

CYPSP OUTCOME GROUPS

UPDATE REPORT – FEBRUARY 2021

OUTCOME GROUP	CHAIR	ACHIEVEMENTS / ACTIVITIES	ISSUES / CHALLENGES
Belfast Area	Carol Diffin	<p>Work by the BAOG since the last CYPSP meeting has focused on the following:</p> <ol style="list-style-type: none"> 1. Extra-ordinary meeting was held in January 2021 to review the report “Our Journey Through Disability”. The group endorsed the findings of the report and used them in a survey monkey questionnaire to agree the top 5 priorities that would focus work in this area moving forward. A small working group, involving a range of key stakeholders including carers, will now be established to develop an action plan on these 5 areas. 2. Family Support Hubs continued to receive referrals- total 765 from Oct-Dec 20 and 677 families had been connected to services at the quarter end. Self-referrals and referrals from community groups continue to form the largest referral source with the largest age group referred being 5-11 yrs. Requests for parenting support, emotional health and well being of children have continued to be frequent, referrals for practical support has increased from 40% in October to 64% in December 20 and referrals where ASD/ADHD features continues to be high. 	<ol style="list-style-type: none"> 1. Contracted services have had to be flexible in how they provide their services within the different periods of lockdown and restrictions. 2. The level of referrals seeking practical support has significantly increased during the pandemic and this is on top of the core referrals received as part of “normal business”. 3. The numbers of families requiring practical help with meeting basic needs has increased and now includes a group of new families directly impacted upon by the pandemic where normal income has decreased or disappeared. This is likely to continue for many months post lockdown and

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		<p>3. The four locality planning groups in Belfast have been instrumental in the delivery of community responses made to the pandemic. Each locality planning group established an anti-poverty sub-group during summer 2020. An agreed set of priorities were identified where current pandemic responses could be enhanced. Some additional funding was provided at the same time via West Belfast GP Federation, The BHSCT and the Belfast City Council and the BAOG mandated work to be taken forward on aligning both the LPG priorities with the funding available. A huge amount of work was completed by all involved to ensure that these priorities were met through the development of:</p> <ul style="list-style-type: none"> • additional practical support for families with children under 2; (1200 support packs) • the provision of wifi packages for families who were experiencing difficulties in supporting their children's schooling; (220 year long family wifi packages) • availability of a flexible fund to respond to specific needs; (additional £20k invested via FS hub network) • The development of food related activities with fresh food/connecting/healthy eating frameworks which already exist in local areas. (4000 sessions) <p>There has been much learning from this approach which the BAOG is keen to take forward in relation the role of LPG.</p>	<p>beyond.</p> <p>4. The impact of home schooling for families is significant on family relationships, parental and children's mental health, as well as educational achievement. BAOG is of the view that a focus on how we both support parents going forward with the impact of this on family life and address the impact on Children both require particular attention.</p>

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Northern Area	Maura Dargan	<ol style="list-style-type: none"> 1. Early intervention and support for children and families following the diagnosis of ADHD - positive evaluation of service within NHSCT area. 2. Youth Matters project - personal development programmes for young people with disabilities in the Northern HSCT, established and feedback from service users and their families has been very positive. 3. CAMHS/YJA partnership initiative – promising project. 4. Family Support hubs continue to deliver throughout covid. 5. The Star Babies research study has been completed with very positive outcomes evidenced. 6. Northern Outcomes group held a planning workshop (9.2.21) involving 26 participants including LPG chairs to agree high level actions to be progressed as part to the CYP action plan 21/24. 	<ol style="list-style-type: none"> 1. Engagement/services available within rural communities. 2. Dispersed poverty with pockets of deprivation. 3. Impact of COVID across all services and children, young people and their families within the Northern Trust Area particularly with staff remote working arrangements. 4. Engaging education in NOG/LPGs.

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South Eastern Area	Barbara Campbell	<ol style="list-style-type: none"> 1. A new Covid SET Family Poverty Service is now established in partnership with Barnados, LCC and AND Councils and the Department of Communities. £100k secured by Trust from Councils / DfC to support the most vulnerable families currently engaged with Trust professionals who have identified need. Over 100 of the most vulnerable families have already been referred for support (within 2 weeks), including for food vouchers (Tesco), electricity, oil, white goods and on exception IT (via vodaphone). Referrals received from Health visiting, Sure Start, Paediatrics, CAF teams, 16+ (for care leavers), Children’s Disability, Adult Mental Health and Addictions. A compilation of other community based poverty support services has also been compiled by SEOG with C&V sector and shared with all OG partners. 2. Building on the establishment of the pop up school during the first lockdown and the follow on ‘catch up’ Summer School for vulnerable children, a broad range of education supports have been put in place with the SE HOPE team (including via a dedicated teacher) to support vulnerable children during the current lockdown, including 1-1 and group tutoring, the delivery of book packs via Amazon, commencement of the new PEP service, maths and reading mentoring and education advice to CAF teams. CAF teams are also proactively identifying which vulnerable children need additional support by the HOPE team. 	<ol style="list-style-type: none"> 1. The need to commit the funding that has been received within financial year. 2. Detailed planning for new mental health services via the Therapeutic Academy is difficult due to the lockdown e.g. visits to technical providers has been delayed. 3. Ensuring good communication with all parties including Councils / DfC / C&V sector and Trust / statutory sector.

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		<p>3. To improve the mental health of children, the new SE Therapeutic Outdoor Academy has started in partnership with CAMHS, Prison Health, Youth Justice, EA (Youth Service), GP MDT MH teams, DoH, Psychology, SET Connects, CAF and LAC teams. This partnership initiative aims to improve the mental health and wellbeing of children including those adversely impacted by the pandemic by providing a range of attractive, group based alternative therapeutic modalities for children. A number of innovative new services are in development including:</p> <ul style="list-style-type: none"> • Sailing / Tall Ships programme with CAMHS, DoH, SHSCT and SET • Equine Therapy for young offenders in Hydebank • Open water swimming with GP MDT Team in Down linking to local schools • Forest schools with Sure Start and Infant Mental Health • Adventure outdoor / overnight programme in Mourne with Care Leavers. <p>4. Locality Planning Groups such as Early Intervention Colin and Early Intervention Lisburn have secured significant funding to address poverty / hardship in their areas and are working closely with SEOG partners, including SET, to coordinate support for vulnerable families.</p>	

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Southern Area	Paul Morgan	<ol style="list-style-type: none"> 1. Outcomes Workshop for new plan 9th Feb –facilitated workshop for key partners and stakeholders with input from children and young people on direction of new plan. 2. BAME Task Group - Newcomer Families Needs Assessment Completed workshop with service providers – completed a survey with support groups and analysed results – Key areas identified were Interpreters/translations, knowing where to go for support, GP registration and school enrolment & out of school support. Based on this new translation hub was developed and continues to prove a valuable central resource on the CYPSP website with over 10,000 users since launch Aug 20. Next steps to carry out focus groups with families and young people facilitated by support groups across the Southern Trust area to provide more evidence for the final needs assessment. 3. Emotional Mental Health and Wellbeing network – established with key representation from stat, vol and community. Next steps co-production with children and young people to design a central emotional health and wellbeing information and support page specifically for children and school critical incident support. New resource produced for support services for children and young people and parents for Southern area. 4. CAMHS/YJA Pilot continuing to be co-funded by HSC/YJA for another year. Currently in negotiation for regional rollout 	<ol style="list-style-type: none"> 1. BAME Task Group – working towards easing access to GP registration and school enrolment for newcomer families. 2. Capacity issues – to provide full support across Outcomes group task groups and locality planning groups – challenges we need partners to take ownership and assist. 3. Forging links with community planning process. 4. Joint commissioning – CAMHS/YJA example of good practice – need to get better at this. 5. How we forge stronger links across relevant for a eg Southern Trust Domestic Violence Forum and Southern Trust Welfare/ Poverty Group. To be discussed at Workshop on 09/02/21.

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		<p>with HSCB across NI.</p> <p>5. Our Journey through Disability – Report and recommendations endorsed at last CYPSP – recommendations being taken forward through planning group in partnership with the Trust and implemented through the new Southern Area Outcomes Group Action Plan.</p> <p>6. Voice of young people – We have had a first meeting with youth leaders – agreed a Children’s Planning information pack to facilitate discussion on SAOG priority areas – first feedback at workshop 9th February. Moving forward Groups to facilitate voice of young people into action plan.</p> <p>7. HSCNI Annual Research Conference – 10th March Both Translation Hub and Our Journey through Disability have been selected for Poster Presentations and also Our Journey selected to present a verbal presentation at the HSCNI Annual Research Conference.</p>	

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Western Area	Tom Cassidy	<p>1. Two phases of small grants:</p> <ul style="list-style-type: none"> • Phase 1 – Carried before Christmas to help address socio-economic disadvantage 14 funded projects • Phase 2 –Funding priority was set wider and in relation to the 3 OG Priorities of WOAG <ol style="list-style-type: none"> 1. <i>All children and YP have the best start in life and are emotionally and physically healthy</i> 2. <i>All children and YP are safe and their welfare is promoted within their homes, schools and communities</i> 3. <i>All children and young people are supported to thrive and achieve their potential</i> 31 projects funded Total of 45 projects funded <p>**Several of the funded projects were awarded to PTFA's for projects such as gardening, and mindfulness, self-esteem, and emotional wellbeing and physical activities to support children whose wellbeing has been is being affected due to the disruption to schooling. **A number of community pre-school and afterschools projects were funded for wellbeing activity packs.</p> <p>2. One workshop held (Feb 2020) which included analysis of 3 council action plans and WAOG plan and priorities for future plan.</p>	<ol style="list-style-type: none"> 1. Challenge to move away from small grants funding into a longer term project 2. Pooling of funding or in-kind contributions from other OG members. 3. Staff burn out in all sectors. 4. Digital poverty – families struggling with home-schooling. 5. Food and fuel poverty. 6. High demand for counselling services for young people. 7. Difficulties in rural areas to access supports such as access to foodbanks.

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		<p>3. Action planning workshop planned for 24 February.</p> <p>4. Unicef Child Friendly Cities work is ongoing in DCSDC area</p> <ul style="list-style-type: none"> • Youth and Adult Advisory Panels now online. • 18 co-designed outcomes approved at H&C committee and WAOG. • Councillor champions recruited and stage 1 training complete. • 4 Introduction to Child Rights in Practice Online Training sessions (47 attendees completed). • Action Planning Toolkit Briefing for staff complete. Senior Management briefings for WHSCT, EA and Council complete (x 3 sessions) • Four Awareness Raising Presentations: Chairs and Strategy Managers (1)/ Local Community Growth Planning Boards (LCGPB) (3): Faugen/ Derg & Sperrin. • Unicef Youth Ambassadors acted as steering group for Participatory Budgeting (PB) project: YOUth Making It Happen and City Deal consultations started Dec 2020. • Action Planning co-design sessions with young people postponed (re-profile for online delivery in progress). <p>5. MACE project tendering process complete, rol out of interventions to start soon.</p>	