

RELATIONSHIPS AND SEXUALITY EDUCATION

FREE RSE PROGRAMME

Common Youth are providing a three session RSE programme in the community. The programme is available to young people aged from 11 to 25 years. Sessions can be delivered in person or online.



THE RSE PROGRAMME CONSISTS OF 3 AGE AND NEEDS APPROPRIATE SESSIONS WHICH INCLUDE TOPICS SUCH AS:

- Puberty
- Body Image
- Friendships
- Relationships
- Online safety
- Contraception
- Infection
- Consent
- The Law

The RSE programme is available and accessible to ALL young people. Sessions can be tailored to the specific needs of the young people.



Contact hello@commonyouth.com to register your interest or for further information