enterprise Organisation? Would you like to be involved in taking forward the Community Plan for Armagh City, Banbridge and Craigavon Borough?

Armagh City, Banbridge and Craigavon Borough Community Planning Partnership are seeking expressions of interest from local Community, Voluntary and Social Enterprise Organisations across the Borough to apply for membership of the Community and Voluntary Sector Panel.

The purpose of the panel is to ensure that the Community and Voluntary Sector is actively involved in Community Planning.

Expressions of interest forms can be completed online at Citizen Space or by contacting the Community Planning Team, by emailing communityplanning@armaghbanbridgecraigavon.gov.uk or by calling 028 4066 0644.

Closing date: Midnight on Monday 31 August 2020



e: communityplanning@armaghbanbridgecraigavon.gov.uk



CARERS TRUST

NORTHERN IRELAND

Carers Walking Groups

FREE PROGRAMME

Walking is a great way to improve your health, make new friends and explore your local surroundings. So why not join us for a walk in any of the following locations.

Places are limited and social distancing and other COVID-19 restrictions will apply.

Dates: Tuesday 25th August - Banbridge

Tuesday 1st September - Portadown

Time: 11am

Venue: Banbridge - Solitude Park, we meet at the car park beside the public Toilets at Rathfriland Street

Portadown - Peoples Park, we meet at Obins Street car

park



PLACES ARE LIMITED DUE TO SOCIAL DISTANCING

How do I register?

Please contact: Michelle Moult

Carers Trust Northern Ireland Email: mmoult@carers.org

Mobile: 07702 819111

Southern Health

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e: mmoult@carers.org





Making A Difference Programme

We've just begun an EA funded intervention programme, for 14-16 year olds, looking at issues such as risk taking, substance misuse, antisocial behaviour, mental health and community safety.

Gilford Youth Well-Being Programme

Starting in late September/early October, for 18-21 year olds, and supported by an Awards For All grant, this will be a 20-week programme taking a "whole body" approach to safeguarding emotional well-being, facilitated by local youth workers in collaboration with a number of specialist support organisations.

Gilford Active Kids

A programme promoting health and physical activity among primary school age young people, supported by Begin Together funding.

Programme planned to begin end of September/October, with dates depending on lockdown restrictions, venue availability and the evolving nature of COVID-19.

Through Our Eyes Festival

An intergenerational programme, aimed at promoting positivity about youth and helping young and older people understand and appreciate each other's worlds. Funded by a CFNI seed grant, participants will express themselves through a variety of mediums, including photography, film making, music and discussion-based workshops, promoting inclusion and children's voices. Programme planned to launch in Spring 2021.

Please contact us, for further details on the above programmes.

e: gilfordyouth@hotmail.com / t: 07740502928



Community Services, Facilities and Events



Cache Understanding Speech & Language Communication Needs (Level 3)

This unit of study explores speech, language and communication difficulties and how they are affected by social, emotional and behavioralissues. It also provides strategies and information on affective ways to support communication and language development for children and young people. This unit of study is suitable for people who are working in an Early Years setting and want to develop their understanding of this issue.



The 10-week online courses are timetabled to commence:

Course 1:Wednesday 16th September 2020 x 10 weeks

9.30am -12.45pm(15min break)

OR

Course 2: Thursday 17th September 2020 x 10 weeks 6.30pm - 9.45pm(15min break)

Essential Requirements:

- You must already hold a level 3 qualification within Early Years, Health and Social Care or related area due to the demands of the course.
- Access to a laptop/PC and a good broadband connection as the course will be delivered online.
- Basic technical skills with the ability to create new documents using word processing and carry out research using the internet.

This course is funded by Department for Communities (DFC) as part of the Bessbrook and Crossmaglen Areas at Risk Community Training Programmes, therefore priority will be

given to residents of the Bessbrookand Crossmaglen areas.

<u>Pre-Booking is essential</u> - a registration form must be completed, and payment must be received in order to secure a place as numbers are limited.

Fee of £20 per person for 10-week course - Payable over the phone by card once your place has been confirmed. Payments are non-refundable,

Please contact: Tel: 0330 137 4008 Email: ccbookings@nmandd.org

Ag freetal as an Dila agus and Mhacha Than Serving Down and South Armach



e: ccbookings@nmandd.org



Review of Policing in South Armagh 2020



The Police Service of NI is currently conducting a review of policing in South Armagh, covering the District Electoral Area of Slieve Gullion. This is motivated by the desire to ensure we are delivering a high quality service which is responsive to the local community.

We are keen to hear a diverse range of views from local people as a means of identifying what matters most and areas for improvement. We would be grateful if you would take some time to consult and provide representative views on behalf of your local community.

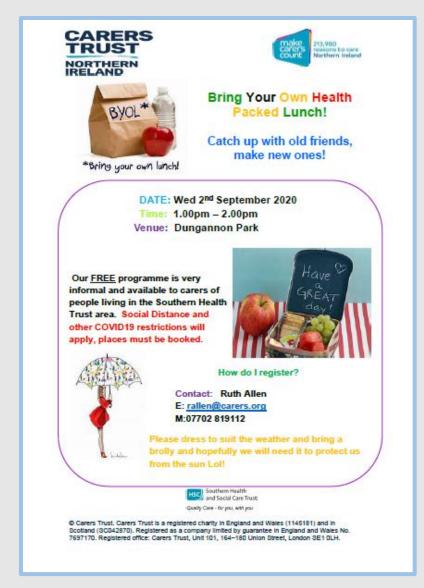
This information will be used to influence decision making and promote a local policing service which is increasingly accessible, visible, responsive and community focused.

The survey will close on 28 August 2020. All responses are anonymous.

Thank you for your time.

Complete the survey **HERE**





e: rallen@carers.org



COSTA Covid-19 Recovery to a New Normal

COSTA will be continuing to assist local groups to work towards 'normality' via provision of templates, guidance, information, funding information, on-line training sessions, virtual 'Open Door Days', and we are always available via phone 028 855 56880 and email info.costa@btconnect.com

- √ Covid 'Recovery Packs' for Groups / Community Venues / Halls
- ✓ Risk Assessments, Covid Plans & Templates
- √ Assistance with Zoom Meetings / Getting On-line
- √ Grant Tracker / Funding Searches
- √ Funding Application support
- ✓ CCNI Charity Registration
- ✓ CCNI Charity Annual Returns
- ✓ Information & Updates
- √ Guidance
- √ Signposting
- √ Training / Info Sessions & Governance (very wide variety of topics)



Follow our FaceBook Pages important information posted daily:

Costa Costa https://www.facebook.com/costa.network/

&



COSTA Community Organisations of South Tyrone & Areas

e: info.costa@btconnect.com





SOUTHERN AREA LOCALITY PLANNING GROUPS

ISSUE 42 20TH AUGUST 2020

Some friendly guidance to those who are submitting information to FYI:

- 1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
- 2. Less words, bigger pictures!
- 3. We do not advertise or endorse those events or programmes which are privately funded as a business.
- 4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
- 5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
- 6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
- 7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
- 8. Please let us know if FYI has helped your service, event or activity in any way.



*** IMPORTANT NOTICE FOR LPG MEMBERS ***

We previously met all of our Locality Planning Groups virtually, via Zoom, and will be doing so again post-summer. (Details regarding future scheduled LPG meetings will follow shortly.)

In the meantime, we would like to take this opportunity to thank all of our members for their ongoing commitment to locality planning.

View / Share recent editions of 'FYI' newsletter:

<u>Issue 41 - 6th August 2020</u> | <u>Issue 40 - 23rd July 2020</u>

<u>Issue 39 - 9th July 2020</u> | <u>Issue 38 - 25th June</u>

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