



# Services Available for CYP impacted by Covid-19 and School Absence



Department of  
**Justice**

An Roinn Dlí agus Cirt  
Mánnystrie o tha Laa



# Introduction

Following discussion at the March 2021 South Eastern Outcomes Group, members from the Children and Young Peoples Strategic Partnership; Locality Planning Groups across the Trust were asked to share information on what services that are available to help children who have been negatively impacted by the recent lockdown and the absence of school.

14 members responded, please see attached

This piece of work will seek to improve linkages between referrers and providers, including those in the community to help adapt services to emerging need and to improve awareness of local services with referrers.



# uHub

<p><b>Service provided for children negatively impacted by recent lockdowns and absence from school</b></p>	<p>Online huddles (therapeutic group workshops) including art/play therapy sessions mindfulness and CBT, one-to-one therapy using art therapists, play therapists, filial therapy, creative therapy, talking therapy, outdoor therapy</p>
<p><b>Service provided into schools</b></p>	<p>Huddles and one-to-one therapy sessions</p>
<p><b>Any changes to this service as a result of COVID-19</b></p>	<p>Online sessions, including parenting coaching, and outdoor therapy</p>
<p><b>Area covered by service (Trust wide/AAND/Down/Colin/Lisburn/other)</b></p>	<p>AAND and Greater Belfast area</p>
<p><b>What age group is your service for? Pre-school/primary/post-primary/16+</b></p>	<p>4-24 years  Pre-school, primary, post-primary and 16+</p>
<p><b>Referral method</b></p>	<p>Referrals can be made online at <a href="http://www.uhub.org.uk">www.uhub.org.uk</a> or 02891888448</p>
<p><b>Contact details</b></p>	<p><a href="mailto:info@uhub.org.uk">info@uhub.org.uk</a> 02891888448</p>
<p><b>Any further information</b></p>	<p>We are funded via the National Lottery Community Foundation and referrals can be made if you meet the following criteria:          - Emotional, social or behavioural problems          - Parent of a child with the above</p>

## Family Support Hub

<p><b>Service provided for children negatively impacted by recent lockdowns and absence from school</b></p>	<p>The Family Support Hub can provide parenting advice and guidance in order to help them support their child. More therapeutic input can be provided directly with the child if there are issues preventing them from attending school eg anxiety; confidence; self esteem</p>
<p><b>Service provided into schools</b></p>	<p>None – other than communication links where appropriate</p>
<p><b>Any changes to this service as a result of COVID-19</b></p>	<p>Support is being provided remotely</p>
<p><b>Area covered by service (Trust wide/AAND/Down/Colin /Lisburn/other)</b></p>	<p>All of SET area</p>
<p><b>What age group is your service for? Pre-school/primary/post-primary/16+</b></p>	<p>0-17</p>
<p><b>Referral method</b></p>	<p>By Family Support Hub Referral form</p>
<p><b>Contact details</b></p>	<p>Karen Otley Family Support Co-ordinator (Trustwide) Laganside House Lagan Valley Hospital 39 Hillsborough Road Lisburn BT281JP Direct Dial: 02892501357 Email: <a href="mailto:karen.otley@setrust.hscni.net">karen.otley@setrust.hscni.net</a></p>

# DOWN SureStart



Service provided for children negatively impacted by recent lockdowns and absence from school	<p>DOWN SureStart</p> <p>Family support to families under 4 yrs and 4-11yr olds</p> <p>Early years activities via zoom.</p> <p>Activity packs delivered via post or door step</p> <p>Behaviour management/incredible years – phone contact to families</p> <p>1;1 onsite play programme for families with a child with an additional need.</p> <p>HV support via zoom/phone/door step</p> <p>Speech and language support via zoom/phone</p>
Service provided into schools	NA
Any changes to this service as a result of COVID-19	Phone/ zoom /doorstep/walk and talk support/1:1 onsite offered as an alternative to home visiting
Area covered by service (Trust wide/AAND/Down/Colin /Lisburn/other)	DOWN SureStart catchment area 4-11 yr old support Downpatrick neighbourhood renewal area.
What age group is your service for? Pre-school/primary/post-primary/16+	0-4 yrs (DOWN SureStart catchment area) 4-11 yrs ( neighbourhood renewal area downpatrick only)
Referral method	Referral to DOWN SureStart
Contact details	02844613630 <a href="mailto:Down.surestart@setrust.hscni.net">Down.surestart@setrust.hscni.net</a>
Any further information	Website <a href="http://www.downsurestart.org">www.downsurestart.org</a>

## DICE Project

<p>Service provided for children negatively impacted by recent lockdowns and absence from school</p>	<p>DICE project as part of North Down Community Network. We have provided the option of 1-2-1 zooms calls of support with a class room assistant to guidance young people through any particular learning challenges. In addition we worked with Clandeboye Primary School P7's and created packs for 54 pupils for 5 sessions of engagement via zoom to maintain connection, engage in interactive learning (life skills such as baking, crafts etc)</p>
<p>Service provided into schools</p>	<p>Worked with Clandeboye Primary School P7's and created packs for 54 pupils for 5 sessions of engagement via zoom to maintain connection, engage in interactive learning (life skills such as baking, crafts etc)</p>
<p>Any changes to this service as a result of COVID-19</p>	<p>Youth Club sessions being delivered by zoom and hopefully on an outreach basis a restrictions permit.</p>
<p>Area covered by service (Trust wide/AAND/Down/Colin /Lisburn/other)</p>	<p>Bangor Areas (Ards &amp; North Down Borough area)</p>
<p>What age group is your service for? Pre-school/primary/post-primary/16+</p>	<p>10 – 15 years old (some primary and post-primary)</p>
<p>Referral method</p>	
<p>Contact details</p>	<p>North Down Community Network          Tel: 02891 461396          Email: <a href="mailto:manager@ndcn.co.uk">manager@ndcn.co.uk</a>  <a href="http://www.ndcn.co.uk">www.ndcn.co.uk</a></p>

## Building Solutions

<p>Service provided for children negatively impacted by recent lockdowns and absence from school</p>	<p>Building Solutions</p> <p>Up to 6 sessions of one-to-one support focusing on building hope and empower young people. The service is underpinned by the Solutions Focused approach.</p>
<p>Service provided into schools</p>	<p>Building Solutions accepts referrals from schools.</p>
<p>Any changes to this service as a result of COVID-19</p>	<p>The service was specifically developed to support young people negatively affected by the pandemic and is funded by BBC Children in Need to reach this specific group of young people.</p>
<p>Area covered by service (Trust wide/AAND/Down/Colin/Lisburn/other)</p>	<p>Throughout the South Eastern and Belfast Trust.</p>
<p>What age group is your service for? Pre-school/primary/post-primary/16+</p>	<p>Young people between the age of 10-18 years old.</p>
<p>Referral method</p>	<ul style="list-style-type: none"> <li>• Social works are asked to complete a referral form</li> <li>• Schools are asked to return a “Expression of interested” with consent from parents. Parents are then asked to complete a referral form.</li> <li>• Families can self-refer to the programme by completing referral form.</li> </ul>
<p>Contact details</p>	<p>Project coordinator Solveig Graham <a href="mailto:Solveig@lisburnymca.com">Solveig@lisburnymca.com</a> 07541892140</p>
<p>Any further information</p>	<p></p>

Service provided for children negatively impacted by recent lockdowns and absence from school	FLARE – EA youth service. Through a youth work model, youth workers have been trained in the mental health field to support young people with anxiety, stress, self harm and suicide. Using a social inclusion model to guide them back into statutory services.
Service provided into schools	Regional service
Any changes to this service as a result of COVID-19	Continued to operate through out COVID 19 adapting from face to face to phone calls and zoom.
Area covered by service (Trust wide/AAND/Down/Colin/Lisburn/other)	Trust wide
What age group is your service for? Pre-school/primary/post-primary/16+	11yrs – 25yrs
Referral method	<a href="https://www.cognitofrms.com/EAYouth/flareferral">https://www.cognitofrms.com/EAYouth/flareferral</a>
Contact details	Team Leader – Paddy Hughes 07548 162 186
Any further information	<a href="mailto:Paddy.hughes@eani.org.uk">Paddy.hughes@eani.org.uk</a>



## Ballynahinch counselling Service/ Talking Therapy

Service provided for children negatively impacted by recent lockdowns and absence from school	Ballynahinch Counselling Service/Talking Therapy.
Service provided into schools	No
Any changes to this service as a result of COVID-19	As well as our normal face-to-face service we now provide telephone and video call counselling (Zoom, Whatsapp video, Skype, Face time etc)
Area covered by service (Trust wide/AAND/Down/Colin/Lisburn/other)	S.E. Trust Area, AAND, Down
What age group is your service for? Pre-school/primary/post-primary/16+	Post Primary - 2 years and up
Referral method	Self, SE Trust, GP, Other
Contact details	02897561100, 07835305411 centremanager@ballynahinchcounselling.com
Any further information	<a href="http://www.ballynahinchcounselling.com">www.ballynahinchcounselling.com</a> Facebook: <a href="https://www.facebook.com/thehubbhinch1/">https://www.facebook.com/thehubbhinch1/</a>

# Early Stage Intervention

Service provided for children negatively impacted by recent lockdowns and absence from school	Early Stage Intervention through the Youth Justice Agency.
Service provided into schools	Interactive Information and awareness raising sessions regarding risk taking behaviours. One to one mentoring sessions with young people at risk of entering the justice system.
Any changes to this service as a result of COVID-19	Yes haven't been able to go into schools whilst they were closed or restrictions in place preventing large groups. Online support offered, although schools in the area were not open to this during lockdown.
Area covered by service (Trust wide/AAND/Down/Colin /Lisburn/other)	Youth Justice Agency Eastern Area covering SET area.
What age group is your service for? Pre-school/primary/post-primary/16+	Post Primary.
Referral method	Individual support through the Children's Diversion Forum or by Schools requesting Awareness sessions for Year Groups.
Contact details	<a href="mailto:Michael.Smyth@justice-ni.gov.uk">Michael.Smyth@justice-ni.gov.uk</a> <a href="mailto:Nicola.Thompson@justice-ni.gov.uk">Nicola.Thompson@justice-ni.gov.uk</a>
Any further information	

# Action for Children

## 1:1 Therapeutic Support



Service provided for children negatively impacted by recent lockdowns and absence from school	Yes: 1:1 therapeutic support for all sorts of issues
Service provided into schools	Yes, will go into school if permitted
Any changes to this service as a result of COVID-19	Will provide support through video calls, by phone or garden visit when appropriate. Will also do centre visit for more vulnerable. We have a covid specific worker funded by FS hub
Area covered by service (Trust wide/AAND/Down/Colin /Lisburn/other)	Through FS hub we provide cover primarily to Down but also will support other areas depending on capacity and waiting lists.
What age group is your service for? Pre-school/primary/post-primary/16+	0-18
Referral method	FS hub
Contact details	Louise Kearney 02844617837 or Karen Otley FS hub
Any further information	

<p>Service provided for children negatively impacted by recent lockdowns and absence from school</p>	<p>NA//</p>
<p>Service provided into schools</p>	<p>Supported employment and training offered for pupils who will be due to leaving school.</p>
<p>Any changes to this service as a result of COVID-19</p>	<p>Most services (face-to face interactions, supported employment and training) have been moved online due to covid restrictions.</p>
<p>Area covered by service (Trust wide/AAND/Down/Colin /Lisburn/other)</p>	<p>Newry, Mourne and Down council area.</p>
<p>What age group is your service for? Pre-school/primary/post-primary/16+</p>	<p>16 - 65 years</p>
<p>Referral method</p>	<p>Contact me via my mobile or email. If a participant or parent would like me to contact them first , I just need their contact number.</p>
<p>Contact details</p>	<p>Josephine O'Hare NOW Group Employment Officer M: 077 1954 8825 E: josephine.ohare@nowgroup.org</p>
<p>Any further information</p>	<p>Fully funded employment and training programme by the European Social Fund. There are not any time restrictions in terms of how long support will be provided for.</p>

## Connected Kids

<p>Service provided for children negatively impacted by recent lockdowns and absence from school</p>	<p>Connected Kids – Mindfulness programme          Art Therapy programme          Counselling          Art psychotherapy          CBT          Hardship fund – Tesco’s vouchers</p>
<p>Service provided into schools</p>	<p>Connected Kids – Mindfulness programme          Art Therapy programme          Counselling          Art psychotherapy          CBT</p>
<p>Any changes to this service as a result of COVID-19</p>	<p>Some delays occurred due to restrictions          Counselling and Art psychotherapy and CBT sessions were delivered online</p>
<p>Area covered by service (Trust wide/AAND/Down/Colin /Lisburn/other)</p>	<p>Lisburn</p>
<p>What age group is your service for?          Pre-school/primary/post-primary/16+</p>	<p>5-18</p>
<p>Referral method</p>	<p>Self/direct referral through EIL</p>
<p>Contact details</p>	<p>Mabel.scullion@barnardos.org.uk</p>
<p>Any further information</p>	<p>All of the above were provided through enhancements to contracts, small grants or donations. None are sustainable and need outweighed demand.          The Connected Kids programme was extremely successful and was delivered to primary school children.</p>

## PROPOSED PROGRAMMES 2021-2022 – SLIEVE CROOB DEA

Proposed Programme	Venue	Date	Area(s) Involved	Partners
Bushcraft and Foraging Experience (Men's Mental Health Week)	Finnebrogue Woods	June 2021	Downpatrick, Rowallane & Slieve Croob DEA	DEA's, CDCRN
Mini Medics/First Aid	2 x Primary Schools	May 2021	Slieve Croob DEA	
Coffee & Reconnect	Ballynahinch Rugby Club St John's GAC	May – Sept 2021	Slieve Croob	DEA's, CDCRN
Online Cultural Cookery Programme for Young Carers & their Loved Ones	Online	October 2021- March 2022	7 x DEAs	7 x DEAs & Southern & South Eastern Trust Career Support Department
Photography Course	Online & Outdoor (various)	June – December 2021	7 x DEAs	7 x DEAs
Around the World – Cultural Awareness Programme	2 x Primary Schools in each DEA	September-Dec 2021	7 x DEAs	DEA'S
Cultural Interactive Workshops	Secondary Schools/ Youth Clubs	September 2021 – March 2022	7 x DEAs	DEA's
Young Men's Mental Health Programme	Secondary Schools/ Youth Clubs (15+)	September 2021-March 2022	7 x DEAs	
Building Resilience	3 x Primary Schools	Sept 2021 – March 2022	Downpatrick, Rowallane & Slieve Croob DEA	Downpatrick, Rowallane & Slieve Croob DEA –
Dance/Fitness Programme	3 x Primary Schools	Sept 2021- March 2022	Downpatrick, Rowallane & Slieve Croob DEA	Downpatrick, Rowallane & Slieve Croob DEA & Primary Schools,
Adult Carers Initiative	TBC	Oct 21 -March 2022	Downpatrick, Rowallane & Slieve Croob DEA	Downpatrick, Rowallane & Slieve Croob DEA & SEHSCT Carers Department
Older Person's Event	TBC	Oct 2021	Downpatrick, Rowallane & Slieve Croob DEA	DEA's, CDCRN
Action Cancer Bus	Dundrum and Spa	Oct 2021-March 2022	Slieve Croob DEA	Slieve Croob DEA & CDCRN

# SLIEVE CROOB DEA INITIATIVES – 2020/21

Proposed Programme	Venue	Date	Area(s) Involved	Partners	Status
Virtual Cultural Awareness Programme – Schools	Online	September 2020- March 2021	7 x DEAs	7 x DEAs & Education Authority	On-going
Reconnect over Coffee	Laitroim GAC  Ballynahinch Rugby Club St John's GAC	Tuesday 29 <sup>th</sup> September 2020 Postponed 2021  Postponed 2021	Downpatrick, Rowallane & Slieve Croob	CDRCN	Completed 43 participants
Halloween Safety Campaign Primary Schools	Primary Schools	October 2020	7 x DEAs	7 x DEAs & NIFRS	Postponed until 2021
Age Friendly – Outdoor Cinema	Castlewellan Forest Park	Thursday 26 <sup>th</sup> November 2020	Downpatrick, Rowallane & Slieve Croob	DEAs & CDRCN	Completed 59 Participants
Photography Course 4 week Course – ‘The New Norm’ – Coming out of Lock Down	Online & Outdoor	January 5, 12, 19 and 26 2021 Slieve Croob Area	7 x DEAs	7 x DEAs	Completed 10 participants per DEA

## ...Continued

<b>Building Resilience Programme</b>  6-week course	Bunscoil Primary School, Castlewellan  St Malachys Primary School, Castlewellan  St Mary's Primary School, Aughlisnafin	November 2020 – January 2021	Downpatrick, Rowallane and Slieve Croob DEA	DEAs	Completed Bunscoil – 17 participants St Malachys – 60 participants St Mary's – 36 participants
<b>Mini Medics</b>	St Mary's Primary School, Dechomet  Holy Family Primary School, Teconnaught  St Patrick's Primary School, Burrenreagh, Castlewellan	January 2021 - March	Downpatrick, Rowallane and Slieve Croob DEA	DEAs	Currently postponed due to Covid
<b>Homestart Yoga 6 Sessions</b>	Zoom	January 2021 - March 2021	Downpatrick, Rowallane and Slieve Croob DEA	DEAs	On-going 60 participants in total
<b>Homestart Arts/Crafts 6 Sessions</b>	Zoom	March 2021	Slieve Croob DEA	Homestart	40 participants



## ...Continued

<p>Carers Programme Tai Chi – 8 weeks Sketching – 4 weeks Cookery Programme – 4 weeks</p>	<p>Zoom</p>	<p>January 2021 - March 2021</p>	<p>Downpatrick, Rowallane and Slieve Croob DEA</p>	<p>DEAs &amp; Southern &amp; South Eastern Trust</p>	<p>On-going Tai Chi – 20 participants in total Sketching – 20 participants in total Cookery - 30 participants in total</p>
<p>Zoom Dance Programme 6-week course</p>	<p>St Macartan's Primary School, Loughinisland  St Francis Primary School, Drumaroad  St Joseph's Primary School, Tyrella</p>	<p>Jan-March 2021</p>	<p>Downpatrick, Rowallane &amp; Slieve Croob DEA</p>	<p>Downpatrick, Rowallane &amp; Slieve Croob DEA &amp; Primary Schools</p>	<p>On-going</p>

<p>Service provided for children negatively impacted by recent lockdowns and absence from school</p>	<p>Working with the 0-4 years range and throughout all stages of the lockdowns since March 2020 Sure Start Bangor has remained running. We have moved everything to zoom to ensure we are able to support families. All programmes offered give the opportunity for families to talk to others and share experiences. However when restrictions ease we will be utilising outdoor programme delivery as much as possible and trying to return to a state of normal that is beneficial for all families.</p>
<p>Service provided into schools</p>	<p>We work with children exclusively until they are 4 years old. All programme delivery is to support their development physically, socially and emotionally in preparation for commencing school.</p>
<p>Any changes to this service as a result of COVID-19</p>	<p>Our services were delivered in local venues and from COVID-19 this has changed to a zoom platform to allow for the safety of all participants. This however will return to face to face as soon as we are informed.</p>
<p>Area covered by service (Trust wide/AAND/Down/Colin /Lisburn/other)</p>	<p>Bangor (Whitehill, Conlig, Dufferin &amp; Harbour 1)</p>
<p>What age group is your service for? Pre-school/primary/post-primary/16+</p>	<p>0-4 years old</p>
<p>Referral method</p>	<p>Referral through GP, health visitor, midwife, social services and self referral. Anyone requiring a referral form or to speak to a member of the team can do so through the following details</p>
<p>Contact details</p>	<p>Ryan Black (Lead Family Worker, Bangor Sure Start) <a href="mailto:r.black@brysonsurestart.org">r.black@brysonsurestart.org</a> 0289145728</p>
<p>Any further information</p>	

# Neighbourhood Policing Team



<p>Service provided for children negatively impacted by recent lockdowns and absence from school</p>	<p>Police diversionary activities including visits to schools were significantly impacted on during lockdowns due to school closures, limited access when schools were open and resultant closures of other facilities. However on the ground engagement on issues such as Anti-Social Behaviour continued assisted by partners including Council, Education Authority and Street Pastors.</p>
<p>Service provided into schools</p>	<p>Primary – People Who Help Us, Stranger Danger and Road Safety talks.                  Post-Primary – Drug and Alcohol, Risk Taking, Personal Safety and Road Safety Talks.</p> <p>During the Pandemic we also sent information to schools to be posted on notice boards and kept open remote engagement and communication to assist with any specific issues.</p>
<p>Any changes to this service as a result of COVID-19</p>	<p>As above.</p>
<p>Area covered by service (Trust wide/AAND/Down/Colin /Lisburn/other)</p>	<p>Ards and North Down Policing / Council District Area incorporating South Eastern Health and Social Care Trust Area.</p>
<p>What age group is your service for?                  Pre-school/primary/post-primary/16+</p>	<p>Some Pre-School for example visit by Police Officers to show children a Police Vehicle but Primarily Primary and Post Primary.</p>
<p>Referral method</p>	<p>Contact relevant Neighbourhood Policing Team –</p> <ol style="list-style-type: none"> <li>1/ Newtownards / Ards West</li> <li>2/ Bangor</li> <li>3/ Holywood / Ards Peninsula</li> </ol>
<p>Contact details</p>	<p><a href="mailto:ards@northdown@psni.police.uk">ards@northdown@psni.police.uk</a></p> <p>Referrals and requests for Police input also welcome via</p> <p><a href="mailto:hugo.kelly@psni.police.uk">hugo.kelly@psni.police.uk</a></p>
<p>Any further information</p>	