

Teen Programmes

Programme: Odyssey Parenting your Teen

Attendees: Parents and Carers
Age range: Teenagers
Start date: 5 October 2021
Duration: 8 Weeks
Time: 7pm - 9pm
Location: TBC

Programme: Odyssey Parenting your teen

Start date: 18 January 2022
Duration: 8 Weeks
Time: 7pm - 9pm
Location: TBC

Facilitators: Parenting NI
Enquiries/Referrals: 080 880 10722 (Freephone)



Additional Contacts / Information

Lorraine O'Neill

Parenting Partnership Manager

CASS Centre

Lough Road

Lurgan

t: 028 38 310920 / 07880 474747

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Martina McCooey

Child Development Interventions Co-ordinator

Southern Health and Social Care Trust

Promoting Wellbeing Division

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Please visit our webpage
<http://www.cypsp.hscni.net/ebpp/>
for further information



HSC Southern Health
and Social Care Trust
Quality Care - for you, with you

Evidence Based **PARENTING** **SUPPORT** **PROGRAMME** **DELIVERY**

*Giving every child
the best start / opportunity
in life.*



2021 / 2022

Southern Trust Programmes 2021/22

Programme Name	Attending	Start Date	Duration/ Time	Location	Referrals/Enquires	Additional info
EARLY YEARS						
Mellow Bumps	For Mums to be	8 September '21 or 9 November '21	6 weeks 10am-12 noon	Zoom	e: mellow.parenting@southerntrust.hscni.net t: 028 3756 4489 Maureen McSorley	<u>Delivery Partners:</u> Prog 1 Southern Trust Midwifery Service & Parenting Partnership Prog 2 Health Visiting & Parenting Partnership Referrals taken at any time for Mellow Bumps programmes
Mellow Bumps	For Dads to be	5 October '21	6 weeks 7pm-9pm	Zoom	e: mellow.parenting@southerntrust.hscni.net t: 028 3756 4489 Maureen McSorley	<u>Delivery Partners:</u> Splash and Blossom, Sure Start
Incredible Babies (birth – 1 year)	Parents & Babies	27 April '22	8 weeks 10am-11.30am	TBC	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e:parenting.partnership@southerntrust.hscni.net	Delivered by Parenting Partnership
Incredible Yrs Autism & Speech & Lang Delay Programme Age (2-5 yrs)	Parents/ Carers	16 September '21	14 weeks 10am-12pm	Teachers Centre, Newry	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e:parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Southern Trust Autism Services
	Parents/ Carers	11 January '22	14 weeks 10am-12pm	Teachers Centre, Dgn	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e:parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Southern Trust Autism Services
SCHOOL AGE						
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	15 September '21	13 weeks 10am-12pm	Teachers Centre, Dgn	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e:parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> BCM & Parenting Partnership Priority will be given to referrals from Armagh / Dungannon Area
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	21 September '21	13 weeks 10am-12pm	Teachers Centre, Newry	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e:parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Bolster Community Priority will be given to referrals from Newry & Mourne Area
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	20 January '22	13 weeks 10am-12pm	TBC Lurgan area	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e:parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & Parenting NI Priority will be given to referrals from Craigavon, Banbridge, Portadown & Lurgan areas
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	31 March '22	13 weeks 10am-12pm	TBC	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e:parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & STEP 2 CAMHS
Incredible Yrs School Age (5-12 yrs)	Parents/ Carers	31 March '22	13 weeks Evening	TBC	Enquiries / Referrals: Parenting Partnership t: 028 3831 0920 m: 07880 474747 e:parenting.partnership@southerntrust.hscni.net	<u>Delivery Partners:</u> Parenting Partnership & STEP 2 CAMHS