

SOUTHERN AREA OUTCOMES GROUP

Action Plan Outcome Monitoring Report

March 21





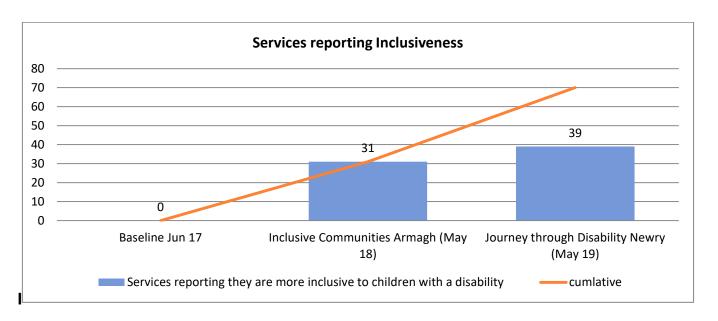
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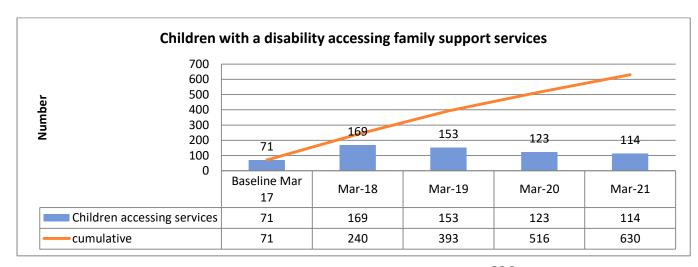
Mar 21

Children and young people will have the best start in life and enjoy good health and wellbeing

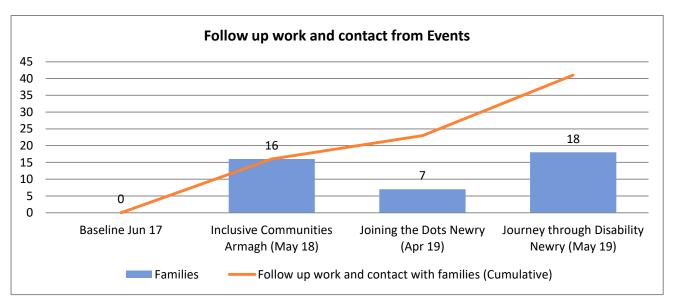
Increased access to community activities for Children with a disability



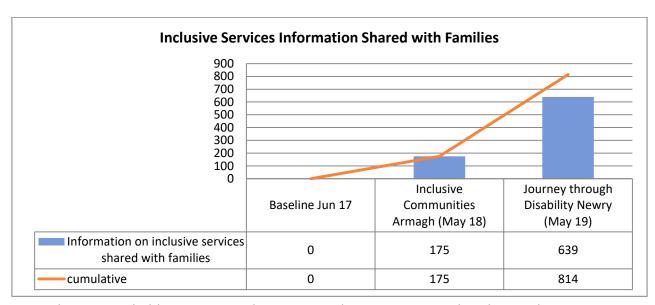
Based on events held, as at September 2019 total services reporting they are more inclusive to children with a disability to the Southern Outcomes Group is **70**. No events were held during 2020 due to Covid19 Restrictions.



Family Support Services continue to be delivered during the pandemic -630 children from the Southern area with a disability accessed family support services.

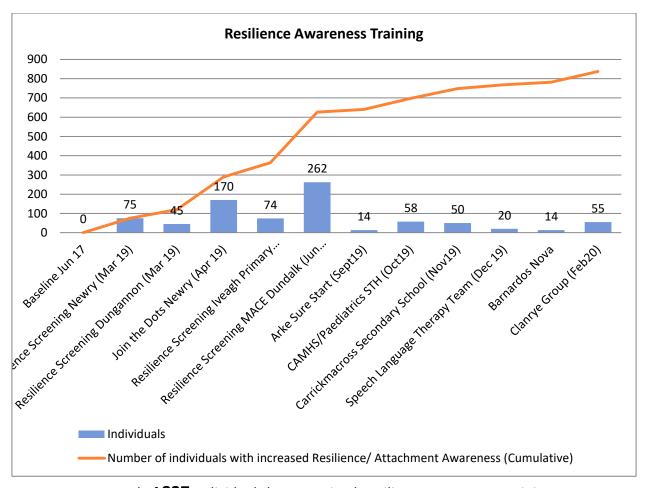


A total of **41** families have received follow up work and contact



Based on events held, as at September 2019 total services reported to the Southern Outcomes Group they shared Information on inclusive services with **814** families. No events were held during 2020 due to Covid19 Restrictions.

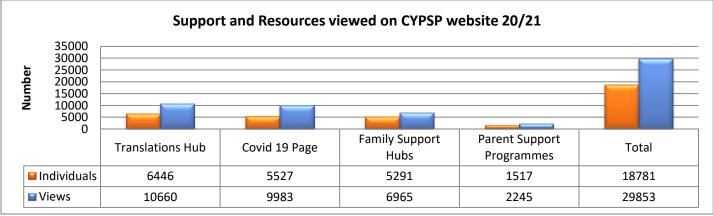
Increase awareness of Importance of strong emotional attachment for Children, Parents and Professionals



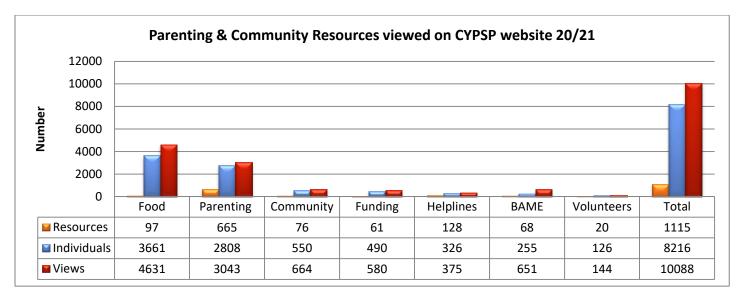
A total of **837** Individuals have received Resilience awareness training

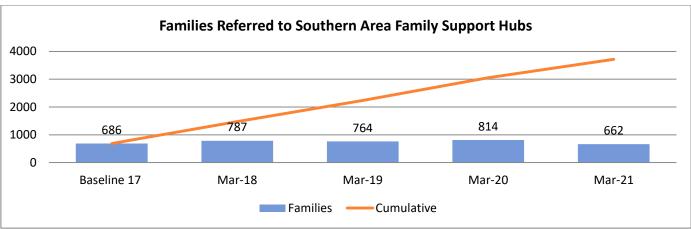
Practical Home Based Family Support -Parents/carers receive the help and support they need to positively empower them to parent. Children and young people live in supportive families

Families have improved access to support at the point of need

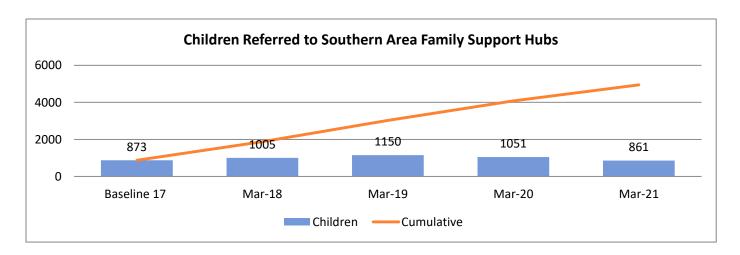


^{*}Note all resources viewed on CYPSP website are based on NI wide figures
New Parent support page developed and launched at http://www.cypsp.hscni.net/ebpp/





A total of **3713** families have been referred and supported by family support hubs

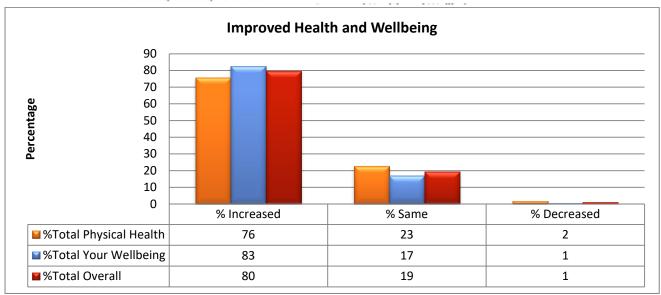


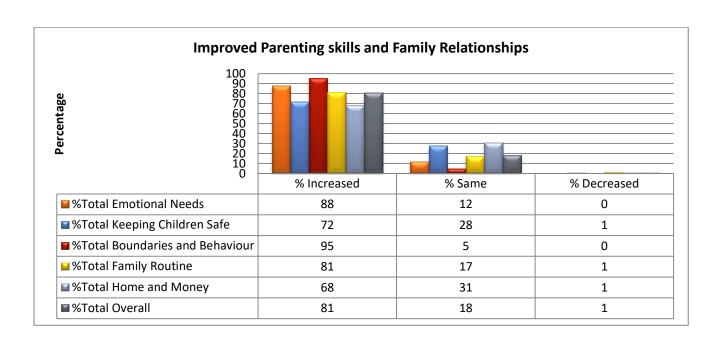
A total of 4940 children have been referred and supported by family support hubs

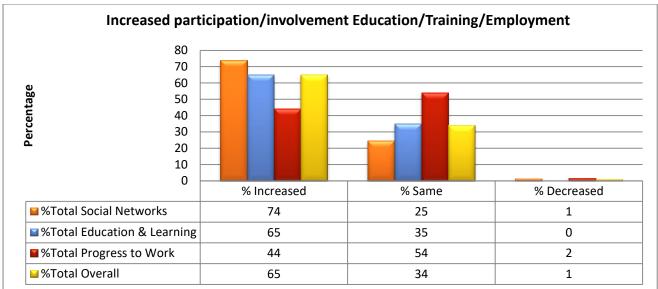
Families with Improved Parenting skills and Improved Family Relationships April 2019 to Jan 2021 – Outcomes for **205** Families completed Practical family support intervention across 3 providers

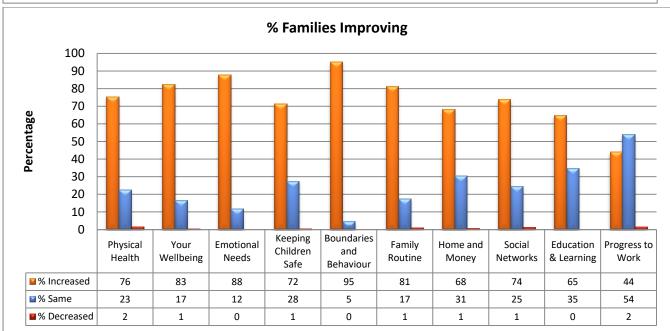
Mandatory reporting elements have been defined as:-

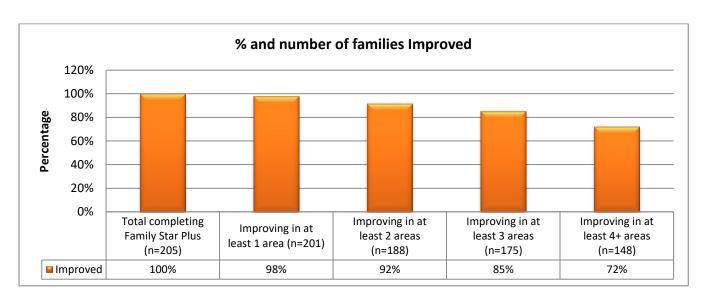
- · Meeting emotional needs of the child, attention, positive feedback and encouragement.
- Boundaries/Routine/Behaviour

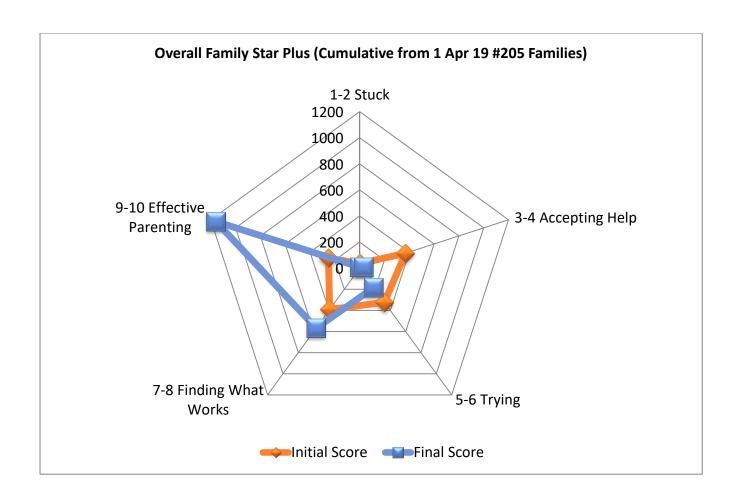






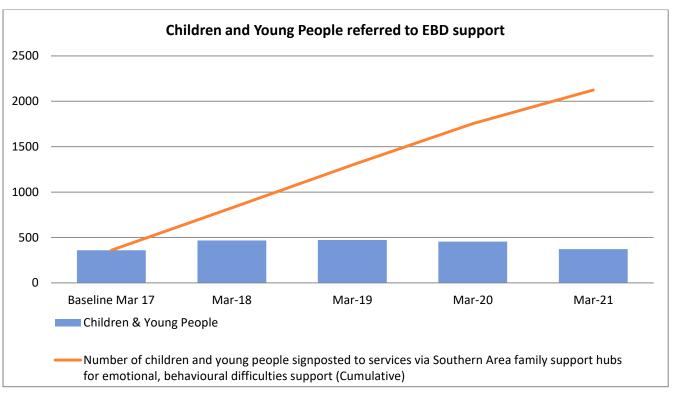






Positive Mental Health & Emotional Wellbeing -All Children are Safe, confident and enjoy improved emotional wellbeing

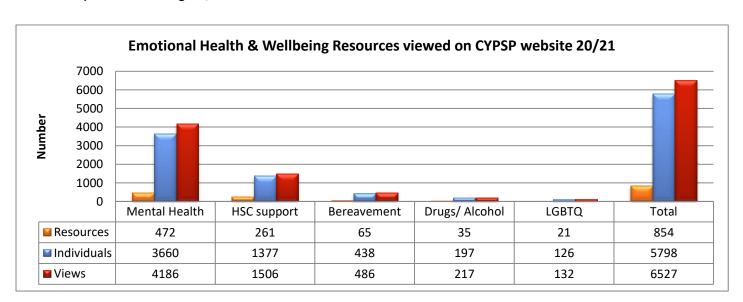
Increase number of young people with developmental and /or mental health issues receiving the support they need.

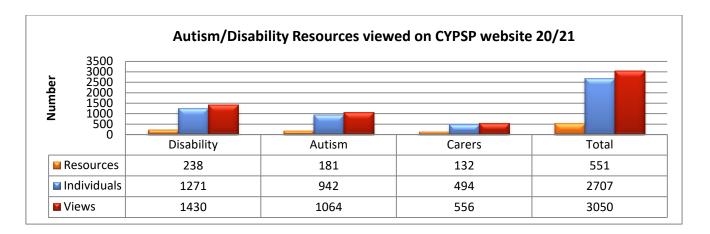


A total of **2,124** children and young people were signposted to emotional and behavioural difficulties support services via Southern Area Family Support Hubs.

Increase awareness of good emotional/ mental wellbeing

Resources provided during 20/21 on CYPSP website



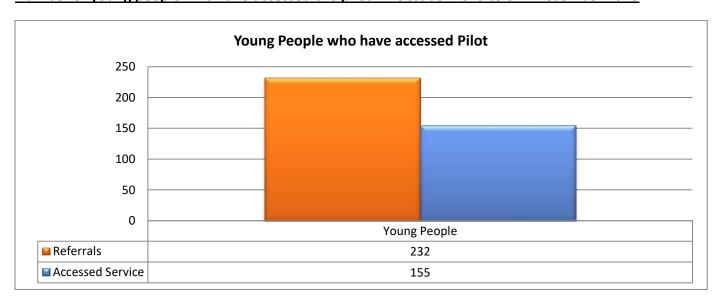


Reduce number of young people with developmental and/or mental health issues progressing through the criminal justice system

The CAMHS Youth Justice (YJ) Senior Mental Health Practitioner started in post in March 2019, following a period of research and service development the CAMHS YJ service commenced on 1st October 2019. The service delivery includes the following:

- CAMHS training for Youth Justice Agency (YJA) staff
- Mental health screening for all young people referred into the YJA.
- A dedicated CAMHS Senior Mental Health Practitioner co located between CAMHS and YJA.
- Direct referral pathway from YJA into Step 3 CAMHS Multi-Disciplinary Team (see attached draft referral pathway)
- CAMHS Assessment offered to all young people living within the Southern Health and Social Care Trust (SHSCT)area, within 10 days of leaving Woodlands Juvenile Justice Centre (if open to In Reach Forensic CAMHS as per regional protocol).
- A service delivery which promotes outreach as a means of engaging a population who are often considered 'hard to reach'.

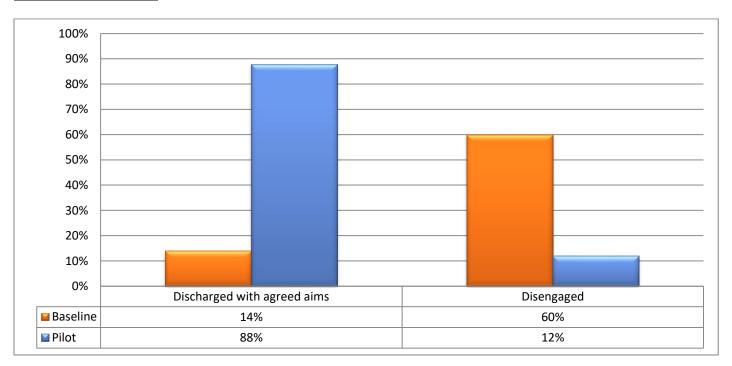
Number of young people who have accessed the pilot 1st October 2019 to 31st December 2020.



New pathways

A draft referral pathway has been developed (available if required) **25** referrals made into Step 3 CAMHS using CAMHS YJA pathway. CAMHS Senior Mental Health Practitioner also provided a level support / assessment to young people within the YJA who did not meet not require Step 3 CAMHS input.

Impact of the pilot



Young people open to YJA during the fiscal year 2019/2020 accounted for **12**% of referrals made to CAMHS Assessment Crisis Team (ACT) during the same time period. This group of young people account for only **0.33**% of 10-18 year old population within the Southern Health and Social Care Trust. This data suggests that young people open to YJA were **36** times more likely to present in mental health crisis than their peers.

There was a **100%** reduction in the number of referrals to ACT for young people open to YJA between April 2020 and September 2020 compared to the same period last year. This data suggests that mental health screening and early intervention provided by the CAMHS YJ service has reduced the number of young people known to the YJA presenting in mental health crisis. This data would also indicate that YJA staff are becoming more skilled at recognising the mental health needs of young people and supporting them with the same.

Anonymous service evaluation with YJA staff through the survey monkey platform

100% agree that having a co-located CAMHS/YJ Senior Mental Health Practitioner has been beneficial to the emotional wellbeing and mental health of the young people we work.

100% agree that consultations and training with CAMHS have increased knowledge and confidence in working with young people who have mental health difficulties and neurodevelopmental disorders.

100% agree that consultations with the CAMHS/YJA Senior Mental Health Practitioner are easily accessible when required

100% agree that it is easier for the young people we work with (who live within the pilot areas) to access CAMHS since the introduction of the CAMHS/YJ service.

100% feel that community appointments and joint appointments with YJA staff make it easier for YJA young people to engage with CAMHS.

100% agree that the screening process using the SDQ and YJAA (emotional and mental health section) is effective in identifying mental health needs and social and communication difficulties.

100% agree that the pilot has improved multi-agency working between CAMHS and the YJA.

100% would like to see the current working arrangements between CAMHS and the YJA continue and for the pilot to be extended

Examples of comments in Evaluation

'The pilot has been an amazing way to reach those unreachable young people who don't have the capacity or ability to deal with 'office based' appointments'

'My young people have been able to access the service that they would never have engaged with prior to the pilot'

'the joint approach addresses any stigma and alleviates barriers that may have been formed'.

'I feel that this pilot has had some outstanding results in the delivery of service to some very Vulnerable young people and their families'.

'I have found that the young people engage better due to the joint meetings. The community appointments for the young people have worked well for my young people and I feel they have made a big difference to the level of engagement'

'With the co-located worker available to us for consultations as well as progressing referrals to CAMHS, this has been a significant benefit to emotional wellbeing of young people we work with as their needs are being met much quicker'.

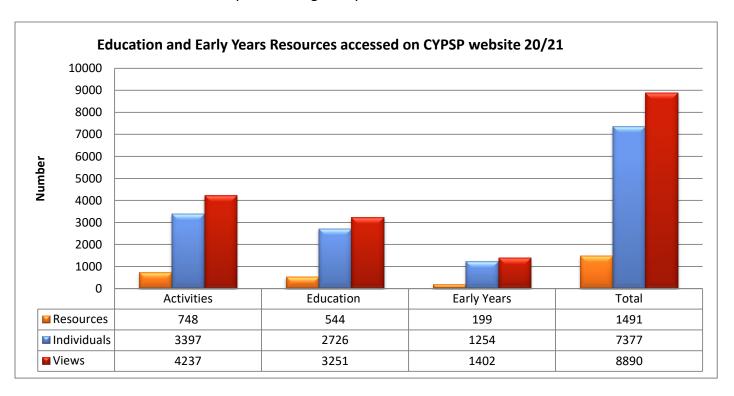
'Having a CAMHs practitioner as part of the team ensures that there is an increased recognition of mental health and its presentations, it allows the YJA practitioners to address the barriers that can be associated with accessing mental health services and work jointly to provide positive outcomes'.

Parents/Carers, Children and Young people are supported to understand the importance of, and to attend/participate learn and achieve in education and training

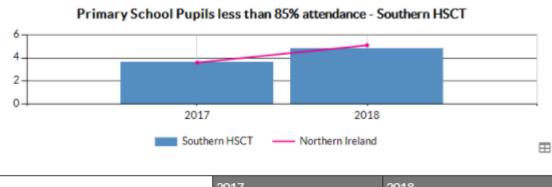
Families and Children have improved/increased access to out of hours school learning

Devices were provided for over **600** Asylum Seekers and Refugees regionally which were intended to support their out of school hours learning.

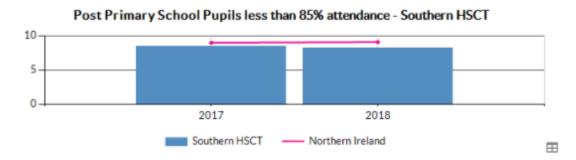
On-line English classes pilot developed for **16** Syrian refugees in the Southern Region last year which has now been extended to **107** 16-23 year olds regionally.



Improve attendance and educational attainment for key target groups



| | 2017 | 2018 |
|------------------|------|------|
| Southern HSCT | 3.6 | 4.8 |
| Northern Ireland | 3.6 | 5.1 |



| | 2017 | 2018 |
|------------------|------|------|
| Southern HSCT | 8.5 | 8.2 |
| Northern Ireland | 9 | 9.1 |

*Note - No attendance figures collated for 2019.

Attendance rate is important because students are more likely to succeed in learning and achieving when they attend school consistently. It's difficult for the teacher and the class to build their skills and progress if a large number of students are frequently absent. In addition to falling behind in academics, students who are not in school on a regular basis are more likely to get into trouble with the law and cause problems in their communities.

Last year work was suspended on the improving attendance and attainment for BME target groups including Roma and Traveller due to school closures in March 2020 work will restart in the Summer term when schools fully return



GCSE stands for General Certificate of Secondary Education. GCSEs are the main qualification taken by 14-16 year olds. You can take GCSEs in a wide variety of academic and 'applied' (work related) subjects. GCSEs are highly valued by schools, colleges and employers. Obtaining GCSEs lead to a number of routes, mainly work, further study or an Apprenticeship. Most Universities will ask for 5 GCSEs grades A*-C, including English and Maths (as well as A Levels or equivalent qualifications)

| | % Achieving 2+ A Levels 2019 | % Achieving at least 5 GCSEs Δ*toC 2019 | % Achieving at least 5 GCSEs A*toC including English and Maths 2019 |
|---------------|---------------------------------|---|---|
| Southern HSCT | 50.2 | 83.5 | 69.5 |

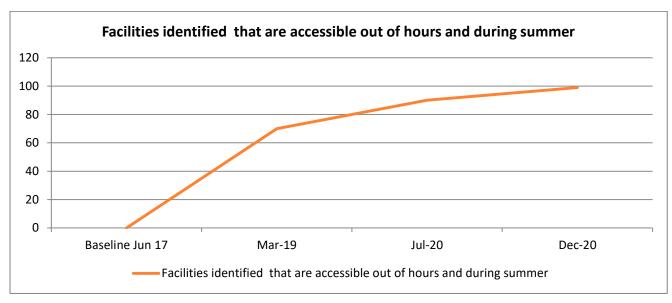
Families, Children, teachers and agencies have raised awareness of support services available and how to access them.

5 new animations on the education system, videos on how to access home learning and learning support apps translated into the Top 10 languages (now shared on the translation hub).

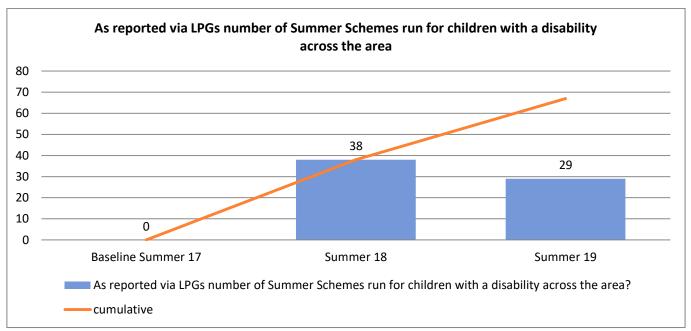


Children and young people will experience and benefit from good relations, equality and diversity

Increase young people's access, including those with Disability, ASD & LD/ BAME/ LAC School/youth facilities out of hours and/or particularly during summer

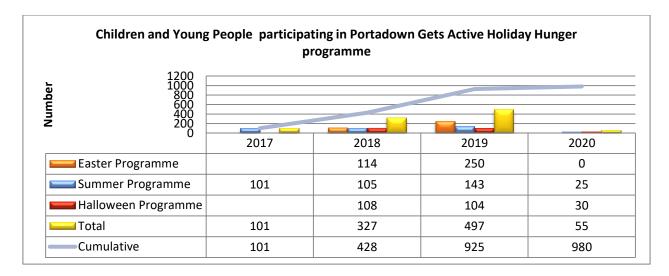


A total of **99** facilities have been identified and added to a CYPSP venue locator searchable database to book – visit https://venues-cypsp.hscni.net/



A total of **67** summer schemes were run for children with a disability across the area – Space NI now known as Bolster Community ran a day trip for children with disability for a total of **23** children. View report card at http://www.cypsp.hscni.net/wp-content/uploads/2021/02/Bolster-Disability-Day-trip-scorecard.pdf

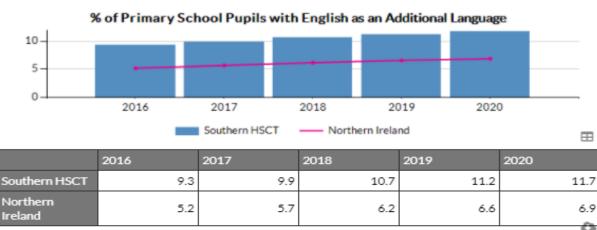
Bolster also run Day camps during summer 2020 for **60** Children – view report card at http://www.cypsp.hscni.net/wp-content/uploads/2021/02/Bolster-Day-Camps-Scorecard.pdf

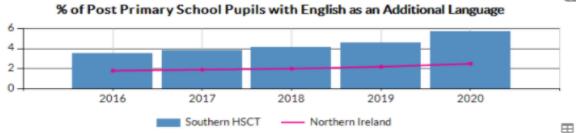


A total of **980** Children and young people from **13** different nationalities participated in holiday hunger programmes at Portadown Gets active since 2017. Numbers decreased in 2020 due to Covid19 Pandemic guidance however activity packs and food parcels were sent out for **250** children. View report cards at http://www.cypsp.hscni.net/outcomes-groups/southern-outcomes-groups/

All children and young people should have access to an education which will develop their personality, talents and abilities to their fullest potential.

| | Primary School Pupils 2020 | Post Primary School Pupils 2020 |
|---------------|----------------------------|---------------------------------|
| Southern HSCT | 39,530 | 31,830 |



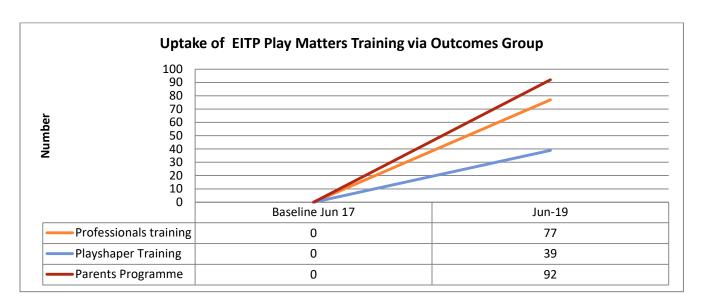


| | 2016 | 2017 | 2018 | 2019 | 2020 |
|---------------------|------|------|------|------|------|
| Southern HSCT | 3.5 | 3.8 | 4.1 | 4.6 | 5.7 |
| Northern Ireland | 1.8 | 1.9 | 2 | 2.2 | 2.5 |

All children and young people, whatever their ethnic or cultural background, are entitled to succeed. Providing an effective education for children and young people who have English as an additional language not only contributes to the educational achievement of pupils, it also contributes to their personal development and that of the economy and society.

| | Primary School Pupils English as additional language 2020 | Post Primary School Pupils English as additional language 2020 |
|--------------------|---|---|
| Belfast HSCT | 2,790 | 615 |
| Northern HSCT | 2,475 | 665 |
| South-Eastern HSCT | 1,060 | 230 |
| Southern HSCT | 4,625 | 1,825 |
| Western HSCT | 985 | 270 |

Promote Play programmes on engaging parents and children in play that is transferable across BME/CWD/LAC



Kids and young people's activities accessed on CYPSP website

