

Derry, Limavady, Strabane and Waterside Locality Planning Groups

Fortnightly News



Welcome to the third edition of the LPG news.

Instead of filling up your inbox with individual circulations, I will put them into a newsletter.

If you wish to advertise any upcoming programmes or activities please see the guidance on the back page



For general Locality Planning Group information, contact: una.casey@hscni.net 028 9536 2848

Purpose of Locality Planning

Locality Planning is part of the CYPSP focus on developing and supporting multi-agency early intervention approaches.

Locality planning is about improving outcomes for children, young people and families at a local level.

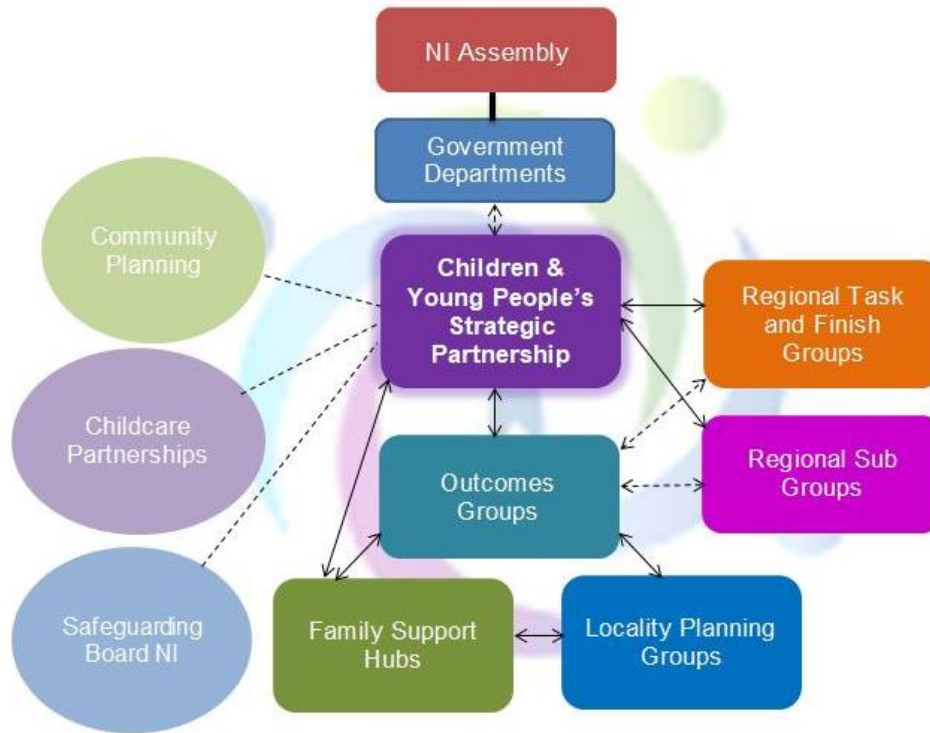
It focusses on how service delivery organisations can engage more effectively with each other to better understand local issues and to work together to produce more effective responses to those issues.

Locality planning is about understanding community assets and strengths and ensuring that service delivery organisations seek to support those assets/strengths.

It does this by:

- Developing shared information, knowledge base and expertise about the local area
- Identifying opportunities to improve outcomes for children and young people by working better together
- Building a commitment to early intervention
- Building an effective partnership

LPGs are a key part of the CYPSP structure



Please visit [Children and Young People's Strategic Partnership \(CYPSP\) \(hscni.net\)](http://hscni.net) for further information

Welcome to the Translation Hub



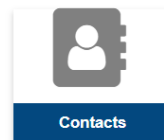
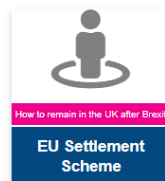
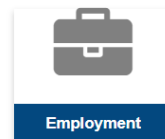
This page is best viewed with the Browsealoud application open, click on the icon in the top right corner and select the language of your choice by clicking on the toolbar above.

Welcome to the CYPSP Translation Hub providing you with important information on Health, COVID-19, Education, Housing, Employment, Contacts for support and much more.

To help promote this page [click Here](#) to download translated leaflets.

Please feel free to bring to our attention any amendments, comments or if you would like to suggest more content or include your contact details email cypsp@hscni.net

[How to use Browsealoud translation application](#)



Children and Young People's Strategic Partnership

Agencies, children and young people, families and communities across Northern Ireland working together - to improve outcomes for children and young people through integrated planning and commissioning

Calling all children, young people, parents/carers, colleagues!

Visit our **central resource** [HERE](#) & **filter by theme** for fun activities, education, books, art, recipes, parenting support, help, contacts & advice
all **updated daily**



Check out the www.familysupportni.gov.uk website, making it easier for people in NI to find out about

family support services and ALL REGISTERED **childcare providers** in NI

Childcare Providers, as services continue to re-open, please **check your details are correct and up-to-date**

(Quick Tip: Type name into Keyword Search in 'Childcare' Section)

Do you have vacancies? Have you indicated other offerings for parents looking for childcare?

Send additions / amendments to info@familysupportni.gov.uk

Latest **COVID-related information** available via dedicated COVID Information Section

I am pleased to invite you to attend a meeting to
Renew and Refresh the Derry Locality Planning Group

Locality Planning aims to improve outcomes for children, young people and families at a local level with a focus on early intervention.

Aileen McGuinness, BBHF (Derry LPG Chair)

Date: Thursday 29 April 2021

Time: 10am

Zoom Link to be confirmed

Please RSVP to Una Casey una.casey@hscni.net before Monday 26 April

2021 LOCALITY PLANNING GROUP MEETINGS

Waterside Locality Group:

Tuesday 18th May 2021

Tuesday 20 July 2021

Tuesday 21st September 2021

Tuesday 16 November 2021

Meetings commence at 10am

All meetings will be on zoom until
restrictions change

2021 LOCALITY PLANNING GROUP MEETINGS

Strabane Locality Group:

Thursday 27 May 2021

Thursday 24 June 2021

Thursday 26 August 2021

Thursday 28 October 2021

Meetings commence at 10am

All meetings will be on zoom
until restrictions change

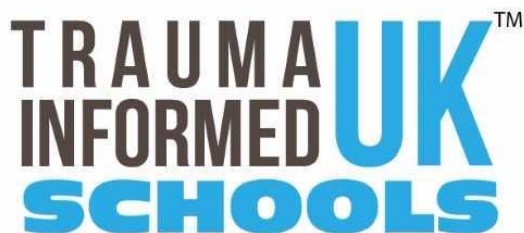
The procurement/tender process for MACE funded Universal, Targeted and Specialist interventions in NI is open again.

All details are on www.etendersni.gov.uk for all opportunities to tender.

<http://cawt.hscni.net/mace-project-in-northern-ireland-childrens-family-services-tender-opportunity-now-open/>



The Western Area Outcomes Group are excited to fund:



TISuk Zoom Training on Thursday Mar 25, 2021 02:00 PM

Register in advance for this meeting:

https://zoom.us/meeting/register/tJcrcOGsrD8tGtbts3xaTDBQOwn8W_84pDYd

This three hour online training will support the return to school following the Covid-19 pandemic. The session is aimed at all school and community organisation staff and will offer both underpinning theory and practical application to enable staff to understand the impact of the crisis and move forward to find a new normal.

Topics include:

- *Re-experiencing the world as safe*
- *Acknowledging losses*
- *The science and practice of gratitude*
- *Supporting transition back to school*
- *Re-affirming connection and belonging*
- *Understanding the impact of the pandemic on behaviour*
- *Incorporating learning into practice –finding a new normal*

Feedback from Parents of Children with Disabilities and or Additional Needs re: Education

The Education and Health authorities get together once a week to look at how they can make their services work together better. They are particularly concerned about the education experiences of children with disabilities and/or additional needs (in both mainstream and special schools) during the pandemic.

They have asked me to have conversations with parents to find out what their experiences are - what is working well or not working - and what needs to be done to make things better.

Over the next two months I will be having virtual meetings with parents across the region to find out about their experiences and report their concerns and ideas back to the Education/Health group every week.

I would love the opportunity to meet on-line with any relevant parents group whose members might be interested in sharing their views and having their voices heard. I can also have phone conversations with individuals if that suits.

Please let me know if there is any interest among the parents in your area.

Paula Keenan

paulakeenan@me.com



'Help Kids Talk run FREE BASIC AWARENESS TRAINING WEBINARS on a fortnightly basis. In our webinar we discuss infant mental health and share our top tips for supporting speech, language and communication development in children aged 0-6 years.

The webinar is suitable for both parents and practitioners and are available to everyone across Northern Ireland.

Please click on the following link to register for a date that suits you

<https://view.pagetiger.com/basic-awareness-webinar-training-dates>



PLAYBOARD NORTHERN IRELAND
LEADING THE PLAY REVOLUTION

PLAYBOARD PLAY IDEAS

Play is essential for children's health and well-being, helping them build resilience and cope with stress. Play gives children the opportunity to learn new skills and make sense of the world around them. It is vital that children have the space and time to play every day.

For lots of fun play ideas and activities go to www.playboard.org/play-ideas



PlayBoard NI
7 Crescent Gardens
Belfast, BT7 1NS

T: 028 9080 3380
E: info@playboard.org
www.playboard.org

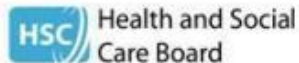
PlayBoard NI is registered with the Charity Commission for Northern Ireland NIC104724, company limited by guarantee no. NI35225, charity no. XR56634

Virtual Engagement with Parents and Children Webinar



Programme Support Specialist Team
Adele Holmes, Anca Adams, Louise Keyes
Sheena Pierce and Tanya Cummings

January 2021



The HSCB Programme Support Specialist Team have created an Online Parental Engagement Webinar to support the work of all 38 Sure Start projects across NI – this can be viewed by everyone

YouTube link: <https://youtu.be/ZNDKduWbKq>

Don't take risks with a sick child



If your child is unwell and you are worried contact your GP.



If you think your child is seriously ill you should take them to the nearest Emergency Department. Ring ahead if they have a respiratory condition.

Our GPs and most Emergency Departments are still open for business and are ready to care for sick children.



PHONE FIRST

Make sure you **PHONE FIRST** before going to Altnagelvin and South West Acute Hospital's Emergency Departments and the Urgent Care and Treatment Unit in Omagh Hospital and Primary Care Complex.

0300 020 6000

TEXT RELAY: 0870 240 5152

Operating from 08:00 to
12 Midnight 7 days per week.

**Get directed to
the right care
Avoid busy
waiting rooms
Stay safe
Save time**



FOR EMERGENCIES - 999

Including: stroke, heart attack, loss of consciousness, breathing difficulties, severe bleeding or major trauma

ALWAYS CALL 999 IMMEDIATELY



Health and
Social Care



DoH
www.health-ni.gov.uk



The Youth Wellbeing Survey was commissioned by the Health and Social Care Board, from Transformation funding from the Department of Health.

The survey and report was compiled by Ulster University, Queen's University Belfast, and the Mental Health Foundation over 18 months.

The study collected data from more than 3,000 children and young people in Northern Ireland, and on more than 2,800 parents and caregivers.

Click on the link for full reports:

[Youth Wellbeing Prevalence Survey 2020 - HSCB \(hscni.net\)](https://hscni.net/youth-wellbeing-prevalence-survey-2020)

Text-a-Nurse
is a new confidential text
messaging service for young
people aged 11-19




A new Text-a-Nurse service has been launched to provide young people with a secure and confidential text messaging service to a school nurse for advice and support.

The service is aimed at 11 to 19 year olds and will be delivered by the School Nursing Teams available between the hours of 9am -5pm Monday to Friday (excluding Bank Holidays), they will respond to all messages within 24 hours Monday – Friday.

The aim is to provide a timely, and convenient access to **confidential** health advice for young people

Western Trust Text –A-Nurse 07480 635984




HELP IS HERE WHEN
TIMES ARE TOUGH...

Help and advice for Young People
in Northern Ireland.

- Anxiety and Depression
- Drugs and Alcohol
- Gender and Sex
- Staying Safe Online
- Education and Employment
- Eating
- Bullying
- Problems at Home

Plus much more...

youngpeopleni.org





www.sailni.com



www.sailni.com

T: 028 9532 0023

info@sailni.com

Sometimes trans people need support, sometimes families need support too.

We know that there are times people need support to talk about gender. We know because there was a time we needed that support. Sail connects families and together we support each other. We can help.

"...before I found Sail I thought I was alone. Meeting other mums and hearing them talk about their kids, knowing there were other families out there and I wasn't alone meant the world to me..."

Jennifer Sail Mum

If you are a parent, grand parent, carer, sibling or friend or anyone who needs to talk about gender please give us a call. We are here to help so that you know you are definitely not alone

www.sailni.com

Would you like to participate in a workshop involving young people born around the time of the signing of the Belfast/Good Friday Agreement?

- Are you a young person born between 1996 and 2002?
- Do you live in a rural community?
- Would you like to engage in a virtual discussion with young people born in the same era?

Then this is the workshop for you!

Community Dialogue, in conjunction with RCN, would like to invite you to attend a workshop to discuss issues that are important to you as a young person. We would like to hear your thoughts and opinions on the topics that have shaped our peace process, since the signing of the Belfast/Good Friday Agreement and discuss the more contemporary issues which affect rural young people today.

The discussion will take place on **Tuesday 16th March** at 7pm (via zoom)

To register, contact Jim O'Neill on email jim@communitydialogue.org or ring 07540 524186





WE'RE OPEN!

Family Mediation NI

continues to offer
mediation sessions
via online platforms
to those separated parents who
wish to engage in child
focussed mediation

FMNI now provides online mediation*
**Call us to avail of HSCB funded service
for separated parents**

Sessions offered to parents wishing to avail of
mediation during COVID-19 and beyond*

*subject to suitability

For more information, please contact
02890 243265
or enquiry@familymediationni.org.uk
or administration@familymediationni.org.uk
visit www.familymediationni.org.uk



We are open! If you need support call Monday to Friday 9a.m.- 5 p.m. 02891 273196. You are not alone.



Jesteśmy otwarci! Jeseli potrzebujesz pomocy, zadzwon do nas od poniedziałku do piątku od 9ej do 17ej. nr telefonu 02891 273196. Nie jesteś sama.



Suntem deschisi. Dacă ai nevoie de ajutor, nu ezita să ne contactezi de luni până vineri între orele 9:00 și 17:00 sau la numărul de telefon 02891 273196. Nu ești singură.



Vi är öppett! Om du behöver hjälp du kan ringa måndag till fredag från kl 9 am till kl 5 pm 02891 273196. Du är inte ensam.



Olemme avoinna! Jos tarvitset tukipuhelua, soitta meille maanantaista perjantaihin 9-17 02891 273196. Et ole yksin.



Estamos abiertos! Si necesitas ayuda, llámanos al 02891 273196 de Lunes a Viernes de 9:00 a 17:00. No estás sola.



Wir haben geöffnet! Wenn Sie Hilfe benötigen, rufen Sie uns an 02891 273196. Montag bis Freitag von 9.00 bis 17.00 Uhr. Du bist nicht alleine.



Nous sommes ouverts! Si vous avez besoin d'assistance, appelez du lundi au vendredi de 9 h à 17 h au 02891 273196. Tu n'es pas seule.



Siamo aperti! Se hai bisogno di supporto chiama dal lunedì al venerdì dalle 9:00 alle 17:00 allo 02891 273196. Non sei sola.



हम राजी हैं। अगर आपको सपोर्ट कॉल की आवश्यकता है तो सोमवार से शुक्रवार सुबह 9 बजे शाम 5 बजे तक। 02891273196 पर। तुम अकेले नहीं हो



ਅਸੀਂ ਖੁੱਲ੍ਹੇ ਹਾਂ। ਜੇ ਤੁਹਾਨੂੰ ਸਹਾਇਤਾ ਦੀ ਜ਼ਰੂਰਤ ਹੈ ਤਾਂ ਸੋਮਵਾਰ ਤੋਂ ਸ਼ੁੱਕਰਵਾਰ ਸਵੇਰੇ 9 ਵਜੇ ਤੱਕ 02891273196 ਤੇ ਕਾਲ ਕਰੋ। ਕੀ ਤੁਸੀਂ ਇਕੱਲੇ ਨਹੀਂ ਹੋ



我们是开放的。如果您需要支持，请在周一至周五上午9点至下午5点致电02891273196。你不是一个人



我們是開放的。如果您需要支持，請在周一至周五上午9點至下午5點致電02891273196。你不是一個人



営業しております。

サポートが必要な場合は月曜日から金曜日9～17時承っております。

あなたは1人じゃない。



اگر آپ کو کسی بھی مدد کی ضرورت ہو، تو ہمیں کال کریں سوموار سے جمعہ تک، صبح 9 سے شام 5 بجے تک، 02891273196 یا آپ اکیلے نہیں ہیں۔



mes atviri! jei jums reikia palaikymo, skambinkite pirmadieniais – penktadieniais 9–17 val. telefonu 02891 273196. tu esi vienas!



Jemi hapur! Nqs ke nevojė pėr ndihmė telefono 02891 273196 hėnė-e premte 9am 5 pm. Nuk je vetėm!



Oleme avatud, kui vajate tuge, helista esmaspäevast reedeni kella 9-17 või 02891 273196. Sa ei ole üks



we zijn open, indien u ondersteuning/hulp nodig hebt, kunt u bellen op het nummer 02891 273196 van maandag tot vrijdag van 9 tot 17 uur. U bent niet alleen!



Vi er åpen! Om du trenger hjelp du kan ringe mandag til fredag fra kl 9.00 til 17.00 eller 02891 273196 Du er ikke alene.



Estamos abertos, se precisar de apoio ligue de segunda-feira à sexta-feira, das 9.00 às 17.30 02891 273196. Não está sozinha



Είμαστε ανοιχτά, αν χρειάζεσαι βοήθεια τηλεφώνησε από Δευτέρα ως Παρασκευή από τις 09.00 π.μ ως τις 05.00 μ.μ. 02891 273196. Δεν είσαι μόνη

Contact Numbers

- You can contact The Freephone 24hr Domestic and Sexual Abuse Helpline Tel: **0808 802 1414** (Managed by Nexus NI) 24/7
- In an emergency contact the PSNI on **999**
- PSNI non-emergency number is **101**

women's aid

NSPCC NI

Helpline Campaign - March 2021

In partnership with Department of Health



On Monday 1st March, we have launched a new month-long campaign to raise awareness of the NSPCC helpline in Northern Ireland. Since schools and education settings have remained closed for most pupils, referrals to children's social services have fallen dramatically. With children largely remaining at home, there is a hidden group of children potentially at risk of abuse or neglect who are having much less interaction with statutory services as well as their normal community support networks. That's why the Department of Health is supporting NSPCC NI to carry out this awareness campaign during March.

The campaign has three elements:

1. Promoting the NSPCC Helpline and other family supports during March 2021, via NSPCC NI pages on social media and paid for social media ads, with additional press activity. We are also sharing wallet cards and posters to key agencies. Find out more about our helpline www.nspcc.org.uk/helpline
2. Promoting our NSPCC 15-minute online safeguarding training, It's Your Call, which is currently being offered free. It is aimed at those who may be delivering services to families in our community to increase their confidence to pass on concerns they may have, whether you or your employees are electricians or plumbers, telecoms engineers, or builders. The link to the training we are sharing in the social media campaign and in press is a NI specific link. To take the course follow this link [here](#)
3. We are also highlighting that Childline is still there for children and young people at this time through social media, using our own pages and paid for social media ads. We are also sharing wallet cards and posters. Find out more about Childline www.nspcc.org.uk/childline

How can you help?

- It would be great if you could follow the NSPCC NI Facebook and Twitter pages and like and repost any of the social media we are pushing out about the campaign and share this flyer with contacts you have.
- Let organisations and business partners know about the free It's Your Call training.
- We have developed a partner agency social media toolkit for the campaign and if you would like to share this with contacts that you think would use this please let us know - or it may have already been sent along with this flyer to you.

Thank you for your support and of course if you have any queries please do not hesitate contact: Margaret Gallagher, Head of Local Campaigns Service NSPCC Margaret.gallagher@nspcc.org.uk

World Autism Awareness Day

2nd April 2021

'Be Kind to Different Minds'

This Autism Awareness Day we want to ask you to 'Be Kind to Different Minds' and show support for our autism community.

Autistic people interpret the world differently. It's important that as a society we are better equipped to build relationships, understand sensory differences, offer support to family and friends, and learn how to support autistic colleagues in the workplace.

We all need to work together for a more inclusive society in Northern Ireland. Let's start by seeing things from another perspective, let's start by being kind to different minds.

Click here to see how Paul and Chelsea have created a more inclusive society.



For further information please visit

WWW.AUTISMNI.ORG

Autism NI is a company limited by guarantee (Company Number NI 05548).
Registered with The Charity Commission for Northern Ireland NIC100240.



Children
in Northern
Ireland 

Live Virtual Training Courses

*Are you working with families
impacted by parental mental ill-health?*

The Think Family Model	Mental Health Think Family Project
Date: Thursday 15th April	Date: Mon 19th April OR Fri 30th April
Time: 09:45 – 15:30	Time: 09:45 – 16:00

*(this training can
be in addition to
the Think Family
Model or act as a
stand alone
session)*



Our funding restrictions are such that our training is only available to those who work/volunteer for a voluntary, charitable, faith or community-based organisation. **Book:** www.ci-ni.org.uk/training



Verbal First Aid™ for Covid-19

Action Trauma are hosting a webinar based on Verbal First Aid™ with Judith Prager and would like to invite you to attend completely **free of charge**.

This webinar includes an overview of the Verbal First Aid™ Workshop.

This workshop will explain how the right words said in the right way at the scene of an emergency or crisis, or in times of pain and fear, could shift the perception and interpretation to one that allows healing and short-circuits the impulse toward a traumatic memory allowing you to benefit the lives of families, young people and children.

This webinar also includes four targeted modules:

Module 1. NHS, Front Line Workers, First Responders.

Module 2. Chaplains, Religious leaders, Counsellors and anyone working with bereavement and grief.

Module 3. Teachers, Educators and anyone working with children and vulnerable people.

Module 4. Parents, Carers and anyone managing and working with family life.

This webinar will be available for viewing from 1st March-1st June 2021

Book your free ticket now at:
actiontrauma.com



Judith Simon Prager, PhD, is a writer, therapist, lecturer, and award-winning instructor in the UCLA X Writers' Program. She has trained physicians, nurses, first responders, and counselors in the protocol she co-developed called Verbal First Aid™, lecturing across the United States and around the world.

‘What just happened’ booklet



The EITP Trauma Informed Practice Project have developed a short guidance booklet for Parents and Carers of Children in response to COVID-19. We hope you find this a helpful resource. Please share with your colleagues and networks. This booklet is available to download on the SBNi website;

<https://www.safeguardingni.org/sites/default/files/sites/default/files/imce/What%20just%20happened%20booklet%20%28final%29.pdf>

Along with our other ACE/Trauma Informed Practice resources and information booklets at:

<https://www.safeguardingni.org/aces/publications-and-helpful-resources>

COVID-19 vaccine - a guide for people with a learning disability



What is COVID-19?

COVID-19 is a new illness spreading across the world.

It is a bit like flu but can be very serious for some people.



What is a vaccine?

A vaccine helps your body fight diseases.



Why do I need a vaccine?

It will help protect you from getting very sick from COVID-19.

For easy read version to COVID vaccines [click here](#)

FREE ONLINE TRAINING COURSES

We have released NEW virtual training sessions for parents/carers. These courses will be interactive, and include a question and answer session. These new courses are FREE and supported by the Halifax Foundation.

Online courses available include:

- **Autism and Females**- Tuesday 9th March 1pm-4pm
- **Introduction to Autism and Behaviour** - Thursday 18th March 6pm-9pm
- **Introduction to Sensory Processing and Autism** - Thursday 15th April 10am-1pm
- **Using Visuals at Home** - Wednesday 21st April 1pm-4pm

[Visit our website to book online](#) or for more information about our online training sessions, please email christine.kearney@autismni.org

Book Online Now



TRAINING

21

All our training will be held online via ZOOM

Contents

- Introduction P1
- Connections Link Life Suicide Awareness Training P2
- Digital Safeguarding Core Awareness Training P3
- MANifest: Connecting Men with Mind Fitness P4
- Mental Health First Aid P5
- Moving More Often P6
- Nutrition Matters for the Early Years P7
- PANTS Awareness Session P8
- PANTS Awareness Session – BAME Communities P9
- Psychological First Aid (E-learning Course) P10
- Safe Choices P11
- Sleep Awareness P12
- Towards Zero Suicide – Level 1 Awareness: P13
E-Learning Suicide Awareness Training
- Walk Leader P14

April to Sept 21 - Training Brochure

Health Improvement, Equality & Involvement | HSC | Western Health and Social Care Trust | Public Health Agency

For further information and how to register click on this link
<https://westerntrust.hscni.net/healthy-living/>



**START
SOMETHING**

March 2021

Free online courses for young people



Mon 1st

AM & PM sessions, Essential Skills Maths, every Monday
10am Get Into Security info session

Tues 2nd

AM & PM sessions, Essential Skills English, every Tuesday
10am Get into Retail with Lidl info session
2.30pm Wellbeing, every Tuesday

Wed 3rd

AM & PM sessions, Essential Skills ICT, every Wednesday
11am Get Started with Digital Media info session

Thu 4th

12noon Get Started with Make Up, one day programme

Mon 8th

9am Get Into Security, three week programme
9am Get into Retail with Lidl, four week programme
10.30am Get Started with Digital Media, three day programme

Fri 12th

12noon Get Started with Photography, one day programme

Mon 15th

10am Explore, two week programme

Tues 16th

12 noon Mental Health First Aid info session
1pm Enterprise info session
2pm Get Started in Media with BBC NI info session

Thu 18th

1pm Get Started with Health and Fitness info session

Mon 22nd

1pm Get Started with Health and Fitness, four day programme

Tues 23rd

9.30am Mental Health First Aid, three day programme
1pm Enterprise, four day programme
2pm Get Started with Media with BBC NI, three day programme

Team programme

12 week Team personal development programme beginning throughout March across NI

Development Awards

Awards of up to £160 are available for 16-30's who are unemployed and not in education or training.



www.princes-trust.org.uk

outreachni@princes-trust.org.uk



Performing Trauma-Informed Assessments: The MACE Toolkit training

MACE Trauma-Informed Practitioner's Toolkit



- 3 hour interactive course
- Available to practitioners working with children and families in the Armagh area, Newry & Mourne, Cavan and Monaghan border areas

Aims of the course:

- Understand the concept of trauma-informed assessments
- Understand helpful and unhelpful practitioner behaviours during assessment
- Identify potential sources and signs of childhood trauma
- Understand protective factors and how they interact with risk factors to influence positive outcomes
- Identify appropriate interventions to support families affected by trauma
- Understand the process of support pathway planning and review
- Understand how to use the MACE Trauma-Informed Practitioner's Toolkit alongside their own assessment forms (e.g. UNOCINI, Meitheal, Signs of Safety, etc.)

Please contact Jessica Fields to register: jessica.fields@westerntrust.hscni.net

Please note that all sessions will be **10 am – 1 pm** and delivered over Zoom. (17 places per session)

- | | |
|--|---|
| • 21 st , 29 th April | • 3 rd , 7 th , 10 th , 15 th September |
| • 6 th , 12 th , 21 st May | • 1 st , 5 th , 6 th , 7 th October |
| • 2 nd , 8 th , 17 th , 25 th June | • 9 th , 12 th , 17 th , 24 th November |

"Working to reduce Multiple Adverse Childhood Experience (MACE)
Supporting families and Strengthening Communities"

Join Team

- Uncover your hidden talents and improve your confidence
- Gain new skills and qualifications
- Mix with new people and make new friends
- It won't cost you anything and you won't lose your benefits



3 in 4

**of the young people
we helped in 2014
moved on to work,
education or training**

- Team is run by an organisation in your area, for example, a local college
- Team is a 12-week course – *see inside for more information*

For more information, please contact:



Department for
**Employment
and Learning**
www.delni.gov.uk

This Project is part funded by the Northern Ireland European Social Fund 2014 - 2020
- Investment for Growth and Jobs Programme

Or call free on 0800 842 842 or visit
princes-trust.org.uk/team
to find out when your nearest Team starts.



Prince's Trust



DSN 2688-4 © The Prince's Trust 2015 – all rights reserved. The Prince's Trust is a registered charity.
Incorporated by Royal Charter (16006722). Principal office: Prince's Trust House, 91 Euston Street, London,
England EC2M 7LS. Registered charity number in England and Wales: (1079675) and Scotland (SC0341198).



Prince's Trust

**Team
programme**

**[DO MORE.
SEE MORE.
BE MORE.]**





Team programme

Team - New challenges and experiences for 16-24 year olds



Day 1: Meet new people

Don't worry about turning up on your own – there'll be about 12 people joining and everyone will be in the same situation. It'll be informal and there'll be plenty of activities so you'll soon feel part of things.



Week 1: Take action

Over this week, you'll start planning for the weeks ahead – setting out what you want to achieve and finding out how to get your qualifications. You'll also be planning for a week away.



Week 2: New experiences

You'll spend this week away – trying new things and learning how to work with others. This gives you a chance to break away from your current situation. The sort of things you could do include canoeing, climbing, raft-building and much more!



Weeks 3-6: Something to talk about

As a Team, you'll decide on a project to benefit your local community and carry it out. You might be surprised at what you can achieve together. This gives you great experience to talk about at interviews.



Weeks 7-8: Work placements

This is the time to see how the skills you've developed so far can help you in the workplace. It's also a great chance to try out a type of work, or company, to see whether you like it.



Week 9: Plan for the future

Time to plan your next steps after the programme. You'll get help to write a fantastic CV, practise your interview skills and make applications.



Weeks 10-11: Meet the challenge

You and your Team will take on a challenge to help others in the community. This is when you get to test out all the skills you'll have worked on so far.

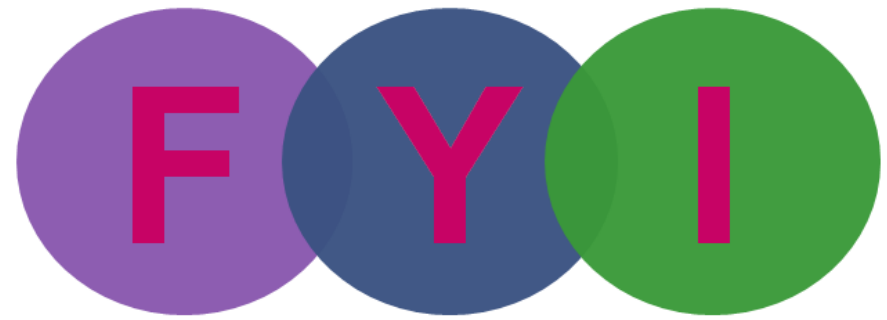


Week 12: Have your say

In your final week, you'll deliver a presentation with your Team to an invited audience. This is your chance to show off the talents you've discovered! This may sound scary now, but after 12 weeks on Team you'll be surprised at how far you've come.

Don't miss out. Sign up to the next Team today.

Check out when your local Team starts - visit princes-trust.org.uk/team or call free on 02890 89 5000



For Your Information

Some friendly guidance to those who are submitting information to FYI:

1. Submit the information in the format you would like it to be included. We won't transform a word-heavy document into a flyer, please make it easy for us!
2. Less words, bigger pictures!
3. We do not advertise or endorse those events or programmes which are privately funded as a business.
4. Information will usually be included for x2 editions (1 month), unless requested or if your event takes place sooner.
5. FYI will be issued every fortnight, on a Thursday afternoon. Please send your articles for inclusion by 5pm of the Tuesday prior to this.
6. We may have to decline to advertise information which is not applicable to better outcomes for children and young people.
7. Your feedback is welcome. (We are not perfect, but will strive to be as good as we can.)
8. Please let us know if FYI has helped your service, event or activity in any way.