

# PERSONAL SAFETY

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Most people know someone who has been a victim of crime. This shouldn't stop you from going out, but you should be more aware and careful when you are.

**CONTACT PSNI FOR HELP**



## AVOIDING CRIME

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Don't advertise your belongings or flash them about as this could attract someone who might attempt to take them.

Always be aware. Know your surroundings and act confidently. A confident attitude could prevent someone from seeing you as an easy target.

If you think someone is following you, cross to the other side of the road. If you think you are still being followed, continue walking until you reach a well-lit and populated area. Ask for help if you need it.

# TAKE 5 - STAYING SAFE WHEN YOU'RE OUT:

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1. Stick with your friends, you will be safer with a group of people rather than being on your own.
2. Stick to well-lit pavements and in the view of others.
3. Let your friends and family know where you are at all times, if something was to happen to you then they will know your last whereabouts.
4. If something does happen, such as being mugged, get somewhere safe and contact family and the police as soon as possible. Scream and shout, but always hand over whatever they ask for. It's better to be safe than end up hurt.
5. If you are out with friends, for whatever reason, make sure you have worked out how you are getting home and a meeting point if you get separated.



## OVER18 VENUES

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It's illegal to drink intoxicating liquor in a public place whilst under 18.

Don't give into peer pressure. You don't need alcohol or drugs to have a good time, focus on having fun and socialising with your friends, and you'll have a great night.

When you consume alcohol, not only might you be breaking the law, but you could be putting yourself in danger.

**In an EMERGENCY dial 999**  
**Or you can use our non-emergency  
number 101 to speak to us.**

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