

BACKGROUND

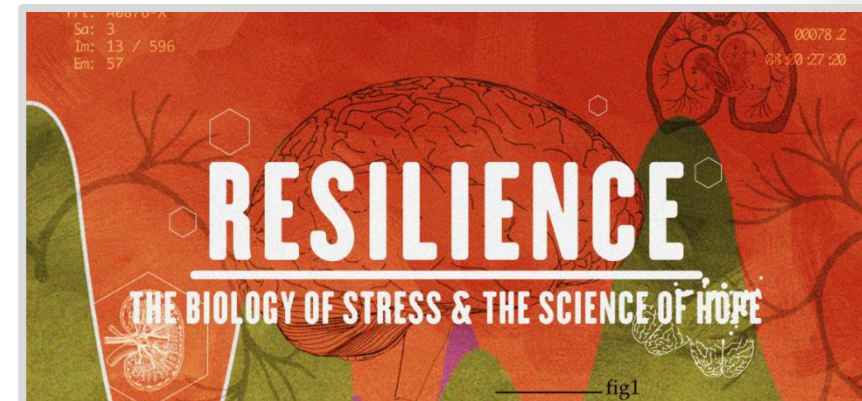
ACEs are highly relevant to public health and so, in support of the ongoing roll-out of ACEs awareness taking place across Northern Ireland, CYPSP have offered to facilitate free screenings of ***Resilience: The Biology of Stress & the Science of Hope***, a one-hour documentary which delves into the science of Adverse Childhood Experiences (ACEs) and chronicles the promising beginnings of a national movement to prevent childhood trauma; treat toxic stress; and greatly improve the health of future generations.

In liaison with Iveagh Primary School's principal, a dedicated screening of “Resilience” took place, in the school, on Friday 24th May 2019, with the aim of taking steps towards implementing trauma-informed practices within the school itself and also raising awareness of ACEs within the local community.

Teaching staff, non-teaching staff, board of governor members and parents / carers of Iveagh Primary School and Nursery Unit children were invited to attend the screening which was facilitated by Una Casey & Darren Curtis from CYPSP.

Making a contribution to all 8 **High Level Outcomes** for Children:

- ✓ Physical & Mental Health
- ✓ Enjoyment of Play & Leisure
- ✓ Learning & Achieving
- ✓ Living in Safety & with Stability
- ✓ Economic & Environmental Wellbeing
- ✓ Positive Contribution to Society
- ✓ Respect for their Rights
- ✓ Promotion of Equality & Good Relations



How much did we do?

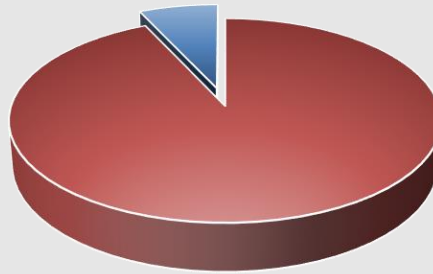
SCREENINGS

- ✓ 'Resilience' DVD was shown in Iveagh Primary School on Friday 24th May 2019
- ✓ CYPSP facilitated tailored discussions at the screening

ATTENDEE PARTICIPATION

- ✓ 29 attendees in total
- ✓ Teaching staff, non-teaching staff & board of governor members represented at the screening, as well as parents / carers



PARTICIPANT EVALUATION

93% of attendees stated that the information heard will be of use to them. 7% said that the information would be somewhat of use.

PRE- & POST- COURSE FEEDBACK

Both before and after both screenings participants rated their **knowledge level** in relation to the subjects covered in the DVD:

- Before the screening, only 1 (3%) confirmed to have had a “good” or “excellent” knowledge about ACEs / By the end of the screening, this figure had risen to 28 (97%)
- Before the screening, 8 (28%) confirmed to have had a “good” or “excellent” knowledge about Resilience / By the end of the screening, this figure had risen to 27 (93%)
- The percentage of participants giving a combined topics* rating of “good” increased from 1.5% at the start of the screening to 79% by the end of the screening
- 66% gave a combined topics rating* of 1 or 2 (with 1 representing “poor” knowledge) at the beginning of the screening / By the end of the screening, 0% featured in the 1 or 2 bracket

*Knowledge about Adverse Childhood Experiences AND Resilience

How well did we do it? | Is anyone better off?

Will the information you heard be of use to you?

I will definitely be even more observant and aware of childhood issues within the classroom.

I will add to existing relationships with children in school and at home.

It makes me aware of important role a teacher can have in being a part of the support network required to help children being stable, nurturing, encouraging & kind.

Will enable me to pick up on signs of ACEs in all situations.

The stats highlighted the huge effect life situations / events have on development.

What key message will you take away from the event?

There are ways to improve & help children overcome the adversities they have met in their lives.

I have the opportunity to help children who are experiencing something that is not OK.

To remember that behaviours are not always a condition, but a symptom of life experiences which the child may be subject to.

"Fix the environment not the flower."
Great quote!

Concentrate on the child, not the activity.
We are key to buffering children from some of the adversity in their environment.

What do you suggest as a next step in this area with regards to ACEs and Resilience?

More sessions
like this in
other schools
across NI.

For me – Ask
more and listen
better.

To keep informing
children of what things
are not all right in their
lives and arm them with
information so that they
may open up to
someone.

Closer
relationships
between
educators and
healthcare
professionals.

Every school and
group need to
familiarise themselves
with ACEs &
resilience and put a
policy in place.

Raising
awareness that
all children are
vulnerable, not
just the lower
income families.

How to reach
parents and
show them how
they make all the
difference.

A child-friendly
informative session that
could be shown in
schools to allow children
to be aware that issues
affect them and it's OK
to talk about these??

Teaching
children rules
for being
safe, e.g. "It
is not OK...".

More cause & effect
information.
More tools to help
children develop
resilience.

Today's training was most valuable. Inspired to strengthen knowledge through further training.

I gained a great insight into ACEs today. Thank you!

Very useful. Needs to be delivered in all areas of planning / delivery of services.

The key message I will takeaway from today... For me - Ask more and listen better!

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

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