Derry, Limavady, Strabane and Waterside Locality Planning Groups Fortnightly News



Welcome to the first edition of the fortnightly news.

Instead of filling up your inbox with individual circulations, I will put them into a fortnightly newsletter.

If you wish to advertise any upcoming programmes or activities please see the guidance on the back page



For general Locality Planning Group information, contact: una.casey@hscni.net 028 9536 4828

Please complete and return as soon as possible



CONSENT FORM FOR CONTACT INFORMATION FOR USE IN COMMUNICATIONS ACTIVITY BY CYPSP

As you may be aware new Data Protection Regulations came into effect on 25 May 2018. This means we must now have your written consent to hold your personal information within our records in order to provide you with information on the role and work of the Children and Young People's Strategic Partnership (CYPSP), Outcomes Groups, Locality Planning Groups (LPG) and Family Support Hubs (FSH).

Please confirm that you consent to the CYPSP holding your email address for each of the purposes identified below by ticking the appropriate box(es) and e-mailing your response by return to una.casey@hscni.net as soon as possible

Information	I consent to my email address being held by CYPSP (HSCB)	
Name:		
Organisation:		
Email:		
	Yes	No
CYPSP/FSH/LPG Ezine/Publications/Newsletter		
CYPSP/FSH/LPG Events/Meetings/Information		
CYPSP/FSH/LPG Media issues		
CYPSP/FSH/LPG Consultations/Surveys		

If a written consent form is not received your contact information will be deleted from our records. We hope that you will want to keep in touch with us and will return this consent form.

You can view the CYPSP's Privacy Notice for communications activity by clicking here http://www.cypsp.hscni.net/wp-content/uploads/2018/04/CYPSP-Privacy-Notice.pdf If you have any other questions or queries please do not hesitate to get in touch at cypsp@hscni.net.

We are required to ask members consent for each of the CYPSP membership / subscription lists we hold details on.



Targeted Youth Interventions Survey Please click the link to complete this form.

form.jotform.com

https://form.jotform.com/210102388401037



ONLINE RESOURCES & INFORMATION



Calling all children, young people, parents/carers, colleagues!

Visit our **central resource** <u>HERE</u> & **filter by theme** for fun activities, education, books, art, recipes, parenting support, help, contacts & advice all **updated daily**



- > Funded by the Public Health Agency.
- Provides support for children and young people of substance misusing parents/adults.
- > Supports the whole family unit.
- > Works directly with the child or young person through therapeutic mentoring, individual counselling, grouptherapy, play-therapy and systemic family intervention.
- Offers support to the substance misusing parent/ adult, including brief one to one support, group therapy, and support to access and engage with local addiction specialist services.

CRITERIA FOR REFERRAL

- Children and young people aged 8-18.
- Children and young people who are at risk and need support due to the impact of parental substance misuse.
- The Service operates in Northern and Western Health and Social Care Trust areas.
- Referrals accepted from any professional as long as there is also the involvement of Social Services.

VOICES COPING WITH HIDDEN HARM A STRATISTIC SERVICE

Service Manager North

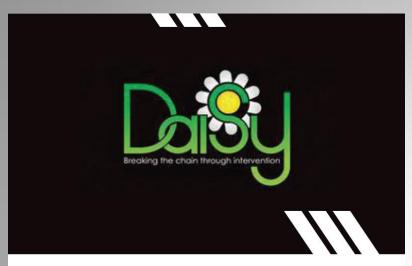
- & Kathleen Grego
- □ 028 2568 9306
- voices.north@start360.org
- Start360
 First Floor
 7-9 Wellington St
 Ballymena, BT43 6AB

Service Manager West

- Marie Wright
- □ 028 7137 1162
- voices.west@start360.org
- Start360
 Castle St
 Derry/Londonderry
 BT48 6DN













- Youth Treatment Service delivered in partnership between ASCERT and Start360. Funded by the Public Health Agency.
- Provides person-centred programmes for young people and young adults to help reduce the harm caused by their substance misuse.
- Offers direct work with the young person through therapeutic mentoring, individual counselling, therapeutic group work, therapeutic play work.
- Also works with the whole family through one to one parent/carer support and systemic family interventions.

CRITERIA FOR REFERRAL

- ✓ Young people and young adults aged 11-25yrs.
- Young people whose substance use is impacting them, their families and communities and who are willing to seek support.
- The Service operates in Belfast, South Eastern, Northern and Western Health and Social Care Trust areas.
- We accept referrals from young people, their families or friends, and a range of professionals.
- Referral forms can be downloaded at www.start360.org or www.ascert.biz

Service Managers Belfast and South East

- Marie Wright Start360
- 028 9043 5815
- 30-34 Hill St, Belfast, BT1 2LB
- Chris McMahon ASCERT
- ₪ 0800 2545 123
- 23 Bridge St, Lisburn, BT28 1XZ
- daisy.east@start360.org

Service Managers North

- Lack Chris McMahon ASCERT © 0800 2545 123
- 1 Queens Avenue
 Magherafelt BT45 6
- Magherafelt, BT45 6AB ▲ Kathleen Grego - Start360
- O28 2568 9306
 Int floor, 7-9 Wellington St, Ballymena, BT43 6AB
- daisy@ascert.biz

Service Managers West

- & Chris McMahon ASCERT
- 0800 2545 123
- 7a Dublin Road, Omagh, BT78 1ES
- ▲ Marie Wright Start360
- □ 028 7137 1162
- Q 2 Castle St Derry/ Londonderry, BT48 6DN
- daisy@ascert.biz



QUARANTEENS!

PARENT/TEEN COMMUNICATION

Accredited remote training

These FREE ZOOM workshops are for anyone who works/volunteers with teens, parents or families.

Topics include:

- *Practical ways to improve communication between adults and teens.
- *Information on Puberty and Sexual Health issues.
- *Where to find help and support for Parents and

Accreditation

This course has been accredited by the Open College Network Northern Ireland at Level 2. It has the value of 2 credits.

Who should apply?

Anyone who works or volunteers with families, / youth / parents in the Northern Ireland Health Trust areas

Training Costs

This training is free of charge to successful participants.

funded by the Public Health Agency

Dates:



ACET Northern Ireland Ltd. 58a High St Holywood BT18 94F



Live remote learning.

Induction: Mon 8th Feb 202110-10.30am

Session 1: Tues 9th Feb 2021 Session 2: Tues 16 Feb 2021 Session 3: Tues 23 Feb 2021 Session 4: Tues 2 March 2021 All at 10am — 11:30am



For more information or an application form:

Contact:

LINDA ALLEN linda@acet-ni.com

tel: 0797Î 065641.



QUARANTEENS!

PARENT/TEEN COMMUNICATION Accredited remote training

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Topics include:

- *Practical ways to improve communication between adults and teens.
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Who should apply?

Anyone who works or volunteers with families, / youth / parents in the Northern Ireland Health Trust areas

Training Costs

This training is free of charge to successful participants.

funded by the Public Health Agency

Dates:



ACET Northern Ireland Ltd. 58a High St Holywood BT18 9AE Live remote learning.

Induction:

Thurs 4th March 2021 10–10.30am

<u>Session 1</u>; Eri 5th March 2021 <u>Session 2</u>; Eri 12 March 2021 <u>Session 3</u>; Eri 19 March 2021 <u>Session 4</u>; Eri 26 March 2021 All at 10am — 11.30am





For more information or an application form:

Contact:

LINDA ALLEN linda@acet-ni.com

⊯ 0797Î 065641.



QUARAN-TEENS!

PARENT/TEEN COMMUNICATION

LEVEL 3 Facilitator's Training

FREE online training, open to anyone who works/volunteers with parents or families.

Topics include:

Group facilitation skills with particular reference to

- * Parent/teen Communication skills
- * Puberty and sexual health issues.
- * Mental health
- * On-line facilitation skills

Dates:

Live online learning.

Induction:

Monday 8th March 10am - 10.30am

SEX | DRUGS | HIV

Training sessions:

Tuesday 9 March 2021 10am - 12 noon Tuesday 16 March 2021 10am - 12 noon Tuesday 23 March 2021 10am - 12 noon Tuesday 30 March 2021 10am - 12 noon

Accreditation

This course has been accredited by the Open College Network Northern Ireland at Level 3. It has the value of 6 credits.

The training will have a substantial personal study element. Learners will be asked to recruit and facilitate a group of parents and design and deliver an appropriate programme.

funded by the Public Health Agency NI



For an application form:

Contact:

LINDA ALLEN linda@acet-ni.com

ı<u>ı</u>ı: 0797Î 065641.



ACET Northern Ireland Ltd. 58a High St Holywood BT18 9AE





ParentingNI

Supporting Parents of Teenagers

Being a parent of a teenager can be challenging, especially now with Covid-19.

Parenting NI through funding sourced from the Community Foundation New

Need Fund are providing the following FREE ONLINE sessions for PARENTS

Supporting Teenagers Emotional Health ~Wed 10th Feb ~ 7-8pm

Supporting Teenagers with their Body Image \sim Wed 17th Feb \sim 7-8pm

Reducing Conflict in the Home ~Wed 24th Feb ~ 7-8pm

Reducing Risk Taking Behaviour ~Wed 3rd March ~ 7-8pm

Promoting Teenagers Resilience ~Wed 10th March ~ 7-8pm

To register: http://bit.ly/PNIevents





Practitioner Training

Being a parent of a teenager can be challenging, especially now with Covid-19. Parenting NI are providing the following **FREE ONLINE** sessions for **PRACTITIONERS** to help them support parents of teenagers

> Supporting Teenagers Emotional Health ~Thurs 11th Feb ~ 10-11am

Supporting Teenagers with their Body Image ~Thurs 18th Feb ~ 10-11am

> Reducing Conflict in the Home ~Thurs 25th Feb ~ 10-11am

Reducing Risk Taking Behaviour ~Thurs 4th March ~ 10-11am

Promoting Teenagers Resilience ~Thurs 11th March ~ 10-11am

To register: http://bit.ly/PNIevents







<u>Translations – Children and Young People's Strategic</u> <u>Partnership (CYPSP) (hscni.net)</u>

Welcome to the Translation Hub





This page is best viewed with the Browsealoud application open, click on the 😥 icon in the top right corner and select the language of your choice by clicking 🚺 on the toolbar above.

Welcome to the CYPSP Translation Hub providing you with important information on Health, COVID-19, Education, Housing, Employment, Contacts for support and much more.

To help promote this page click Here to download translated leaflets.

Please feel free to bring to our attention any amendments, comments or if you would like to suggest more content or include your contact details email cypsp@hscni.net

How to use Browsealoud translation application









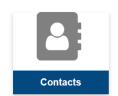


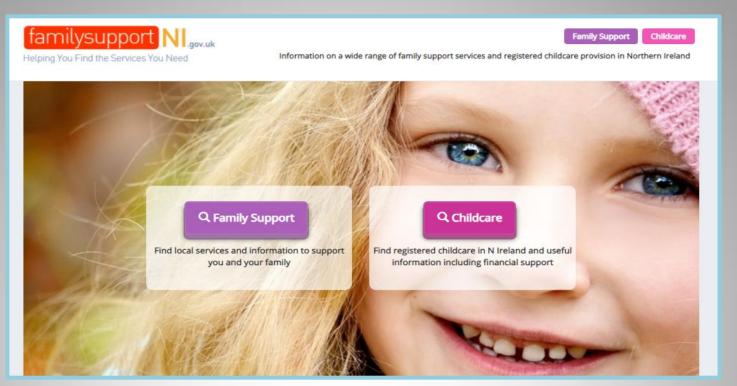












Check out the www.familysupportni.gov.uk website, making it easier for people in NI to find out about

family support services and ALL REGISTERED childcare providers in NI

Childcare Providers, as services continue to re-open, please check your details are correct and up-to-date

(Quick Tip: Type name into Keyword Search in 'Childcare' Section)

Do you have vacancies? Have you indicated other offerings for parents looking for childcare?

Send additions / amendments to info@familysupportni.gov.uk

Latest COVID-related information available via dedicated COVID Information Section

New RISE NI Parent website launched

The Regional Integrated Support for Education team in Northern Ireland (RISE NI) works in partnership with schools to support children's learning across all areas of the curriculum. This includes the social and academic skills required to give the children the best chance to succeed in the future. The trans-disciplinary team which includes occupational therapists, speech and language therapists, physiotherapists, behaviour specialists, clinical psychologists and therapy assistants, work with children and education staff in mainstream nursery and primary schools.

On 11th January 2021 a regional website specifically for parents and carers of children in mainstream nursery and primary school (up to P4) was launched with the aim to provide support and information digitally. The RISE NI information leaflets, suggested activities/resources and parent training videos aim to promote development of speech and language, fine and gross motor skills, and social and emotional development. RISE NI teams from across all 5 of Northern Ireland's Health and Social Care Trusts contributed to the website which was designed and built 'in-house' by a Belfast Trust occupational therapist and speech and language therapist.

More information can be found at https://view.pagetiger.com/RISENI/parents



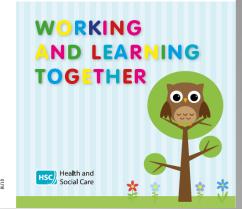
For further information in your local area please visit www.familysupportni.gov.uk or contact your local team. You can watch a short video on RISE NI at www.pha.site/RISENI



Public Health Agency 12-22 Linenhall Street, Belfast BT2 8BS, Tel: 0300 555 0114 (local rate), www.publichealth.hscni.net







RISE NI (Regional Integrated Support for Education NI) supports children in schools by working closely with parents and school staff to help children develop the foundation skills for learning.

RISE NI is an early intervention service.

Our aim is to help children enjoy, achieve and learn to the best of their ability in school.

What areas do we mainly focus on?

In RISE NI, we work with children to promote:

- · social, emotional and behavioural development;
- · speech, language and communication development;
- sensory motor development (the process of receiving messages from our senses and producing a response) and visual – perceptual development (the ability to make sense of what we see).

Who are we?

The RISE NI service may include the following staff:

- behaviour therapists and specialists;
- · clinical and associate psychologists;
- · occupational therapists;
- physiotherapists;
- speech and language therapists;
- dietitians:
- . therapy assistants and support workers:
- · clerical officers.

What support does RISE NI provide?

RISE NI will provide support as required to meet children's needs.



Universal support

General training, advice and strategies to school staff and parents to enhance and enrich the development of all children.

Targeted support

Targeted advice, consultation, strategies, training, class based and small group programmes.

Specialist support

Assessment for children with persistent needs who have not responded positively to strategies and support already used in school





Education Authority

• •

1 hr • 🕥

Is your child is due to start pre-school or primary school in September 2021? The admissions process for pre-school and primary school opens at 12 noon Thursday 7 January 2021, and closes 12 noon 29 January 2021.

To assist your application please take a minute to watch this guidance video.

It is also important you read the admissions criteria of the school/s you are considering and/or applying to. Schools criteria and subtitled versions of this video in additional languages including sign language can be accessed on EA website https://www.eani.org.uk/parents/admissions



Applying for a Pre-School or Primary School Place? You may wish to apply at a less busy time









FIRST FEW DAYS WILL BE THE BUSIEST

BUSIEST TIME BETWEEN 7PM AND 10PM YOU MAY BE PLACED IN A QUEUE YOU HAVE UNTIL NOON ON 29 JAN TO APPLY

Places are not issued on a first come first served basis

For help and advice, parents/ guardians can contact our Admissions Helpdesk via emails: preschooladmissions@eani.org.uk or primaryadmissions@eani.org.uk





We are open! If you need support call Monday to Friday 9a.m.- 5 p.m. 02891 273196. You are not

> Jesteśmy otwarci! Jeseli potrzebujesz pomocy, zadzwon do nas od poniedzialku do piatku od 9ej do 17ej. nr telefonu 02891 273196. Nie jesteś sama.

Suntem deschisi. Dacă ai nevoie de ajutor, nu ezita să ne contactezi de luni până vineri între orele 9:00 si 17:00 sau la numarul de telefon 02891 273196. Nu ești singură.

Vi är öppet! Om du behöver hjälp du kan ringa måndag till fredag från kl 9 am till kl 5 pm 02891 273196. Du är inte ensam.

Olemme avoinna! Jos tarvitset tukipuhelua, soitta meille maanantaista perjantaihin 9-17 02891 273196. Et ole yksin.

Estamos abiertos! Si necesitas ayuda, llámanos al 02891 273196 de Lunes a Viernes de 9:00 a 17:00. No estás sola.

Wir haben geöffnet! Wenn Sie Hilfe benötigen. rufen Sie uns an 02891 273196. Montag bis Freitag von 9.00 bis 17.00 Uhr. Du bist nicht alleine.

Nous sommes ouverts! Si vous avez besoin d'assistance, appelez du lundi au vendredi de 9 h à 17 h au 02891 273196. Tu n'es pas seula.

Siamo aperti! Se hai bisogno di supporto chiama dal lunedì al venerdì dalle 9:00 alle 17:00 allo 02891 273196. Non sei sola.

> हम राजी हैं। अगर आपको सपोर्ट कॉल की आवश्यकता है तो सोमवार से शुक्रवार सुबह 9 बजे शाम 5 बजे तक। 02891273196 पर। तुम अकेले नहीं हो

> ਅਸੀਂ ਖੱਲੇ ਹਾਂ. ਜੇ ਤਹਾਨੰ ਸਹਾਇਤਾ ਦੀ ਜ਼ਰਰਤ ਹੈ ਤਾਂ ਸੋਮਵਾਰ ਤੋਂ ਸ਼ੱਕਰਵਾਰ ਸਵੇਰੇ 9 ਵਜੇ ਤੱਕ 02891273196 ਤੇ ਕਾਲ ਕਰੋ. ਕੀ ਤਸੀਂ ਇਕੱਲੇ ਨਹੀਂ ਹੋ

我们是开放的。如果您需要支持,请在周一至周五上午9点至 下午5点致电02891273196。你不是一个人

我們是開放的。如果您需要支持,請在周一至週五上午9點至 下午5點致電02891273196。你不是一個人

営業しております。

サポートが必要の場合は月曜日から金曜日9~17時承ってお ります。

あなたは1人じゃない。

اگر آپ کو کسی بھی مد د کی ضرورت ہو، توہمیں کال کریں سوموار سے جمہ ،تک، صُبهع ۹ سے شام ۵ بجے تک يا 02891273196 آپ اکیلے نہھی ہیں۔

mes atviri! jei jums reikia palaikymo, skambinkite pirmadieniais – penktadieniais 9-17 val. telefonu 02891 273196. tu nesi vienas!

Jemi hapur! Ngs ke nevojë për ndihmë telefono 02891 273196 hënë-e premte 9am 5 pm. Nuk je vetëm!

Oleme avatud, kui vajate tuge, helista esmaspäevast reedeni kella 9-17 või 02891 273196. Sa ei ole üks

we zijn open, indien u ondersteuning/hulp nodig hebt, kunt u bellen op het nummer 02891 273196 van maandag tot vrijdag van 9 tot 17 uur. U bent niet alleen!

Vi er åpen! Om du trenger hjelp du kan ringer mandag til fredag fra kl 9.00 til 17.00 eller 02891 273196 Du er ikke alene.

Estamos abertos, se precisar de apoio ligue de segunda-feira à sexta-feira, das 9.00 às 17.30 02891 273196. Não està sozinha

Είμαστε ανοιχτα, αν χρειάζεσαι βοήθεια τηλεφώνησε από Δευτέρα ως Παρασκευή από τις 09.00 π.μ ως τις 05.00 μ.μ. 02891 273196. Δεν είσαι μόνη

Contact Numbers

- You can contact The Freephone 24hr Domestic and Sexual Abuse Helpline Tel: 0808 802 1414 (Managed by Nexus NI) 24/7
- In an emergency contact the **PSNI** on **999**
- PSNI non-emergency number is 101

Parents, carers, family members...

if you need us we're here

08088020400







FOR ONGOING CORONAVIRUS INFORMATION, ADVICE & UPDATES VISIT:





An Roinn Sláinte

Männystrie O Poustie



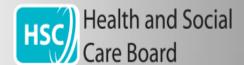
HERE



HERE







HERE



HERE





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HERE



DID YOU KNOW?...

If you have an iPhone or iPad you actually have a scanner! Parents, if you are planning to scan any work to your teachers or teachers if you are scanning work to your students you can use the 'Notes App'.

Open a new note, press the camera button, the option to scan document will pop up. Once the document is scanned you can email it easier than a photo, plus you can add notes to the scanned doc. #themoreyouknow



Some friendly guidance to those who are submitting information to **FYI**:

- 1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
- 2. Less words, bigger pictures!
- 3. We do not advertise or endorse those events or programmes which are privately funded as a business.
- 4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
- 5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
- 6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
- 7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
- 8. Please let us know if FYI has helped your service, event or activity in any way.