

Report from Locality Planning Groups

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| <p>Current issues:</p> | <ul style="list-style-type: none"> • GCSE/A level grading and exam stress • Young people experiencing zoom fatigue • So much screen time C&YP struggling to switch off; impact on sleep, behaviour. • Lack of counselling, particularly for CYP aged 4-11 years • Poverty- food, fuel, uniform, digital, specifically mentioned working poor/hidden poverty • Financial pressures/increase in debt/wait for UC • Gaps existing for support for CYP especially between tier 2 and tier 3 CAMHS level • Practical help and support for parents coping with young people's behavioural and mental health issues • Ethnic minorities - unable to access some services due to language barriers. Sometimes not digitally aware. Translators can be expensive. Like to see more leaflets in other languages. • Mentoring and befriending for young people • Increases in teenage pregnancies • Support and opportunities for 16+ and school leavers • Lockdown babies, socialisation, parental mental health etc. • Antisocial behaviour • Support while waiting on assessment for ASD/ADHD • Young people displaying high levels of depression, anxiety, self-harm, eating disorders, suicidal ideation • Impact of a year of disruption to routine etc. on children with additional needs and their families • Violence from children towards their parents/relationship breakdown • Domestic Violence • Increase in parents and young people gambling |
| <p>Achievements:</p> | <p><u>Northern Area:</u> PANTS campaign completed 3 LBGT workshops delivered Community sports programmes, relax and regulate packages, EHWB programmes delivered by AWARE, Fresh Minds and AMH Trauma and MH Informed schools and communities training delivered to 155 people 31 attended Parenting in a pandemic training coordinated through LPGs 60 Pre-school play equipment (Healthy Movers kits) provided</p> |

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| | <p>to Surestart organisations to encourage physical activity in pre-school children.</p> <p>Worked in partnership with MEA council to fund outdoor toy box in park to promote outdoor play especially to socially deprived children.</p> <p>Worked in partnership with MEA Council to provide the Little Free Library in Curran Park.</p> <p><u>Southern</u> Portadown Gets Active ongoing. FYI receiving positive feedback Workshops on an introduction to Infant Mental Health Our journey through disability workshop held</p> <p><u>Western:</u> 3 LPGs in NW re-established with 4th being planned ASD themed meeting held in Strabane with a follow up on taking place in June. Fortnightly News established to circulate information.</p> <p>Coordinator for southern sector currently off sick.</p> <p><u>Belfast:</u> LPG coordinator currently off sick – no update available.</p> <p><u>South Eastern</u></p> <p>2 LPG re-established Fortnightly News revamped Directory of Services updated Impact of pandemic report prepared for the SEOG</p> <p>Groups all at various stages of action planning.</p> |
| <p>Upcoming</p> | <ul style="list-style-type: none"> • GamCare training planned for June and September; will be available regionally across all LPGs. • Co-ordinating and promoting Demystifying Disability Hate crime webinar planned for May. • Talk, Learn, Do NI parents kids and money train the trainer training planned – taking a joined up approach to coordination. |